# Contents

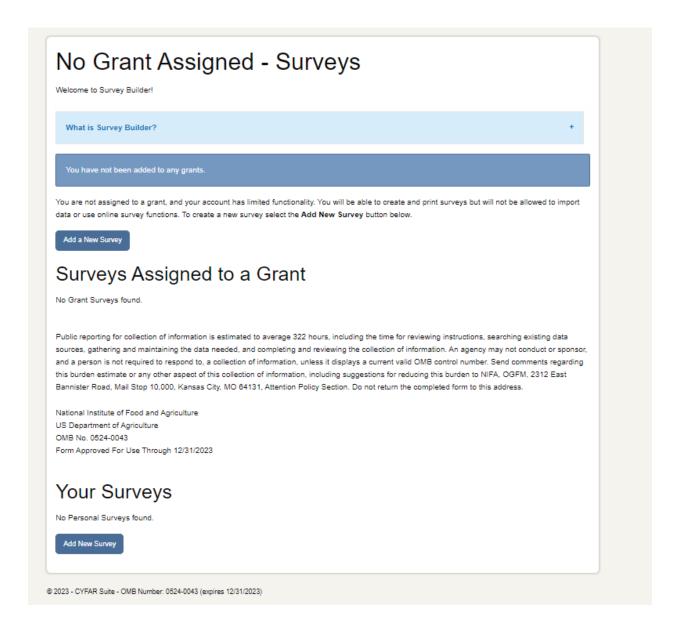
ìι	urvey Builder	4
	Creating a Survey in Survey Builder	4
	Add New Survey	5
	Online survey	7
	Pre Survey- Child English	7
	Pre Survey- Child Spanish	10
	Post Survey- Child English	13
	Post Survey- Child Spanish	17
	Pre Survey- Youth English	21
	Pre Survey- Youth Spanish	25
	Post Survey- Youth English	29
	Post Survey- Youth Spanish	35
	Pre Survey- Adult English	41
	Pre Survey- Adult Spanish	45
	Post Survey- Adult English	50
	Post Survey- Adult Spanish	57
	PDF Files of Surveys	63
	Staff-Entered Pre Data	64
	Staff-Entered Post Data	65
	Staff Survey (Online) – Begin Page	66
	Staff Survey (Online) – Survey Entry Page	67
	Staff Survey (Online) – Completion Page	68
	Data Report	69
	Opening Page	69
	View your Results Online	70
	Download PDF Report	77
	User Report	77
.c	ogic Model Builder	78
	Opening Page	78
	Build a Logic Model	80

Your Logic Model – (Logic Model building page)	81
View Logic Model	82
Print Logic Model	82
Edit Logic Model	83
Find Your Group	85
Opening Page	85
Email & Link page	86
Data	87
Edit	88
Delete	89
Spiderweb	90
Spiderweb Opening Page	90
Spiderweb Email & Link	91
Spiderweb Edit	92
Spiderweb Delete	93
Spiderweb Data	94
Spiderweb New Survey	95
Spiderweb for Sustainability	95
Spiderweb for Youth Programs	99
Spiderweb for Collaboration	100
Spiderweb for Teams	102
Spiderweb for Prevention	104
Spiderweb printable	106
Annual Report	107
Opening Page	107
Edit State Report	108
View Impact Statement	109
Impact Statement	109
Edit Community Report	111
Coach	111
Coach PI Survey	112

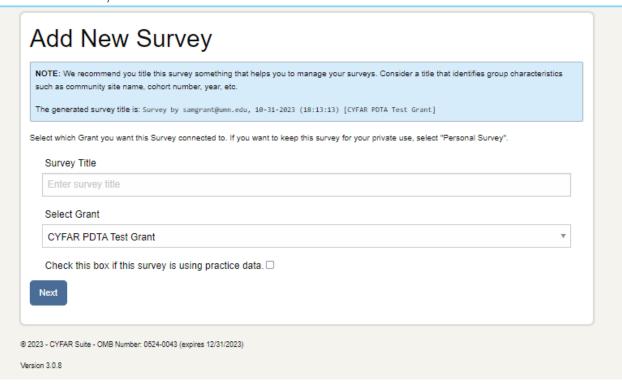
## Survey Builder

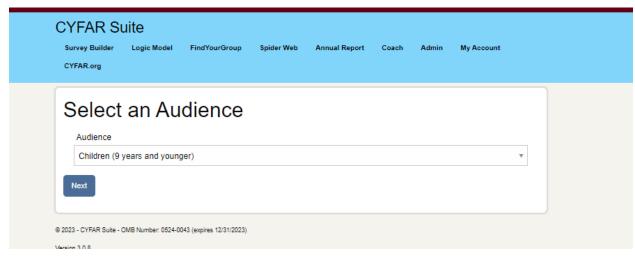
## Creating a Survey in Survey Builder

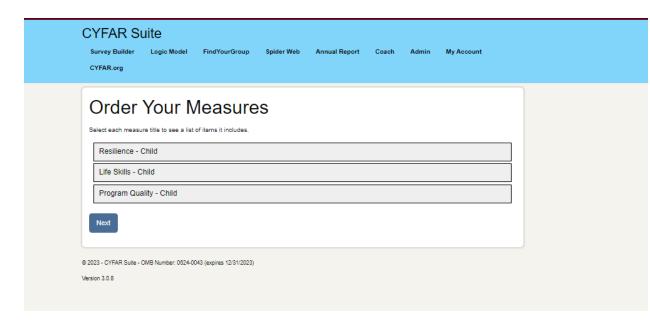
(PRA statement on cover page, OMB number in footer)

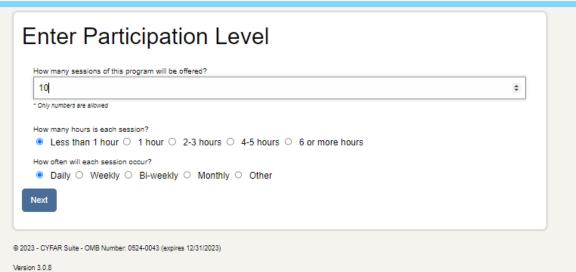


## Add New Survey



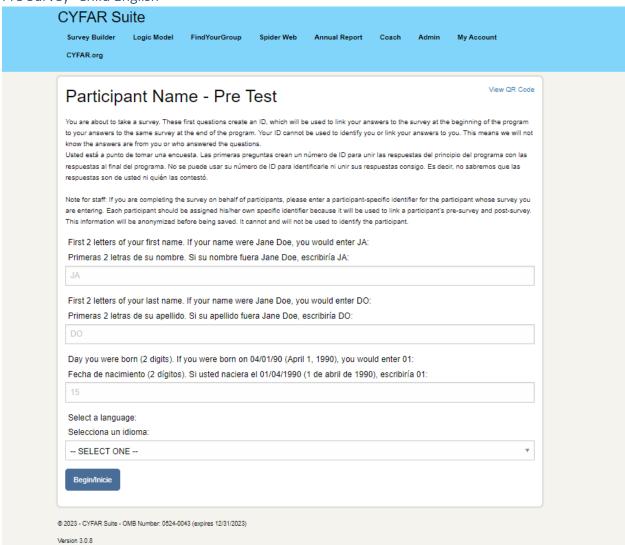






## Online survey

## Pre Survey- Child English



### CYFAR Suite

Survey Builder Logic Model Find Your Group Spider Web Annual Report Coach Admin My Account

## SURVEY - TESTING

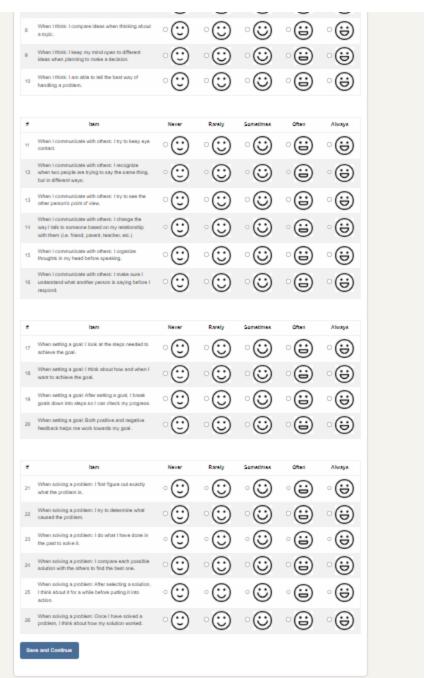
Child & Youth Resilience Measure-Revised (CYRM-R)

	bam	Not stall	Alltila	Somewhat	Oulte a bit	Allet
	Do you share with people around you?	· 🙂	∘ 🙂	· 🙂	· 😑	· (#)
	Is doing well in school important to you?	· 🙂	□ 🙂	∘ 🙂	· 😑	· (#)
	Do you know how to behave/act in different situations (such as school, home, holy places)?	· 🙂	∘ 🙂	∘ 🙂	· 😑	· (#)
	Do you feel that your parent(s)/caregiver(s) know where you are and what you are doing all of the time?	· (**)	□ 🙂	□ 🙂	· 😑	· (#)
	Do you feel that your parent(s)/caregiver(s) know a lot about you (for example, what makes you happy, what makes you scared)?	· 🙂	∘ 🙂	∘ 😊	· 😩	· (E
	Is there enough to eat in your home when you are hungry?	· 🙂	□ 🙂	∘ 🙂	· 😑	· (#)
	Do other children like to play with you?	· 🙂	∘ 🙂	∘ 🙂	· 😑	· (E
	Do you talk to your family/caregiver(s) about how you feel (for example, when you are hurt or feeling scared)?	□ 🙂	□ 🙂	□ 🙂	· 😑	· (E
	Do you have friends that care about you?	· 🙂	∘ 🙂	∘ 😊	· 😑	· (:
0	Do you feel you fir in with other children?	· 🙂	□ 🙂	∘ 🙂	· 😑	· (E
	Do you think your family/caregiver(x) carex about you when times are hard (for example, if you are slick or have done something wrong)?	· 🙂	∘ 🙂	∘ ⊙	· 😑	· (:
2	Do you think your friends care about you when times are hard (for example, if you are sick or have done something wrong)?	∘ 🙂	□ 🙂	□ 🙂	· 😑	· (:
	Are you treated fairly?	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	∘ (;
	Do you have chances to show others that you are growing up and can do things by yourself?	□ 🙂	□ 🙂	· 🙂	· 😑	· (:
5	Do you feel safe when you are with your family/caregiver(s)?	· 🙂	∘ 🙂	∘ 🙂	· 😑	· (:
5	Do you have chances to learn things that will be useful when you are older (like cooking, working, and helping others)?	· 🙂	· 🙂	· 🙂	· 😑	· (:
7	Do you like the way your family/caregiver(s) celebrates things (like holidays or learning about your culture??	· (:)	· (:)	· (:)	· 😑	· (#

Save and Continue

Version 2.0.8

0 3023 - C19AR Buile - DMB Number- 0524 0043 (naples 12/31/0023)



## Pre Survey- Child Spanish

# **CYFAR Suite** Logic Model Find Your Group Spider Web Annual Report Coach Admin My Account View OR Code Participant Name - Pre Test You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions. Usted está a punto de tomar una encuesta. Las primaras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarie ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quién las contestó. Note for staff. If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant. First 2 letters of your first name. If your name were Jane Doe, you would enter JA: Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA: First 2 letters of your last name. If your name were Jane Doe, you would enter DO: Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO: Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01: Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01: Select a language: Selecciona un idioma: -- SELECT ONE --© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

### SURVEY - TESTING

Medida de Resiliencia en Niños-Actualizada (CYRM-R)

Instruccionex Por favor ellje una respuesta para cada pregunta. No hay respuestas correctas o entineas.

*	Particla	Para nada	Un pece	Ngo	Carrana	Mucho
1	¿Compartes con la gente que te rodea?	· 🙂	· 🙂	∘ 🙂	· 😀	· 😛
2	¿Es importante para ti que te vaya bien en la escuela?	· 🙂	□ 🙂	∘ 🙂	· 😑	· 😛
э	¿Sabes cómo comportarte/actuar en diferentes situaciones (como escuela, hogar, lugares sagrados)?	∘ 🙂	∘ 🙂	∘ 🙂	· 😀	∘ 😛
4	¿Sientes que tu(s) padre(s)/cuidador(es) saben dônde estás y que estás haciendo todo el Sempo?	· 🙂	□ 🙂	∘ 🙂	· 😑	· 😛
5	¿Sientes que tuja) padre(s)/cuidadorjes) saben mucho acerca de ti (por ejemplo, que te hace feliz, que te asusta)?	∘ 🙂	∘ 🙂	∘ 🙂	· 🖨	∘ 😛
G	¿Hay suficiente comida en tu casa para comer cuando te da hambre?	· 🙂	□ 🙂	∘ 🙂	· 😑	∘ 😛
7	¿A otros niños les gusta jugar contigo?	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😛
a	¿Habilas con tu familia/cuidador(es) acerca de cómo te sientes (por ejemplo, cuando te lastimas o estils asustado;?	· 🙂	□ 🙂	∘ 🙂	•	· 😛
9	¿Tienes amigos que se preocupan por 67	· 🙂	∘ 🙂	∘ 😊	· 😑	∘ 😛
10	¿Crees que encajas con otros niños?	· 🙂	□ 🙂	∘ 🙂	· 😑	· 😛
11	¿Crees que tu familia/cuidador(es) se preocupan por ti en los momentos difíciles (por ejemplo, si estás enfermo o has hecho algo malo;?	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	· 😜
12	¿Creex que tux amigos se preocupan por si en los momentos difíciles (por ejemplo, si estás enfermo o has hecho algo malo)?	∘ 🙂	□ 🙂	□ 🙂	· 😑	∘ 😛
13	¿Creex que erex tratado justamente?	· 🙂	· 🙂	∘ 😊	· 😑	∘ 😛
14	¿Tienes oportunidades de mostrar a los demás que estás creciendo y que puedes hacer cosas por 6 mismo?	· 🙂	□ 🙂	□ 🙂	•	· 😛
15	¿Te sientes seguro cuando estás con tu familia/cuidador/es/?	· 🙂	∘ 🙂	∘ 😊	· 😑	· 😛
16	¿Tienes oportunidades de aprender cosas que te serán útiles cuando crezcas (como cocinar, trabajar y ayustar a los demás)?	· 🙂	· 🙂	· 🙂	· 😩	· 😛
17	¿Te gueta como su familia/cuidador(es) celebran cosas (como festividades o aprender acerca de su cultura)?	∘ 🙂	∘ 🙂	· 🙂	· 😑	· 😛

Guardar y continuar

O 2023 - C19AK Buile - DWB Number- 9824-9963 (expires 12/31/9023)

Version 3.5.8

•	Partida	Nunca	Reserved	Algunas vacas	A menudo	Slampra
ā	Cuando pienso: Puedo expresar fácilmente mis opiniones soerca de un problema.	∘ 🙂	· 🙂	· 🙂	· 🖨	· 😜
7	Cuando pienso: Usualmente consulto más de una fuente de información antes de tomar una decisión.	· 🙂	□ 🙂	· 🙂	· 😑	· 😛
0	Cuando pienso: Comparo ideas cuando pienso en algún tema.	∘ 🙂	∘ 🙂	∘ 😊	· 😑	· 😜
9	Cuando pienso: Mamengo mi mente abierta a ideax diferentes cuando planeo tomar una decisión.	∘ 🙂	□ 🙂	· 🙂	· 😑	· (#)
10	Cuando pienso: Soy capaz de distinguir la mejor manera de manejar un problema.	· 🙂	∘ 🙂	· 🙂	· 😀	∘ 😜
•	Partida	Nunex	Raramente	Algunas vacas	A menudo	Slampra
11	Cuando me comunico con otros: Trato de mantener contacto visual.	∘ ⓒ	∘ 🙂	∘ ⓒ	· 😑	∘ ⊜
12	Cuando me comunico con otros: Recosorco cuando dos personas intentas decir la misma cosa, pero en maneras diferentes.	∘ 🙂	∘ 🙂	∘⊙	· 😑	· 😜
13	Cuando me comunico con otros: Intento ver el punto de vista de la otra persona.	∘ ⓒ	∘ 🙂	∘ ⓒ	· 😑	∘ 😜
54	Cuando me comunico con otros: Cambio la manera en que habio dependiendo de la relación que tenga con essa persona (p. ej. amigo, padre, profesor, etc.).	· 🙂	· 🙂	· 🙂	· 😑	· 😛
15	Cuando me comunico con otros: Organizo las ideas en mi cabeza antes de hablac	· 🙂	∘ 🙂	· 🙂	· 😑	∘⊜
16	Cuando me comunico con otros: tife aseguro de entender lo que la otra persona está diciendo antes de responder.	· (*)	∘ 🙂	· 🙂	· 😑	∘ 😜
•	Partida	Nunex	Raramente	Algunax veces	A menudo	Slampra
17	Cuando estoy fijando una meta: Analizo los pasos necesarios para lograr la meta.	∘ 🙂	∘ 🙂	∘ ⓒ	· 😑	∘⊜
10	Cuando estoy fijando una meta: Plenso en cómo y culindo quiero lograr mi meta.	∘ 🙂	∘ 🙂	∘⊙	· 😑	∘ ⊜
19	Cuando estoy fijando una meta: Después de fijar una meta, la separo en pasos para poder medir mi progreso.	· 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😜
20	Cuando estoy fijando una meta: La setroalimentación, tento positiva como negativa, me ayuda a avanzar hacia mi meta.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😛
•	Partida	Nunca	Ratamanta	Algunas vecas	Amenudo	Slampra
24	Cuando enfrento un problema: Primero determino exactamente cutil es el problema.	· ①	• 😊	∘ ⊙	· 😑	· (a)
22	Cuando enfrento un problema: Intento determinar la cauxa del problema.	∘ 🙂	· (i)	· (i)	· (a)	· (a)
23	Cuando enfrento un problema: Hago lo que he hecho anteriormente para resolverio.	· (C)	∘ 🙂	∘ ⊙	· 😑	∘ ⊜
24	Cuando enfrento un problema: Comparo cada posible solución con las otras para encontrar la mejor.	∘ ⓒ	∘ 🙂	∘ 😊	· 😑	∘ ⊜
25	Cuando enfrento un problema: Después de elegir una solución, pienso por un momento antes de implementaria.	· (i)	∘ 🙂	· 🙂	· 😑	· 😛
26	Cuando enfrento un problema: Una vez haya resuelto un problema, analizo la manera como funcionó mi solución.	· (**)	□ 🙂	□ 🙂	· 😑	· 😛
-	ardar y continuar					

