

## MENTAL HEALTH & WELLNESS SERIES - FEEDBACK

OMB Number: 0925-0648

Expiration Date: 30 June 2024

Burden Time: 5 minutes

### GENERAL INFORMATION

What is your affiliation?:\*

What is your educational or professional status?:\*

How did you participate in this webinar?:\*

### SATISFACTION OF WEBINAR

Overall, how would you rate this webinar?:\*

- excellent  very good  good  fair  poor

How likely are you to recommend this webinar to a friend or colleague?:

- very likely  somewhat likely  neither likely or unlikely  somewhat unlikely  very unlikely

How would you rate the panelists for this webinar?:

- excellent  very good  good  fair  poor

This webinar was informative.:

- strongly agree  agree  neutral  disagree  strongly disagree

This webinar was valuable:

- strongly agree  agree  neutral  disagree  strongly disagree

### INFORMATION LEARNED AND IMPACT

What percentage of the information was new to you?:\*

100%  75%  50%  25%  0%

**I intend to share information learned in this webinar with a colleague or a friend.**

strongly agree  agree  neutral  disagree  strongly disagree

**The webinar has changed the way I think about mental health and well-being.**

strongly agree  agree  neutral  disagree  strongly disagree

**The webinar has provided me with the tools to cope.**

strongly agree  agree  neutral  disagree  strongly disagree

**The webinar has provided me with the tools to support others.**

strongly agree  agree  neutral  disagree  strongly disagree

**This webinar has raised my awareness of importance of mental health and wellness in successful scientific careers.**

strongly agree  agree  neutral  disagree  strongly disagree

**I believe webinars like this can change the culture of mental health and well-being in science careers.**

strongly agree  agree  neutral  disagree  strongly disagree

**What was your biggest takeaway from the webinar?:**

**What can we do to improve the webinar?:**

### **SMALL GROUP DISCUSSIONS**

**Did you participate in a small group facilitated session?:\***

yes  no

**The small group session enabled me to practice what I learned in the webinar.:**

strongly agree  agree  neutral  disagree  strongly disagree

**The small group session helped me implement what I learned in the webinar.:**

strongly agree  agree  neutral  disagree  strongly disagree

**I felt comfortable discussing various issues in the small group session.:**

- strongly agree  agree  neutral  disagree  strongly disagree

**The small group session participant size was:**

- too large  a bit large  just right  a bit small  too small

**If you have any feedback or comments regarding the small discussion group, please let us know. below. If possible, please provide the name of the facilitator.:**

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