Form Approved
OMB No. 0920-New
Expiration Date: XX/XX/XXXX

**Expanding PrEP in Communities of Color (EPICC+)**

**Attachment 4j**
**Aim 2a Cohort App Setup English and Spanish**

Public reporting burden of this collection of information is estimated to average 30 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; Attn: OMB-PRA (0920-New)

**EPICC+ App**

The EPICC+ app is designed to be a safe space for users to explore fun and educational material related to sexual health, nutrition, relationships, careers, advocacy, finance and more. Users can opt to read articles on these topics, complete quizzes and other interactive games or even ask anonymous questions to health care providers to gain knowledge on topics important to them. Users of EPICC+ can also leverage tools to help them achieve their health and wellness goals, such as receiving medication reminders to help keep up their adherence to PrEP, as well as connect anonymously with a community of people who can offer a support and insight on issues or experiences, they may also have encountered.

The app is used at will by participants; no interaction beyond downloading, user account sign-up, app orientation, health tracker set up and completing DBS kits are mandatory within study protocol. The app download, sign-up and orientation process takes approximately 10-15 minutes, the health tracker set up takes approximately 5-10 minutes and completing a DBS kit takes approximately 20-30 minutes. The DBS kit will only be done at baseline and every 6 months within the study.

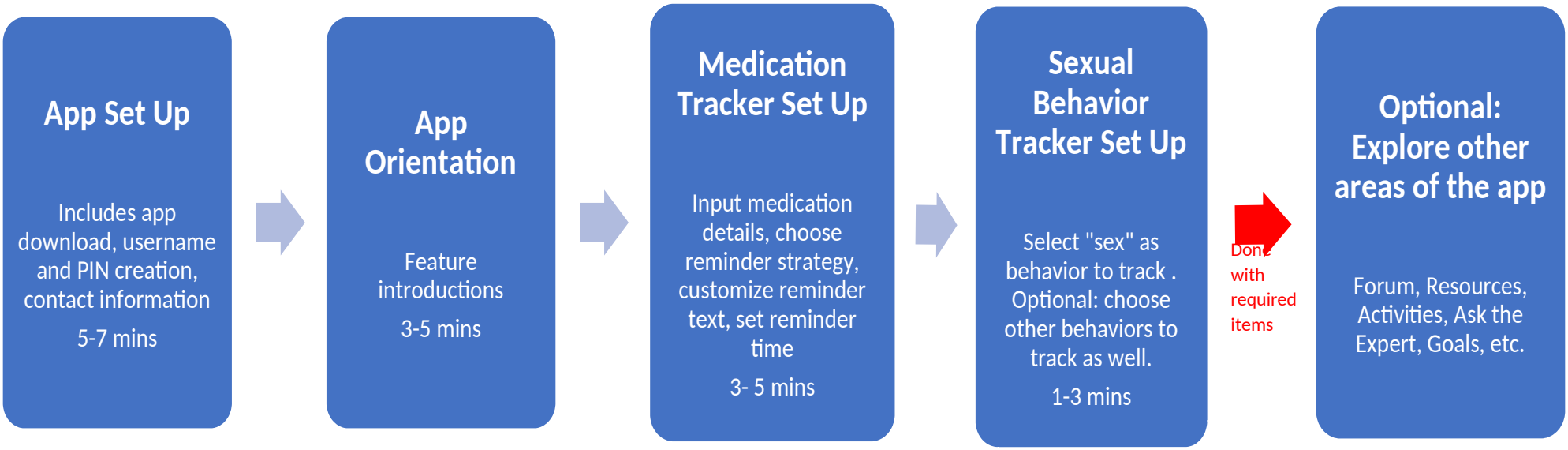
The app is categorized into two components, informational and health and wellness-related tracking. Informational app components supply participants with educational resources related to health, wellness, and lifestyle topics. Their engagement with these sections requires no personal input from them. They are merely clicking through their interests or answering an educational quiz or activity at their own discretion. Paradata from these features can be analyzed to help study team determine things such as popular content topics or activity types from users overall, but individual responses are not generally looked at. Health and wellness-related tracking features, while still voluntary to participate in, are those in which a participant provides information related to their health and wellness journey. For example, if a participant chooses to engage with the health tracker, they will be prompted with a reminder to track their PrEP adherence. They will enter the feature whether they have taken their medication that day, and if not, provide the reason. Staff can analyze medication tracker data to assess barriers to PrEP adherence and as a result, post related support content within the app to aid all users experiencing the same challenge, as well as gauge effectiveness of the app to impact PrEP adherence.

| EPICC+ App | |
|---|---|
| **Required EPICC Actions** | **Informational Features (Not Required)** |
| **Medication (PrEP) Tracker Setup:** This section helps participants remember to take their medication. Participants can link reminders to daily actions, such as brushing their teeth, customize text in the reminders to ensure discreetness, track their medication, and view patterns and analytics. Use of the medication tracker is optional but recommended after the initial app setup.<br>**Health (Sex) Tracker Setup:** This section helps participants recognize how their sexual habits may impact what type of PrEP form suits them best given their activity (e.g., start dating and having sex more regularly, then they can move from on demand PrEP to daily PrEP). Participants can also choose to track other behaviors that may influence PrEP adherence, such as smoking, alcohol and mood. Participants can track their sexual activity and other health behaviors, view patterns and analytics. Use of the health tracker is optional but recommended after the initial app setup.<br>**DBS Test Kit:** Within the study, participants are sent dried blood spot collection kits to predict and measure adherence rates to PrEP. Participants can use this page to find their kit's USPS tracking information for up-to-date notifications around delivery. They can also view an instructional video on how to complete the DBS kit. | **Resources:** A knowledge center for participants to read articles and watch videos on a variety of health and wellness topics.<br>**Activities:** Reinforce knowledge through interactive activities. Complete quizzes, fill-in-the blank, categorizing and choose-your-own-adventure activities, as well as set goals and complete health assessments<br>**Goal Setting:** Participants select goals that they would like to achieve from a list of goals provided in the following categories: All About HIV, Health and Wellness, Life Skills, Great Sex/Safer Sex, Creating Change, and Uncategorized. Milestones, tasks, connections, tips, a journey area and suggested next goals are provided for each goal to help participants achieve it. This section also allows participants to run through a curriculum that keeps them on target with their chosen health and wellness goals.<br>**Forum:** A space for participants to voluntarily engage in group conversation. Includes ability to post, comment, like and save content, as well as participate in polls created by staff. This section is like a social media newsfeed.<br>**Ask the Expert:** Allow participants to send anonymous health and wellness questions to a medical expert. Questions are submitted anonymously; answers are displayed for all to see.<br>**Care Locator:** Find resources based off location or services needed from a pre-developed directory or website (e.g., hiv.gov for finding testing locations)<br>**Help & FAQ:** Participants can find commonly asked questions and answers related to the app and study.<br>**Community Guidelines:** Participants can read about guidelines the study enforces around inclusive and respectful behavior on the app.<br>**Consent:** Participants can review the informed consent document they signed upon enrolling in the study. This document explains key components of the study and any potential benefits and risks they may experience from being in the study. |

**Initial Use**

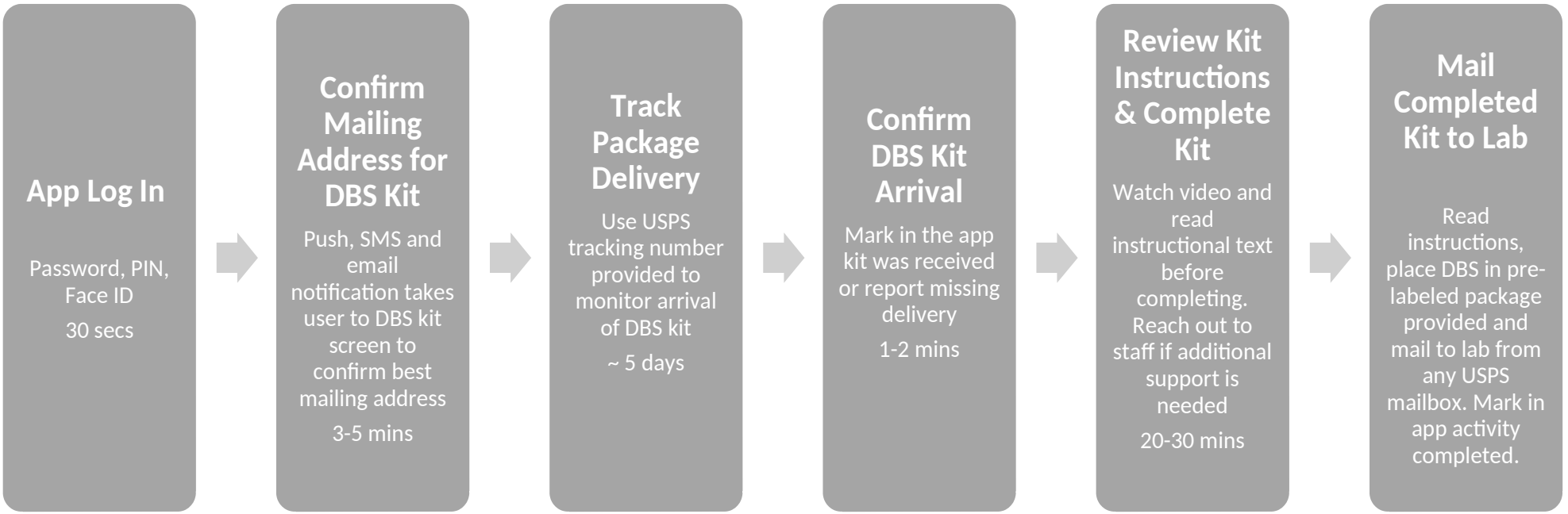
***Required***

For the required EPICC+ app actions, we include expanded descriptions of actions and representative screenshots of how these actions will be displayed to participants. These screenshots are representative of the graphics and displays that participants will view in the app; however, graphics and displays are updated regularly by the app management team.



**At baseline and every 6 months while in study**

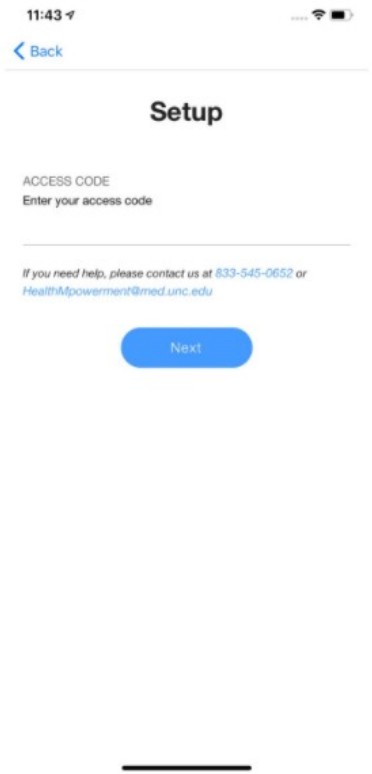
***Required***

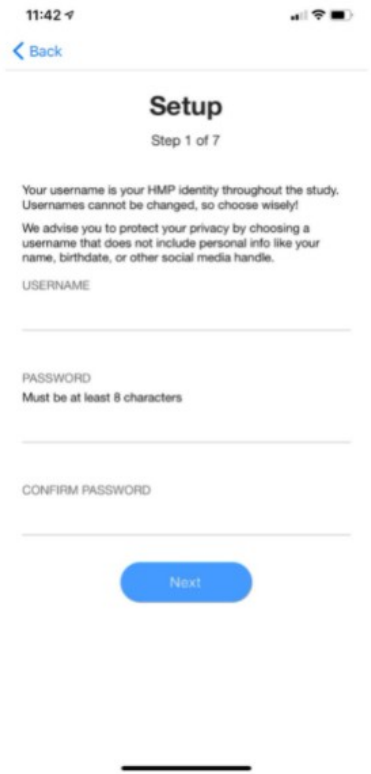


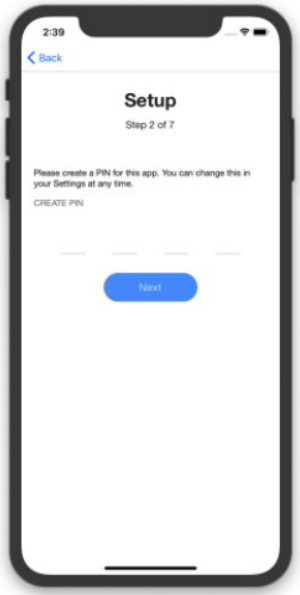
**EPICC+ App Set-Up**

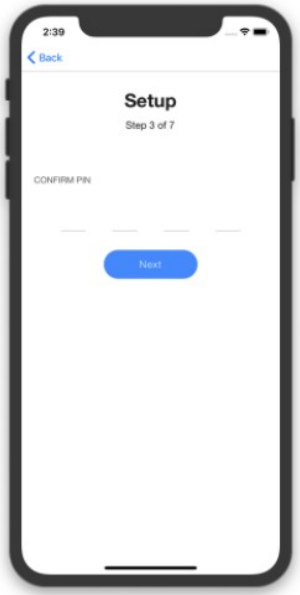
Time required to complete: 5-7 minutes

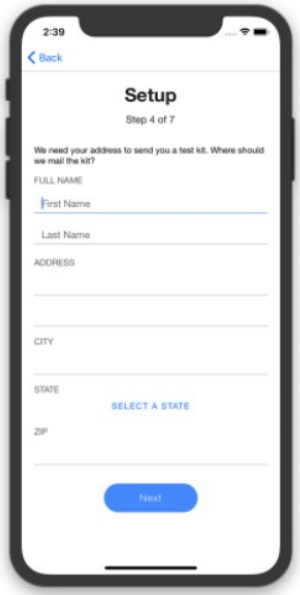
Upon receiving the enrollment email, a user will download the app from the Apple or Play Store and select “Sign Up”. Using the unique access code provided in the email, a user can then create a username and password for their time in the study. They are encouraged to protect their privacy and choose a username that will ensure anonymity. Next, the user will be prompted to choose a PIN, confirm said PIN, enter in their mailing address for future DBS kits, and provide an email and phone number. The last step in the sign-up process is enabling notifications. This will allow the app to send push notifications for key events, such as survey availability or new content being released.



