# Training Skills Assessment- Post Training (TSA-P)

As part of the Evaluation of GLS suicide prevention programs across the country, we are inviting participants of GLS funded training activities to complete the following brief survey. This survey will assess your knowledge, attitudes and behaviors related to youth suicide prevention. The survey will take approximately 20 minutes to complete.

A sample of participants who complete today's survey will be eligible to participate in two follow-up surveys and a phone simulation (a simulated conversation with an 'at-risk youth'). If you are selected to participate in these additional data collection activities, you will receive \$20 per survey and \$50 for the phone simulation. There will be more information at the end of the survey about both of these data collection efforts.

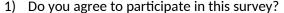
**Rights Regarding Participation:** Your input is important; however, your participation in this survey is completely voluntary. There are no penalties or consequences for not participating. You can choose to stop the survey at any time, or not answer a question for whatever reason.

**Privacy:** Your name will never appear in any report that summarizes the findings of the National Outcomes Evaluation. All findings will be reported in aggregate; that is, they will be combined with responses from other individuals. If you are selected to participate in follow-up surveys your responses across administration will be linked with a unique identifier—your name and responses will not be linked. Your individual responses will not be shared with the trainer or other grantee-funded staff.

**Risks:** Completing this survey poses few, if any, risks to you. Some questions may make you feel uncomfortable. You can choose not to answer any question for any reason. You may choose to stop the survey at any time, or not answer a question for whatever reason. You will not be penalized for stopping. You can contact the principal investigator of the project at any time.

**Benefits:** Your participation will not result in any direct benefits to you. However, your input will contribute to a national effort to prevent suicide.

**Contact Information**: If you have any concerns about completing this survey or have any questions about the study, please contact Christine Walrath, principal investigator, at (646) 695-8154 or <a href="mailto:christine.walrath@icf.com">christine.walrath@icf.com</a>



- € YES
- € NO
- 2) Can you confirm that you are over 18 years of age?
  - € YES
  - € NO

1. Please verify that you attended the	0	Yes, this is the training I attended.
following training	0	No, this is not the training I attended

# Overall did the training help to advance:

		Not at all	Somewhat	A great deal
2.	Your knowledge about suicide prevention?			
3.	Your confidence in identifying individuals with suicidal			
	thoughts and behaviors?			
4.	Your confidence in managing individuals with suicidal			
	thoughts and behaviors?			

5. Do you expect to use you	-	Screen youth for suicidal behaviors (i.e., using a
do any of the following?	l <u> </u>	screening tool)
that apply.		Formally publicize information about suicide
	_	prevention or mental health resources
		Have informal conversations about suicide and
		suicide prevention with youth and others
		Identify youth who might be at risk for suicide
		Provide direct services to youth at risk for suicide
		and/or their families
		Train other staff members to intervene with youth at
		risk for suicide
		Make referrals to mental health services for at-risk
		youth
		Work with adult at-risk populations
		Other, please specify:
		None of the above
6. Did the training meet the	needs of 0	Yes [Continue to 6a]
your community?	0	No [Go to 7]
	0	Don't know [Go to 7]
a. If yes, how did the	training $\square$	Training was practical
meet the needs of you	ur 🗆	Training provided new skills to intervene with youth
community? Select all	that apply.	at risk for suicide
		Training was tailored to my community's culture with
		relatable language, photos, or images
		The training used examples that applied to my
		community
		The presenter was engaging
		Other, please specify:
b. If no, why not?		
7. In the last 12 months, how	w many o	None [Go to 8]
trainings about suicide or	suicide o	1 [Continue to 7a]
prevention have you atte	nded? o	2-5 [Continue to 7a]

Please do not include in-person or	o 6-10 [Continue to 7a]				
online conference or meeting	o 10+ [Continue to 7a]				
presentations.					
a. If one or more trainings,	<u>Gatekeeper</u>				
which training(s) about	☐ American Indian Lifeskills				
suicide or suicide prevention	☐ ASIST				
have you received?	☐ Kognito				
	☐ Mental Health First Aid				
	□ QPR				
	□ safeTALK				
	☐ Signs of Suicide				
	☐ Another training, please specify:				
	Screening or suicide risk assessment				
	☐ AMSR (Assessing and Managing Suicide Risk)				
	☐ CASE Approach (Chronological Assessment of				
	Suicide Events)				
	☐ Commitment to Living				
	☐ Columbia Suicide Severity Rating Scale (C-SSRS)				
	☐ QPRT Suicide Risk Assessment and Management				
	Training (not basic QPR training)				
	☐ RRSR (Recognizing and Responding to Suicide				
	Risk)				
	□ suicide to Hope				
	☐ An in-service or webinar training at my				
	organization ☐ An in-service or webinar training at a former				
	organization				
	☐ A different training on screening or suicide risk				
	assessment, please specify:				
	Suicide-specific evidence-based treatment approaches				
	☐ CAMS (Collaborative Assessment and				
	Management of Suicide)				
	☐ CBT-SP (Cognitive Behavior Therapy for Suicide				
	Prevention)				
	☐ DBT (Dialectical Behavior Therapy)				
	☐ Another training, please specify:				
8. Why did you participate in today's	☐ Job requirement				
training? Select all that apply	☐ Credential or certification requirement				
	☐ Personal interest				
	☐ Other, please specify:				