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

# View QR Code Participant Name - Post Test You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions. Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quién las contestó. Note for staff: If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant. First 2 letters of your first name. If your name were Jane Doe, you would enter JA: Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA: JA First 2 letters of your last name. If your name were Jane Doe, you would enter DO: Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO: Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01: Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01: Select a language: Selecciona un idioma: -- SELECT ONE --Begin/Inicie

#### SURVEY - TESTING Child & Youth Resilience Measure-Revised (CYRM-R) Directions Please choose one answer for each question. There are no right or wrong answers Not scall Allpla Somewhat Oulte a bit Alles · 🙂 ∘ 🙂 ∘ 🙂 · 🖨 · 😝 1 Do you share with people around you? · 🙂 ∘ 🙂 ∘ 🙂 · 😑 ∘ (⊖) 2 Is doing well in school important to you? · 🙂 ∘ 🙂 ∘ ⓒ · 😑 ∘ 😛 Do you know how to behave act in different situations (such as achool, home, holy places)? Do you feel that your parent(s)/caregiver(s) kno ∘ 🙂 ∘ 🙂 · 😑 - ⊕ 4 where you are and what you are doing all of the time? Do you feel that your parent(s)/caregiver(s) know 5 a lot about you (for example, what makes you happy, what makes you scared)? ∘ 🙂 ∘ 🙂 · 😑 ∘ (⊖) G Is there enough to eat in your home when you are hungsy? · (:) ∘ 🙂 □ 🙂 · 😑 ଂ⊕ · 🙂 ∘ 🙂 ∘ ⓒ · 😑 ∘⊜ 7 Do other children like to play with you? Do you talk to your family/caregiver(x) about how · 🙂 ∘ 🙂 ∘ ⊙ · 🖨 · 🖨 g you feel (for example, when you are hurt or feeling scared)? · 🙂 ∘ 🙂 ∘ ⊙ · 🖨 · 🖨 9 Do you have friends that care about you? ∘ 🙂 ∘ 🙂 ∘ ⊙ · 🖨 · 🖨 10 Do you feel you fit in with other children? Do you think your family/caregiver(x) cares about you when times are hard (for example, if you are · 🙂 ∘ 🙂 ∘ ⊙ · 😑 ∘ 😛 sick or have done something wrong?? · (:) ∘ 🙂 ∘ 🙂 · 😑 · 😜 12 times are hard (for example, if you are sick or have done something wrong)? ∘ 🙂 ∘ 🙂 ∘ 🙂 ∘ (≟) (⊕) 13 Are you treated fairly? Do you have chances to show others that you are growing up and can do things by yoursel? · (:) ∘ 🙂 ∘ 🙂 · 😑 ∘ (⊖) 15 Do you feel safe when you are with your · 🙂 ∘ 🙂 ∘ 🙂 · 😑 ∘ 😛 family/caregiver(s)? ∘ 🙂 ∘ 🙂 · 😑 · (#) 16 useful when you are older (like cooking, working, and helping others)? Do you like the way your family caregiver(x) 17 celebrates things (like holidays or learning about your culture)? ∘ 🙂 ∘ 🙂 · 😑 ∘ 🙂 ∘⊜ Save and Continue

© 2023 - C19AK Suite - CNR Number: 0824-0043 (naples 12/31/0023)

Version 3.03

•	Isam	Never	Rarely	Sometimes	Often	Always
Н	When I communicate with others: I try to keep eye contact.	· 🙂	∘ 🙂	· 🙂	· 😛	· 😛
2	When I communicate with others: I recognize when two people are trying to say the same thing, but in different ways.	· 🙂	· 🙂	· 🙂	· 😑	· (#)
3	When I communicate with others: I try to see the other person's point of view.	∘ 🙂	∘ 🙂	∘ 🙂	· 😛	∘ 😛
14	When I communicate with others: I change the way I talk to someone based on my relationship with them (i.e. friend, parent, teacher, etc.)	· 🙂	∘ 🙂	· 🙂	· 😑	∘ 😛
5	When I communicate with others: I organize shoughts in my head before speaking.	∘ 🙂	∘ 🙂	∘ 🙂	· 😀	∘ 😜
6	When I communicate with others: I make sure I understand what another person is saying before I respond.	· 🙂	□ 🙂	□ 🙂	· 😛	∘ 😜
•	lsen	Never	Rarely	Sometimes	Often	Always
7	When setting a goal: I look at the steps needed to achieve the goal.	· 🙂	∘ 🙂	∘ 🙂	· 😛	∘⊜
0	When setting a goal: I think about how and when I want to achieve the goal.	· 🙂	∘ 🙂	∘ 🙂	· 😑	∘⊜
9	When setting a goal: After setting a goal, I break goals down into steps so I can check my progress.	∘ 🙂	∘ 🙂	∘ ⓒ	· 😑	∘ 😜
0	When setting a goal: Both positive and negative feedback helps me work towards my goal.	∘ 🙂	∘ 🙂	∘ ⓒ	· 😑	∘⊜
	lan	Never		Sometimes	Otten	
		-	Randy	Samannak	Onen	Always
H	When solving a problem: I first figure out exactly what the problem is.	· (:)	∘ (∷)	· (i)	· 😑	· (\overline{\text{\overline}}
2	When solving a problem: I try to determine what caused the problem.	· (C)	· (i)	· (i)	· 😑	∘ ⊜
23	When solving a problem: I do what I have done in the past to solve it.	· (i)	∘ 🙂	· (i)	· 😑	· (#)
H	When solving a problem: I compare each possible solution with the others to find the best one.	· (C)	∘ 🙂	∘ 🙂	· 😑	∘⊖
5	When solving a problem: After selecting a solution, I think about it for a while before putting it into action.	· 🙂	∘ 🙂	∘ 😊	· 😑	· 😜
6	When solving a problem: Once I have solved a problem, I think about how my solution worked.	· 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😝

© 2023 - CYPAR Bulle - OMB Number: 0034 0043 (regime, 12/31/0023) Mandata 1/6 R

10

#### SURVEY - TESTING

Child Program Quality Instrument

Directions. The following statements describe how your program may work.

•	ban	Never	Rarely	Sometimes	Alet	Always.
1	Young people feel safe when they are at the program.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😛
2	Young people spread numors about others.	· 🙂	□ 🙂	· 🙂	· 😑	∘ 😛
3	Young people keep ofters from being part of activities or groups.	· 🙂	∘ 🙂	· 🙂	· 😩	· 😜
4	Adults in this program are good listeners.	· 🙂	∘ 🙂	∘ 🙂	· 😑	· 😜
5	Adults are eager to help young people.	· 🙂	∘ 🙂	∘ ⓒ	· 😑	∘ 😜
6	Young people are willing to help each other.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😜
7	The program has rules about what sorts of behaviors are expected.	· 🙂	∘ 🙂	· 🙂	· 😩	· 😜
0	Adults treat young people fairly.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😜
9	Young people are kind to one another.	· 🙂	· 🙂	· 🙂	· 🖨	· 😛
10	Young people and adults work together to plan activities.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😛
11	Young people choose the activities they want to do.	· 🙂	· 🙂	· 🙂	· 🖨	· 😛
12	Young people are encouraged to be leaders.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😛
13	Young people learn from activities that are challenging.	· 🙂	· 🙂	· 🙂	· 🖨	· 😛
14	Young people learn about different cultures.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😛
15	Young people learn new ways to communicate their ideas.	· 🙂	· 🙂	· 🙂	· 🖨	· 😛
16	Young people follow the rules of the program.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😛
17	Adults explain the rules to everyone.	· 🙂	· 🙂	· 🙂	· 🖨	· 😛
10	Guidelines and rules are enforced daily:	· 🙂	∘ 🙂	· 🙂	· 😑	· 😛
19	Everyone's family gets invited to come to the program's activities.	· 🙂	∘ 🙂	· 🙂	· 🖨	· 😛
20	Young people learn about community resources (e.g., libraries, parks, and health department).	· 🙂	□ 🙂	· 🙂	· 😑	∘ 😛
21	Young people contribute to the community by helping others.	· 🙂	∘ 🙂	· 🙂	· 😑	∘ 😛
22	Young people feel accepted.	· 🙂	□ 🙂	· 🙂	· 😑	∘ 😛
23	Young people feel like they can be themselves.	· 🙂	∘ 🙂	· 🙂	· 😑	∘ 😛
24	Adults get to know young people by interacting with them.	· 🙂	□ 🙂	· 🙂	· 😑	∘ 😛

Save and Continue

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

# View QR Code Participant Name - Post Test You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions. Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quién las contestó. Note for staff: If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant. First 2 letters of your first name. If your name were Jane Doe, you would enter JA: Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA: JA First 2 letters of your last name. If your name were Jane Doe, you would enter DO: Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO: Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01: Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01: Select a language: Selecciona un idioma: -- SELECT ONE --Begin/Inicie

### SURVEY - TESTING

Medida de Resiliencia en Niños-Actualizada (CYRM-R)

Instrucciones Por favor elije una respuesta para cada pregunta. No hay respuestas correctas o emôneas.

•	Pertide	Pers neds	Un poco	Algo	Bestante	Mucho
1	¿Compartes con la gente que te rodea?	· 🙂	∘ 🙂	· 🙂	· 😛	· 😛
2	¿Es importante para ti que te vaya bien en la escuela?	· 🙂	∘ 🙂	∘ 🙂	· 😛	· 😛
3	¿Sabes cómo comportarte/actuar en diferentes situaciones (como escuela, hogar, lugares sagrados)?	° Ü	∘ 🙂	· 🙂	· 😛	· 😛
4	¿Sientes que tu(s) padre(s)/cuidador(es) saben dônde estás y que estás haciendo todo el tiempo?	· 🙂	∘ 🙂	∘ 🙂	· 😛	∘ 😛
5	¿Sientes que tu(s) padre(s)/cuidador(es) saben mucho acerca de ti (por ejempio, que te hace feliz, que te asusta)?	° 🙄	∘ 🙂	∘ 🙂	· 😛	· 😛
6	¿Hay suficiente comida en tu casa para comer cuando te da hambre?	° 🙄	∘ 🙂	∘ 🙂	· 😑	∘ 😝
7	¿A otros niños les gusta jugar contigo?	° 🙄	∘ 🙂	· 🙂	· 😩	· 😛
8	¿Habias con tu familia/cuidador(es) acerca de cómo te sientes (por ejemplo, cuando te lastimas o estás asustado)?	· 🙂	□ 🙂	∘ 🙂	· 😛	∘ 😛
9	¿Tienes amigos que se preocupan por 17	° Ü	∘ 🙂	· 🙂	· 😛	· 😛
10	¿Crees que encajas con otros niños?	· 🙂	∘ 🙂	∘ 🙂	· 😩	∘ 😛
11	¿Crees que tu familia/cuidador(es) se preocupan por ti en los momentos difíciles (por ejemplo, si estás enfermo o has hecho algo maio)?	· 🙂	∘ 🙂	∘ 🙂	· 😛	∘ 😛
12	¿Crees que tus amigos se preocupan por ti en los momentos difíciles (por ejemplo, si estás enfermo o has hecho algo malo)?	∘ 🙂	∘ 🙂	∘ 🙂	· 😛	∘ 😛
13	¿Crees que eres tratado justamente?	· 🙂	· 🙂	· 🙂	· 😛	∘ 😛
14	¿Tienes oportunidades de mostrar a los demás que estás creciendo y que puedes hacer cosas por ti mismo?	∘ 🙂	∘ 🙂	∘ 🙂	· 😛	∘ 😜
15	¿Te sientes seguro cuando estás con tu familia/cuidador(es)?	° Ü	∘ 🙂	· 🙂	· 😩	· 😛
16	¿Tienes oportunidades de aprender cosas que te serán útiles cuando crezcas (como cocinar, trabajar y ayudar a los demás)?	· 🙂	□ 🙂	∘ 🙂	· 😩	∘ 😛
17	¿Te gusta como tu familia/cuidador(es) celebran cosas (como festividades o aprender acerca de tu cultura)?	· 🙂	· 🙂	∘ 🙂	· 😛	∘ 😛

-	Cuando me comunico con otros: Trato de	Nunca	Renmente	Algunes veces	A menudo	Siempre
11	mantener contacto visual.	° (C)	° (U)	° (3)	°(E)	∘ ( <del>⊜</del> )
12	Cuando me comunico con otros: Reconozco cuando dos personas intentan decir la misma cosa, pero en maneras diferentes.	· 🙂	∘ 🙂	· 🙂	· 😩	· 😜
13	Cuando me comunico con otros: Intento ver el punto de vista de la otra persona.	∘ 🙂	∘ 🙂	· 🙂	· 😑	· 😛
14	Cuando me comunico con otros: Cambio la manera en que hablo dependiendo de la relación que tanga con esa persona (p. ej. amigo, padre, profesor, etc.).	∘ 🙂	∘ 🙂	· 🙂	· 😩	· (#)
15	Cuando me comunico con otros: Organizo las ideas en mi cabeza antes de habíar.	· 🙂	· 🙂	· 🙂	· 😛	· 😝
16	Cuando me comunico con otros: Me aseguro de entender lo que la otra persona está diciendo antes de responder.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	· 😜
•	Pertide	Nuncu	Karamente	Algunas veces	A menudo	Siempre
17	Cuando estoy fijando una meta: Analizo los pasos necesarios para lograr la meta.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😛
18	Cuando estoy fijando una meta: Pienso en cômo y cuándo quiero lograr mi meta.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😝
19	Cuando estoy fijando una meta: Después de fijar una meta, la separo en pasos para poder medir mi progreso.	∘ 🙂	∘ 🙂	∘ 🙂	· 😩	∘ 😝
20	Cuando estoy fijando una meta: La retroalimentación, tanto positiva como negativa, me ayuda a avanzar hacia mi meta.	· 🙂	∘ 🙂	· 🙂	· 😛	· 😜
•	Pertide	Nunce	Karamente	Algunas veces	A menudo	Siempre
21	Cuando enfrento un problema: Primero determino exactamente cuál es el problema.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😜
22	Cuando enfrento un problema: Intento determinar la causa del problema.	∘ 🙂	∘ 🙂	∘ 🙂	∘ 😑	∘ 😜
23	Cuando enfrento un problema: Hago lo que he hecho anteriormente para resolverio.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😝
24	Cuando enfrento un problema: Comparo cada posible solución con las otras para encontrar la mejor.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😜
25	Cuando enfrento un problema: Después de elegir una solución, pienso por un momento antes de implementaria.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	· 😛
26	Cuando erifrento un problema: Una vez haya resuelto un problema, analizo la manera como funcionó mi solución.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	· 😝
Gui	ardar y continuar					

3	Los jóvenes no permiten que otros participen en actividades o grupos.	· 🙂	∘ 🙂	∘ ( <u>U</u>	· (#)	· (#)
4	Los adultos en este programa saben escuchar.	· 🙂	∘ 🙂	∘ 🙂	· 😩	∘ 😝
5	Los adultos están dispuestos a ayudar a los jóvenes.	· 🙂	∘ 🙂	· 🙂	· 😛	∘ 😝
6	Los jóvenes están dispuestos a ayudarse entre si.	· 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😝
7	El programa tiene reglas acerca de la conducta que se espera de ellos.	· 🙂	∘ 🙂	· 🙂	· 😛	· 😝
8	Los adultos tratan a los jóvenes de manera justa.	∘ 🙂	∘ 🙂	∘ 🙂	· 😛	· 😜
9	Los jóvenes son amables entre si.	∘ 🙂	∘ 🙂	· 🙂	· 😉	· 😛
10	Jóvenes y adultos trabajan juntos para planear actividades.	∘ 🙂	∘ 🙂	· 🙂	· 😛	· 😛
11	Los jóvenes eligen las actividades en las que quieren participar.	∘ 🙂	∘ 🙂	∘ 🙂	· 😉	· 😛
12	Se anima a los jóvenes para que se conviertan en lideres.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	· 😜
13	Los jóvenes aprenden de actividades desafiantes.	∘ 🙂	∘ 🙂	· 🙂	· 😛	· 😜
14	Los jóvenes aprenden acerca de culturas diferentes.	∘ 🙂	∘ 🙂	∘ 🙂	· 😛	· 😜
15	Los jóvenes aprenden nuevas maneras de comunicar sus ideas.	∘ 🙂	∘ 🙂	· 🙂	· 😛	· 😜
16	Los jóvenes siguen las reglas del programa.	∘ 🙂	∘ 🙂	∘ 🙂	· 😑	· 😛
17	Los adultos explican las reglas a todos.	∘ 🙂	∘ 🙂	∘ 🙂	· 😉	· 😜
18	Las pautas y reglas son aplicados diariamente.	∘ 🙂	∘ 🙂	· 🙂	· 😛	· 😛
19	Las familias de todos son invitadas cuando se realiza alguna actividad del programa.	∘ 🙂	∘ 🙂	· 🙂	· 😛	· 😜
20	Los jóvenes aprenden acerca de los recursos de la comunidad (p. ej. bibliotecas, parques, y el departamento de salud).	° 🙂	∘ 🙂	∘ 🙂	· 😑	∘ 😝
21	Los jóvenes contribuyen a la comunidad ayudando a otros.	· 🙂	∘ 🙂	∘ 🙂	· 😑	· 😛
22	Los jóvenes se sienten aceptados.	∘ 🙂	∘ 🙂	· 🙂	· 😑	· 😜
23	Los jóvenes sienten que pueden ser ellos mismos.	· 🙂	∘ 🙂	· 🙂	· 😑	· 😛
24	Los adultos tienen la oportunidad de conocer a los jóvenes al interactuar con ellos.	· 🙂	∘ 🙂	· 🙂	· 😑	∘ 😝
Gu	ardar y continuar					

# Participant Name - Pre Test

View QR Code

You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions.

Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quién las contestó.

Note for staff: If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant.

First 2 letters of your first name. If your name were Jane Doe, you would enter JA:

Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA:

JA

First 2 letters of your last name. If your name were Jane Doe, you would enter DO:

Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO:

DO

Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01:

Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01:

15

Select a language:

Selecciona un idioma:

-- SELECT ONE --

 $\Psi$ 

Begin/Inicie

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

## SURVEY - TEST SURVEY 9.14

Youth Resilience Measure-Revised (CYRM-R)

Directions To what extent do the following statements apply to you? There are no right or wrong answers.

=	Item	Not at all	A little	8omewhat	Quite a bit	A lot
1	I cooperate with people around me.	0	0	0	0	0
2	Getting an education is important to me.	0	0	0	0	0
3	I know how to behave in different social situations.	0	0	0	0	0
4	My parent(s)/caregiver(s) really look out for me.	0	0	0	0	0
5	My parent(s)/caregiver(s) know a lot about me.	0	0	0	0	0
6	If I am hungry, there is enough to eat.	0	0	0	0	0
7	People like to spend time with me.	0	0	0	0	0
8	I talk to my family/caregiver(s) about how I feel.	0	0	0	0	0
9	I feel supported by my friends.	0	0	0	0	0
10	I feel that I belong/belonged at my school.	0	0	0	0	0
11	My family/caregiver(s) stand by me during difficult times.	0	0	0	0	0
12	My friends stand by me during difficult times.	0	0	0	0	0
13	I am treated fairly in my community.	0	0	0	0	0
14	I have apportunities to show others that I am becoming an adult and can act responsibly.	0	0	0	0	0
15	I feel safe when I am with my family/caregiver(s).	0	0	0	0	0
16	I have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others).	0	0	0	0	0
17	I enjoy my family's/caregiver's cultural and family traditions.	0	0	0	0	0

Save and Continue

© 2023 - CYFAR Sulle - OMS Number: 0524-0043 (expines 12/31/2023)

YOUTH DEMOGRAPHIC DATA	
1. I am a:	
O Male	
○ Female	
2. How old are you?	
3. What grade are you in school?	
4. What is your ethnicity? (Select one)	
O Hispanic or Latino	
O Not Hispanic or Latino	
5. What is your race? (Select one or more)	
American Indian or Alaska Native	
☐ Asian	
☐ Black or African American	
☐ Native Hawaiian or Other Pacific Islander	
□ White	
<ol> <li>If one (or both) of your parents is involved in the military, please specify the branch:</li> </ol>	
☐ My parent is not involved in the military.	
☐ Air Force	
□ Army	
□ Guard	
☐ Marine Corps	
□ Navy	
Reserve	
Save and Continue	
CHARLES COMMISSE	

3	When I have a decision to make: I consider the risks of a choice before making a decision.	0	0	0	0	0
4	When I have a decision to make: I think about all the information I have about the different choices.	0	0	0	0	0
5	When I have a decision to make: I think of past choices when making new decisions.	0	0	0	0	0
6	When I think: I can easily express my thoughts on a problem.	0	0	0	0	0
7	When I think: I usually have more than one source of information before making a decision.	0	0	0	0	0
8	When I think: I compare ideas when thinking about a topic.	0	0	0	0	0
9	When I think: I keep my mind open to different ideas when planning to make a decision.	0	0	0	0	0
10	When I think: I am able to tell the best way of handling a problem.	0	0	0	0	0
11	When I communicate with others: I try to keep eye contact.	0	0	0	0	0
12	When I communicate with others: I recognize when two people are trying to say the same thing, but in different ways.	0	0	0	0	0
13	When I communicate with others: I try to see the other person's point of view.	0	0	0	0	0
14	When I communicate with others: I change the way I talk to someone based on my relationship with them (i.e., friend, parent, teacher, etc.).	0	0	0	0	0
15	When I communicate with others: I organize thoughts in my head before speaking.	0	0	0	0	0
16	When I communicate with others: I make sure I understand what another person is saying before I respond.	0	0	0	0	0
17	When setting a goal: I look at the steps needed to achieve the goal.	0	0	0	0	0
18	When setting a goal: I think about how and when I want to achieve the goal.	0	0	0	0	0
19	When setting a goal: After setting a goal, I break goals down into steps so II can check my progress.	0	0	0	0	0
20	When setting a goal: Both positive and negative feedback helps me work towards my goal.	0	0	0	0	0
21	When solving a problem: I first figure out exactly what the problem is.	0	0	0	0	0
22	When solving a problem: I try to determine what caused the problem.	0	0	0	0	0
23	When solving a problem: I do what I have done in the past to solve it.	0	0	0	0	0
24	When solving a problem: I compare each possible solution with the others to find the best one.	0	0	0	0	0
25	When solving a problem: After selecting a solution, I think about it for a while before putting it into action.	0	0	0	0	0
26	When solving a problem: Once I have solved a problem, I think about how my solution worked.	0	0	0	0	0

Save and Continue

# Participant Name - Pre Test

View QR Code

You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions.

Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quién las contestó.

Note for staff: If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant.

First 2 letters of your first name. If your name were Jane Doe, you would enter JA:

Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA:

JA

First 2 letters of your last name. If your name were Jane Doe, you would enter DO:

Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO:

DO

Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01:

Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01:

15

Select a language:

Selecciona un idioma:

-- SELECT ONE --

 $\Psi$ 

Begin/Inicie

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

## SURVEY - TEST SURVEY 9.14

Medida de Resiliencia Juvenil-Actualizada (CYRM-R)

Instrucciones ¿Hasta qué punto aplican para ti las siguientes afirmaciones? No hay respuestas correctas o emóneas.

	Particle	I'are nade	Un poco	Algo	Sastente	Mucho
1	Coopero con la gente que me rodea.	0	0	0	0	0
2	Obtener una educación es importante para mi.	0	0	0	0	0
3	Sé cômo comportame en diferentes situaciones sociales.	0	0	0	0	0
4	Mis padres/ouldador(es) están muy pendientes de mi.	0	0	0	0	0
5	Mis padres/cuidador(es) saben mucho de mi.	0	0	0	0	0
Б	Si tengo hambre, tengo suficiente comida.	0	0	0	0	0
7	A la gente le gusta pasar tiempo conmigo.	0	0	0	0	0
В	Hablo con mi familia/cuidador(es) acerca de cómo me siento.	0	0	0	0	0
9	Me siento apoyado por mis amigos.	0	0	0	0	0
10	Siento que pertenezco (o que pertenecia) en mi escuela.	0	0	0	0	0
11	Mi familia/cuidador(es) me apoyan en los momentos difíciles.	0	0	0	0	0
12	Mis amigos me apoyan en los momentos difíciles.	0	0	0	0	0
13	Soy tratado(a) de forma justa en mí comunidad.	0	0	0	0	0
14	Tengo oportunidades para mostrar a los demás que me estoy convirtiendo en adulto y que puedo actuar de manera responsable.	0	0	0	0	0
15	Me siento seguro cuando estoy con mi familia/cuidador(es).	0	0	0	0	0
16	Tengo oportunidades para desarrollar habilidades que serán útiles en mi vida como adulto (como habilidades laborales o para cuidar a los demás).	0	0	0	0	0
17	Distruto de las tradiciones familiares y culturales de mi familia/buidador(es).	0	0	0	0	0

Guardar y continuar

© 2023 - CYFAR Sulle - OMS Number: 0524-0043 (expires 12/51/2023)

SURVEY - TEST SURVEY 9.14	
DATOS DEMOGRÁFICOS DE JÓVENE	:S
1. Soy:	
O Hombre	
O Mujer	
2. ¿Cuántos años tienes?	
¿En qué grado estás en la escuela?	
¿Cuál es tu étnicidad? (Selecciona una)	
O Hispano o latino	
O Ni hispano ni latino	
5. ¿Cuál es tu raza? (Selecciona una o más)	
☐ Indígena americano o nativo de Alaska	
☐ Asiático	
☐ Negro o afroamericano	
☐ Nativo de Hawái o otra isla del Pacífico	
☐ Blanco	
6. Si uno (o ambos) de tus padres presta servicio er	n las fuerzas armadas, por favor específica la rama militar
☐ Ninguno de mis padres presta servicio e	n las fuerzas armadas
☐ Fuerza Aérea	
□ Ejército	
☐ Guardia	
☐ Cuerpo de Marines	
□ Marina	
□ Reserva	
Guardar y continuar	

Version 3.0.8

	tomar nuovas.					
6	Cuando pienso: Puedo expresar fácilmente mis opiniones acerca de un problema.	0	0	0	0	0
7	Cuando pienso: Usualmente consulto más de una fuente de información antes de tomar una decisión,	0	0	0	0	0
8	Cuando pienso: Comparo ideas cuando pienso en algún tema.	0	0	0	0	0
9	Cuando pienso: Mantengo mi mente abierta a ideas diferentes cuando planeo tomar una decisión.	0	0	0	0	0
10	Cuando pienso: Soy capaz de distinguir la mejor manera de manejar un problema.	0	0	0	0	0
11	Cuando me comunico con otros: Trato de mantener contacto visual.	0	0	0	0	0
12	Cuando me comunico con otros: Reconazzo cuando dos personas intentan decir la misma cosa, pero en maneras diferentes.	0	0	0	0	0
13	Cuando me comunico con otros: Intento ver el punto de vista de la otra persona.	0	0	0	0	0
14	Cuando me comunico con otros: Cambio la manera en que habio dependiendo de la relación que tenga con ellos (p. ej. amigo, padre, profesor, etc.).	ō	0	0	0	0
15	Cuando me comunico con otros: Organizo las ideas en mi cabeza antes de habiar.	0	0)	0	0	0
16	Cuando me comunico con otros: Me aseguro de entender lo que la otra persona está diciendo antes de responder.	0	0	0	0	0
17	Cuando estoy fijando una meta: Analizo los pasos necesarios para alcanzar la meta.	0	0	0	0	0
18	Cuando estoy fijando una meta: Pienso en cómo y cuándo quiero lograr mi meta.	0	0	0	0	0
19	Cuando estoy fijando una meta: Después de fijar una meta, la separo en pasos para poder medir mi progreso.	0	0	0	0	0
20	Cuando estoy fijando una meta: La retroalimentación, tanto positiva como negativa, me ayuda a avanzar hacia mi meta.	0	0	0	0	0
21	Cuando enfrento un problema: Primero determino exactamente cuál es el problema.	0	0	0	0	0
22	Cuando enfrento un problema: Intento determinar la causa del problema.	0	0	0	0	0
23	Cuando enfrento un problema: Hago lo que he hecho anteriormente para resolverio.	0	0,	0	0	0
24	Cuando enfrento un problema: Comparo cada posible solución con las otras para encontrar la mejor.	0	0	0	0	0
215	Cuando enfrento un problema: Después de elegir una solución, pienso por un momento antes de implementaria.	0	Ö	0	0	0
26	Cuando enfrento un problema: Una vez haya resuelto un problema, analizo la manera como funcionó mi solución.	0	0	0	0	0
Gu	ardar y continuar					

Version 3.0.8

## View QR Code Participant Name - Post Test You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions. Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quiên las contestó. Note for staff. If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant. First 2 letters of your first name. If your name were Jane Doe, you would enter JA: Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA: JA First 2 letters of your last name. If your name were Jane Doe, you would enter DO: Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO: Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01: Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01: Select a language: Selecciona un idioma: - SELECT ONE --© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

## **SURVEY - TEST 4 SURVEY**

Youth Resilience Measure-Revised (CYRM-R)

Directions To what extent do the following statements apply to you? There are no right or wrong answers.

	Item	Not at all	A little	8omewhat	Quite a bit	A lat
1	I cooperate with people around me.	0	0	0	0	0
2	Getting an education is important to me.	0	0	0	0	0
3	I know how to behave in different social situations.	0	0	0	0	0
	My parent(s)/caregiver(s) really look out for me.	0	0	0	0	0
5	My parent(s)/caregiver(s) know a lot about me.	0	0	0	0	0
	If I am hungry, there is enough to eat.	0	0	0	0	0
,	People like to spend time with me.	0	0	0	0	0
1	I talk to my family/caregiver(s) about how I feel.	0	0	0	0	0
	I feel supported by my friends.	0	0	0	0	0
0	I feel that I belong/belonged at my school.	0	0	0	0	0
11	My family/caregiver(s) stand by me during difficult times.	0	0	0	0	0
2	My friends stand by me during difficult times.	0	0	0	0	0
3	I am treated fairly in my community.	0	0	0	0	0
14	I have opportunities to show others that I am becoming an adult and can act responsibly.	0	0	0	0	0
5	I feel safe when I am with my family/caregiver(s).	0	0	0	0	0
6	I have opportunities to develop skills that will be useful later in life (like job skills and skills to care for others).	0	0	0	0	0
17	I enjoy my family's/caregiver's cultural and family traditions.	0	0	0	0	0

Save and Continue

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expines 12/31/2023)

Version 3.0.8

## SURVEY - TEST 4 SURVEY

Youth Program Quality Instrument

Directions The following statements describe how your program may work.

=	Item	Never	Rarely	Sometimes	A lot	Always
19	Young people feel safe when they are at the program.	0	0	0	0	0
2	Young people spread rumors about others.	0	0	0	0	0
3	Young people keep others from being part of activities or groups.	0	0	0	0	0
4	Adults in this program are good listeners.	0	0	0	0	0
5	Adults are eager to help young people.	0	0	0	0	0
6	Young people are willing to help each other.	0	0	0	0	0
7	The program has rules about what sorts of behaviors are expected.	0	0	0	0	0
8	Adults treat young people fairly.	0	0	0	0	0
9	Young people are kind to one another.	0	0	0	0	0
10	Young people and adults work together to plan activities.	0	0	0	0	0
11	Young people choose the adivities they want to do.	0	0	0	0	0
12	Young people are encouraged to be leaders.	0	0	0	0	0
13	Young people learn from activities that are challenging.	0	0	0	0	0
14	Young people learn about different cultures.	0	0	0	0	0
15	Young people learn new ways to communicate their ideas.	0	0	0	0	0
16	Young people follow the rules of the program.	0	0	0	0	0
17	Adults explain the rules to everyone.	0	0	0	0	0
18	Guidelines and rules are enforced daily.	0	0	0	0	0
19	Everyone's family gets invited to come to the program's activities.	0	0	0	0	0
20	Young people learn about community resources (e.g., libraries, parks, and health department).	0	0	0	0	0
21	Young people contribute to the community by helping others.	0	0	0	0	0
22	Young people feel accepted.	0	0	0	0	0
23	Young people feel like they can be themselves.	0	0	0	0	0
24	Adults get to know young people by interacting with them.	0	0	0	0	0

Save and Continue

## CYFAR Suite

Survey Builder Logic Model FindYourGroup Spider Web Annual Report Coach Admin My Account CYFAR.org

### **SURVEY - TEST 4 SURVEY**

YOUTH ENGAGEMENT SURVEY

#	Item	Not at all	A little	8omewhat	Very much
1	How much choice did you have about this activity?	0	0	0	0
2	How important was this activity to you?	0	0	0	0
3	Was it interesting?	0	0	0	0
4	Was it challenging?	0	0	0	0
5	Did you enjoy what you were doing?	0	0	0	0
6	How hard were you concentrating?	0	0	0	0
7	Were you using your skills?	0	0	0	0
8	Did you wish you were doing something else?	0	0	0	0

#	Item	Yes	No
9	Do you participate in any other after-school activities?	0	0

Save and Continue

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

SURVEY - TEST 4 SURVEY	
YOUTH DEMOGRAPHIC DATA	
1. I am a:	
O Male	
O Female	
2. How old are you?	
3. What grade are you in school?	
4. What is your ethnicity? (Select one)	
O Hispanic or Latino	
O Not Hispanic or Latino	
5. What is your race? (Select one or more)	
☐ American Indian or Alaska Native	
☐ Asian	
☐ Black or African American	
☐ Native Hawaiian or Other Pacific Islander	
□ White	
<ol><li>If one (or both) of your parents is involved in the military, please specify the branch:</li></ol>	
☐ My parent is not involved in the military.	
☐ Air Force	
□ Army	
□ Guard	
☐ Marine Corps	
□ Navy	
Reserve	
Save and Continue	

4	When I have a decision to make: I think about all the information I have about the different choices.	0	0	0	0	0
5	When I have a decision to make: I think of past choices when making new decisions.	0	0	0	0	0
6	When I think: I can easily express my thoughts on a problem.	0	0	0	0	0
7	When I think: I usually have more than one source of information before making a decision.	0	0	0	0	0
8	When I think, I compare ideas when thinking about a topic.	0	0	0	0	0
9	When I think: I keep my mind open to different ideas when planning to make a decision.	0	0	0	0	0
10	When I think: I am able to tell the best way of handling a problem.	0	0	0	0	0
11	When I communicate with others: I try to keep eye contact.	0	0	0	0	Ö
12	When I communicate with others: I recognize when two people are trying to say the same thing, but in different ways.	0	0	0	0	0
13	When I communicate with others: I try to see the other person's point of view.	0	0	0	0	0
14	When I communicate with others: I change the way I talk to someone based on my relationship with them (i.e., friend, parent, teacher, etc.).	0	0	0	0	0
15	When I communicate with others: I organize thoughts in my head before speaking.	0	0	0	0	0
16	When I communicate with others: I make sure I understand what another person is saying before I respond.	0	0	0	0	0
17	When setting a goal: I look at the steps needed to achieve the goal.	0	0	0	0	0
18	When setting a goal: I think about how and when I want to achieve the goal.	0	0	0	0	0
19	When setting a goal: After setting a goal, I break goals down into steps so I can check my progress.	0	0	0	0	0
20	When setting a goal: Both positive and negative feedback helps me work towards my goal.	0	0	0	0	0
21	When solving a problem: I first figure out exactly what the problem is.	0	0	0	0	0
22	When solving a problem: I try to determine what caused the problem.	0	0	0	0	0
23	When solving a problem: I do what I have done in the past to solve it.	0	0	0	0	0
24	When solving a problem: I compare each possible solution with the others to find the best one.	0	0	0	0	0
25	When solving a problem: After selecting a solution, I think about it for a while before putting it into action.	0	0	0	0	0
26	When solving a problem: Once I have solved a problem, I think about how my solution worked.	0	0	0	0	0

Save and Continue

Version 3.0.8

## View QR Code Participant Name - Post Test You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions. Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quiên las contestó. Note for staff. If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant. First 2 letters of your first name. If your name were Jane Doe, you would enter JA: Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA: JA First 2 letters of your last name. If your name were Jane Doe, you would enter DO: Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO: Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01: Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01: Select a language: Selecciona un idioma: - SELECT ONE --© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

## SURVEY - TEST SURVEY 9.14

Medida de Resiliencia Juvenil-Actualizada (CYRM-R)

Instruociones ¿Hasta qué punto aplican para ti las siguientes afirmaciones? No hay respuestas correctas o emôneas.