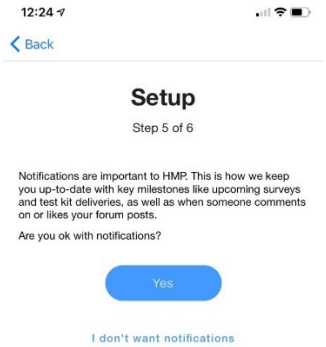



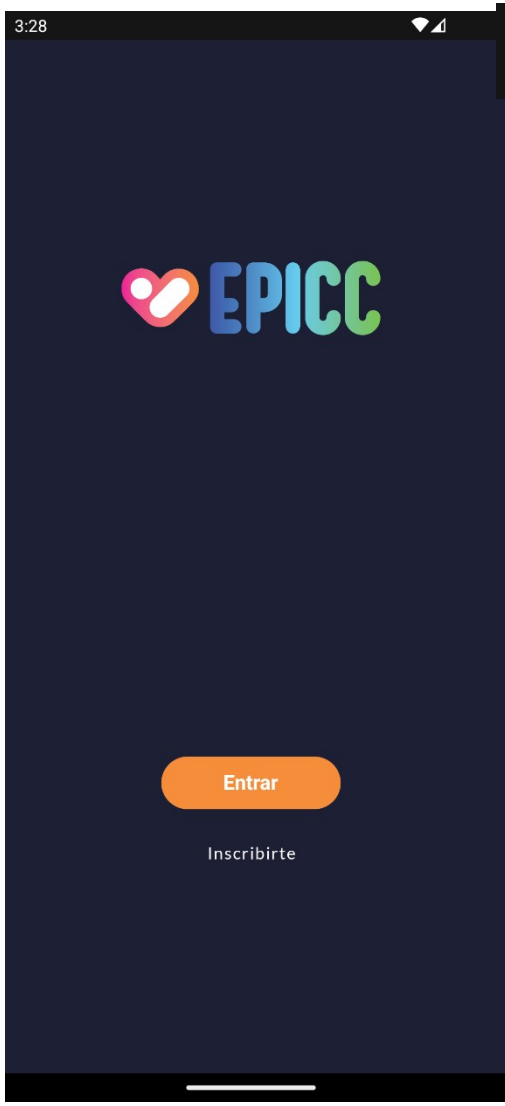

2:39
Back
Setup
Step 2 of 7
Please create a PIN for this app. You can change this in your Settings at any time.
CREATE PIN
Next

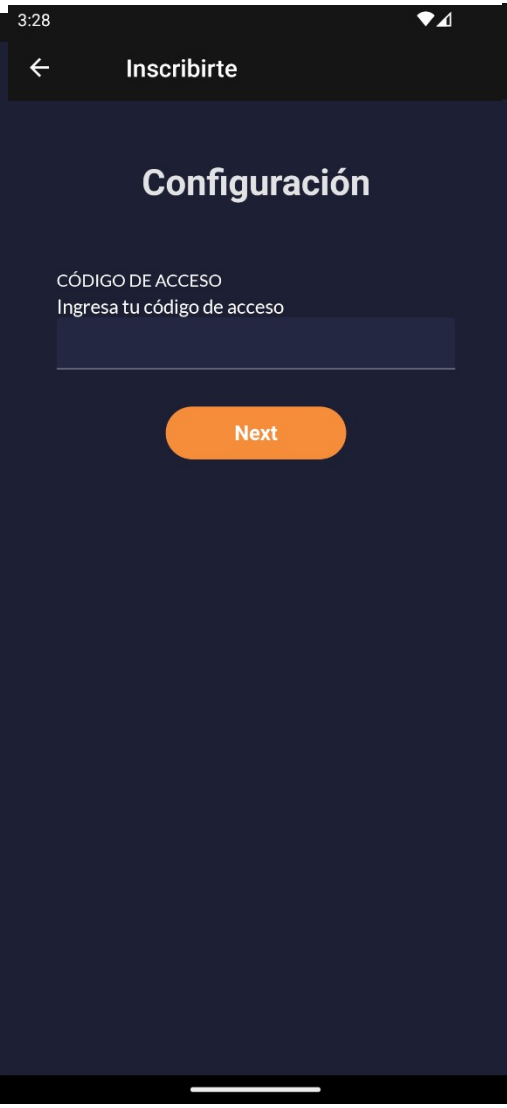

2:39
Back
Setup
Step 3 of 7
CONFIRM PIN
Next

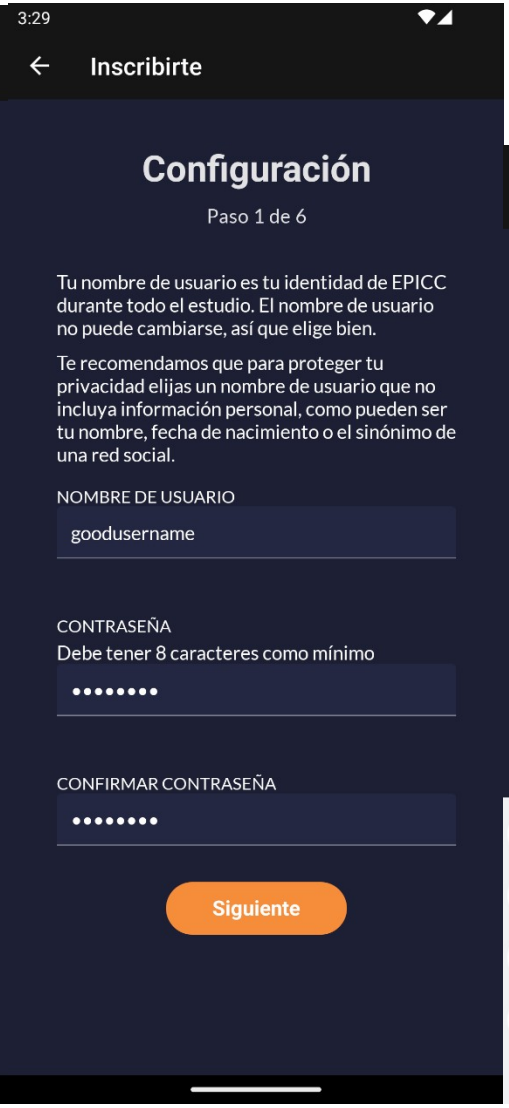

2:39
Back
Setup
Step 4 of 7
We need your address to send you a test kit. Where should we mail the kit?
FULL NAME
First Name
Last Name
ADDRESS
CITY
STATE
SELECT A STATE
ZIP
Next

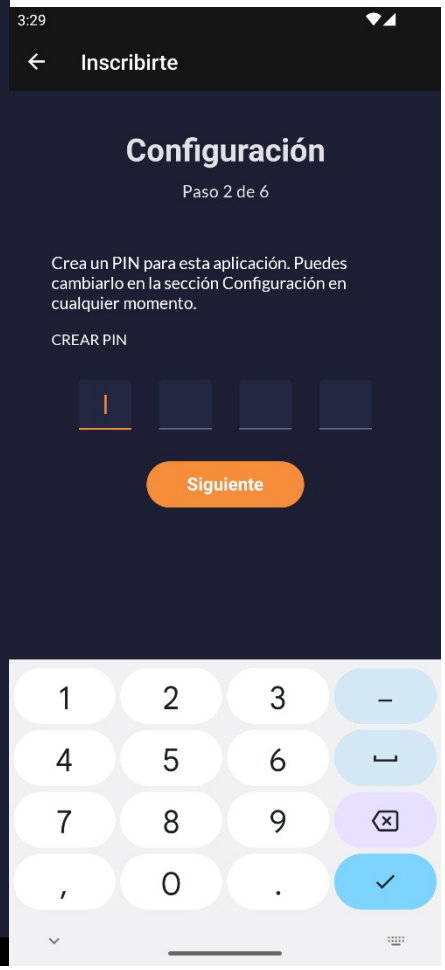
2:40
Back
Setup
Step 5 of 7
EMAIL
MOBILE PHONE
Next

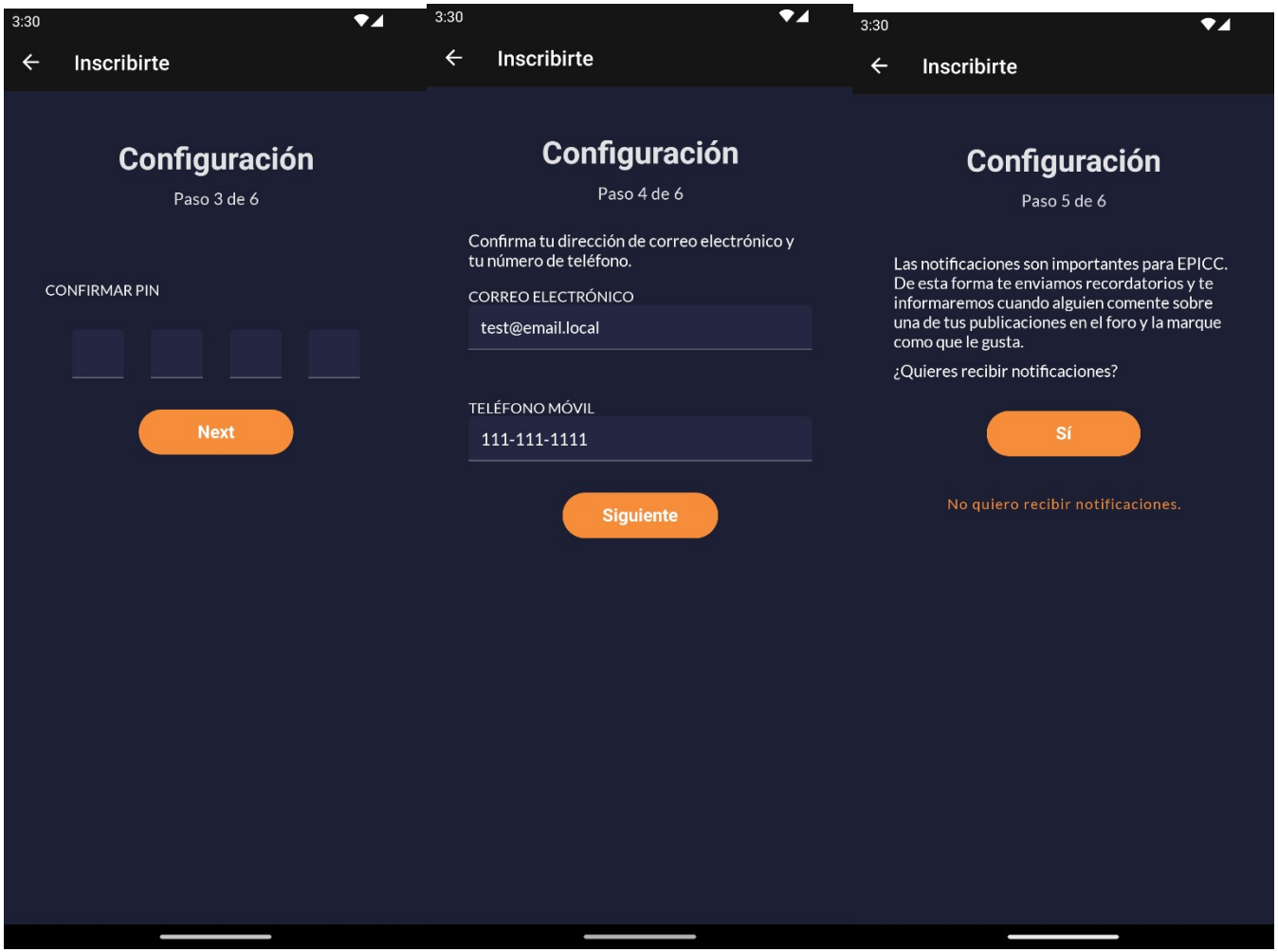

12:24
Back
Setup
Step 5 of 6
Notifications are important to HMP. This is how we keep you up-to-date with key milestones like upcoming surveys and test kit deliveries, as well as when someone comments on or likes your forum posts.
Are you ok with notifications?
Yes
I don't want notifications


3:28
EPICC
Entrar
Inscribirte


3:28
Inscribirte
Configuración
CÓDIGO DE ACCESO
Ingresa tu código de acceso
Next


3:29
Inscribirte
Configuración
Paso 1 de 6
Tu nombre de usuario es tu identidad de EPICC durante todo el estudio. El nombre de usuario no puede cambiarse, así que elige bien.
Te recomendamos que para proteger tu privacidad elijas un nombre de usuario que no incluya información personal, como pueden ser tu nombre, fecha de nacimiento o el sinónimo de una red social.
NOMBRE DE USUARIO
goodusername
CONTRASEÑA
Debe tener 8 caracteres como mínimo
CONFIRMAR CONTRASEÑA
Siguiente

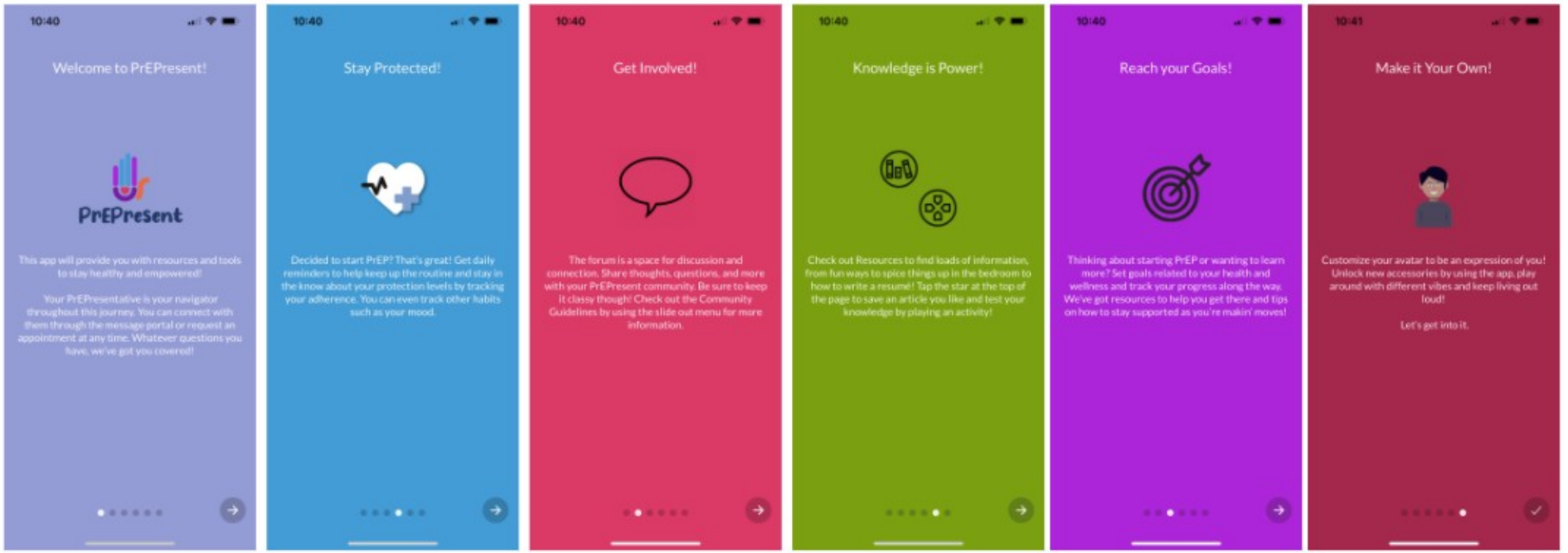

3:29
Inscribirte
Configuración
Paso 2 de 6
Crea un PIN para esta aplicación. Puedes cambiarlo en la sección Configuración en cualquier momento.
CREAR PIN
Siguiente
1
2
3
4
5
6
7
8
9
0




**EPICC+ app orientation**

Time required to complete: 3-5 minutes

The user will then be prompted to tap through the app orientation screens, introducing them to key features including their care navigator, the medication and sexual activity tracker, forum, resources, activities, goals and how to customize their avatar.