# How would you rate your knowledge of the following items:

Very	High	Low	Very	Don't
High			Low	Know

9. Procedures that define each employee's role in			
preventing suicide			
10. Warning signs of suicide			
11. How to ask someone about suicide			
12. Persuading someone to get help			
13. Local referral sources			

# How confident do you feel in your ability to:

	Very	Confident	Somewhat	Not at all
	Confident		confident	confident
14. Recognize suicidality (including warning signs)				
15. Conduct a suicide risk assessment				
16. Engage and connect with the suicidal person				
17. Identify appropriate response to the person in				
crisis				
18. Make appropriate referrals and connections				
19. Counsel on access to lethal means				
20. Help someone to create a collaborative safety plan				

21. In the last 6 months, have you identified youth you thought might be at risk for suicide?			0 0 0	No [Go t	tinue to 21a ar o 22] ow [Go to 22]	nd 21b]	
	a.		about how many youths have you fied in the last 12 months?				
	b.		ng about the one youth you identified recently, did you		Yes	No	Don't Know
		i.	ask the youth whether she/he was considering suicide?				
		ii.	refer the youth to get further assistance or support?				
		iii.	notify that referral resource about the referral?				
		iv.	take the youth to the service or resources you were recommending?				
		٧.	receive a formal confirmation that the youth received the service?				

### Rate your agreement with the following statements

	Strongly	Agree	Neutral	Disagree	Strongly
	agree				disagree
22. My organization provides me access to					
ongoing support and resources to further my					
understanding of suicide prevention.					

23. I believe suicide prevention is an important			
part of my professional role.			
24. The leadership at this organization has			
explicitly indicated that suicide prevention is a			
priority.			

pı	riority.					
25. <b>P</b> l	lease indi	cate the primary setting in which you	0	Ch	ild welfare	
in	nteract wit	th youth.	o Education (K-12)			
			0	o Emergency response		
			0	Hię	gher education (college/university)	
			0	Juν	venile justice/Probation	
			0	La۱	w enforcement	
			0	Μe	ental Health	
			0	Pri	imary health care (other than mental	
					alth)	
					bstance abuse treatment	
					ibal services/Tribal government	
					her community settings, specify:	
			0		on't know	
		select the ONE ROLE that you feel best			•	
		ation (K-12)	if tri		I services/tribal government  Traditional tribal healer	
	0	Teacher		0	Tribal elder	
	0	School administrator		_	Elected tribal official	
	0	Mental health		0	Program/System administrator	
		clinician/Counselor/Psychologist		0	Mental health clinician/Counselor/	
	0	Social worker/Case worker/Care		U	Psychologist	
		coordinator		0	Social worker/Case worker/Care	
	0	Emergency/Crisis care worker		•	coordinator	
	0	Program evaluator		0	Community outreach worker	
	0	Administrative assistant/Clerical		0	Emergency/Crisis care worker	
		support personnel		0	Program evaluator	
	0	Academic advisor		0	Administrative assistant/Clerical	
	0	Tutor			support personnel	
	0	Other, please specify:		0	Other, please specify	
	0	Don't Know		0	Don't Know	
	If subst	ance abuse				
	0	Program/System administrator	If ch		welfare	
	0	Mental health clinician/Counselor/		0	Program/System administrator	
		Psychologist		0	Mental health clinician/	
	0	Social worker/Case worker/Care		^	Counselor/ Psychologist Social worker/Case worker/Care	
		coordinator		0	coordinator	
	0	Emergency/Crisis care worker		0	Emergency/Crisis care worker	
			1	U	Little Bettey/ Citibis calle Worker	

o Program evaluator

o Administrative assistant/Clerical

- O Emergency/Crisis care worker
- o Program evaluator

- support personnel
- o Other, please specify
- o Don't Know

#### If juvenile justice/probation

- O Program/System administrator
- o Probation officer
- Social worker/Case worker/Care coordinator
- o Detention facility guard
- O Program evaluator
- Administrative assistant/Clerical support personnel
- O Other, please specify
- o Don't Know