-	Pertide	Pers neds	Un poco	Algo	Seaturite	Mucho
1	Coopero con la gente que me rodea.	0	0	0	0	0
2	Obtener una educación es importante para mi.	0	0	0	0	0
3	Sé cómo comportame en diferentes situaciones sociales.	0	0	0	0	0
4	Mis padres/cuidador(es) están muy pendientes de mi.	0	0	0	0	0
5	Mis padres/ouldador(es) saben mucho de mi.	0	0	0	0	0
6	Si tengo hambre, tengo suficiente comida.	0	0	0	0	0
7	A la gente le gusta pasar tiempo conmigo.	0	0	0	0	0
В	Habio con mi familia/cuidador(es) acerca de cómo me siento.	0	0	0	0	0
9	Me siento apoyado por mis amigos.	0	0	0	0	0
10	Siento que pertenezco (o que pertenecia) en mi escuela.	0	0	0	0	0
11	Mi familia/cuidador(es) me apoyan en los momentos dificiles.	0	0	0	0	0
12	Mis amigos me apoyan en los momentos difíciles.	0	0	0	0	0
13	Soy tratado(a) de forma justa en mi comunidad.	0	0	0	0	0
14	Tengo oportunidades para mostrar a los demás que me estoy convirtiendo en adulto y que puedo actuar de manera responsable.	0	0	0	0	0
15	Me siento seguro cuando estoy con mi familia/cuidadon(es).	0	0	0	0	0
16	Tengo oportunidades para desarrollar habilidades que serán útiles en mi vida como adulto (como habilidades laborales o para cuidar a los demás).	0	0	0	0	0
17	Distruto de las tradiciones familiares y culturales de mi familia/cuidador(es).	0	0	0	0	0

Guardar y continuar

© 2023 - CYFAR Sulle - OMS Number: 0524-0043 (expines 12/31/2023)

Version 3.0.8

## SURVEY - TEST SURVEY 9.14

Instrumento de calidad programático para jóvenes

Instrucciones Las siguientes afirmaciones describen cómo puede estar trabajando su programa,

-	Pertide	Nunca	Raramente	Algunes veces	Mucho	Siempre
	Los jóvenes se sienten seguros cuando están en el programa.	0	0	0	0	0
	Los jóvenes difunden rumores acerca de otros.	0	0	0	0	0
	Los jóvenes no permiten que otros participen en actividades o grupos.	0	0	.0	0	0
	El personal de este programa sabe escuchar.	0	0	0	0	0
	El personal está dispuesto a ayudar a los jóvenes.	0	0	0	0	0
	Los jóvenes están dispuestos a ayudarse entre si.	0	0	0	0	0
	El programa tiene regias acerca de la conducta esperada.	0	0	0	0	0
3	El personal trata a los jóvenes de manera justa.	0	0	0	0	0
9	Los jóvenes son amables entre si.	0	0	,0	0	0
10	Los jóvenes y el personal trabajan juntos para planear actividades.	0	0	0	0	0
11	Los jóvenes eligen las actividades en las que quieren participar.	0	0	0	0	0
12	Se anima a los jóvenes para que se conviertan en lideres.	0	0	0	0	0
13	Los jóvenes aprenden de actividades desafiantes.	0	0	0	0	0
14	Los jóvenes aprenden acerca de culturas diferentes.	0	0	0	0	0
15	Los jóvenes aprenden nuevas maneras de comunicar sus ideas.	0	0	0	0	0
16	Los jóvenes siguen las reglas del programa.	0	0	0	0	0
17	El personal explica las reglas a todos.	0	0	0	0	0
18	Las pautas y regias son aplicados diariamente.	0	0	0	0	0
19	Las familias de todos son invitadas cuando se realiza alguna actividad del programa.	0	0	0	0	0
20	Los jóvenes aprenden acerca de los recursos de la comunidad (p. ej. bibliotecas, parques, y el departamento de salud).	0	0	0	0	0
21	Los jóvenes contribuyen a la comunidad ayudando a otros.	0	0	0	0	0
22	Los jóvenes se sienten aceptados.	0	0	0	0	0
23	Los jóvenes sienten que pueden ser ellos mismos.	0	0	0	0	0
24	El personal tiene la oportunidad de conocer a los jóvenes al interactuar con ellos.	0	0	0	0	0
24				T.	×.	

## SURVEY - TEST SURVEY 9.14

ENCUESTA DE PARTICIPACIÓN DEL JOVEN

*	Perhide	Pers nada	Un poco	Algo	Mucho
1	¿Qué tanta opción tuviste respecto a realizar esta actividad?	0	0	0	0
2	¿Qué tan importante fue esta actividad para ti?	0	0	0	0
3	¿Fue interesante?	0	0	0	0
4	¿Fue desafiante?	0	0	0	0
5	¿Disfrutaste lo que estaba haciendo?	0	0	0	0
6	¿Qué tanto le tuviste que concentrar?	0	0	0	0
7	¿Pudiste utilizar sus habilidades?	0	0	0	0
8	¿Deseaste haber estado haciendo algo más?	0	0	0	0
	Pertide			Si .	No
9	¿Has participado en alguna otra actividad extracurricular?			0	0
G	uardar y continuar				

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expires 12/31/2023)

SURVEY - TEST SURVEY 9.14
DATOS DEMOGRÁFICOS DE JÓVENES
1. Soy:
O Hombre
O Mujer
2. ¿Cuántos años tienes?
3. ¿En qué grado estás en la escuela?
4. ¿Cuál es tu étnicidad? (Selecciona una)
O Hispano o latino
O Ni hispano ni latino
5. ¿Cuál es tu raza? (Selecciona una o más)
☐ Indigena americano o nativo de Alaska
☐ Asiático
□ Negro o afroamericano
☐ Nativo de Hawái o otra isla del Pacifico
Blanco
6. Si uno (o ambos) de tus padres presta servicio en las fuerzas armadas, por favor específica la rama militar
☐ Ninguno de mis padres presta servicio en las fuerzas armadas
□ Fuerza Aérea
□ Ejército
□ Guardia
□ Cuerpo de Marines
□ Marina
□ Reserva
Guardar y continuar
2023 - CYFAR Suite - OMS Number: 0524-0043 (expines 12/31/2023)
ersion 3.0.8

ँ	tomar nuevas.					
6	Cuando pienso: Puedo expresar fácilmente mis opiniones acerca de un problema.	0	0	0	0	0
7	Quando pienso: Usualmente consulto más de una fuente de información antes de tomar una decisión.	0	0	0	0	0
8	Cuando pienso: Comparo ideas cuando pienso en algún tema.	0	0	0	0	0
9	Cuando pienso: Mantengo mi mente abierta a ideas diferentes cuando planeo tomar una decisión.	0	0	0	0	0
10	Cuando pienso: Soy capaz de distinguir la mejor manera de manejar un problema.	0	0	0	0	0
11	Cuando me comunico con otros: Trato de mantener contacto visual.	0	0	0	0	0
12	Cuando me comunico con otros: Reconozco cuando dos personas intentan decir la misma cosa, pero en maneras diferentes.	0	0	0	0	0
13	Cuando me comunico con otros: Intento ver el punto de vista de la otra persona.	0	0	0	0	0
14	Cuando me comunico con otros: Cambio la manera en que habio dependiendo de la relación que tenga con ellos (p. ej. amigo, padre, profesor, etc.).	o	0	0	0	0
15	Cuando me comunico con otros: Organizo las ideas en mi cabeza antes de habiar.	0	0	0	0	0
16	Cuando me comunico con otros: Me aseguro de entender lo que la otra persona está diciendo antes de responder.	0	o	0	0	0
17	Cuando estoy fijando una meta: Analizo los pasos necesarios para alcanzar la meta.	0	0	0	0	0
18	Cuando estoy fijando una meta: Pienso en cómo y cuándo quiero lograr mi meta.	0	0	0	0	0
19	Cuando estoy fijando una meta: Después de fijar una meta, la separo en pasos para poder medir mi progreso.	0	0	0	0	0
20	Cuando estoy fijando una meta: La retroalimentación, tanto positiva como negativa, me ayuda a avanzar hacia mi meta.	0	0	0	0	0
21	Cuando enfrento un problema: Primero determino exactamente cuál es el problema.	0	0	0	0	0
22	Cuando enfrento un problema: Intento determinar la causa del problema.	0	0	0	0	0
23	Cuando enfrento un problema: Hago lo que he hecho anteriormente para resolverio.	0	0	0	0	0
24	Cuando entrento un problema: Comparo cada posible solución con las otras para encontrar la mejor.	0	0	0	0	0
25	Cuando enfrento un problema: Después de elegir una solución, pienso por un momento antes de implementaria.	0	0	0	0	0
26	Cuando enfrento un problema: Una vez haya resuelto un problema, analizo la manera como funcionó mi solución.	0	0	0	0	0

## Participant Name - Pre Test

View QR Code

You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions.

Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quién las contestó.

Note for staff: If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant.

First 2 letters of your first name. If your name were Jane Doe, you would enter JA:

Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA:

JA

First 2 letters of your last name. If your name were Jane Doe, you would enter DO:

Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO:

DO

Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01:

Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01:

15

Select a language:

Selecciona un idioma:

-- SELECT ONE --

\*

Begin/Inicie

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Adult Resilience Measure-Revised (ARM-R)

Directions To what extent do the following statements apply to you? There are no right or wrong answers.

	Item	Not at all	A little	Somewhat	Quite a bit	A lat
1	I cooperate with people around me.	0	0	0	0	0
2	Getting and improving qualifications or skills is important to me.	0	0	0	0	0
3	I know how to behave in different social situations.	0	0	0	0	0
,	My family has usually supported me through life.	0	0	0	0	0
5	My family knows a lot about me.	0	0	0	0	0
6	If I am hungry, I can get food to eat.	0	0	0	0	0
7	People like to spend time with me.	0	0	0	0	0
В	I talk to my family/partner about how I feel.	0	0	0	0	0
9	I feel supported by my friends.	0	0	0	0	0
10	I feel that I belong in my community.	0	0	0	0	0
11	My family/partner stands by me during difficult times.	0	0	0	0	0
12	My friends stand by me during difficult times.	0	0	0	0	0
13	I am treated fairly in my community.	0	0	0	0	0
14	I have opportunities to show others that I can act responsibly.	0	0	0	0	0
15	I feel secure when I am with my family/partner.	0	0	0	0	0
16	I have opportunities to apply my abilities in life (like skills, a job, caring for others).	0	0	0	0	0
17	I enjoy my family's/partner's cultural and family traditions.	0	0	0	0	0

Save and Continue

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (express 12/31/2023)

Winton 3.0.6

3	When I have a decision to make: I consider the risks of a choice before making a decision.	0	0	0	0	0
4	When I have a decision to make: I think about all the information I have about the different choices.	0	0	0	0	.0
5	When I have a decision to make: I think of past choices when making new decisions.	0	0	0	0	0
6	When I think: I can easily express my thoughts on a problem.	0	0	0	0	0
7	When I think: I usually have more than one source of information before making a decision.	0	0	0	0	0
8	When I think: I compare ideas when thinking about a topic.	0	0	0	0	0
9	When I think: I keep my mind open to different ideas when planning to make a decision.	0	0	0	0	0
10	When I think: I am able to tell the best way of handling a problem.	0	0	0	0	0
11	When I communicate with others: I try to keep eye contact.	0	0	0	0	0
12	When I communicate with others: I recognize when two people are trying to say the same thing, but In different ways.	0	0	0	0	0
13	When I communicate with others: I try to see the other person's point of view.	0	0	0	0	0
14	When I communicate with others: I change the way I talk to someone based on my relationship with them (i.e. triend, parent, teacher, etc.).	0	0	0	0	О
15	When I communicate with others: I organize thoughts in my head before speaking.	0	0	0	0	0
16	When I communicate with others: I make sure I understand what another person is saying before I respond.	0	0	0	0	0
17	When setting a goal: I look at the steps needed to achieve the goal.	0	0	0	0	0
18	When setting a goal: I think about how and when I want to achieve the goal.	0	0	0	0	0
19	When setting a goal: After setting a goal, I break goals down into steps so I can check my progress.	0	0	0	0	0
20	When setting a goal: Both positive and negative feedback helps me work towards my goal.	0	0	0	0	0
21	When solving a problem: I first figure out exactly what the problem is.	0	0	0	0	0
22	When solving a problem: I try to determine what caused the problem.	0	0	0	0	0
23	When solving a problem: I do what I have done in the past to solve it.	0	0	0	0	0
24	When solving a problem: I compare each possible solution with the others to find the best one.	0	0	0	0	0
25	When solving a problem: After selecting a solution, I think about it for a while before putting it into action.	0	0	0	0	0
26	When solving a problem: Once I have solved a problem, I think about how my solution worked.	0	0	0	0	0

Save and Continue

SURVEY - ADULTTEST
ADULT DEMOGRAPHIC DATA
1. I am a:
O Male
O Female
2. How old are you?
3. What is your ethnicity? (Select one)
O Hispanic or Latino
O Not Hispanic or Latino
4. What is your race? (Select one or more)
☐ American Indian or Alaska Native
□ Asian
☐ Black or African American
☐ Native Hawaiian or Other Pacific Islander
□ White
5. What is your highest level of education completed?
O Less than high school
O High school diploma/GED
O Post-secondary technical training
○ Some college
○ Associate's degree
O Bachelor's degree
○ Graduate degree
6. If you have ever served in the military, please specify the branch:
☐ I have not served in the military.
☐ Air Force
□ Army
□ Guard
☐ Marine Corps
□ Navy
Reserve
Save and Continue

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expires: 12/31/2023)

## Participant Name - Pre Test

View QR Code

You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions.

Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quién las contestó.

Note for staff: If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant.

First 2 letters of your first name. If your name were Jane Doe, you would enter JA:

Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA:

JA

First 2 letters of your last name. If your name were Jane Doe, you would enter DO:

Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO:

DO

Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01:

Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01:

15

Select a language:

Selecciona un idioma:

-- SELECT ONE --

\*

Begin/Inicie

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Medida de Resiliencia Adulta-Actualizada (ARM-R)

Instrucciones ¿Hasta qué punto aplican para ti las siguientes afirmaciones? No hay respuestas correctas o errôneas.

*	l'article	Para made	Un poco	Algo	Bastente	Mucho
1	Coopero con la gente que me rodea.	0	0	0	0	0
2	Obtener y mejorar certificaciones o habilidades es importante para mi.	0	0	0	0	0
3	Sé cômo comportame en diferentes situaciones sociales.	0	0	0	0	0
4	Con frecuencia mi familia me ha apoyado a través de mi vida.	0	0	0	0	0
5	Mi familia sabe mucho acerca de mi.	0	0	0	0	0
6	Si tengo hambre, puedo obtener comida.	0	0	0	0	0
7	A la gente le gusta pasar tiempo conmigo.	0	0	0	0	0
В	Habio con mi familia/pareja acerca de cômo me siento.	0	0	0	0	0
9	Me siento apoyado por mis amigos.	0	0	0	0	0
10	Siento que pertenezco a mi comunidad.	0	0	0	0	0
11	Mi familia/pareja me apoya en los momentos dificiles.	0	0	0	0	0
12	Mis amigos me apoyan en los momentos difíciles.	0	0	0	0	0
13	Soy tratado justamente en mi comunidad.	0	0	0	0	0
14	Tengo oportunidades para mostrar a los demás que puedo actuar responsablemente.	0	0	0	0	0
15	Me siento seguro cuando estoy con mi familia/pareja.	0	0	0	0	0
16	Tengo oportunidades para emplear mis capacidades en la vida (habilidades para la vida, cuidar a los demás).	0	0	0	0	0
17	Distruto de las tradiciones familiares y culturales de mi familia/pareja.	0	0	0	0	0

Guardar y continuar

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expines 12/31/2023)

Destrezas para la vida diaria - Adulto

4	Pertide	Nunce	Remente	Algunes veces	A menudo	Siempre
1	Cuando tengo que tomar una decisión: Busco información que me ayude a entender el problema.	0	0	0	0	0
2	Cuando tengo que tomar una decisión: Pienso antes de tomar una decisión.	0	0	0	0	0
3	Cuando tengo que tomar una decisión: Considero los riesgos de una opción antes de tomar una decisión.	0	0	0	0	0
4	Cuando tengo que tomar una decisión: Reflexiono acerca de toda la información que tengo acerca de las diferentes opciones.	0	0	0	0	0
5	Cuando tengo que tomar una decisión: Considero decisiones que haya tomado anteriormente para tomar nuevas.	0	0	0	0	0
6	Cuando pienso: Puedo expresar fácilmente mis opiniones acerca de un problema.	0	0	0	0	0
7	Quando pienso: Usualmente consulto más de una fuente de información antes de tomar una decisión.	0	0	0	0	0
8	Cuando pienso: Comparo ideas cuando pienso en algún tema.	0	0	0	0	0
9	Cuando pienso: Mantengo mi mente abierta a ideas diferentes cuando planeo tomar una decisión.	0	0	0	0	0
10	Cuando pienso: Soy capaz de distinguir la mejor manera de manejar un problema.	0	0	0	0	0
11	Cuando me comunico con otros: Trato de mantener contacto visual.	0	0	0	0	0
12	Cuando me comunico con otros: Reconozco cuando dos personas intentan decir la misma cosa, pero en maneras diferentes.	0	0	0	0	0
13	Cuando me comunico con otros: Intento ver el punto de vista de la otra persona.	0	0	0	0	0
14	Cuando me comunico con otros: Cambio la manera en que habio dependiendo de la relación que tenga con ellos (p. ej. amigo, padre, profesor, etc.).	0	0	0	0	0
15	Cuando me comunico con otros: Organizo las ideas en mi cabeza antes de hablar.	0	0	0	0	0
16	Cuando me comunico con otros: Me aseguro de entender lo que la otra persona está diciendo antes de responder.	0	0	0	0	0
17	Cuando estoy fijando una meta: Analizo los pasos necesarios para alcanzar la meta.	0	0	0	0	0
18	Cuando estoy fijando una meta: Pienso en cómo y cuándo quiero lograr mi meta.	0	0	0	0	0
19	Cuando estoy fijando una meta: Después de fijar una meta, la separo en pasos para poder medir mi	0	0	0	0	0