10:40
Welcome to PrEPresent!
PrEPresent
This app will provide you with resources and tools to stay healthy and empowered!
Your PrEPresentative is your navigator throughout this journey. You can connect with them through the message portal or request an appointment at any time. Whatever questions you have, we've got you covered!
10:40
Stay Protected!
Decided to start PrEP? That's great! Get daily reminders to help keep up the routine and stay in the know about your protection levels by tracking your adherence. You can even track other habits such as your mood.
10:40
Get Involved!
The forum is a space for discussion and connection. Share thoughts, questions, and more with your PrEPresent community. Be sure to keep it classy though! Check out the Community Guidelines by using the slide out menu for more information.
10:40
Knowledge is Power!
Check out Resources to find loads of information, from fun ways to spice things up in the bedroom to how to write a resumé! Tap the star at the top of the page to save an article you like and test your knowledge by playing an activity!
10:40
Reach your Goals!
Thinking about starting PrEP or wanting to learn more? Set goals related to your health and wellness and track your progress along the way. We've got resources to help you get there and tips on how to stay supported as you're makin' moves!
10:41
Make it Your Own!
Customize your avatar to be an expression of you! Unlock new accessories by using the app, play around with different vibes and keep living out loud!
Let's get into it.

10:42

EPICC

## ¡Bienvenido a EPICC!

¡Esta aplicación le proporcionará recursos y herramientas para mantenerse san@ y empoderad@!

Su Care Navigator es su navegador a lo largo de este viaje. Puede conectarse con ellos a través del portal de mensajes en cualquier momento. ¡Sean cuales sean las preguntas que tenga, lo tenemos cubierto!

10:42

## ¡Involucrarse!

El foro es un espacio de discusión y conexión. Comparta pensamientos, preguntas y más con su comunidad EPICC. ¡Asegúrate de mantenerlo con clase! Consulte las Pautas de la comunidad usando el menú deslizable para obtener más información.

10:42

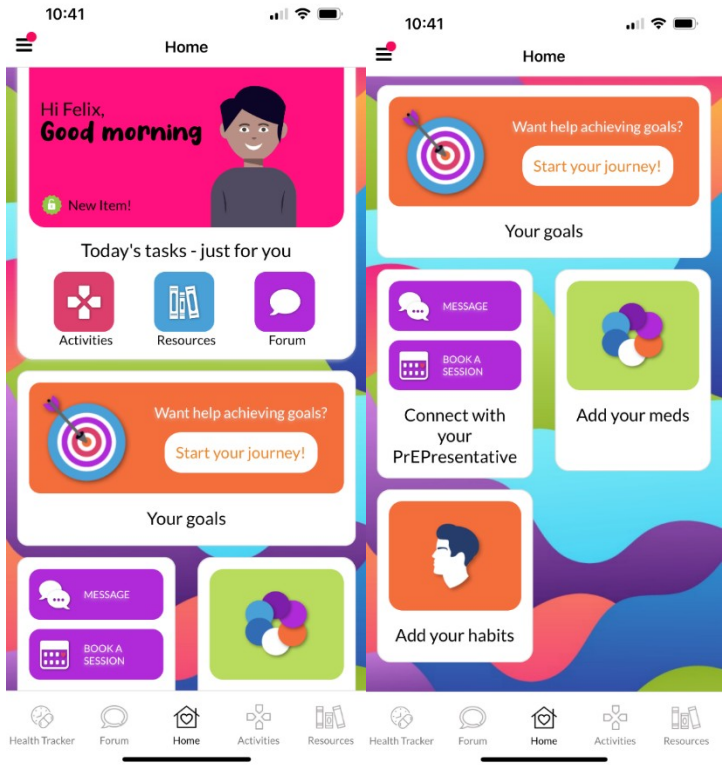
## ¡Manténgase protegid@!

¿Decidió comenzar con la PrEP? ¡Genial! Reciba recordatorios diarios para ayudar a mantener la rutina y mantenerse informado sobre sus niveles de protección mediante el seguimiento de su cumplimiento.

10:43
¿Acostarse con alguien?
Use la función Love Log para realizar un seguimiento de su actividad sexual. ¡Esto puede ayudarlo a determinar qué método de PrEP es adecuado para usted! Y no está de más recordar a quién quieres llamar la próxima vez, ¿eh? ;)
10:43
¡El conocimiento es poder!
Consulte Recursos para encontrar mucha información, desde formas divertidas de darle vida a las cosas en el dormitorio hasta cómo escribir un currículum. ¡Toca la estrella en la parte superior de la página para guardar un artículo que te guste y prueba tus conocimientos jugando una actividad!
10:43
Ya está todo listo!
Vamos.

**Homepage**

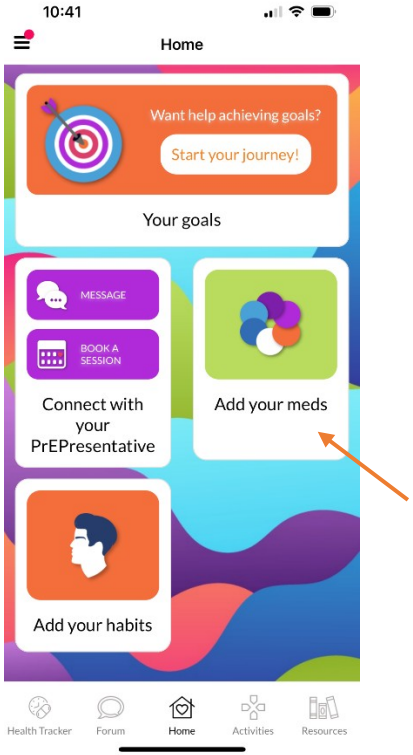
After tapping through the orientation screens, the user will land on the home screen. Here users are prompted to add medication, sexual activity, and other habits. The screen also provides easy navigation to setting goals, customizing their avatar, scheduling an appointment with the care navigator, completing activities, reading articles, and connecting with others in the forum.



**Medication (PrEP) Tracker Set-up**

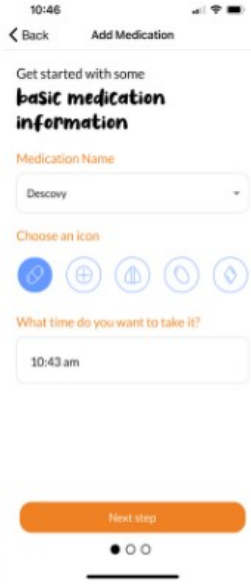
Time required to set up:  <5 minutes

From the home screen, users can set up their health tracker, starting by inputting their medication type, choosing a strategy to link it to and customizing their medication reminder notification text.

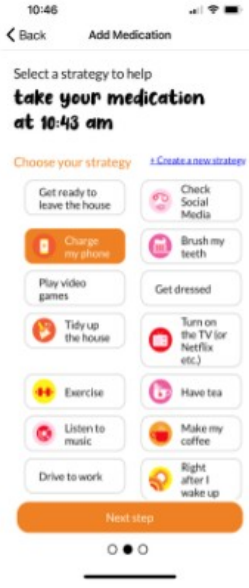


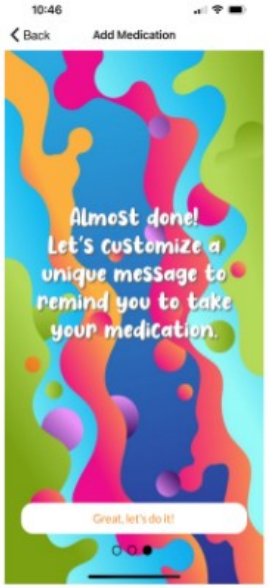

1. Main health tracker page
    a. Add and/or edit medication (also includes updating reminders)
    b. Track your medicine
    c. View your stats – choose specific medicine view analytics
2. Calendar (icon in top right on main health tracker page and track health page)

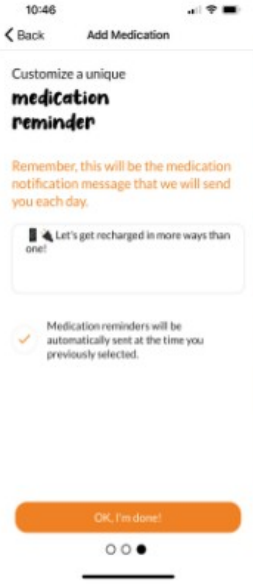
10:46
Back
Add Medication
Did you know that taking your medicine as part of your normal daily routine can increase your success?
Great, I'm ready!

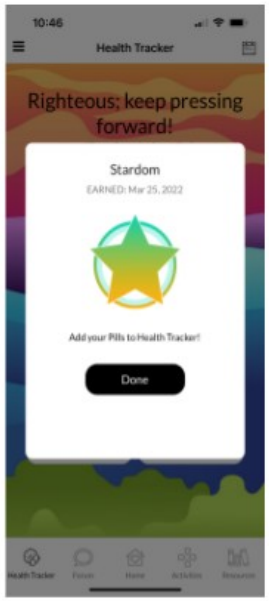

10:46
Back
Add Medication
Get started with some
basic medication information
Medication Name
Descovy
Choose an icon
What time do you want to take it?
10:43 am
Next step

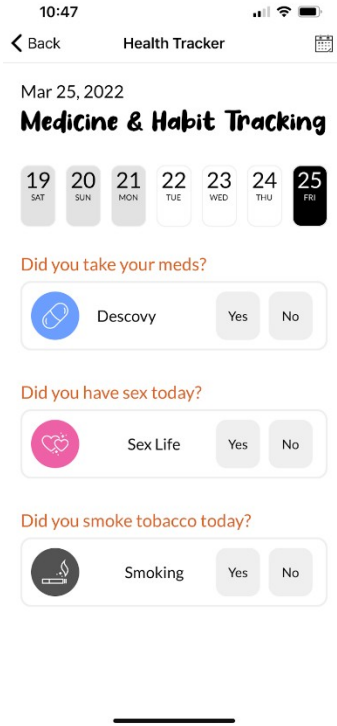
10:46
Back
Add Medication
Great! Let's pair your medication with things you do daily to help you remember to take it.
Awesome, I'm ready!

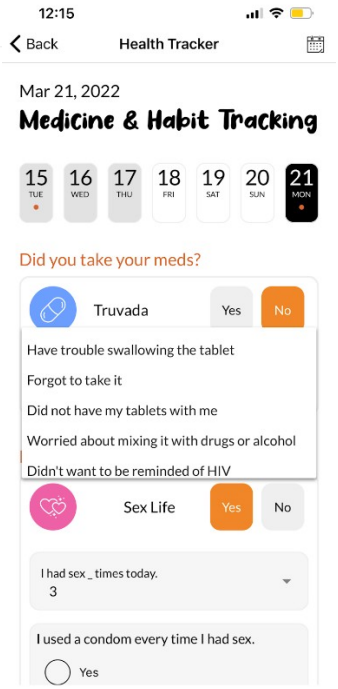

10:46
Back
Add Medication
Select a strategy to help
take your medication at 10:43 am
Choose your strategy
+ Create a new strategy
Get ready to leave the house
Check Social Media
Charge my phone
Brush my teeth
Play video games
Get dressed
Tidy up the house
Turn on the TV (or Netflix etc.)
Exercise
Have tea
Listen to music
Make my coffee
Drive to work
Right after I wake up
Next step


10:46
Back
Add Medication
Almost done! Let's customize a unique message to remind you to take your medication.
Great, let's do it!


10:46
Back
Add Medication
Customize a unique
medication reminder
Remember, this will be the medication notification message that we will send you each day.
Let's get recharged in more ways than one!
Medication reminders will be automatically sent at the time you previously selected.
OK, I'm done!


10:46
Health Tracker
Righteous; keep pressing forward!
Stardom
EARNED: Mar 25, 2022
Add your Pills to Health Tracker!
Done


10:47
Back
Health Tracker
Mar 25, 2022
Medicine & Habit Tracking
19 SAT
20 SUN
21 MON
22 TUE
23 WED
24 THU
25 FRI
Did you take your meds?
Descovy
Yes
No
Did you have sex today?
Sex Life
Yes
No
Did you smoke tobacco today?
Smoking
Yes
No


12:15
Back
Health Tracker
Mar 21, 2022
Medicine & Habit Tracking
15 TUE
16 WED
17 THU
18 FRI
19 SAT
20 SUN
21 MON
Did you take your meds?
Truvada
Yes
No
Have trouble swallowing the tablet
Forgot to take it
Did not have my tablets with me
Worried about mixing it with drugs or alcohol
Didn't want to be reminded of HIV
Sex Life
Yes
No
I had sex _ times today.
3
I used a condom every time I had sex.
Yes

4:39

Agregar medicamento

¡Bienvenido a "Mis Medicamentos"!

Con mis medicamentos, tú estás a cargo. Manténgase al tanto de su salud y reciba recordatorios hechos especialmente para usted.

Siguiente

3:17

Atrás Agregar medicamento

¿Qué tipo de medicación está tomando?

PrEP diaria
Tomo mis pastillas todos los días.

PrEP a pedido
2-1-1 según sea necesario.

PrEP inyectable
Administrado por un médico.

4:39

Agregar medicamento

Comencemos con información básica sobre medicamentos.

¿Cuál es el nombre de su medicamento?

Truvada

Truvada
Descovy
Cabotegravir

3:24

Atrás Agregar medicamento

Detalles de la medicación

¿A qué hora del día quieres tomar tu medicación?

Elija más de uno si es necesario

Mañana

Tarde

Noche

Siguiente

5:05

Agregar medicamento

Sabías...?

¿Sabía que tomar su medicamento como parte de su rutina diaria normal puede aumentar su éxito?

Siguiente

5:05

Agregar medicamento

¡Excelente!

Combinemos su medicamento con las cosas que hace a diario para ayudarlo a recordar tomarlo.