#### If law enforcement

- o Police officer
- o School resource officer
- o Judge
- o Other, please specify
- o Don't Know

#### If emergency response

- Police officer or other law enforcement staff
- O Program/Systems administrator
- o Emergency medical technician
- o Fire fighter
- O Program evaluator
- Administrative assistant/Clerical support personnel
- O Other, please specify
- o Don't Know

#### If higher education (college/university)

- o Faculty/Professor/Researcher
- Administrator (e.g., dean's office, vice president, provost)
- o Residential life staff
- Mental health clinician/Counselor/ Psychologist
- O Social worker/Case worker/Care coordinator

- o Administrative assistant/Clerical support personnel
- O Other, please specify
- o Don't Know

#### If mental health

- o Program/System administrator
- Mental health clinician/Counselor/ Psychologist
- Social worker/Case worker/Care coordinator
- o Emergency/Crisis care worker
- o Program evaluator
- o Administrative assistant/Clerical support personnel
- 0 Other, please specify
- o Don't Know

# If primary health care (other than mental health)

- O Program/System administrator
- 0 Physician
- o Nurse
- O Nursing assistant/Health technician
- O Program evaluator
- O Administrative assistant/Clerical support personnel
- o Other, please specify
- o Don't Know

#### If other community settings

- O Parent or foster/Resource parent
- o Other caregiver
- o Relative
- o Youth mentor
- O Volunteer (i.e., Big Brother Big Sister, CASA)
- o Youth advocate
- o Clergy/Religious educator
- o Other, please specify
- o Don't know

27. <b>W</b>	hat is your age?	
26. <b>W</b>	hat is your gender?	<ul> <li>o Female</li> <li>o Male</li> <li>o Transgender (Male to Female)</li> <li>o Transgender (Female to Male)</li> <li>o Gender nonconforming</li> <li>o Other</li> <li>o Don't Know</li> </ul>
	a. Thinking about the primary setting in which you interact with youth, about how many other peers/colleagues in that setting have received training in suicide prevention?	o All o Most o Some o None o Don't know
	<ul> <li>0 Emergency/Crisis care worker</li> <li>0 Program evaluator</li> <li>0 Administrative assistant/Clerical support personnel</li> <li>0 Student</li> <li>0 Other, please specify</li> <li>0 Don't Know</li> </ul>	
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# How many years of experience do you have:

28	. Working with youth	
29	. Working in suicide prevention	
30	. In your current field or role	

31. Are you a veteran	o Yes
	o No
	o Don't Know
	o Refused
32. Are you Hispanic or Latino	o Yes [Go to 16a]
	o No [Go to 17]
	o Don't Know [Go to 17]
	o Refused [Go to 17]
a. If yes, which group represents you? Select	☐ Mexican, Mexican American, or
all that apply	Chicano
	☐ Puerto Rican
	☐ Cuban
	☐ Dominican
	☐ Central American
	☐ South American

	☐ Other Hispanic or Latino
	☐ Don't know
33. What is your race? Select all that apply	☐ American Indian or Alaska Native
	☐ Asian
	☐ Black or African American
	☐ Guamanian or Chamorro
	☐ Samoan
	☐ Native Hawaiian
	☐ Other Pacific Islander
	☐ White ☐ Other race
	☐ Other race ☐ Don't know
	□ Don t know
What is your service area? (Where you work)	
34. County 1	
35. County 2 (if needed)	
36. County 3 (if needed)	
37. If your service area/area of the youth you serve can	
be defined at a zip code level, please include the zip	
code where you are employed/office location.	
38. Telehealth services/ no defined service area	
Please include your home zip code	

#### POST SURVEY CONSENT TO CONTACT

A sample of participants who complete today's survey will be eligible to participate in up to three additional data collection efforts.

- A sample of participants will be recontacted in 6 and 12 months to complete a web-based follow-up survey. These surveys will assess long term behavior change. These surveys will take approximately 20 minutes to complete.
- A sample of participants will be contacted in approximately 3 months to participate in a phone simulation with an at-risk youth. During this phone simulation, we will assess relevant suicide prevention skills. The phone simulation will take approximately 30 minutes and may be scheduled at your convenience.
- If you are selected to participate in these additional data collection activities, you will receive \$20 per survey and \$50 for the phone simulation.

Please note, indicating your willingness to participate does not mean that you will be contacted for additional survey opportunities. You may not be asked to participate in these activities.

Do you	agree to participate in a follow-up survey at 6 and 12 months?
€	YES

€ NO

Do you agree to be contacted for a phone simulation?

€ YES

€ NO

Name	
Work email	
Personal email	
Work phone number	
Cell phone number	