19	Cuando estoy fijando una meta: Después de fijar una meta, la separo en pasos para poder medir mi progreso.	0	0	0	0	0
20	Cuando estoy fijando una meta: La retroalimentación, tanto positiva como negativa, me ayuda a avanzar hacia mi meta.	0	0	0	0	0
21	Cuando enfrento un problema: Primero determino exactamente cuál es el problema.	0	0	0	0	0
22	Cuando enfrento un problema: Intento determinar la causa del problema.	0	0	0	0	0
23	Cuando enfrento un problema. Hago lo que he hecho anteriormente para resolverio.	0	0	0	0	0
24	Cuando enfrento un problema: Comparo cada posible solución con las otras para encontrar la mejor.	0	0	0	0	0
25	Cuando enfrento un problema: Después de elegir una solución, pienso por un momento antes de implementaria.	0	0	0	0	0
26	Cuando enfrento un problema: Una vez haya resuelto un problema, analizo la manera como funcionó mi solución.	0	0	0	0	0

© 2023 - CYFAH Suite - OMB Number: 0524-0043 (eqpires 12/31/2023)

SURVEY - ADULTTEST
DATOS DEMOGRÁFICOS DE ADULTOS
1. Say:
O Hombre
O Mujer
¿Cuántos años tiene usted?
3. ¿Cuál es su étricidad? (Selecciona una)
O Hispano o latino
O Ni hispano ni latino
4. ¿Cuál es su raza? (Selecciona una o más)
☐ Indígena americano o nativo de Alaska
□ Asiático
□ Negro o afroamericano
☐ Nativo de Hawái o otra isla del Pacífico
□ Blanco
5. ¿Cuál es el nivel más alto de educación que completó usted?
O Menos que secundaria
O Diploma de secundaria/GED
Capacitación técnica posterior a la secundaria
○ Algo de universidad
○ Título de asociado
O Licenciatura
○ Título de Masteria
6. Si alguna vez ha prestado servicio en las fuerzas armadas, por favor específica la rama militar
☐ No he prestado servicio en las fuerzas armadas
☐ Fuerza Aérea
□ Ejército
☐ Guardia
☐ Cuerpo de Marines
□ Marina
Reserva
Guardar y continuar

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expines 12/31/2023)

## View QR Code Participant Name - Post Test You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions. Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las Note for staff: If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant. First 2 letters of your first name. If your name were Jane Doe, you would enter JA: Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA: JA First 2 letters of your last name. If your name were Jane Doe, you would enter DO: Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO: Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01: Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01: Select a language: Selecciona un idioma: - SELECT ONE -© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expires 12/31/2023)

Adult Resilience Measure-Revised (ARM-R)

Directions To what extent do the following statements apply to you? There are no right or wrong answers.

=	Item	Not at all	A little	8omewhat	Quite a bit	A lot
1	I cooperate with people around me.	0	0	0	0	0
2	Getting and improving qualifications or skills is important to me.	0	0	0	0	0
3	I know how to behave in different social situations.	0	0	0	0	0
4	My family has usually supported me through life.	0	0	0	0	0
5.	My family knows a lot about me.	0	0	0	0	0
Б	If I am hungry, I can get food to eat.	0	0	0	0	0
7	People like to spend time with me.	0	0	0	0	0
В	I talk to my family/partner about how I feel.	0	0	0	0	0
9	I feel supported by my friends.	0	0	0	0	0
10	I feel that I belong in my community.	0	0	0	0	0
11	My family/partner stands by me during difficult times.	0	0	0	0	0
12	My friends stand by me during difficult times.	0	0	0	0	0
13	I am treated fairly in my community.	0	0	0	0	0
14	I have opportunities to show others that I can act responsibly.	0	0	0	0	0
15	I feel secure when I am with my family/partner.	0	0	0	0	0
16	I have opportunities to apply my abilities in life (like skills, a job, caring for others).	0	0	0	0	0
7	I enjoy my family's/partner's cultural and family traditions.	0	0	0	0	0

Save and Continue

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expires 12/31/2023)

Windon 3.0.8

3	When I have a decision to make: I consider the risks of a choice before making a decision.	0	0	0	0	0
4	When I have a decision to make: I think about all the information I have about the different choices.	0	0	0	0,	0
5	When I have a decision to make: I think of past choices when making new decisions.	0	0	0	0	0
6	When I think: I can easily express my thoughts on a problem.	0	0	0	0	0
7	When I think: I usually have more than one source of information before making a decision.	0	0	0	Q	0
8	When I think: I compare ideas when thinking about a topic.	0	0	0	0	0
9	When I think: I keep my mind open to different ideas when planning to make a decision.	0	0	0	0	0
10	When I think: I am able to tell the best way of handling a problem.	0	0	0	0	0
11	When I communicate with others: I try to keep eye contact.	0	0	0	0	0
12	When I communicate with others: I recognize when two people are trying to say the same thing, but In different ways.	0	0	0	0	0
13	When I communicate with others: I try to see the other person's point of view.	0	0	0	0	0
14	When I communicate with others: I change the way I talk to someone based on my relationship with them (i.e. friend, parent, teacher, etc.).	0	0	0	0	0
15	When I communicate with others: I organize thoughts in my head before speaking.	0	0	0	0	0
16	When I communicate with others: I make sure I understand what another person is saying before I respond.	0	0	0	0	0
17	When setting a goal: I look at the steps needed to achieve the goal.	0	O	0	0	0
18	When setting a goal: I think about how and when I want to achieve the goal.	0	0	0	0	0
19	When setting a goal: After setting a goal, I break goals down into steps so I can check my progress.	0	0	0	0	0
20	When setting a goal: Both positive and negative feedback helps me work towards my goal.	0	0	0	0	0
21	When solving a problem: I first figure out exactly what the problem is.	0	0	0	0	0
22	When solving a problem: I try to determine what caused the problem.	0	0	0	0	0
23	When solving a problem: I do what I have done in the past to solve it.	0	0	0	0	0
24	When solving a problem: I compare each possible solution with the others to find the best one.	0	0	0	0	0
25	When solving a problem: After selecting a solution, I think about it for a while before putting it into action.	0	0	0	0	0
26	When solving a problem: Once I have solved a problem, I think about how my solution worked.	0	0	0	0	0

Save and Continue

### Adult Program Quality Instrument

Directions The following statements describe how your program may work.

=	Item	Never	Rarely	Sometimes	A lot	Always
1	Participants feel safe when they are at the program.	0	0	0	0	0
2	Participants spread rumors about others.	0	0	0	0	0
3	Participants keep others from being part of activities or groups.	0	0	0	0	0
4	Staff in this program are good listeners.	0	0	0	0	0
5	Staff are eager to help participants.	0	0	0	0	0
6	Participants are willing to help each other.	0	0	0	0	0
7	The program has rules about what sorts of behaviors are expected.	0	0	0	0	0
8	Staff treat participants fairly.	0	0	0	0	0
9	Participants are kind to one another.	0	0	0	0	0
10	Participants and staff work together to plan activities.	0	0	0	0	0
11	Participants choose the activities they want to do.	0	O	0	0	0
12	Participants are encouraged to be leaders.	0	0	0	0	0
13	Participants learn from activities that are challenging.	0	0	0	0	0
14	Participants learn about different cultures.	0	0	0	0	0
15	Participants learn new ways to communicate their ideas.	0	0	0	0	0
16	Participants follow the rules of the program.	0	0	0	0	0
17	Staff explain the rules to everyone.	0	0	0	0	0
18	Guidelines and rules are enforced daily.	0	0	0	0	0
19	Everyone's family gets invited to come to the program's activities.	0	0	0	0	0
20	Participants learn about community resources (e.g., libraries, parks, and health department).	0	0	0	0	0
21	Participants contribute to the community by helping others.	0	0	0	0	0
22	Participants feel accepted.	0	0	0	0	0
23	Participants feel like they can be themselves.	0	0	0	0	0
24	Staff get to know participants by interacting with them.	0	0	0	0	0

Save and Continue

### ADULT ENGAGEMENT SURVEY

#	Item	Not at all	A little	Somewhat	Very much
1	How much choice did you have about this activity?	0	0	0	0
2	How important was this activity to you?	0	0	0	0
3	Was it interesting?	0	0	0	0
4	Was it challenging?	0	0	0	0
5	Did you enjoy what you were doing?	0	0	0	0
6	How hard were you concentrating?	0	0	0	0
7	Were you using your skills?	0	0	0	0
8	Do you wish you were doing something else?	0	0	0	0
-					

Save and Continue

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expires 12/31/2023)

w many o	f the sessions did you attend?									
	Item		than 1 our	1 ho	ur	2-3 hou	rs	4-6 hours	6	or more hours
How ma	ny hours per session did you participate i gram?	n (	0	0		0		0		0
	item	Lecc than 1 year	1 year	2-3 years	4-6 years	6-7 years	8-9 yeard	10 or more years	I do not know	This is not a 4- H program
	g have you participated in 4-H, either as a ant or volunteer?	0	0	0	0	0	0	0	0	0
		Item						Yes		No
Are you	involved in any other community/voluntee	er activities (e	z.g., civic, t	alth-based	i, sports, (	clubs)?		0		0
es, how n	nany other community/volunteer activities	(e.g., civic, f	aith-based	, sports, d	lubs) are y	you involve	d in?			

ADULI DEMUS	RAPHIC DATA
1. I am a:	
O Male	
O Female	
2. How old are you?	
What is your ethnici	tty? (Select one)
O Hispanic or Lati	
Not Hispanic or	
What is your race?	
☐ American India	
☐ Asian	
☐ Black or African	American
☐ Native Hawaiiar	n or Other Pacific Islander
□ White	
5. What is your highes	at level of education completed?
O Less than high	school
O High school dip	loma/GED
O Post-secondary	technical training
Some college	
Associate's deg	gree
Bachelor's degr	ree
Graduate degre	10
6. If you have ever ser	rved in the military, please specify the branch:
☐ I have not serve	ed in the military.
☐ Air Force	
□ Army	
☐ Guard	
☐ Marine Corps	
□ Navy	
,	

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expires: 12/31/2023)

## View QR Code Participant Name - Post Test You are about to take a survey. These first questions create an ID, which will be used to link your answers to the survey at the beginning of the program to your answers to the same survey at the end of the program. Your ID cannot be used to identify you or link your answers to you. This means we will not know the answers are from you or who answered the questions. Usted está a punto de tomar una encuesta. Las primeras preguntas crean un número de ID para unir las respuestas del principio del programa con las respuestas al final del programa. No se puede usar su número de ID para identificarle ni unir sus respuestas consigo. Es decir, no sabremos que las respuestas son de usted ni quién las contestó. Note for staff: If you are completing the survey on behalf of participants, please enter a participant-specific identifier for the participant whose survey you are entering. Each participant should be assigned his/her own specific identifier because it will be used to link a participant's pre-survey and post-survey. This information will be anonymized before being saved. It cannot and will not be used to identify the participant. First 2 letters of your first name. If your name were Jane Doe, you would enter JA: Primeras 2 letras de su nombre. Si su nombre fuera Jane Doe, escribiría JA: First 2 letters of your last name. If your name were Jane Doe, you would enter DO: Primeras 2 letras de su apellido. Si su apellido fuera Jane Doe, escribiría DO: Day you were born (2 digits). If you were born on 04/01/90 (April 1, 1990), you would enter 01: Fecha de nacimiento (2 dígitos). Si usted naciera el 01/04/1990 (1 de abril de 1990), escribiría 01: Select a language: Selecciona un idioma: - SELECT ONE © 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Medida de Resiliencia Adulta-Actualizada (ARM-R)

Instrucciones ¿Hasta qué punto aplican para ti las siguientes afirmaciones? No hay respuestas correctas o emôneas.

*	Partida	Para made	Un poco	Algo	Sestente	Mucho
1	Coopero con la gente que me rodea.	0	0	0	0	0
2	Obtener y mejorar certificaciones o habilidades es importante para mi.	0	0	0	0	0
3	Sé cômo comportame en diferentes situaciones sociales.	0	0	0	0	0
	Con trecuencia mi familia me ha apoyado a través de mi vida.	0	0	0	0	0
5	Mi familia sabe mucho acerca de mí.	0	0	0	0	0
5	Si tengo hambre, puedo obtener comida.	0	0	0	0	0
7	A la gente le gusta pasar tiempo conmigo.	0	0	0	0	0
8	Habio con mi familia/pareja acerca de cómo me siento.	0	0	0	0	0
9	Me siento apoyado por mis amigos.	0	0	0	0	0
10	Siento que pertenezco a mi comunidad.	0	0	0	0	0
11	Mi familia/pareja me apoya en los momentos dificiles.	0	0	0	0	0
12	Mis amigos me apoyan en los momentos difíciles.	0	0	0	0	0
13	Soy tratado justamente en mi comunidad.	0	0	0	0	0
14	Tengo oportunidades para mostrar a los demás que puedo actuar responsablemente.	0	0	0	0	0
15	Me siento seguro cuando estoy con mi familia/pareja.	0	0	0	0	0
16	Tengo oportunidades para emplear mis capacidades en la vida (habilidades para la vida, cuidar a los demás).	0	0	0	0	0
7	Disfruto de las tradiciones familiares y culturales de mi familia/pareja.	0	0	0	0	0

Guardar y continuar

© 2023 - CYT-AR Suite - OMS Number: 0524-0043 (expires 12/31/2023)

Weston 3.0.8

	tomar nuovas.					
6	Cuando pienso: Puedo expresar fácilmente mis opiniones acerca de un problema.	0	0	0	0	0
7	Cuando pienso: Usualmente consulto más de una fuente de información antes de tomar una decisión.	0	0	0	0	0
8	Cuando pienso: Comparo ideas cuando pienso en algún tema.	0	0	0	0	0
9	Cuando pienso: Mantengo mi mente abierta a ideas diferentes cuando planeo tomar una decisión.	0	0	0	0	О
10	Cuando pienso: Soy capaz de distinguir la mejor manera de manejar un problema.	0	0	0	0	0
11	Cuando me comunico con otros: Trato de mantener contacto visual.	0	0	0	0	0
12	Cuando me comunico con otros: Reconozco cuando dos personas intentan decir la misma cosa, pero en maneras diferentes.	0	0	0	0	0
13	Cuando me comunico con otros: Intento ver el punto de vista de la otra persona.	0	0	0	0	0
14	Cuando me comunico con otros: Cambio la manera en que habio dependiendo de la relación que tenga con ellos (p. ej. amigo, padre, profesor, etc.).	0	0	0	0	0
15	Cuando me comunico con otros: Organizo las ideas en mi cabeza antes de habiar.	0	0	0	0	0
16	Cuando me comunico con otros: Me aseguro de entender lo que la otra persona está diciendo antes de responder.	0	0	0	0	0
17	Cuando estoy fijando una meta: Analizo los pasos necesarios para alcanzar la meta.	0	0	0	0	0
18	Cuando estoy fijando una meta: Pienso en cómo y cuándo quiero lograr mi meta.	0	0	0	0	0
19	Cuando estoy fijando una meta: Después de fijar una meta, la separo en pasos para poder medir mi progreso.	0	0	0	0	0
20	Cuando estoy fijando una meta: La retroalimentación, tanto positiva como negativa, me ayuda a avanzar hacia mi meta.	0	0	0	0	0
21	Cuando enfrento un problema: Primero determino exactamente cuál es el problema.	0	0	0	0	0
22	Cuando enfrento un problema: Intento determinar la causa del problema.	0	0	0	0	0
23	Cuando enfrento un problema: Hago lo que he hecho anteriormente para resolverio.	0	0	0	0	0
24	Cuando enfrento un problema: Comparo cada posible solución con las otras para encontrar la mejor.	0	0	0	0	0
25	Cuando enfrento un problema: Después de elegir una solución, pienso por un momento antes de implementaria.	0	0	0	0	0
26	Cuando enfrento un problema: Una vez haya resuelto un problema, analizo la manera como funcionó mi solución.	0	0	0	0	0
	ardar v continuar					

### Instrumento de calidad programático para adultos

Inctrucciones Las siguientes afirmaciones describen cómo puede estar trabajando su programa.