Siguiente

3:27

Atrás

Agregar medicamento

Mientras bebe café

Después de desayunar

Después de hacer ejercicio

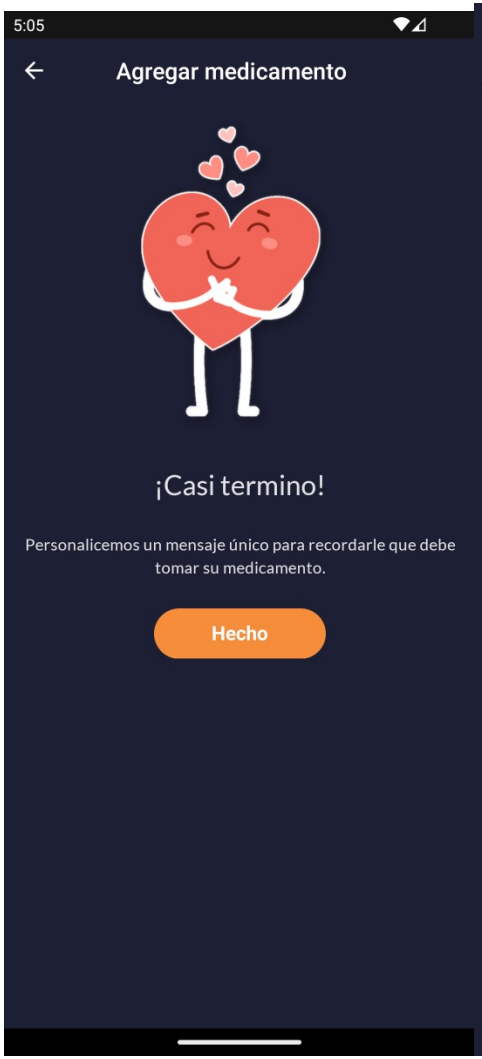
Después del almuerzo

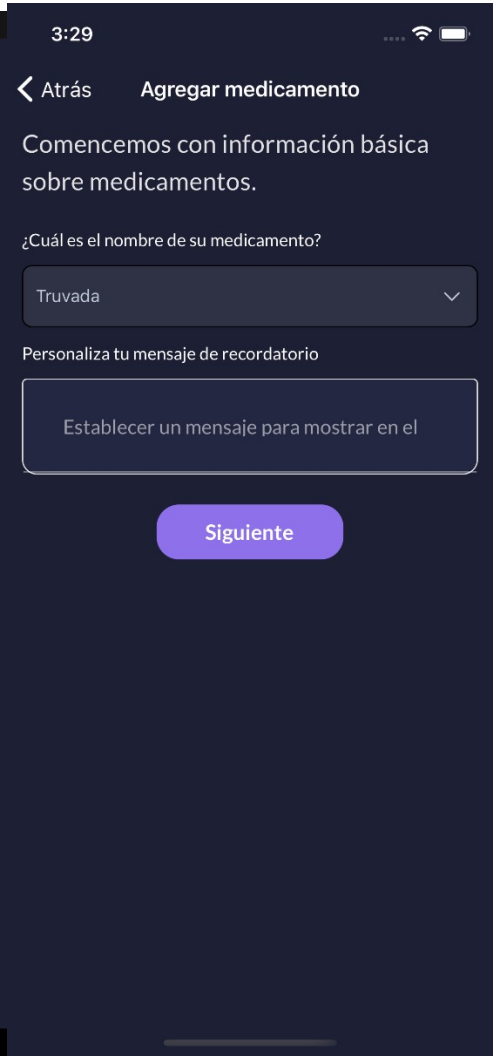
Después de un aperitivo

Antes de reunirse

Antes de trotar

Después de comer


5:05
Agregar medicamento
¡Casi termino!
Personalicemos un mensaje único para recordarle que debe tomar su medicamento.
Hecho


3:29
Atrás
Agregar medicamento
Comencemos con información básica sobre medicamentos.
¿Cuál es el nombre de su medicamento?
Truvada
Personaliza tu mensaje de recordatorio
Establecer un mensaje para mostrar en el
Siguiente

3:30

Atrás **Agregar medicamento**

## PrEP a pedido Truvada

Consejo: Siempre asegúrese de tomar las dos últimas dosis DESPUÉS de su último encuentro sexual.

**FRECUENCIA:**

Sexo dentro de las 24 horas de la primera dosis.

Sexo más allá de las 24 horas después de la primera dosis.

Si tiene relaciones sexuales al día siguiente de tomar su cuarta píldora, continúe tomando 1 píldora por día hasta 48 horas después de la última vez que tuvo relaciones sexuales.
Si tiene un intervalo de menos de 7 días antes de la próxima vez que tenga relaciones sexuales, reinicie 1 pastilla al día.
Si la brecha es de 7 días o más, comience de nuevo con 2 pastillas antes del sexo

3:30

Atrás **Agregar medicamento**

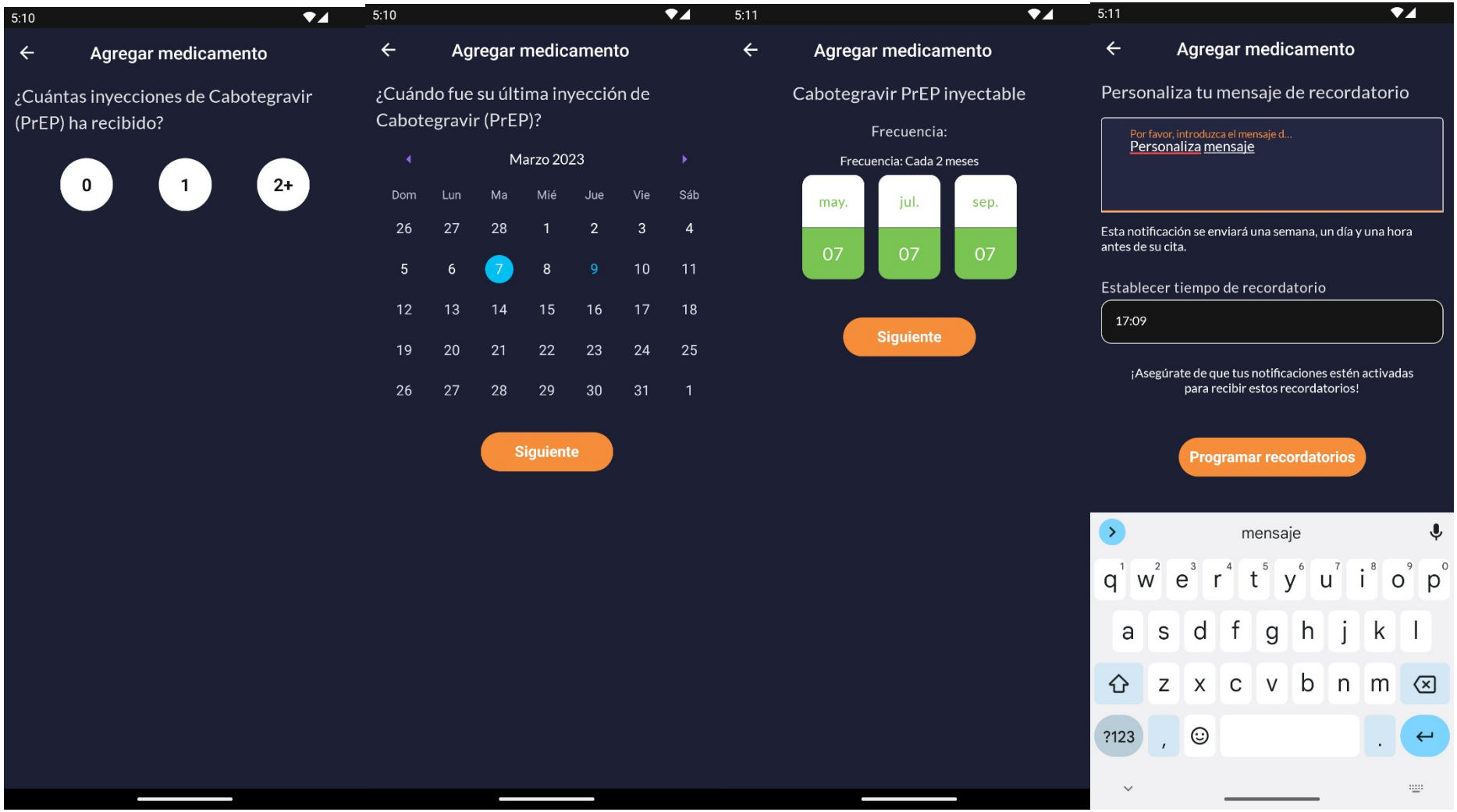
Sexo dentro de las 24 horas de la primera dosis.

Sexo más allá de las 24 horas después de la primera dosis.

Si tiene relaciones sexuales al día siguiente de tomar su cuarta píldora, continúe tomando 1 píldora por día hasta 48 horas después de la última vez que tuvo relaciones sexuales.
Si tiene un intervalo de menos de 7 días antes de la próxima vez que tenga relaciones sexuales, reinicie 1 pastilla al día.
Si la brecha es de 7 días o más, comience de nuevo con 2 pastillas antes del sexo

Preguntas frecuentes sobre PrEP a pedido >>

Hecho

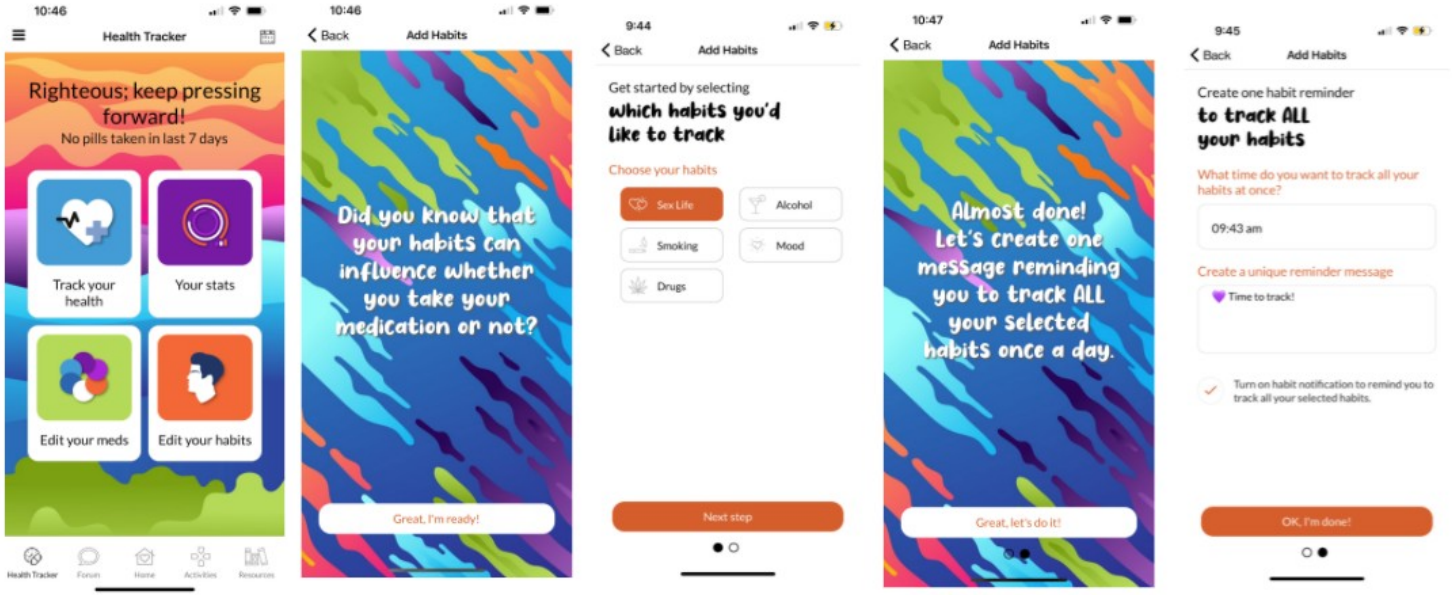


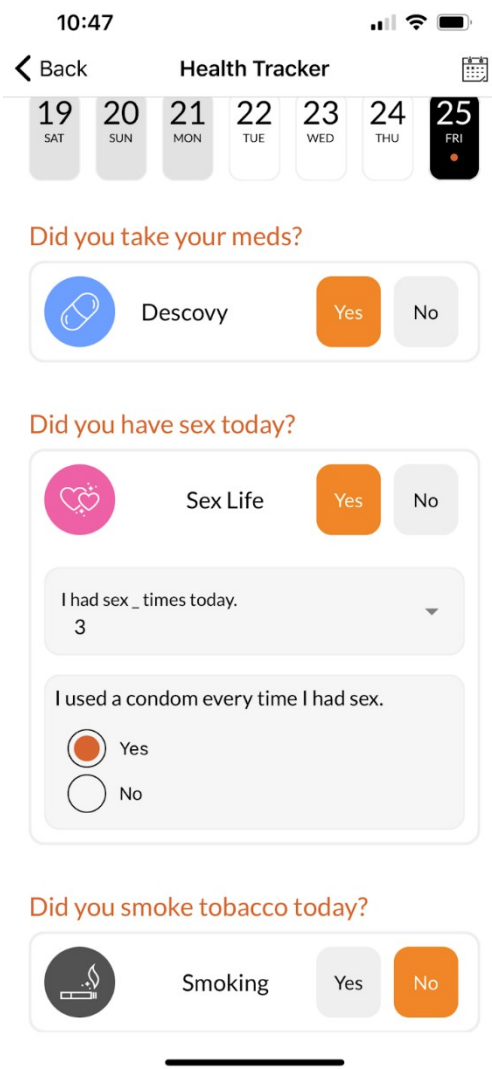

**Health (Sex) Tracker Set-up**

Time required to set up:  1-2 minutes

From the home screen or main health tracker screen, users can set up and track their sexual activity. Tracking their sexual activity, and other habits if they so choose, can help users recognize patterns within their medication adherence and identify factors that may influence how adherent they are over time. It can also help them recognize if a different method of PrEP might be better suited for them given their activity. E.g., if a user is not having very much sex, they might opt for on demand PrEP instead of daily PrEP.

1. Main health tracker page
    a. Add and/or edit sexual behavior (also includes updating reminders)
    b. Track your sexual activity
    c. View your stats
2. Calendar (icon in top right on main health tracker page and track health page)




10:47
Back
Health Tracker
19 SAT
20 SUN
21 MON
22 TUE
23 WED
24 THU
25 FRI
Did you take your meds?
Descovy
Yes
No
Did you have sex today?
Sex Life
Yes
No
I had sex _ times today.
3
I used a condom every time I had sex.
Yes
No
Did you smoke tobacco today?
Smoking
Yes
No

10:31
Back
Your stats
Sex Life
Week
Month
Last Month
All time
5
4
3
2
1
2/1
2/5
2/9
2/13
2/17
2/21
2/25
Sex with condom
Sex without condom
February 2022
Sun
Mon
Tue
Wed
Thu
Fri
Sat
30
31
1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19

5:12

Agregar medicamento

¡Gran trabajo!

¡Excelente trabajo al configurar sus medicamentos! ¡Recuerde registrar los días que sabe o cree que puede tener relaciones sexuales, y le enviaremos recordatorios para que tome su PrEP!

Ir al registro de amor

3:42

Registro de amor

¡Comienza con Love Log!

¿Sabía que hacer un seguimiento de su nooky puede ayudarlo a mantenerse informado sobre su adherencia a la PrEP y el posible riesgo de contraer el VIH y otras ITS?

Siguiente

Seguimiento... Registro de amor Inicio Foro Recursos

3:42

Registro de amor

Entonces, cuéntanos... ¿cuándo sucederá esto?

¡Ya me acosté!

Seguimiento... Registro de amor Inicio Foro Recursos

3:12

Atrás Registro de amor

¡Escuchemos más!

Evaluación Actualizar

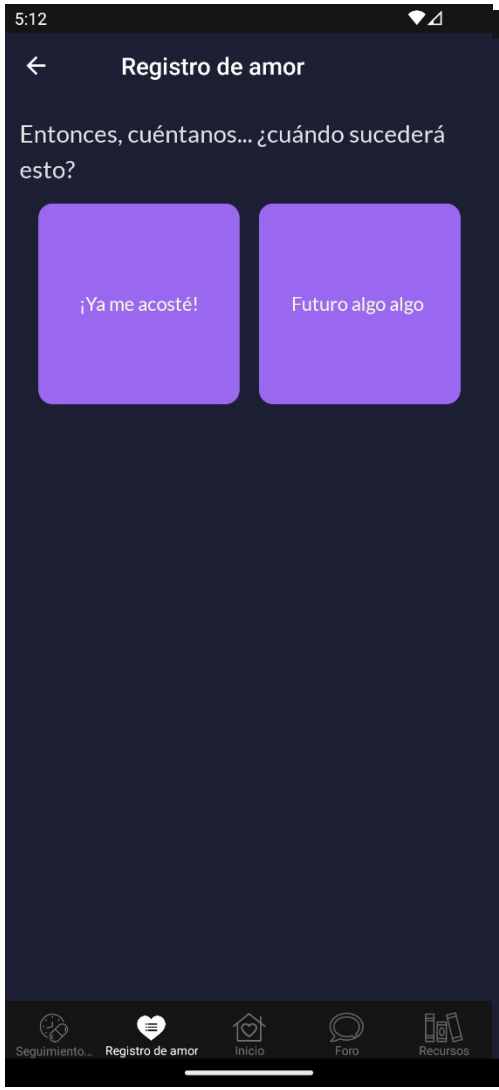
Bueno Así así Malo

Consejo profesional: si no cumple con la PrEP y cree que podría haber estado expuesto al VIH, considere tomar la PrEP.

Notas adicionales

¿Algún otro detalle que quieras recordar?

Restablecer Guardar


5:12
Registro de amor
Entonces, cuéntanos... ¿cuándo sucederá esto?
¡Ya me acosté!
Futuro algo algo
Seguimiento...
Registro de amor
Inicio
Foro
Recursos

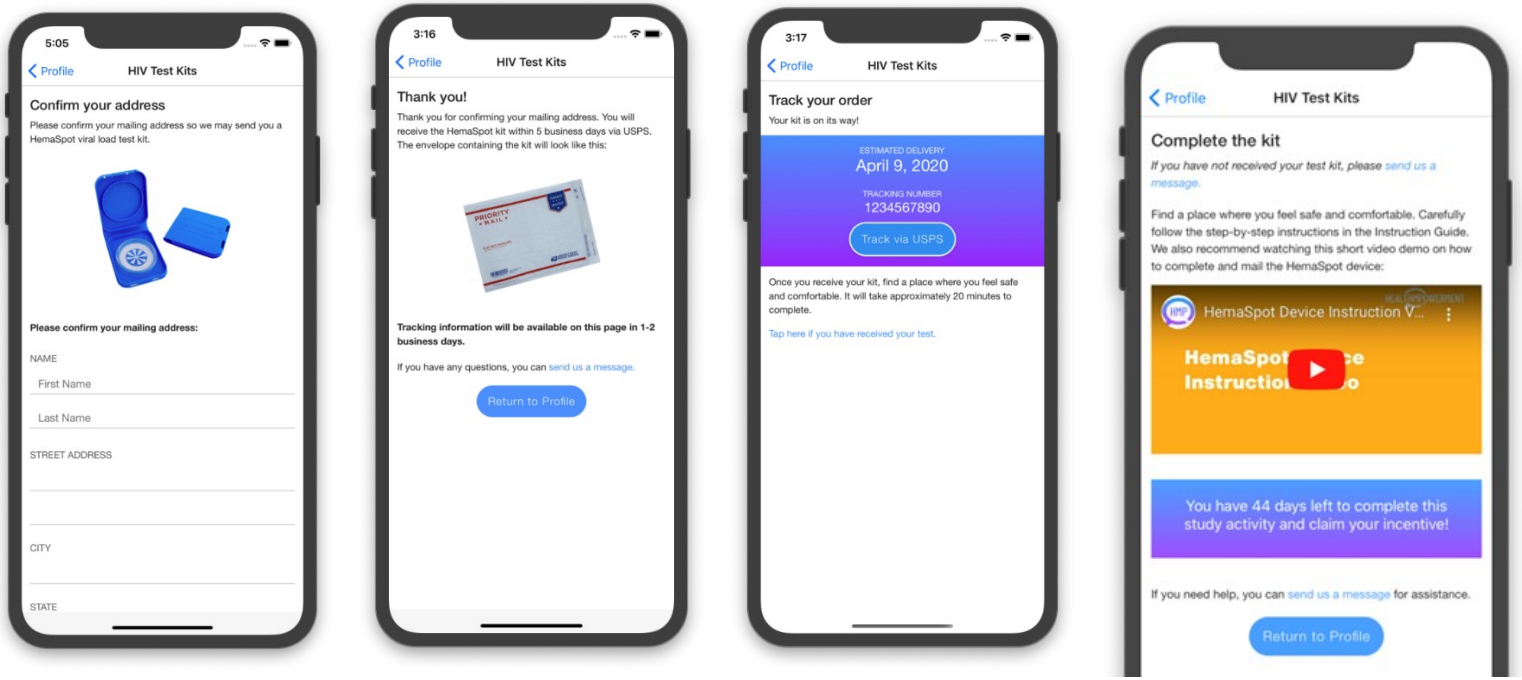
5:12
Agregar registro de amor
¿Cuándo vas a tener sexo?
Marzo 2023
Dom Lun Ma Mié Jue Vie Sáb
26 27 28 1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31 1
Sabemos que es posible que no tenga la hora exacta, ¡así que lo más cerca que pueda adivinar está bien!
17:17
Siguiente

3:19
Atrás
Registro de amor
¡Configuremos algunos recordatorios para ayudarlo a mantenerse sexy, protegid@ y list@ para divertirse!
miércoles, 15 de mar. de 2023
Tomarlas
Antes jueves @ 13:24
jueves, 16 de mar. de 2023
Tomarla
jueves @ 15:24
viernes, 17 de mar. de 2023
Tomarla
viernes @ 15:24
Programar recordatorios

**Test Kits**

Time required to complete: 20-30 minutes at baseline and every 6 months while in study

At baseline and every 6 months while in study, users will be asked to complete an at-home DBS kit. Users will be asked to confirm their mailing address and be provided USPS tracking information. Once the test is received, the user can watch an instructional video and read instructional text to help them complete the kit. There will also be an option to reach out to staff for support. Users will be provided a pre-labeled envelope and instructions on how to mail the completed kit back to the lab. After it is mailed, they will receive their incentive.




1. Address confirmation page
2. USPS tracking information page
3. Instructional video and mailing to the lab information page

3:23

Atrás Equipos de Prueba

## Kit de prueba DBS

Es hora de completar su kit de recolección de muestras de sangre seca para las pruebas de cumplimiento de la PrEP. Usted es elegible para ganar otra muestra de agradecimiento (tarjeta de regalo electrónica Tango de $25) al completar esta actividad. Recibirá el kit de recolección de muestras por correo y enviará su muestra de sangre por correo al personal del estudio. No podemos compartir los resultados del kit de prueba porque la muestra es puramente con fines de investigación, no con fines diagnósticos o clínicos. El kit es simple e indoloro y se le proporcionarán todos los materiales e instrucciones. Confirme la mejor dirección postal para usted:

**Confirma tu dirección postal:**

Nombre Completo

Nombre

Apellido

Dirección

3:23

Atrás Equipos de Prueba

**Confirma tu dirección postal:**

Nombre Completo

Nombre

Apellido

Dirección

Cuidad

Código postal

Estado

SELECCIONA UN ESTADO

Enviar mi prueba

3:25

Atrás Equipos de Prueba

Gracias por ordenar su equipo. Recibirá la prueba dentro de 5 días hábiles a través de MTL. El cuadro que contiene la prueba se verá así:

La información de seguimiento estará disponible en esta página en 1-2 días hábiles.

Si tienes alguna pregunta, puedes enviarnos un mensaje.

Volver al Inicio

4:28

Atrás Equipos de Prueba

## ¡Rastrea tu orden!

¡Tu kit está en camino!

Entrega estimada
Abril 1, 2023

El número de rastreo
392F3A391

Seguimiento a través de USPS

Una vez que reciba nuestra prueba, busque un lugar donde se sienta seguro y cómodo. Tardará aproximadamente entre 10 y 15 minutos en completarse.

Toque aquí si ha recibido su prueba.

Envíe un mensaje al administrador si tiene algún problema o pregunta.

8:54

Atrás Equipos de Prueba

## Completa el Kit

Si no ha recibido su kit de prueba, por favor envíenos un mensaje

Encuentra un lugar donde te sientas seguro y cómodo. Siga cuidadosamente las instrucciones paso a paso en la Guía de instrucciones. También recomendamos ver este breve vídeo sobre cómo completar y enviar por correo el dispositivo TASSO.

LEE LAS INSTRUCCIONES

mandanos un mensaje

Ingrese el día y la hora en que completó el kit

Marzo 2023

8:54

Atrás Equipos de Prueba

Ingrese el día y la hora en que completó el kit

Marzo 2023

| Dom | Lun | Ma | Mié | Jue | Vie | Sáb |
|---|---|---|---|---|---|---|
| 26 | 27 | 28 | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |

8:53 AM PM

¡Le quedan 3 días para completar esta actividad de estudio y reclamar su incentivo!

Enviar

Volver al Inicio

8:56

Atrás Equipos de Prueba

Ahora que ha completado la extracción de sangre, tenemos algunas preguntas breves para que responda. Una vez que haya respondido estas preguntas, haya enviado el kit por correo utilizando el sobre de devolución con la dirección preimpresa y el laboratorio haya recibido el kit, puede reclamar su tarjeta de regalo electrónica Tango

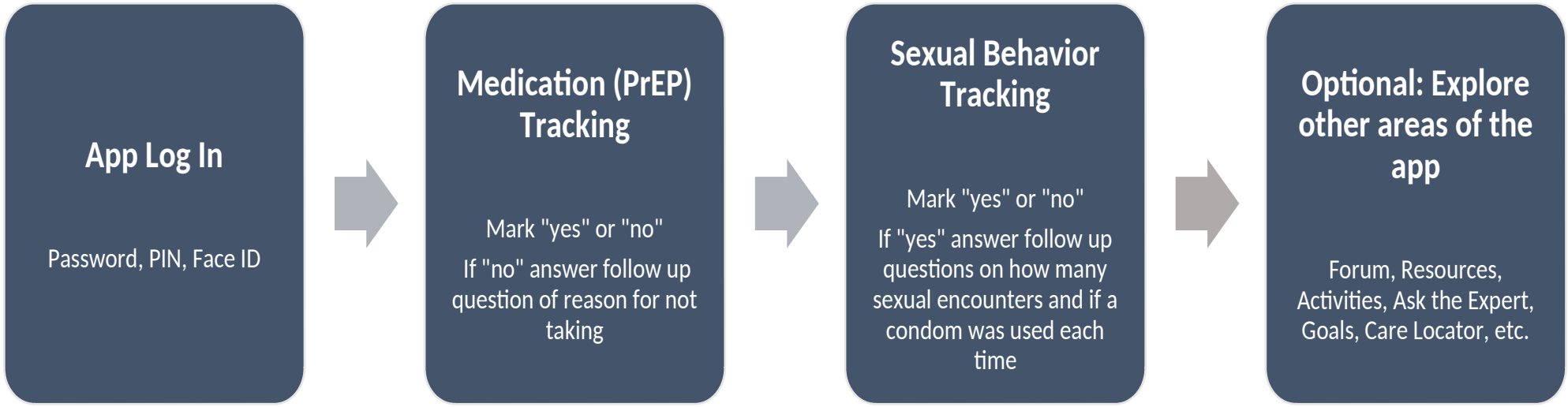
Enlace a la encuesta

Volver al Inicio

THIS ENDS THE REQUIRED FEATURES OF THE EPICC APP. THE FOLLOWING PROVIDES SOME ADDITIONAL DETAILS AND SCREEN SHOTS OF OPTIONAL FEATURES OF THE APP THAT ARE AVAILABLE TO PARTICIPANTS BUT NOT REQUIRED

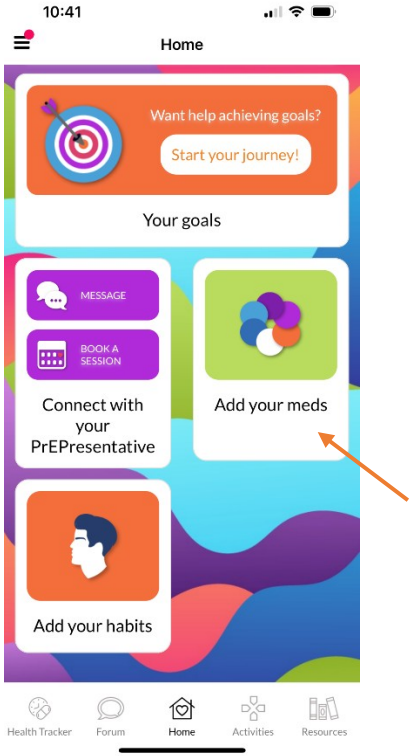
**Daily Use**

***Optional, but recommended***



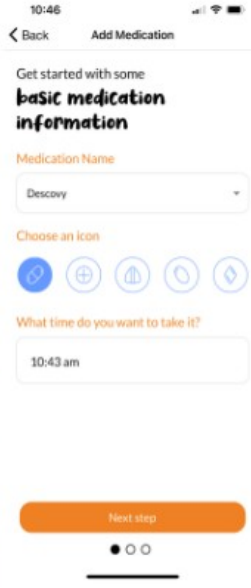

**Medication (PrEP) Tracker**

Optional, but recommended: time to complete daily: 1-3 minutes

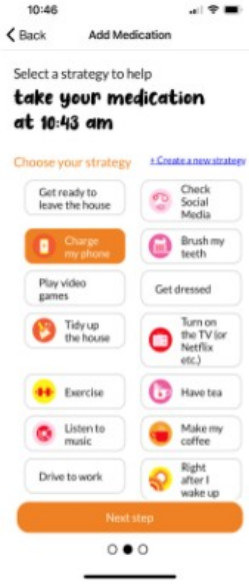


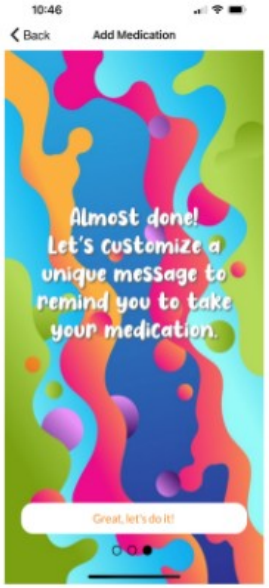

3. Main health tracker page
    a. Add and/or edit medication (also includes updating reminders)
    b. Track your medicine
    c. View your stats – choose specific medicine view analytics
4. Calendar (icon in top right on main health tracker page and track health page)

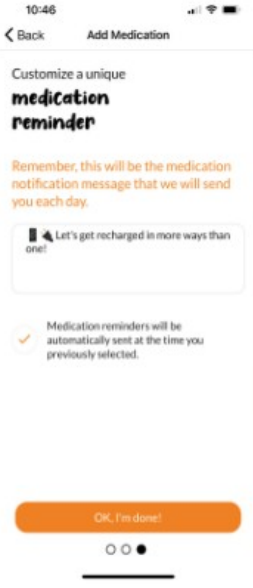
10:46
Back
Add Medication
Did you know that taking your medicine as part of your normal daily routine can increase your success?
Great, I'm ready!