	Particle	Nunca	Karamente	Algunes veces	Mucho	Siempre
	Los participantes se sienten seguros cuando están en el programa.	0	0	0	0	0
	Los participantes difunden rumores acerca de otros.	0	0	0	0	0
8.	Los participantes no permiten que otros participen en actividades o grupos.	0	0	0	0	0
	El personal de este programa sabe escuchar.	0	0	0	0	0
5	El personal está dispuesto a ayudar a los participantes.	0	0	0	0	0
5	Los participantes están dispuestos a ayudarse entre si.	0	0	0	0	0
7.	El programa tiene reglas acerca de la conducta esperada.	0	0	0	0	0
3	El personal trata a los jóvenes de manera justa.	0	0	0	0	0
9	Los participantes son amables entre si.	0	0	0	0	0
10	Los participantes y el personal trabajan juntos para planear actividades.	0	0	0	0	0
11	Los participantes eligen las actividades en las que quieren participar.	0	0	0	0	0
12	Se anima a los participantes para que se conviertan en lideres.	0	0	0	0	0
13	Los participantes aprenden de actividades desafiantes.	0	0	0	0	0
14	Los participantes aprenden acerca de culturas diferentes.	0	0	0	0	0
15	Los participantes aprenden nuevas maneras de comunicar sus ideas.	0	0	0	0	0
16	Los participantes siguen las reglas del programa.	0	0	0	0	0
17	El personal explica las reglas a todos.	0	0	0	0	0
18	Las pautas y reglas son aplicados diariamente.	0	0	0	0	0
19	Las familias de todos son invitadas cuando se realiza alguna actividad del programa.	0	0	0	0	0
210	Los participantes aprenden acerca de los recursos de la comunidad (p. ej. bibliotecas, parques, y el departamento de salud).	0	0	0	0	0
21	Los participantes contribuyen a la comunidad ayudando a otros.	0	0	0	0	0
22	Los participantes se sienten aceptados.	0	0	0	0	0
23	Los participantes sienten que pueden ser ellos mísmos.	0	0	0	0	0
	El personal tiene la oportunidad de conocer a los	0	0	0	0	0

### ENCUESTA DE PARTICIPACIÓN DE ADULTOS

4	Pertide	Pers nade	Un poco	Algo	Mucho
1	¿Qué tanta opción tuvo respecto a realizar esta actividad?	0	0	0	0
2	¿Qué tan importante fue esta actividad para usted?	0	0	0	0
3	¿Fue interesante?	0	0	0	0
4	¿Fue desafiante?	0	0	0	0
5	¿Disfrutó lo que estaba haciendo?	0	0	0	0
6	¿Qué tanto se tuvo que concentrar?	0	0	0	0
7	¿Pudo utilizar sus habilidades?	0	0	0	0
8	¿Deseó haber estado haciendo algo más?	0	0	0	0

© 2023 - CYFAR Suite - OMS Number: 0524-0043 (expires: 12/31/2023)

Version 3.0.8

	cuántas de las sesiones ha asistido?									
	Pertide		ou de 1 ora	1 ho		2-3 hors		4-5 horas	5 0	más horse
2	¿Cuántas horas por sesión participó en este programa?		0	0		0		0		0
4	Partida	Menos de 1 ano	1 ano	2-3 ands	4-5 anda	6-7 ands	8-9 anda	10 o miss senos	No lo	Este no es un programa 4-H
3	¿Por cuánto tiempo ha participado en 4-H, ya sea como participante o como voluntario?	0	0	0	0	0	0	0	0	0
•	P	ertide						Si .		No
4	¿Participa en otras actividades comunitarias o volun	tarias (p.	ej. civicas,	religiosas	, deportes	, dubes)?		0		0
	respondió si, ¿En qué tantas otras actividades comun uardar y continuar	itarias o v	oluntarias	(p. aj. civio	cas, religio	esas, depo	tes, club	es) participa	17	

4.5-	
1. Soy	ombre
O Mu	ujer iåntos años tiene usted?
2. (00	HELION HELION FRELLON FRELLON TO THE CONTROL OF THE
3. ¿Cu	iál es su étnicidad? (Selecciona una)
O His	spano o latino
O Ni	hispano ni latino
4. ¿Cu	iál es su raza? (Selecciona una o más)
□ Inc	digena americano o nativo de Alaska
□ As	iático
□ Ne	egro o afroamericano
□ Na	ativo de Hawái o otra isla del Pacifico
□ Bla	anco
5. ¿Cu	iál es el nivel más alto de educación que completó usted?
O Me	enos que secundaria
O Dip	ploma de secundaria/GED
O Ca	spacitación técnica posterior a la secundaria
O Alg	go de universidad
O Tit	tulo de asociado
O Lic	cenciatura
O Tit	tulo de Mastería
6. Si a	lguna vez ha prestado servicio en las fuerzas armadas, por favor específica la rama militar
□ No	he prestado servicio en las fuerzas armadas
□ Fu	ierza Aérea
□ Eje	ército
□ Gu	uardia
□ Cu	uerpo de Marines
□ Ma	arina
□ Re	eserva
Gui	ardar y continuar

## PDF Files of Surveys

Attached as a separate file (OMB on ALL CYFAR paper survey builder.pdf)

## Import Staff-entered Pre data

#### Important Note:

This form ONLY applies to staff entering demographic data for child participants at pre-test. For youth and adult participants, staff do not enter any data on behalf of the participants at pre-test.

The Survey Builder allows you to import result data via a CSV file that can be edited in Excel, OpenOffice, and other spreadsheet processing applications.

To get started, click "Download Pre data template files" below. A ZIP file containing two files will download: a codebook (containing the items, column headers and accepted values) and a pre data template file to enter the data into.

Download Pre data template files

#### **Entering Valid Data**

The import feature is structured to recognize missing values as well as values that lie outside of value scale ranges. An error message will appear if the import feature recognizes invalid data.

- . Missing Values: Please fill in "99" for unanswered items.
- Checkbox Demographic items (i.e., military branch, race): Enter '1' for any checkbox(es) selected and '0' for any checkbox(es) not selected.
- . The codebook provides the correct values to enter for participant responses. The codebook provides the range of potential values.

When you have finished filling in the data, you can upload your file below to import the data.

#### Important Note:

Your spreadsheet processing application may display a warning when you save your CSV file and ask if you would like to save it in a different format (e.g. xls). This is normal behavior, however please do not save your file in a different format. You will be unable to import your data if you do so.

#### Import Pre data for testing

Upload CSV File\* Browse... No file selected.

Data Collection Date\* 2023 November

Upload data

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

## Import Staff-entered Post data

In this section, staff enter the attendance/participation dosage information for child or youth participants. If the participants are children (9 and younger), you will also enter their demographics and engagement information.

The Survey Builder allows you to import result data via a CSV file that can be edited in Excel, OpenOffice, and other spreadsheet processing applications.

To get started, click "Download Post data template files" below. A ZIP file containing two files will download: a codebook (containing the items, column headers and accepted values) and a pre data template file to enter the data into.

Download Post data template files

#### Entering Valid Data

The import feature is structured to recognize missing values as well as values that lie outside of value scale ranges. An error message will appear if the import feature recognizes invalid data.

- . Missing Values: Please fill in "99" for unanswered items.
- Checkbox Demographic items (i.e., military branch, race): Enter '1' for any checkbox(es) selected and '0' for any checkbox(es) not selected.
- . The codebook provides the correct values to enter for participant responses. The codebook provides the range of potential values.

When you have finished filling in the data, you can upload your file below to import the data.

#### Important Note:

Upload data

Your spreadsheet processing application may display a warning when you save your CSV file and ask if you would like to save it in a different format (e.g. xls). This is normal behavior, however please do not save your file in a different format. You will be unable to import your data if you do so.

### Import Post data for testing

Upload CSV File* Bro	wse No file selected.
Data Collection Date*	2023 November

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

## Staff Survey (Online) – Begin Page

## Staff Post-Survey Program Quality Survey

In this section, you will take the staff-only program quality survey.

Staff members who work directly with participants should complete the staff program quality survey at the end of each program cycle (i.e., if your program runs for six weeks, the program staff would complete a program quality survey at the end of the six week program). No identifying information is collected about the staff who complete the survey. Youth scores of program quality may differ from staff scores in some areas, and recording multiple perspectives offers a comprehensive understanding of program quality.



© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

## Staff Survey (Online) – Survey Entry Page

## **SURVEY - TESTING**

Child Program Quality Instrument

Directions The following statements describe how your program may work.

#	Item	Never	Rarely	Sometimes	A lot	Always
1	Young people feel safe when they are at the program.	0	0	0	0	0
2	Young people spread rumors about others.	0	0	0	0	0
3	Young people keep others from being part of activities or groups.	0	0	0	0	0
4	Adults in this program are good listeners.	0	0	0	0	0
5	Adults are eager to help young people.	0	0	0	0	0
6	Young people are willing to help each other.	0	0	0	0	0
7	The program has rules about what sorts of behaviors are expected.	0	0	0	0	0
8	Adults treat young people fairly.	0	0	0	0	0
9	Young people are kind to one another.	0	0	0	0	0
10	Young people and adults work together to plan activities.	0	0	0	0	0
11	Young people choose the activities they want to do.	0	0	0	0	0
12	Young people are encouraged to be leaders.	0	0	0	0	0
13	Young people learn from activities that are challenging.	0	0	0	0	0
14	Young people learn about different cultures.	0	0	0	0	0

15	Young people learn new ways to communicate their ideas.	0	0	0	0	0
16	Young people follow the rules of the program.	0	0	0	0	0
17	Adults explain the rules to everyone.	0	0	0	0	0
18	Guidelines and rules are enforced daily.	0	0	0	0	0
19	Everyone's family gets invited to come to the program's activities.	0	0	0	0	0
20	Young people learn about community resources (e.g., libraries, parks, and health department).	0	0	0	0	0
21	Young people contribute to the community by helping others.	0	0	0	0	0
22	Young people feel accepted.	0	0	0	0	0
23	Young people feel like they can be themselves.	0	0	0	0	0
24	Adults get to know young people by interacting with them.	0	0	0	0	0
Sa	ve and Continue					
2023 - 0	CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)					
(anelan 3						

Staff Survey (Online) – Completion Page

# Complete

Thank you. You have completed the survey.

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

## Data Report

Data Reporting Tools for testing
Select if you would like to see pre or post data, or both.
Show Pre Data
☑ Show Post Data
☐ Match Unique IDs
Title Your Report
In the field below you will be able to enter a subtitle naming your report. This is particularly useful in cases where you have aggregated data between multiple surveys and the name of the original survey is not suitably descriptive for the data involved.
Please enter the report sub-title:
testing
The main title of the report will be: CYFAR Common Measure Report. The sub-title for your report will also be used to refer to the data contain within the report. For example, if you enter your sub-title as Nebraska State Science Program, the report cover page will read:
CYFAR Common Measure Report
Nebraska State Science Program
Within the report text might read, "This report includes data from forty-five results on the pre-survey and forty-five results on the post-survey from
Nebraska State Science Program." Another example is, "The pre-survey demographic data showed that of the forty-five Nebraska State Science Program participants"
If you do not assign a sub-title (data label) for your report, the default setting will be the name of the survey you used to create the report.

Download CSV

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

View your Results Online

Download PDF Report

## View your Results Online

## Get Report

Resilience - Child

	Pre-Su	rvey				Post-Survey					
	Not at all	A little	Somewhat	Quite a bit	A lot	Not at all	A little	Somewhat	Quite a bit	A lot	
Do you share with people around you?	0	0	0	0	0	0	0	0	0	0	
Is doing well in school important to you?	0	0	0	0	0	0	0	0	0	0	
Do you know how to behave/act in different situations (such as school, home, holy places)?	0	0	0	0	0	0	0	0	0	0	
Do you feel that your parent(s)/caregiver(s) know where you are and what you are doing all of the time?	0	0	0	0	0	0	0	0	0	0	
Do you feel that your parent(s)/caregiver(s) know a lot about you (for example, what makes you happy, what makes you scared)?	0	0	0	0	0	0	0	0	0	0	
Is there enough to eat in your home when you are hungry?	0	0	0	0	0	0	0	0	0	0	
Do other children like to play with you?	0	0	0	0	0	0	0	0	0	0	
Do you talk to your family/caregiver(s) about how you feel (for example, when you are hurt or feeling scared)?	0	0	0	0	0	0	0	0	0	0	
Do you have friends that care about you?	0	0	0	0	0	0	0	0	0	0	
Do you feel you fit in with other children?	0	0	0	0	0	0	0	0	0	0	
Do you think your family/caregiver(s) cares about you when times are hard (for example, if you are sidk or have done something wrong)?	0	0	0	0	0	0	0	0	0	0	
Do you think your friends care about you when times are hard (for example, if you are sick or have done something wrong)?	0	0	0	0	0	0	0	0	0	0	
Are you treated fairly?	0	0	0	0	0	0	0	0	0	0	

Do you have chances to show others that you are growing up and can do things by yourself?	0	0	0	0	0	0	0	0	0	0
Do you feel safe when you are with your family/caregiver(s)?	0	0	0	0	0	0	0	0	0	0
Do you have chances to learn things that will be useful when you are older (like cooking, working, and helping others)?	0	0	0	0	0	0	0	0	0	0
Do you like the way your family/caregiver(s) celebrates things (like holidays or learning about your culture)?	0	0	0	0	0	0	0	0	0	0

### Life Skills - Child

	Pre-Su	rvey				Post-S	urvey			
	Never	Rarely	Sometimes	Often	Always	Never	Rarely	Sometimes	Often	Always
When I have a decision to make: I look for information to help me understand the problem.	0	0	0	0	0	0	0	0	0	0
When I have a decision to make: I think before making a choice.	0	0	0	0	0	0	0	0	0	0
When I have a decision to make: I consider the risks of a choice before making a decision.	0	0	0	0	0	0	0	0	0	0
When I have a decision to make: I think about all the information I have about the different choices.	0	0	0	0	0	0	0	0	0	0
When I have a decision to make: I think of past choices when making new decisions.	0	0	0	0	0	0	0	0	0	0

	Pre-Su	Pre-Survey F						Post-Survey					
	Never	Rarely	Sometimes	Often	Always	Never	Rarely	Sometimes	Often	Always			
When I think: I can easily express my thoughts on a problem.	0	0	0	0	0	0	0	0	0	0			
When I think: I usually have more than one source of information before making a decision.	0	0	0	0	0	0	0	0	0	0			
When I think: I compare ideas when thinking about a topio.	0	0	0	0	0	0	0	0	0	0			
When I think: I keep my mind open to different ideas when planning to make a decision.	0	0	0	0	0	0	0	0	0	0			

When I think: I am able to tell the best way of handling a problem.	0	0	0	0	0	0	0	0	0	0	
	Pre-Su	rvey			Post-Survey						
	Never	Rarely	Sometimes	Often	Always	Never	Rarely	Sometimes	Often	Alway	
When I communicate with others: I try to keep eye contact.	0	0	0	0	0	0	0	0	0	0	
When I communicate with others: I recognize when two people are trying to say the same thing, but in different ways.	0	0	0	0	0	0	0	0	0	0	
When I communicate with others: I try to see the other person's point of view.	0	0	0	0	0	0	0	0	0	0	
When I communicate with others: I change the way I talk to someone based on my relationship with them (i.e. friend, parent, teacher, etc.)	0	0	0	0	0	0	0	0	0	0	
When I communicate with others: I organize thoughts in my head before speaking.	0	0	0	0	0	0	0	0	0	0	
When I communicate with others: I make sure I understand what another person is saying before I respond.	0	0	0	0	0	0	0	0	0	0	
	Pre-Su	rvey				Post-Survey					
	Never	Rarely	Sometimes	Often	Always	Never	Rarely	Sometimes	Often	Alway	
When setting a goal: I look at the steps needed to achieve the goal.	0	0	0	0	0	0	0	0	0	0	
When setting a goal: I think about how and when I want to achieve the goal.	0	0	0	0	0	0	0	0	0	0	
When setting a goal: After setting a goal, I break goals down into steps so I can check my progress.	0	0	0	0	0	0	0	0	0	0	
When setting a goal: Both positive and negative feedback helps me work towards my goal.	0	0	0	0	0	0	0	0	0	0	
	Pre-Su	rvey				Post-S	urvey				

When solving a problem: I first figure out exactly what the problem is.	0	0	0	0	0	0	0	0	0	0
When solving a problem: I try to determine what caused the problem.	0	0	0	0	0	0	0	0	0	0
When solving a problem: I do what I have done in the past to solve it.	0	0	0	0	0	0	0	0	0	0
When solving a problem: I compare each possible solution with the others to find the best one.	0	0	0	0	0	0	0	0	0	0
When solving a problem: After selecting a solution, I think about it for a while before putting it into action.	0	0	0	0	0	0	0	0	0	0
When solving a problem: Once I have solved a problem, I think about how my solution worked.	0	0	0	0	0	0	0	0	0	0

### Program Quality - Child

Note: Staff user data is excluded

	Pre-Su	Pre-Survey					Post-Survey			
	Never	Rarely	Sometimes	A lot	Always	Never	Rarely	Sometimes	A lot	Always
Young people feel safe when they are at the program.	0	0	0	0	0	0	0	0	0	0
Young people spread rumors about others.	0	0	0	0	0	0	0	0	0	0
Young people keep others from being part of activities or groups.	0	0	0	0	0	0	0	0	0	0
Adults in this program are good listeners.	0	0	0	0	0	0	0	0	0	0
Adults are eager to help young people.	0	0	0	0	0	0	0	0	0	0
Young people are willing to help each other.	0	0	0	0	0	0	0	0	0	0
The program has rules about what sorts of behaviors are expected.	0	0	0	0	0	0	0	0	0	0
Adults treat young people fairly.	0	0	0	0	0	0	0	0	0	0
Young people are kind to one another.	0	0	0	0	0	0	0	0	0	0
Young people and adults work together to plan activities.	0	0	0	0	0	0	0	0	0	0
Young people choose the activities they want to do.	0	0	0	0	0	0	0	0	0	0
Young people are encouraged to be leaders.	0	0	0	0	0	0	0	0	0	0

Young people learn from activities that are challenging.	0	0	0	0	0	0	0	0	0	0
Young people learn about different cultures.	0	0	0	0	0	0	0	0	0	0
Young people learn new ways to communicate their ideas.	0	0	0	0	0	0	0	0	0	0
Young people follow the rules of the program.	0	0	0	0	0	0	0	0	0	0
Adults explain the rules to everyone.	0	0	0	0	0	0	0	0	0	0
Guidelines and rules are enforced daily.	0	0	0	0	0	0	0	0	0	0
Everyone's family gets invited to come to the program's activities.	0	0	0	0	0	0	0	0	0	0
Young people learn about community resources (e.g., libraries, parks, and health department).	0	0	0	0	0	0	0	0	0	0
Young people contribute to the community by helping others.	0	0	0	0	0	0	0	0	0	0
Young people feel accepted.	0	0	0	0	0	0	0	0	0	0
Young people feel like they can be themselves.	0	0	0	0	0	0	0	0	0	0
Adults get to know young people by interacting with them.	0	0	0	0	0	0	0	0	0	0