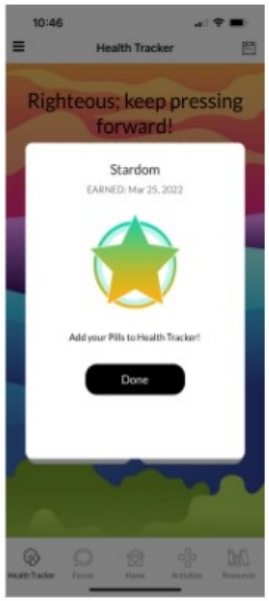

10:46
Back
Add Medication
Get started with some
basic medication information
Medication Name
Descovy
Choose an icon
What time do you want to take it?
10:43 am
Next step

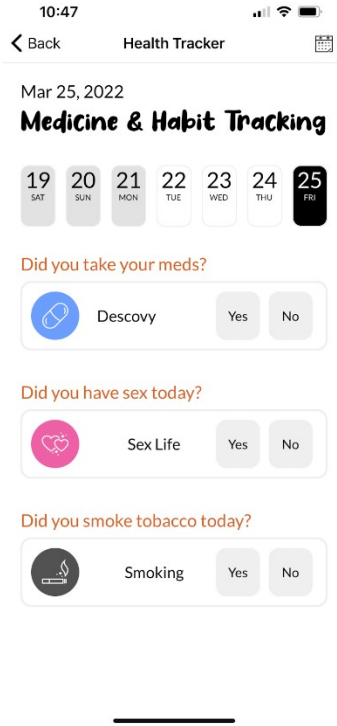
10:46
Back
Add Medication
Great! Let's pair your medication with things you do daily to help you remember to take it.
Awesome, I'm ready!

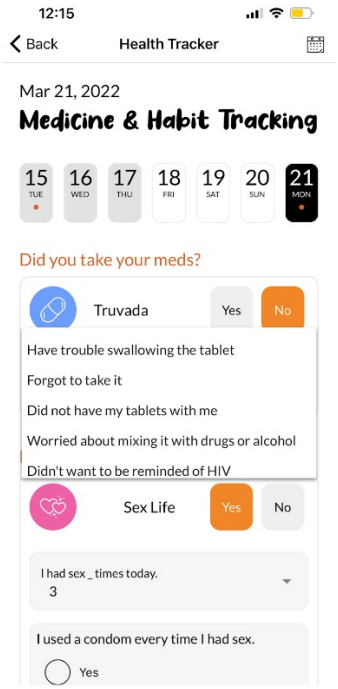

10:46
Back
Add Medication
Select a strategy to help
take your medication at 10:43 am
Choose your strategy
+ Create a new strategy
Get ready to leave the house
Check Social Media
Charge my phone
Brush my teeth
Play video games
Get dressed
Tidy up the house
Turn on the TV (or Netflix etc.)
Exercise
Have tea
Listen to music
Make my coffee
Drive to work
Right after I wake up
Next step


10:46
Back
Add Medication
Almost done! Let's customize a unique message to remind you to take your medication.
Great, let's do it!


10:46
Back
Add Medication
Customize a unique
medication reminder
Remember, this will be the medication notification message that we will send you each day.
Let's get recharged in more ways than one!
Medication reminders will be automatically sent at the time you previously selected.
OK, I'm done!


10:46
Health Tracker
Righteous; keep pressing forward!
Stardom
EARNED: Mar 25, 2022
Add your Pills to Health Tracker!
Done


10:47
Back
Health Tracker
Mar 25, 2022
Medicine & Habit Tracking
19 SAT
20 SUN
21 MON
22 TUE
23 WED
24 THU
25 FRI
Did you take your meds?
Descovy
Yes
No
Did you have sex today?
Sex Life
Yes
No
Did you smoke tobacco today?
Smoking
Yes
No

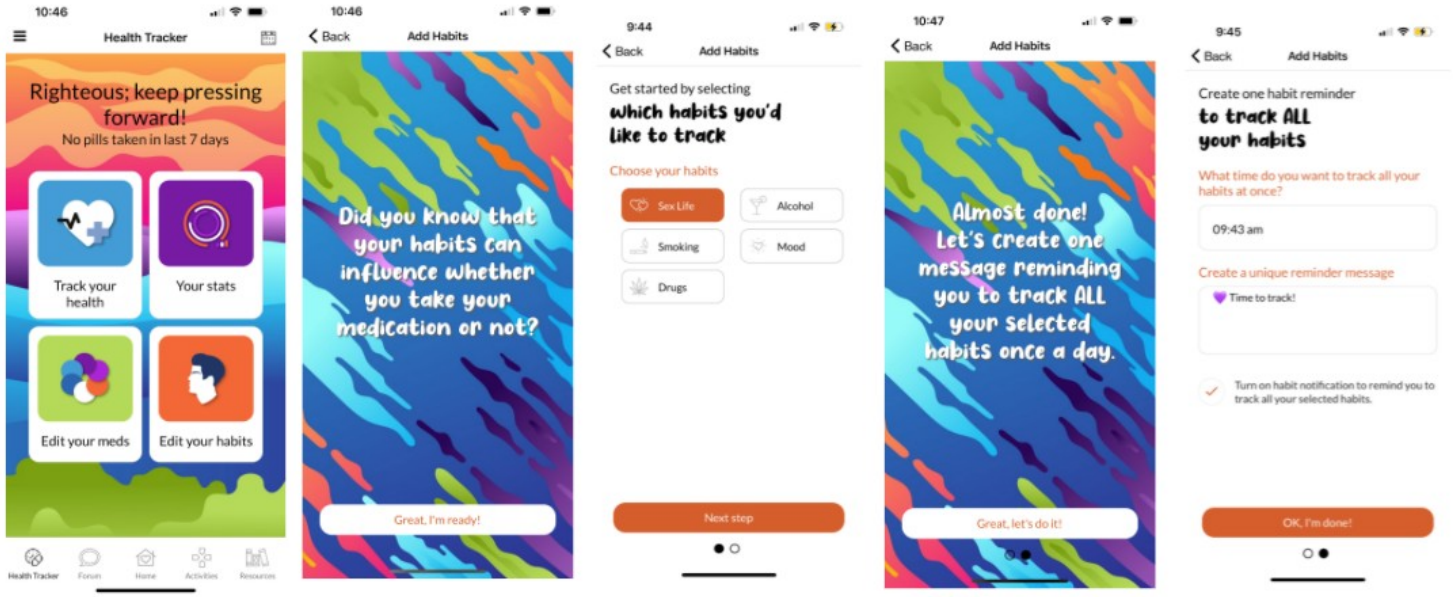

12:15
Back
Health Tracker
Mar 21, 2022
Medicine & Habit Tracking
15 TUE
16 WED
17 THU
18 FRI
19 SAT
20 SUN
21 MON
Did you take your meds?
Truvada
Yes
No
Have trouble swallowing the tablet
Forgot to take it
Did not have my tablets with me
Worried about mixing it with drugs or alcohol
Didn't want to be reminded of HIV
Sex Life
Yes
No
I had sex _ times today.
3
I used a condom every time I had sex.
Yes

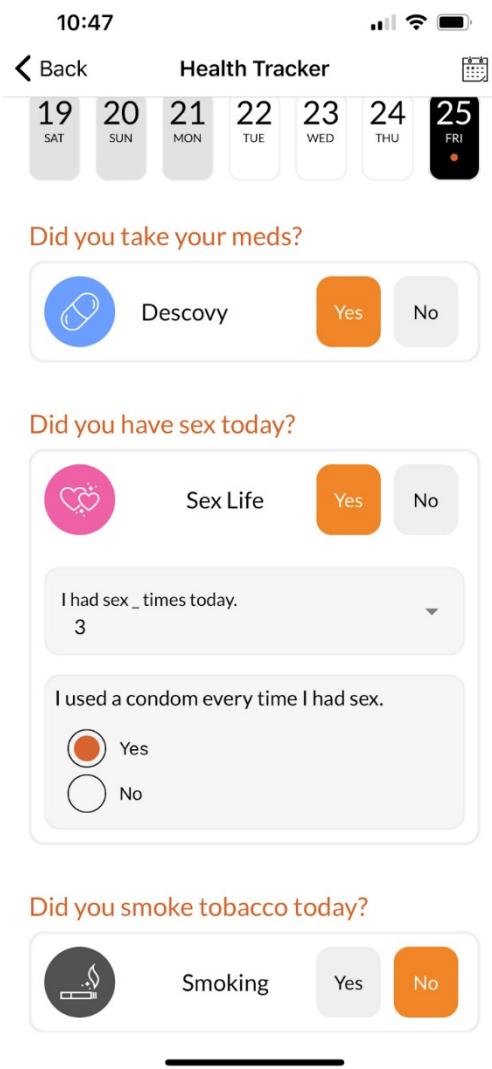
**Health (Sex) Tracker**

Optional, but recommended: time to complete daily: 1-3 minutes

From the home screen or main health tracker screen, users can track their sexual activity. Tracking their sexual activity, and other habits if they so choose, can help users recognize patterns within their medication adherence and identify factors that may influence how adherent they are over time. It can also help them recognize if a different method of PrEP might be better suited for them given their activity. E.g., if a user is not having very much sex, they might opt for on demand PrEP instead of daily PrEP.

3. Main health tracker page
    a. Add and/or edit sexual behavior (also includes updating reminders)
    b. Track your sexual activity
    c. View your stats
4. Calendar (icon in top right on main health tracker page and track health page)

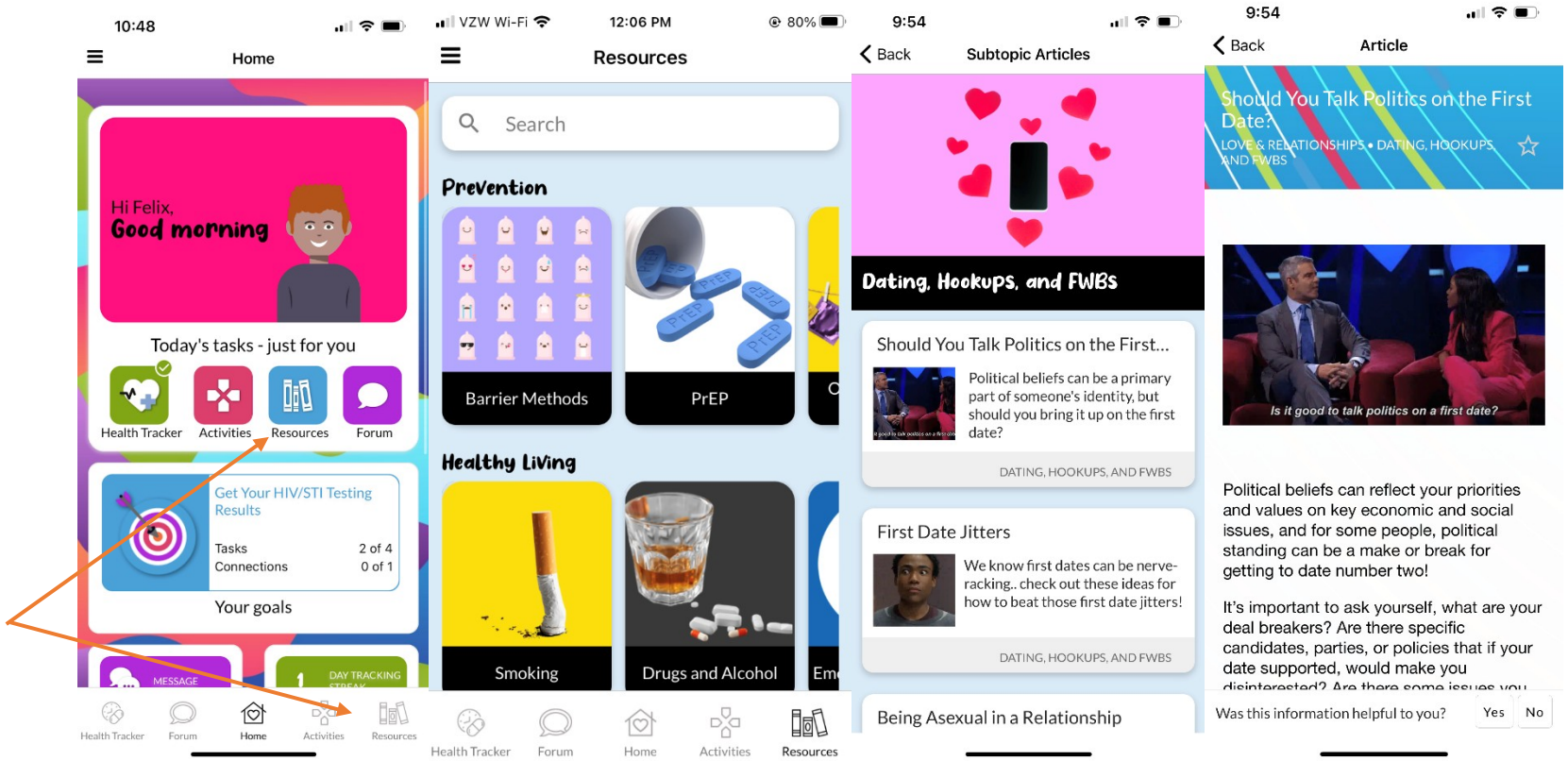



10:47
Back
Health Tracker
19 SAT
20 SUN
21 MON
22 TUE
23 WED
24 THU
25 FRI
Did you take your meds?
Descovy
Yes
No
Did you have sex today?
Sex Life
Yes
No
I had sex _ times today.
3
I used a condom every time I had sex.
Yes
No
Did you smoke tobacco today?
Smoking
Yes
No

10:31
Back
Your stats
Sex Life
Week
Month
Last Month
All time
5
4
3
2
1
2/1
2/5
2/9
2/13
2/17
2/21
2/25
Sex with condom
Sex without condom
February 2022
Sun
Mon
Tue
Wed
Thu
Fri
Sat
30
31
1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19

**Resources**

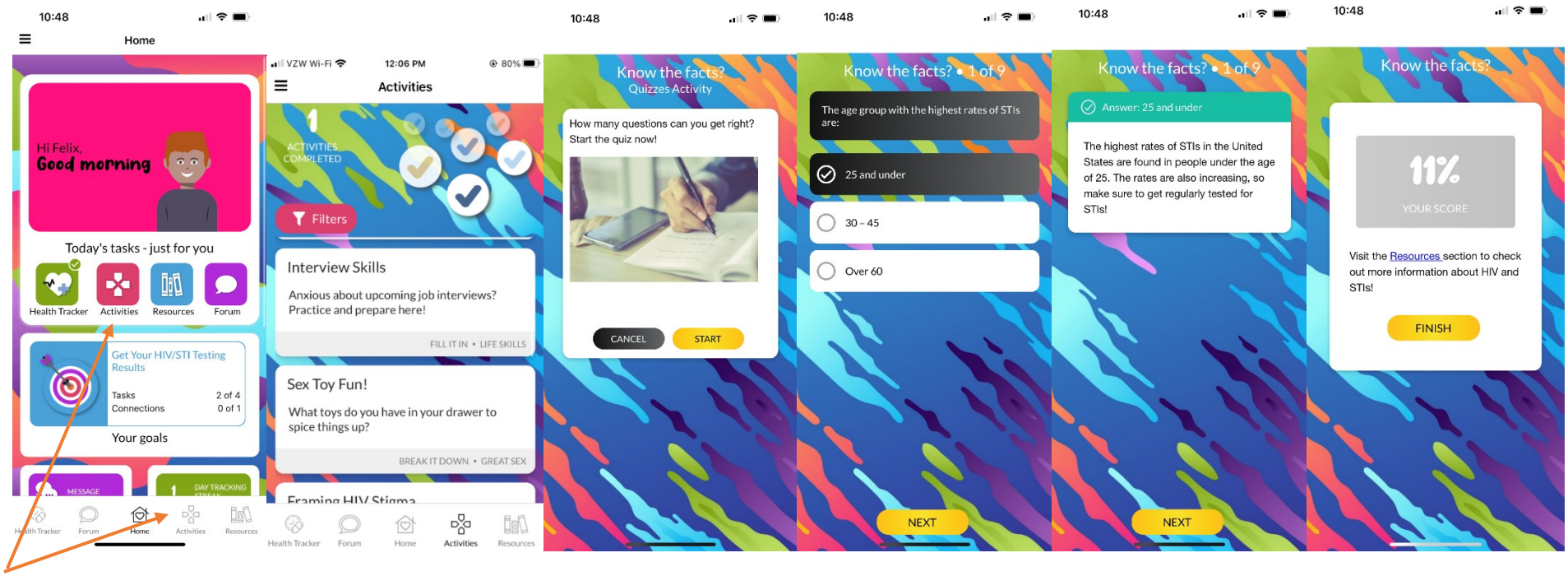
If the user taps on the “Resources” button in the “Just for You” section, the app will take them to a randomly selected article. The user can save the article by selecting the star at the top right, as well as mark “yes” or “no” to the question “Was this information helpful to you?” Users can also access resources through the bottom navigation bar.




1. Main list screen with parent topics and subtopics
2. Subtopic list with article thumbnail and description
3. Article view

**Activities**

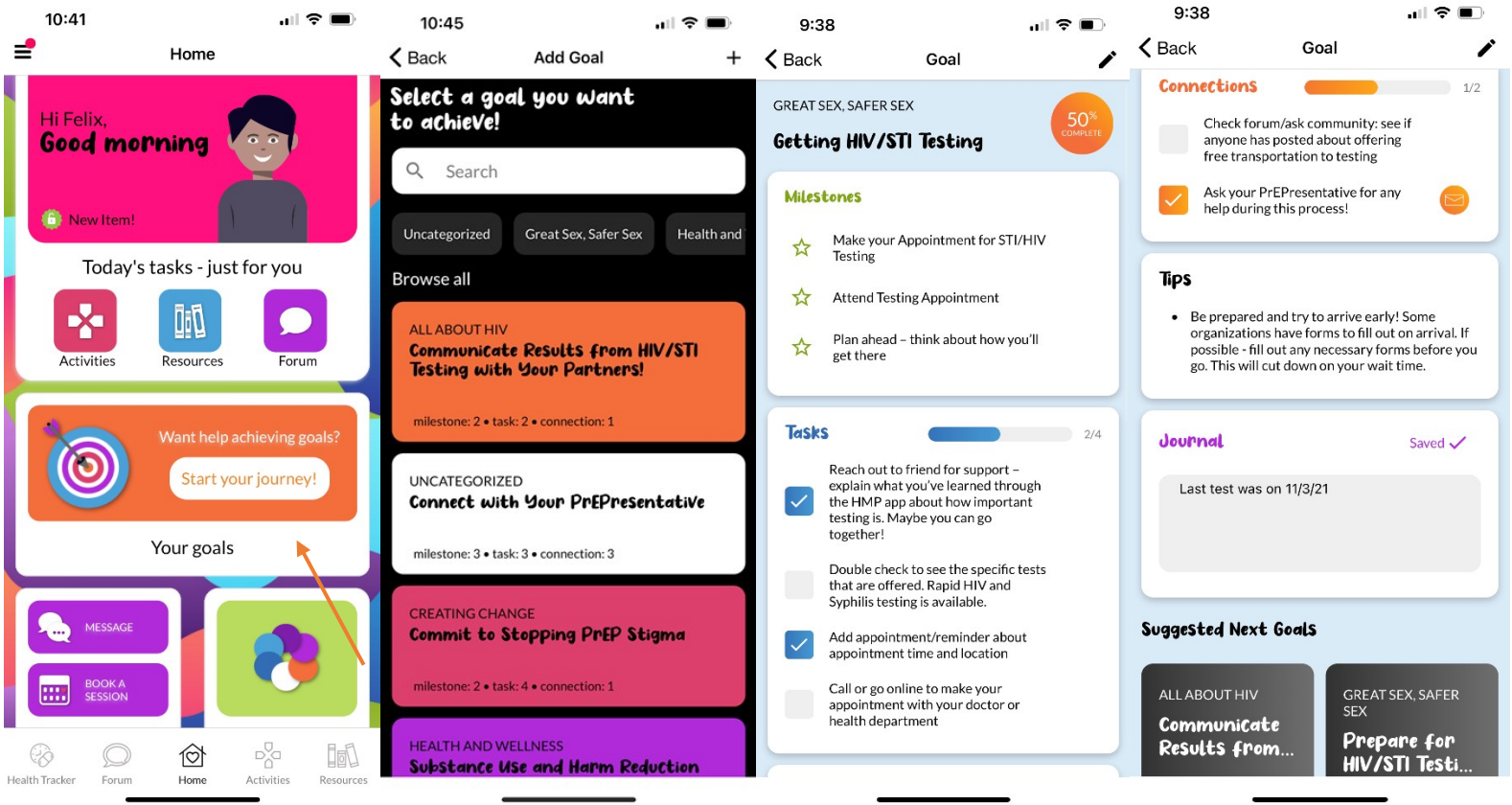
Users can access activities through the “Just for You” section on the home screen or at the bottom navigation bar. The “Just for You” section will pull a random activity from the published pool. There are seven types of activities: quizzes, assessments, choose-your-own-adventure, free text fill in the blank, sorting and categorizing drag and drop. Topic areas include HIV/STI prevention, creating change, love and relationships, health living, great sex, culture and current events and life skills.




1. Main list screen with title and short description
    a. Filter by topic or type
    b. Types include quizzes, assessments, choose-your-own-adventure, free text fill in the blank, sorting and categorizing drag and drop
2. Introduction screen with image and expanded description
3. Question/answer pages (screens may appear different depending on the type of activity)
4. Summary page with links to more resources within or outside of the app

**Goals**

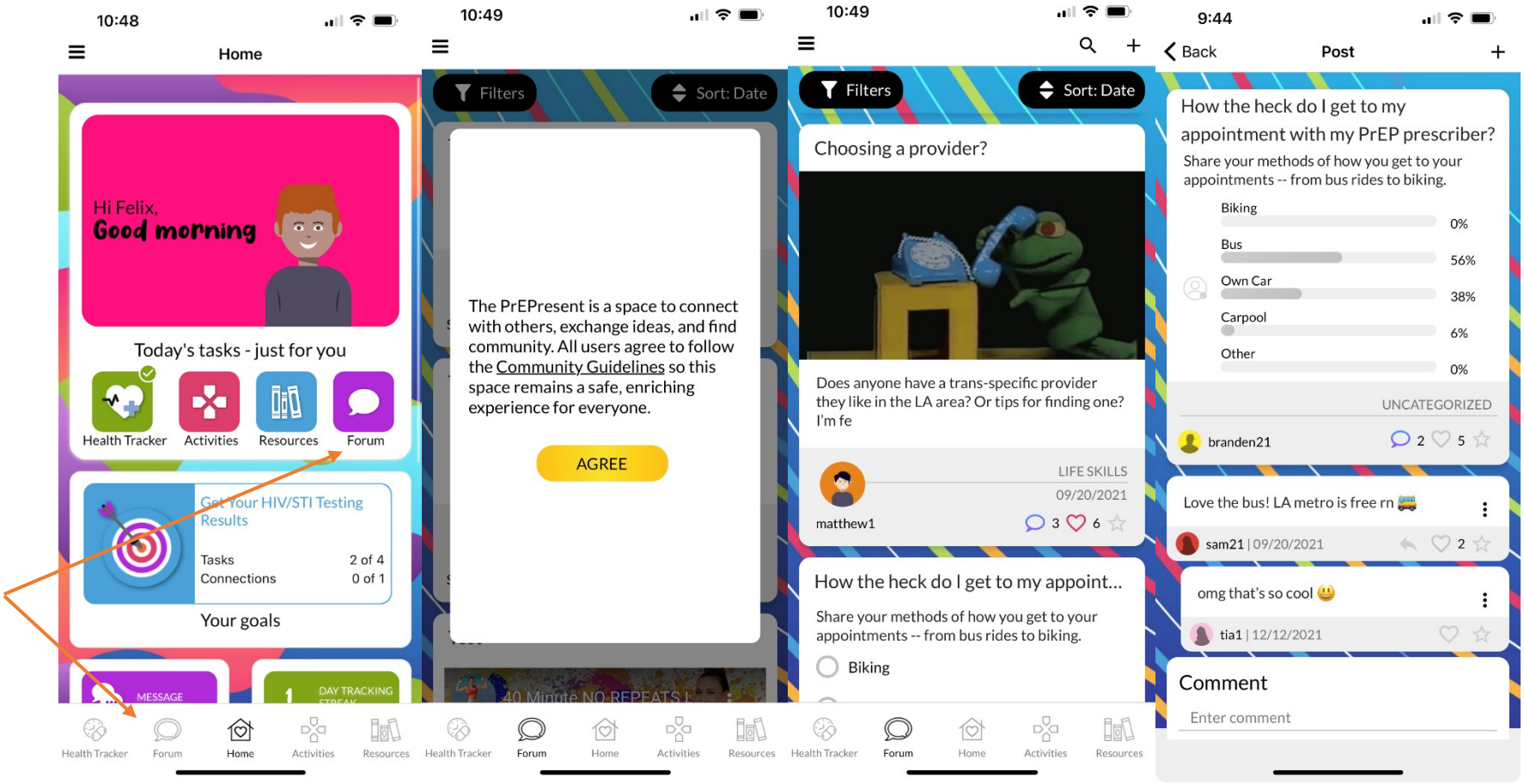
From the home screen or slide out menu, users can select various health and wellness goals to achieve.




1. Main list screen with ability to filter based on topic area or search using free text
2. Details of individual goals
    a. Milestones
    b. Tasks
    c. Connections
    d. Tips
    e. Journal
    f. Suggested Next Goals

**Forum**

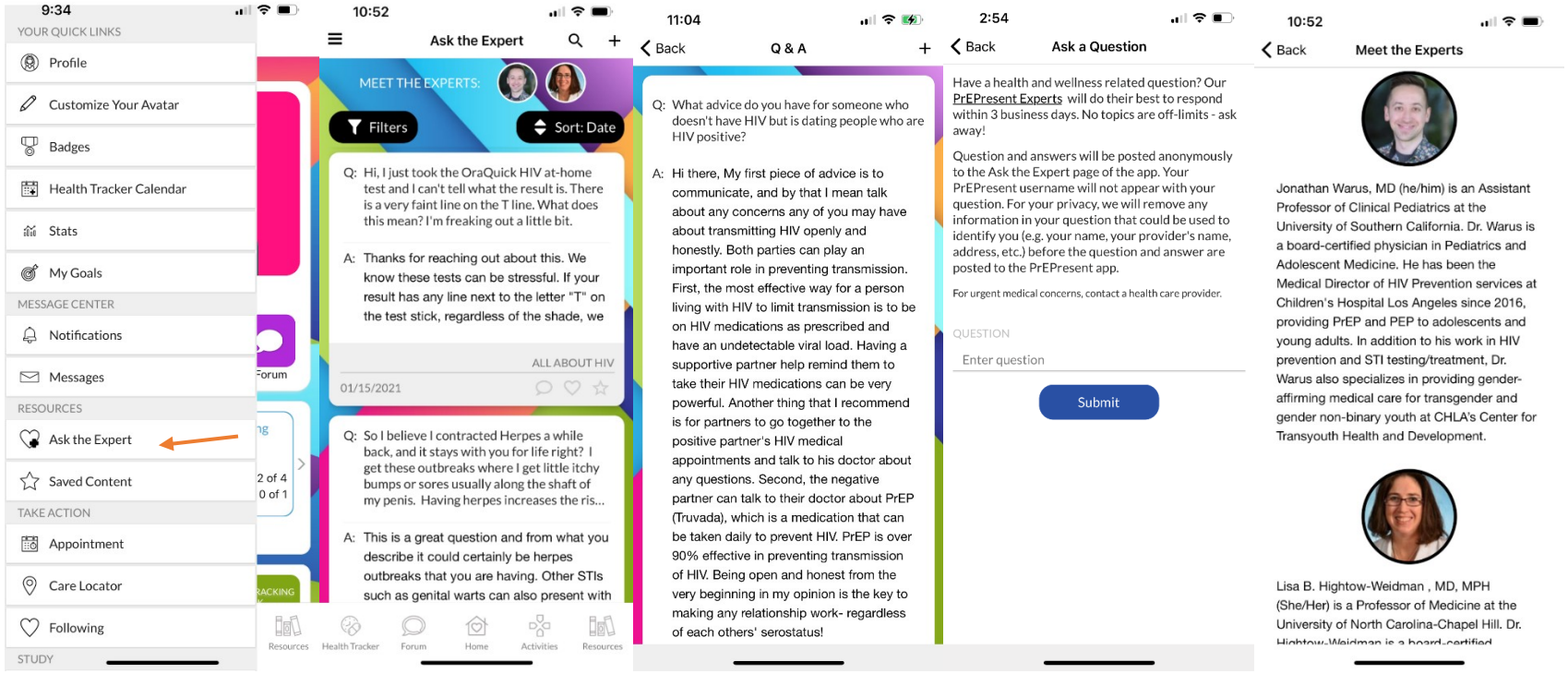
Users can access the forum via the bottom navigation bar or the “Just for You” section on the home screen. Here they can read what others have posted and contribute their own thoughts. Upon their first time in the forum, they will be presented a pop-up message asking them to agree to the study’s Community Guidelines that encourage a safe and tolerant space for people to express themselves.