### Demographics - Child

	Pre-Survey		Post-Survey	
	Male	Female	Male	Female
Participant is a:	0	0	0	0

How old is participant?	Pre-Survey	Post-Survey
Mean	N/A	N/A
Median	N/A	N/A
Range	N/A	N/A
Missing	2	2

What grade in school is participant?	Pre-Survey	Post-Survey
Mean	N/A	N/A

Median	N/A	N/A
Range	N/A	N/A
Missing	2	2

What ethnicity is participant? (Select one)	Pre-Survey	Post-Survey
Hispanic or Latino	0	0
Not Hispanic or Latino	0	0
Missing	2	2

What race is participant? (Select one or more)	Pre-Survey	Post-Survey
American Indian or Alaska Native	0	0
Asian	0	0
Black or African American	0	0
Native Hawaiian or Other Pacific Islander	0	0
White	0	0
Missing	2	2

If one (or both) of participant's parents is involved in the military, please specify the branch:	Pre-Survey	Post-Survey
My parent is not involved in the military.	0	0
Air Force	0	0
Army	0	0
Guard	0	0
Marine Corps	0	0
Navy	0	0
Reserve	0	0
Missing	2	2

Engagement - Child

	Pre-Surv	Pre-Survey				Post-Survey			
	Not at all	A little	Somewhat	Very much	Not at all	A little	Somewhat	Very much	
How much choice did the participant have about this activity?	0	0	0	0	0	0	0	0	
How important was this activity to the participant?	0	0	0	0	0	0	0	0	
Was it interesting to the participant?	0	0	0	0	0	0	0	0	
Was it challenging for the participant?	0	0	0	0	0	0	0	0	
Did the participant enjoy what they were doing?	0	0	0	0	0	0	0	0	
How hard was the participant concentrating?	0	0	0	0	0	0	0	0	
Was the participant using their skills?	0	0	0	0	0	0	0	0	
Did the participant indicate they wished they were doing something else?	0	0	0	0	0	0	0	0	

## Participation Dosage - Child

How many of the sessions did this young person attend?	Pre-Survey	Post-Survey
Mean	N/A	N/A
Median	N/A	N/A
Range	N/A	N/A
Missing	2	2

How many hours per session did this young person participate in this program?	Pre-Survey	Post-Survey
Less than 1 hour	0	0
1 hour	0	0
2-3 hours	0	0
4-5 hours	0	0
6 or more hours	0	0
Missing	2	2

How long has this young person participated in 4-H?	Pre-Survey	Post-Survey
Less than 1 year	0	0
1 year	0	0
2-3 years	0	0
4-5 years	0	0
6-7 years	0	0
8-9 years	0	0
10 or more years	0	0
I do not know	0	0
This is not a 4-H program	0	0
Missing	2	2

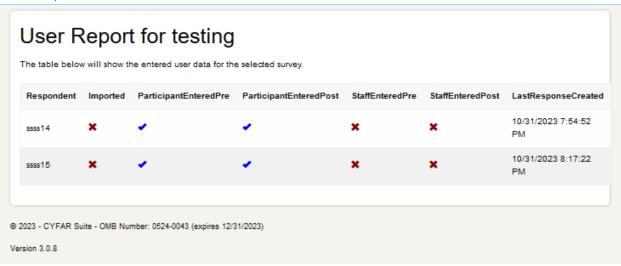
© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

# Download PDF Report

## Attached as a separate file (OMB Data Report.pdf)

# **User Report**



# Logic Model Builder

# **Opening Page**

# Logic Model Builder



The CYFAR Logic Model Builder does not follow the traditional language used for developing logic models. This is intentional. The CYFAR Logic Model Builder language aligns with USDA/NIFA requirements and is intended to help potential projects develop strategic actions and timelines for accomplishing the objectives of the grant.

To build a new logic model, click on the "Build a Logic Model" link below. Once you have built your logic model, it will be saved to your account.

Be sure to name your logic model for easy reference the next time you access your account.

Build a Logic Model

# Your Grant's Logic Model

Print this Logic Model as a PDF

Identified Needs and Assets	Desired Results	Indicators	Activities	Resources
Needs	Short-Term	Short-Term	Activity One	• 4444
• 4444	• Test	• 4444	• a	Resource Two
Need Two	<ul> <li>Long Term Result A</li> </ul>	• Test		<ul> <li>Resource Three</li> </ul>
• a	<ul> <li>Short Term Result B</li> </ul>	• test		• a
Assets	• f	Long-Term		
Asset One	Long-Term	Long Term Indicator A		
Asset Two	• f	• b		
Asset Three	• c			
• 4				

## Short-Term Desired Results

Indicators	Source of Data	Time of Collection	Method of Collection	Analysis
• 4444	Data Source 1	• none	• none	• 2222
	• 11111	• 1111	• 1111	• 1111
	• none	• none	• none	• none
• Test	Data Source 1	• none	• none	• none
• test				

# Long-Term Desired Results

Indicators	Source of Data	Time of Collection	Method of Collection	Analysis
Long Term Indicator A	Data Source I	• none	• none	• none
	Data Source II	• none	• none	• none
• b				

# Other Logic Models

Title	Created	Actions
Growing U	1/4/2018 12:56:17 PM	View   Print   Edit
Growing U	2/7/2018 12:07:54 PM	View   Print   Edit
CYFAR PDTA Group DELETE	7/2/2018 1:59:58 PM	View   Print   Edit

CYFAR PDTA Group DELETE	7/2/2018 2:00:19 PM	View   Print   Edit
CYFAR PDTA Grant 2	7/3/2018 8:34:55 AM	View   Print   Edit
junkjunk	1/14/2019 9:52:43 AM	View   Print   Edit
junk	3/12/2019 12:08:59 PM	View   Print   Edit
mark junk delete	1/22/2021 8:10:21 PM	View   Print   Edit
junkety junk	2/1/2021 2:10:05 PM	View   Print   Edit
test and junk53	3/23/2021 7:13:17 PM	View   Print   Edit
test	10/14/2021 6:56:58 PM	View   Print   Edit
test	10/21/2021 3:49:41 PM	View   Print   Edit
junmket junk	2/21/2022 9:04:22 PM	View   Print   Edit
Blah blah blah	5/2/2023 8:38:20 PM	View   Print   Edit

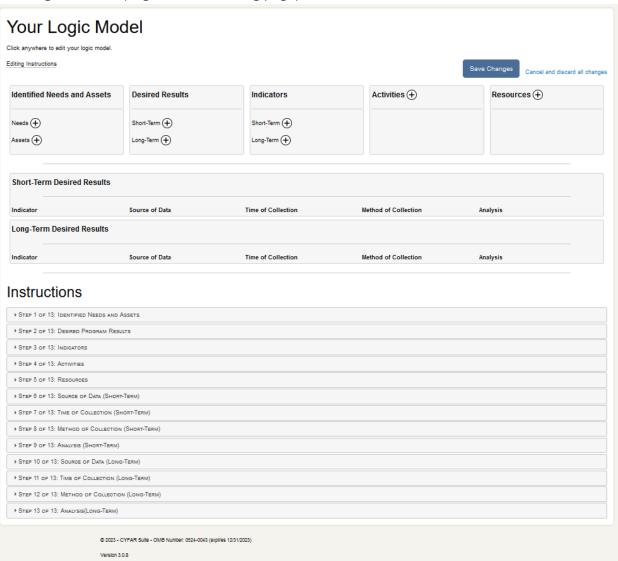
© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

# Build a Logic Model



# Your Logic Model – (Logic Model building page)



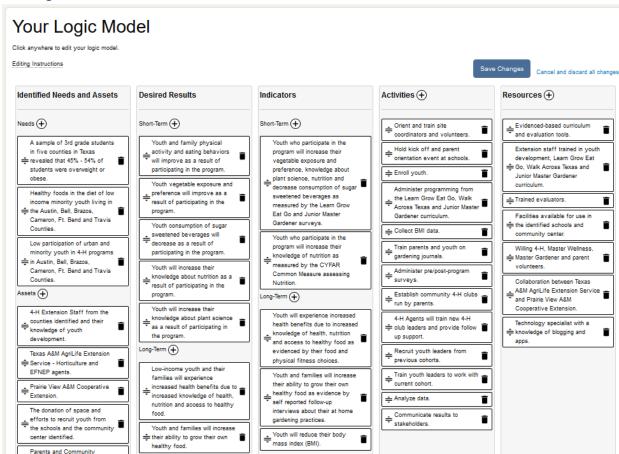
# View Logic Model

MB TEST	TING			
dentified Needs	s and Assets	Desired Results	Indicators Activities	Resources
leeds		Short-Term	Short-Term	
Assets		Long-Term	Long-Term	
nort-Term De	sired Results			
ndicators	Source of Data	Time of Collection	Method of Collection	Analysis
ng-Term Des	sired Results			
ndicators	Source of Data	Time of Collection	Method of Collection	Analysis

# Print Logic Model

Attached as a separate file (OMB Logic Model Print.pdf)

### Edit Logic Model



Volunteers (4-H Master Wellness, Master Gardner
Volunteers) who will help with î The number of at home gardens the program and become club participants. Learn Grow Eat Go Curriculum (Research has shown this South will have a reduction in obesity. curriculum results in a reduct in obesity.) Walk Across Texas and Junior Master Gardener curriculum. **Short-Term Desired Results** Source of Data Time of Collection Method of Collection Analysis Youth who participate in the program will A survey aligned with the curriculum, will Statistical analysis of quantitative data Youth who participate in the program will Youth who participate in the program will increase their vegetable exposure and be asked to complete a pre/postprogram be asked to complete a presurvey during be administered to youth by site collected in the pre/postsurveys will be preference, knowledge about plant science survey from the curriculum the first program session. Youth will be coordinators at the beginning of the conducted to assess changes in youth nutrition and decrease consumption of asked to complete a post-survey during skills and behaviors. program and again at the end of the sugar sweetened beverages as measured by the Learn Grow Eat Go and Junior the final program session. Master Gardener surveys. Youth who participate in the program will Youth who participate will be asked to Youth who participate in the program will A survey, including the CYFAR Commo Statistical analysis of quantitative data increase their knowledge of nutrition as be asked to complete a presurvey during Measure assessing Nutrition, will be collected in the pre/postsurveys will be complete a pre/post program survey measured by the CYFAR Common from the CYFAR Common Measure the first program session. Youth will be administered to youth by site conducted to assess changes in youth Measure assessing Nutrition. (+) assessing Nutrition asked to complete a post-survey during coordinators at the beginning of the knowledge. the final program session. program and again at the end of the program. **Long-Term Desired Results** Source of Data Time of Collection Method of Collection Indicator Analysis Youth will experience increased health The Learn Grow Eat Grow and Junior Youth will be given surveys at the Pre/Post Surveys will be given to youth. Statistical software will be used to benefits due to increased knowledge of Retrospective surveys will be given to Master Gardener surveys will include beginning and end of the program year analyze quantitative data gathered from health, nutrition and access to healthy food indicators for food and physical fitness Parents will receive a retrospective-post surveys to determine changes as evidenced by their food and physical choices. survey at the end of the program year. fitness choices. (+) Youth and families will increase their ability Families will keep a journal of their Families will be called one month after Site coordinators will call to interview Content analysis will be conducted on to grow their own healthy food as evidence gardening activities for a minimum of their child completes the program and fo parents. interview data to understand family by self reported follow-up interviews about one year after their child exits the horts 1 - 4, one year later. behavior change. their at home gardening practices. (+) program.

Youth BMI will be measured at the

beginning of the school year they

school year, and again the following

participate in the program, at the end of

Site coordinators will use a stadoiometer

and weight scale to record youth height

and weight at designated collection

dates.

Statistical software will be used to

the youth measurements

analyze quantitative data gathered from

Youth will reduce their body mass index

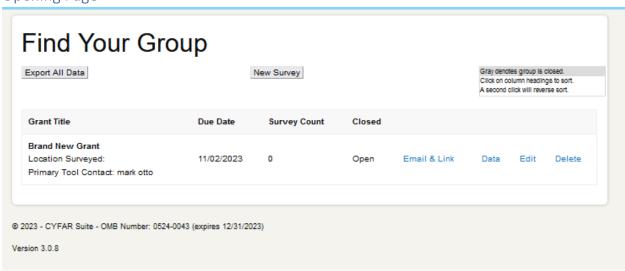
(BMI). (+)

Youth weight and height measurements.



# Find Your Group

# Opening Page



### **Find Your Group Info**

Name	mark otto
Coach	TestCoach2@aol.com
DueDate	11/2/2023 12:00:00 AM
ContactName	mark otto
ContactEmail	ottox010@umn.edu
Location	
Notes	

### **Message to Primary Tool Contact**

#### Instructions:

Thank you for setting up Find Your Group for your project team.

You have two options for administering Find Your Group:

- 1. 1) live interaction followed by one person entering team members' scores online or
- 2. 2) providing each team member with a link to complete the tool online individually.

Use the link below to review the administration options in greater detail and to read the Find Your Group instructions.

https://suite.cyfar.org/pdf/findyourgroupinstructions.pdf

If you choose live administration with printed cards, use the link below following the Find Your Group live activity to enter each participants' scores and receive an aggregate report.

suite.cyfar.org/FindYourGroup/Response/Create?key=r4dw4

suite.cyfar.org/FindYourGroup/Response/Create?key=r4dw4

If you choose to have each participant complete the tool online individually. Send the message and link below by email to your team members. After all responses are submitted, you will be able to access an aggregate report.

#### Message:

Hello Project Team Members,

The CYFAR PDTA Center has provided us an opportunity to assess our levels of collaboration and community linkage for purpose, structure and process. We will each rate the three function areas online and then, an aggregate report will be generated for us to use for a facilitated discussion and strategic planning with our CYFAR PDTA Center Coach. To submit your responses, use the link below. suite.cyfar.org/FindYourGroup/Response/Create?key=r4dw4

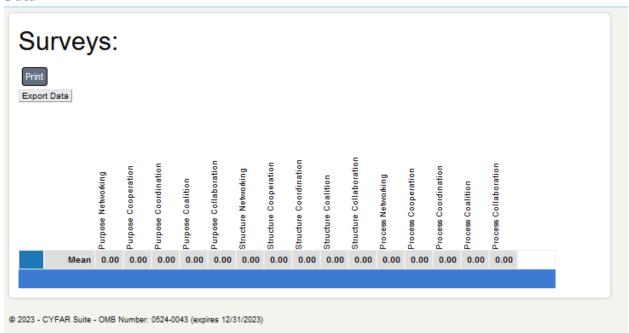
Thank you for your time. We look forward to your submission as a valuable part of a team discussion about collaboration. Please submit your responses by 11/02/2023.

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

## Data

Version 3.0.8



# Edit

ld	
Coach	jackson mizusaki v
DueDate	11/02/2023 mm/dd/yyyy
ContactName	mark otto
ContactEmail	ottox010@umn.edu
Location	
Notes	
Closed	Close the Survey after your final review and all edits are complete by checking the box below.  Note that once the box is checked and the Survey is closed, this Survey will be locked and only CYFAR Administrators can make changes.
ndicates required fie Jpdate Survey ack to List	eld

# Delete

# Delete

# Are you sure you want to delete this group?

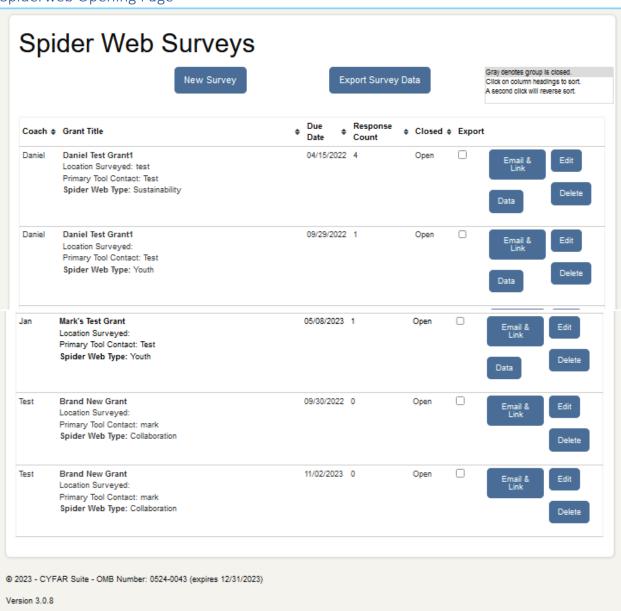
Name	mark otto
Coach	TestCoach2@aol.com
DueDate	11/2/2023 12:00:00 AM
ContactName	mark otto
ContactEmail	ottox010@umn.edu
Location	
Notes	
Delete	
Return to index without deleting	

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

# Spiderweb

# Spiderweb Opening Page



### Spiderweb Email & Link

### **Group Info**

Grant Title: Daniel Test Grant1

Due Date: 04/15/2022

Primary Tool Contact: Test

Primary Tool Contact Email: TestCoach1@aol.com

 Location Surveyed:
 test

 Closed:
 False

 Date Closed:
 10/27/2023

 Notes:
 some notes

# **Message to Primary Tool Contact**

Instructions: The survey was successfully created. Please copy the message text below and send it via email to the Primary Tool Contact, Test, at: TestCoach1@aol.com This email will instruct him/her to send a message to the groups team members, so they can begin completing the Spider Web Analysis Tool.

Copy text below for email:

#### Hello Test

Please send the message below to all the project team members you wish to complete the Spider Web Analysis Tool for Sustainability...

#### Dear Team Member,

The CYFAR PDTA Center has invited us to participate in completing the Spider Web Analysis Tool for Sustainability. The tool will aid our team in identifying ways to strengthen our ability to sustain after CYFAR SCP grant funding.

The tool will ask you to rate our CYFAR project on eight key domains that can influence a program's capacity for sustainability. Each domain is measured by 5 statements.

Our hope is to gain valuable insights from full team participation. However, know your participation is voluntary. Your identity and form responses will be kept confidential by your CYFAR PDTA Center Coach and the site administrators. After completing the tool, you will be given an opportunity to send a message to your CYFAR PDTA Center Coach should you wish to provide comments or feedback.