1. Upon first entry into the forum, acknowledgment on community guidelines pop-up message
2. Main forum screen
    a. Polls can be answered directly from the main page
    b. Likes, favorites and flags can be given directly from the main page
    c. Sort by date, most popular, most favorited, most liked
    d. Filter by topic or users followed
3. Detailed post view with comment/reply function

**Ask the Expert**

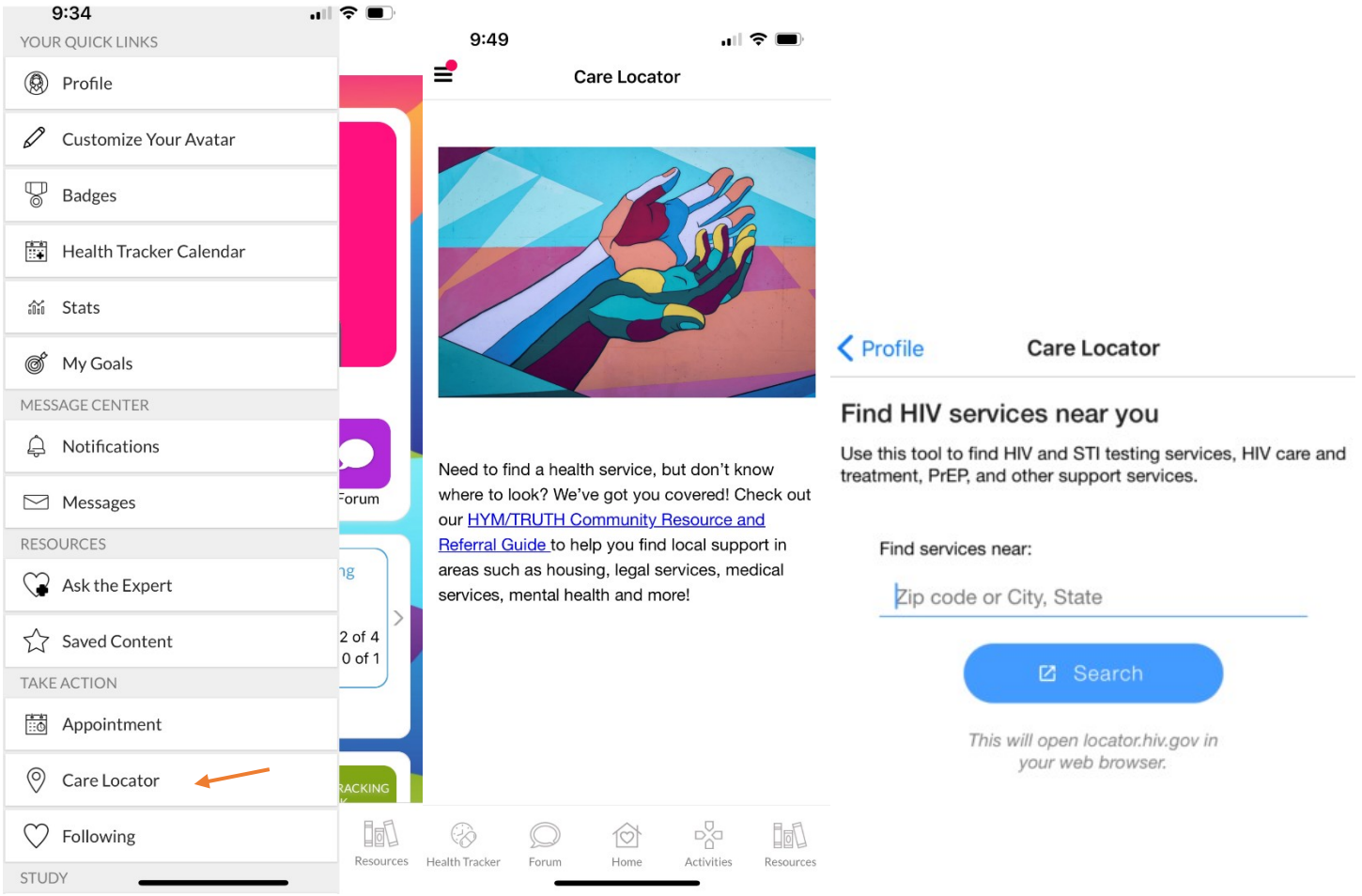
Using the slide out menu, users can access the “Ask the Expert” feature. Here they can read what others have asked and the expert’s responses, ask their own question or meet the experts and read more about their backgrounds.




1. Main Ask the Expert screen
    a. Past participant submitted questions with expert answers
        i. Sort by date, most commented, most favorited, most liked
        ii. Filter by topic
2. Detailed view of specific question
3. Submit a question screen
4. Meet the experts screen

**Care Locator**

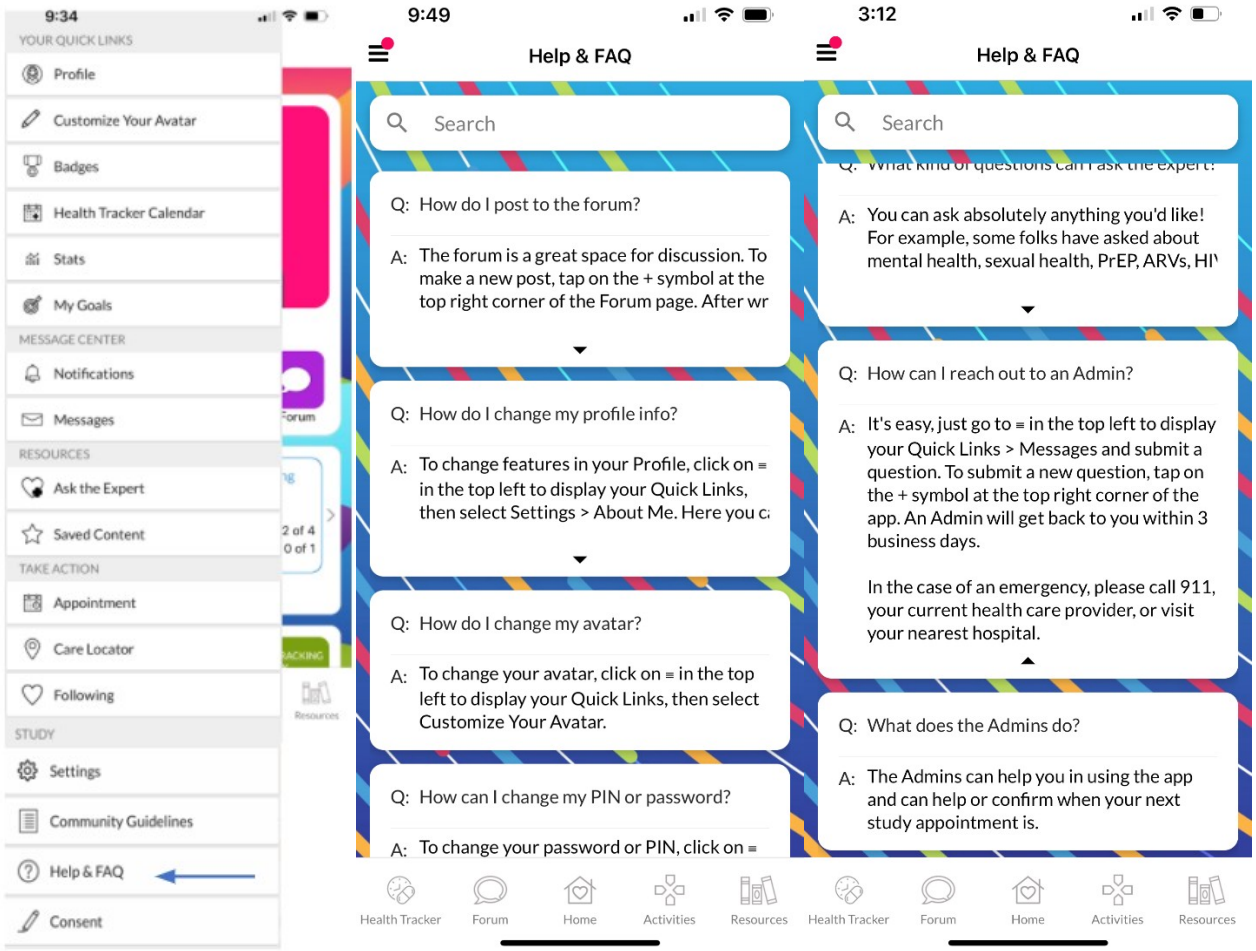
The slide out menu will take users to the care locator, to help users search for locally-based resources.




1. Care locator main screen
    a. Either project created resource document link OR embedded service finder website such as locator.hiv.gov or pleaseprepme.org
        i. Clicking or entering in location information will take you out of the app to the external site

**Help & FAQ**

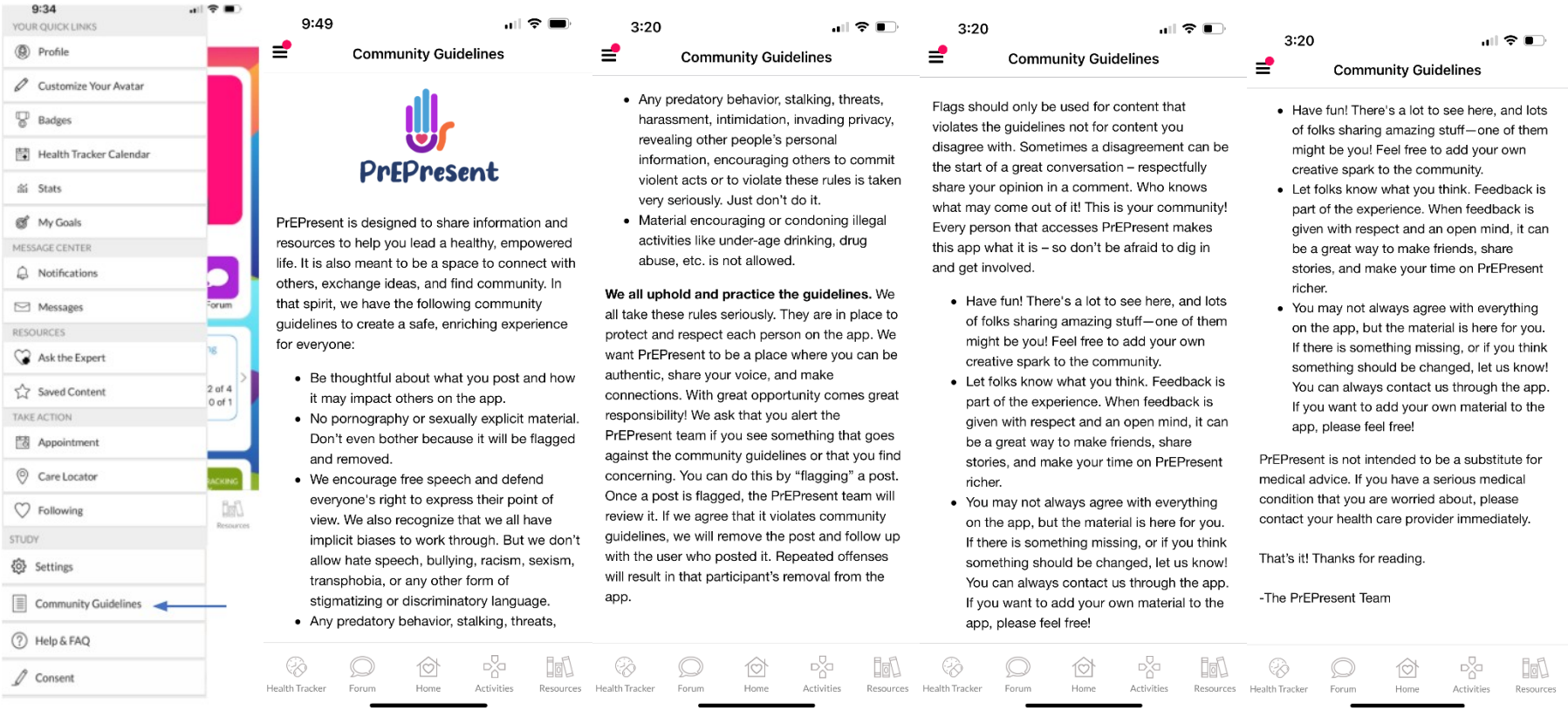
Users can access commonly asked questions about the study and app from the slide out menu.




1. Main list of FAQs
2. Detailed view of specific FAQ

**Community Guidelines**

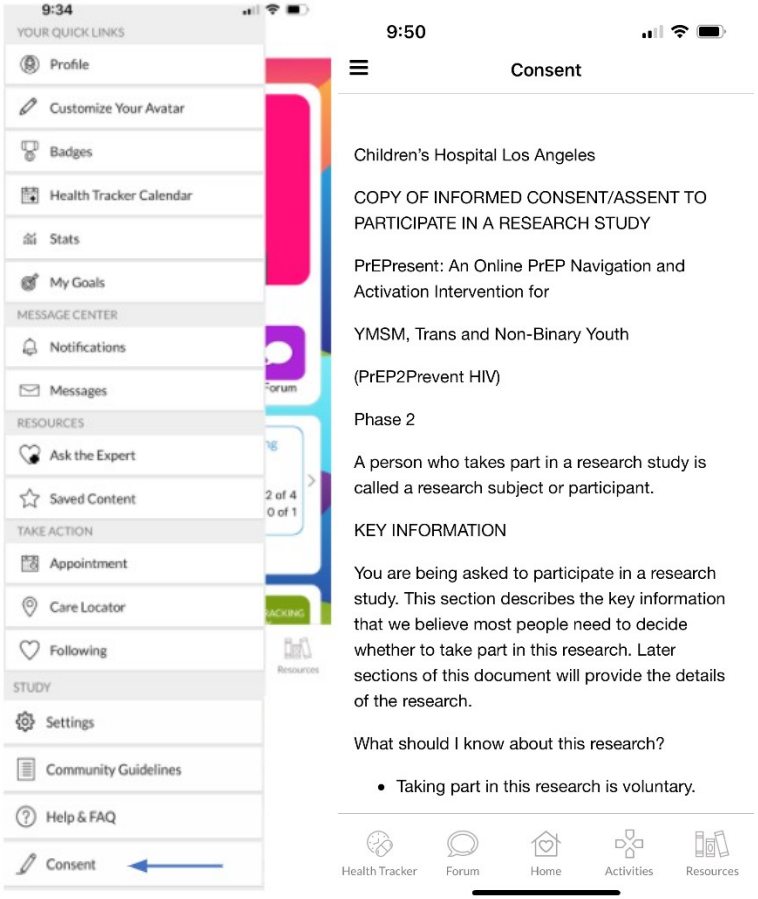
Users can view the community guidelines via the slide out menu.




1. Main community guidelines screen
    a. Explains guidelines on types of content acceptable to post in the forum
    b. Explains what flagging is if a user does deem any content inappropriate
    c. Encourages participation
    d. Provides disclaimer that the app is not meant to be a replacement for medical advice or care

**Copy of Informed Consent**

Participants will complete the informed consent process outside of the app; however, they will be able to view a copy of the consent form within the app. **Accessing and viewing a copy of the consent form is not a mandatory action for participants within the app, but it is always available to participants.** Any modifications or updates submitted to the IRB are updated within the app as well. This update does not require users to update their mobile devices but happens automatically ensuring they always have access to the most current version. Users can access this page via the slide out menu.




1. Copy of project informed consent form
    a. Updated within the app if any modifications to the IRB are submitted