You can access the tool by clicking this URL:

suite.cyfar.org/SpiderWeb/Responses/Create?key=vbk4s

Thank you in advance for your time. Please submit your responses by 04/15/2022.

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

# Spiderweb Edit

dit Group	
Grant:	Daniel Test Grant1
Grant Title	Daniel Test Grant1
Due Date	04/15/2022
Primary Tool Contact	Test
Primary Tool Contact Email	TestCoach1@aol.com
Location	test
Notes	some notes
Close	oal review and all edits are complete by checking the box below.  Oked and the group is closed, this group will be locked and only CYFAR Administrators can make
odate Group ok to List	

# Spiderweb Delete

# Delete

# Are you sure you want to delete this survey?

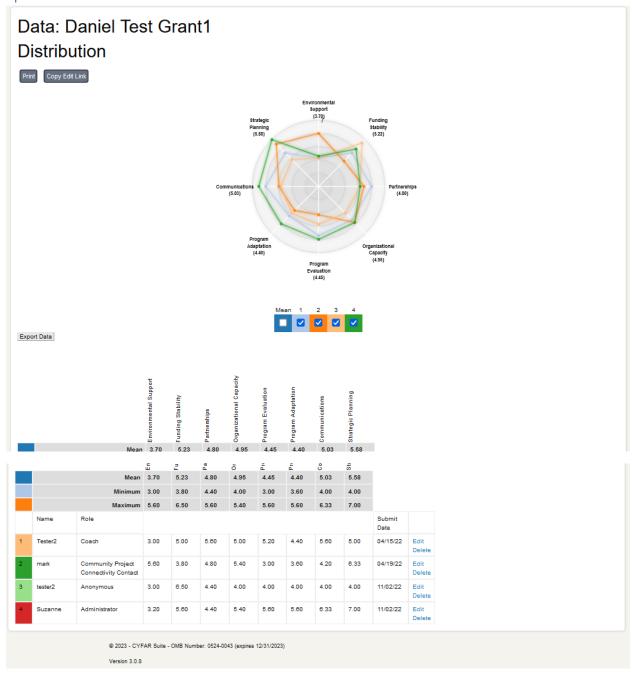
Delete Return to index without deleting

Coachid	
Due Date	4/15/2022 12:00:00 AM
Primary Tool Contact	Test
Primary Tool Contact Email	TestCoach1@aol.com
Location	test
Notes	some notes

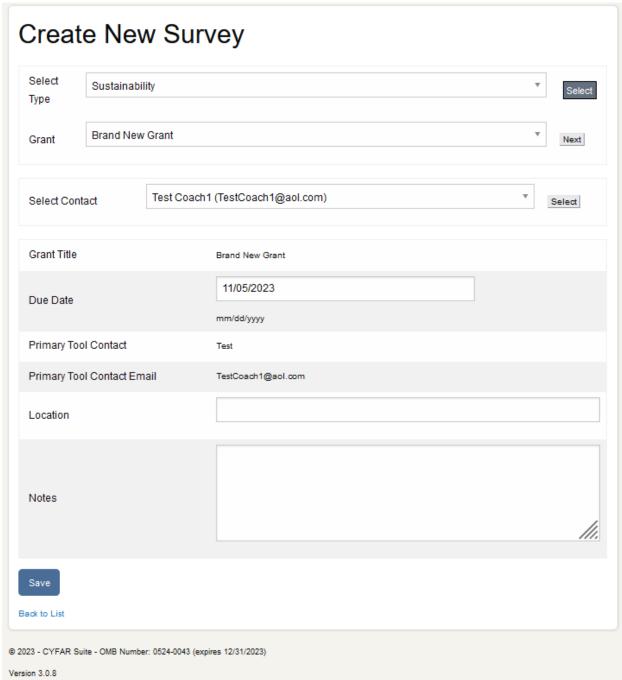
© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

# Spiderweb Data



# Spiderweb New Survey



Spiderweb for Sustainability

**Initiation Page** 

### CYFAR Suite Logic Model Survey Builder FindYourGroup Spider Web Annual Report Coach Admin My Account CYFAR.org **Group Info** Grant Title: Daniel Test Grant1 Due Date: 04/15/2022 Primary Tool Contact: Test Primary Tool Contact Email: TestCoach1@aol.com Location Surveyed: test Date Closed: 10/27/2023 some notes Message to Primary Tool Contact Instructions: The survey was successfully created. Please copy the message text below and send it via email to the Primary Tool Contact, Test, at: TestCoach1@aol.com This email will instruct him/her to send a message to the groups team members, so they can begin completing the Spider Web Analysis Tool. Copy text below for email: Please send the message below to all the project team members you wish to complete the Spider Web Analysis Tool for Sustainability... Dear Team Member, The CYFAR PDTA Center has invited us to participate in completing the Spider Web Analysis Tool for Sustainability. The tool will aid our team in identifying ways to strengthen our ability to sustain after CYFAR SCP grant funding. The tool will ask you to rate our CYFAR project on eight key domains that can influence a program's capacity for sustainability. Each domain is measured by 5 statements. Our hope is to gain valuable insights from full team participation. However, know your participation is voluntary. Your identity and form responses will be kept confidential by your CYFAR PDTA Center Coach and the site administrators. After completing the tool, you will be given an opportunity to send a message to your CYFAR PDTA Center Coach should you wish to provide comments or feedback You can access the tool by clicking this URL: Thank you in advance for your time. Please submit your responses by 04/15/2022. © 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

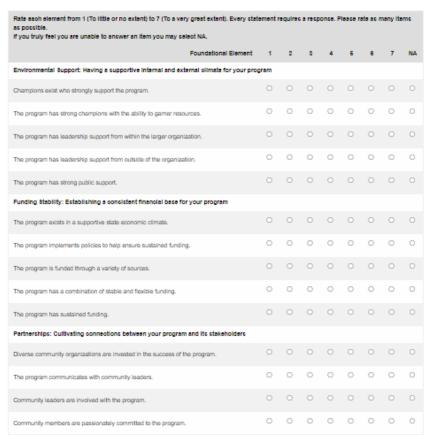
Spiderweb for Sustainability Survey

Version 3.0.8

# Rate Your CYFAR Project Implementation Team on Each Foundational Element of Sustainability



#### \*All fields required



The community is engaged in the development of program goals.	0	0	0	0	0	0	0	0	
Organizational Capacity: Having the internal support and resources needed to effectively manage your program and its activities									
The program is well integrated into the operations of the organization.	0	0	0	0	0	0	0	0	
Organizational systems are in place to support the various program needs.	0	0	0	0	0	0	0	0	
Leadership effectively articulates the vision of the program to external partners.	0	0	0	0	0	0	0	0	
Leadership efficiently manages staff and other resources.	0	0	0	0	0	0	0	0	
The program has adequate staff to complete the program's goals.	0	0	0	0	0	0	0	0	
Program Evaluation: Assessing your program to inform planning and document results									
The program has the capacity for quality program evaluation.	0	0	0	0	0	0	0	0	
The program reports short term and intermediate outcomes.	0	0	0	0	0	0	0	0	
Evaluation results inform program planning and implementation.	0	0	0	0	0	0	0	0	
Program evaluation results are used to demonstrate successes to funders and other key stakeholders.	0	0	0	0	0	0	0	0	
The program provides strong evidence to the public that the program works.	0	0	0	0	0	0	0	0	
Program Adaptation: Taking actions that adapt your program to ensure its ongoing effectiveness									
The program periodically reviews the evidence base.	0	0	0	0	0	0	0	0	
The program adapts strategies as needed.	0	0	0	0	0	0	0	0	
The program adapts to new science.	0	0	0	0	0	0	0	0	
The program proactively adapts to changes in the environment.	0	0	0	0	0	0	0	0	
The program makes decisions about which components are ineffective and should not continue.	0	0	0	0	0	0	0	0	
Communications: Strategic communication with stakeholders and the public about your program									
The program has communication strategies to secure and maintain public support.	0	0	0	0	0	0	0	0	
Program staff communicate the need for the program to the public.	0	0	0	0	0	0	0	0	
The program is marketed in a way that generates interest.	0	0	0	0	0	0	0	0	
The program increases community awareness of the issue.	0	0	0	0	0	0	0	0	
The program demonstrates its value to the public.	0	0	0	0	0	0	0	0	
Strategic Planning: Using processes that guide your program's direction, goals, and strategies									
The program plans for future resource needs.	0	0	0	0	0	0	0	0	
The program has a long-term financial plan.	0	0	0	0	0	0	0	0	
The program has a sustainability plan.	0	0	0	0	0	0	0	0	
The program's goals are understood by all stakeholders.	0	0	0	0	0	0	0	0	
The program clearly outlines roles and responsibilities for all stakeholders.	0	0	0	0	0	0	0	0	

Create

# Spiderweb for Youth Programs

### **Initiation Page**

# **CYFAR Suite**

Survey Builder Logic Model FindYourGroup Spider Web Annual Report Coach Admin My Account

CYFAR.org

# **Group Info**

Grant Title: Daniel Test Grant1

Due Date: 09/29/2022

Primary Tool Contact: Test

Primary Tool Contact Email: TestCoach1@aol.com

Location Surveyed:

Closed: False

Date Closed:

Notes:

# Message to Primary Tool Contact

Instructions: The survey was successfully created. Please copy the message text below and send it via email to the Primary Tool Contact, Test, at: TestCoach1@aol.com This email will instruct him/her to send a message to the groups team members, so they can begin completing the Spider Web Analysis Tool.

Copy text below for email:

Hello Test,

Please send the message below to all the project team members you wish to complete the Spider Web Analysis Tool for a Youth Program.

Dear Team Member,

The tool will ask you to rate our CYFAR programming on ten foundational elements for a quality youth program. Definitions of the foundational elements can be viewed by clicking this URL:

https://suite.cyfar.org/pdf/spiderweb\_youth\_definitions.pdf

Our hope is to gain valuable insights from full team participation. However, know your participation is voluntary. Your identity and form responses will be kept confidential by your CYFAR PDTA Center Coach and the site administrators. After completing the tool, you will be given an opportunity to send a message to your CYFAR PDTA Center Coach should you wish to provide comments or feedback.

You can access the tool by clicking this URL:

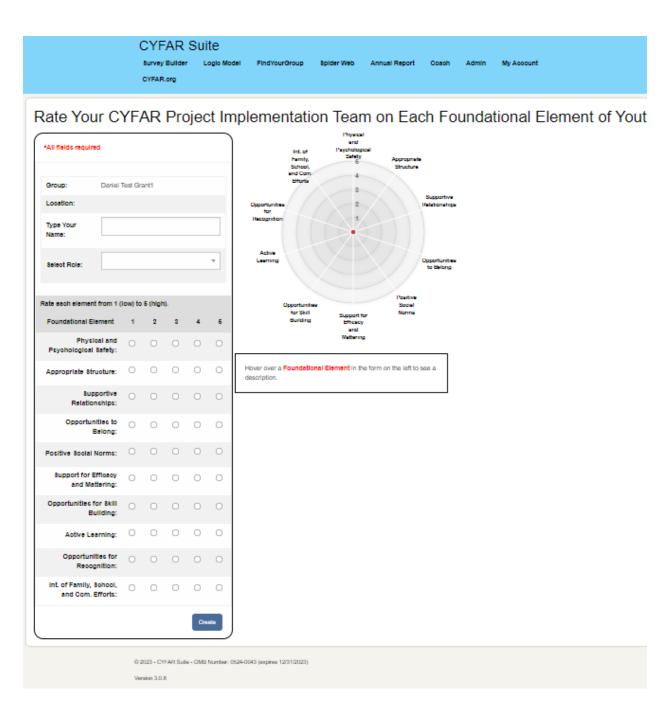
suite.cyfar.org/SpiderWeb/Responses/Create?key=2hcf7

Thank you in advance for your time. Please submit your responses by 09/29/2022.

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

Spiderweb Survey for Youth Programs



Spiderweb for Collaboration

**Initiation Page** 

### CYFAR Suite

Survey Builder

Logic Model FindYourGroup

Spider Web

Annual Report Coach Admin

My Account

CYFAR.org

### **Group Info**

Grant Title: University of Arizona: Reducing Family Stress Sustainable Community Project

Due Date: 08/16/2022 Primary Tool Contact: Daniel

Primary Tool Contact Email: mcdonald@cals.arizona.edu

Location Surveyed:

Closed: False

Date Closed: Notes:

### **Message to Primary Tool Contact**

Instructions: The survey was successfully created. Please copy the message text below and send it via email to the Primary Tool Contact, Daniel, at: mcdonald@cals.arizona.edu This email will instruct him/her to send a message to the groups team members, so they can begin completing the Spider Web Analysis Tool. Copy text below for email:

Please send the message below to all the project team members you wish to complete the Spider Web Analysis Tool for Understanding the Collaborative Process.

Dear Team Member,

The CYFAR PDTA Center has invited us to participate in completing the Spider Web Analysis Tool for Understanding the Collaborative Process. The tool will aid our team in identifying ways to strengthen our ability to collaborate and sustain our project after CYFAR SCP grant funding.

The tool will ask you to rate how our CYFAR project collaboration is functioning on twelve foundational elements of the collaborative process. Definitions of the foundational elements can be viewed by clicking this URL:

https://suite.cyfar.org/pdf/spiderweb\_collaboration\_definitions.pdf

Our hope is to gain valuable insights from full team participation. However, know your participation is voluntary. Your identity and form responses will be kept confidential by your CYFAR PDTA Center Coach and the site administrators. Aafter completing the tool, you will be given an opportunity to send a message to your CYFAR PDTA Center Coach should you wish to provide comments or feedback.

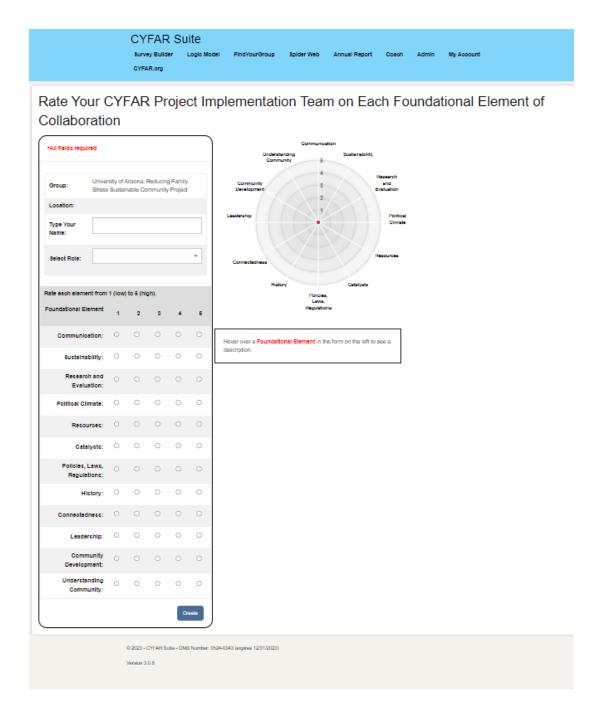
You can access the tool by clicking this URL:

suite.cyfar.org/SpiderWeb/Responses/Create?key=qek5i

Thank you in advance for your time. Please submit your responses by 08/16/2022.

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Spiderweb Survey for Collaboration



Spiderweb for Teams
Initiation Page

## CYFAR Suite

Survey Builder Logic Model FindYourGroup Spider Web Annual Report Coach Admin My Account

CYFAR.org

### **Group Info**

Grant Title: University of Arizona: Reducing Family Stress Sustainable Community Project

Due Date: 08/31/2022
Primary Tool Contact: Daniel

Primary Tool Contact Email: mcdonald@cals.arizona.edu

Location Surveyed: Arizona
Closed: False

Date Closed:

Notes: PI

# Message to Primary Tool Contact

Instructions: The survey was successfully created. Please copy the message text below and send it via email to the Primary Tool Contact, Daniel, at: mcdonald@cals.arizona.edu This email will instruct him/her to send a message to the groups team members, so they can begin completing the Spider Web Analysis Tool.

Copy text below for email:

Hello Daniel

Please send the message below to all the project team members you wish to complete the Spider Web Analysis Tool for Teams.

Dear Team Member,

The CYFAR PDTA Center has invited us to participate in completing the Spider Web Analysis Tool for Teams.

The tool will aid our team in identifying ways to become a more effective team and improve programming and outcomes

The tool will ask you to rate our CYFAR project team on sixteen foundational elements of effective Teams. Definitions of the foundational elements can be viewed by clicking this URL:

https://suite.cyfar.org/pdf/spiderweb\_teams\_definitions.pdf

Our hope is to gain valuable insights from full team participation. However, know your participation is voluntary. Your identity and form responses will be kept confidential by your CYFAR PDTA Center Coach and the site administrators. After completing the tool, you will be given an opportunity to send a message to your CYFAR PDTA Center Coach should you wish to provide comments or feedback.

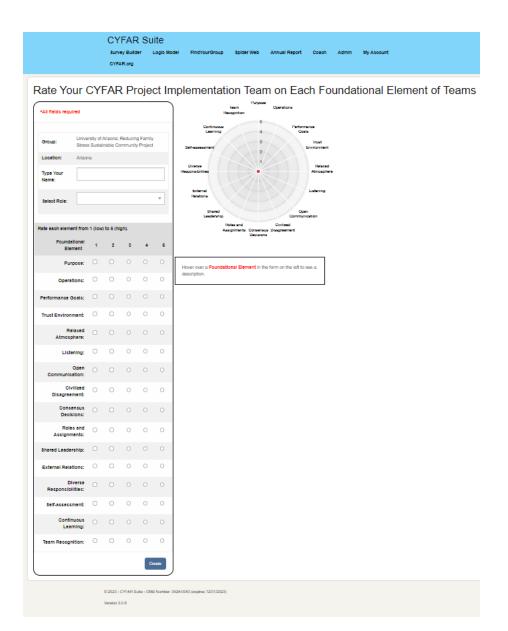
You can access the tool by clicking this URL:

suite.cyfar.org/SpiderWeb/Responses/Create?key=3awnm

Thank you in advance for your time. Please submit your responses by 08/31/2022.

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Spiderweb Survey for Teams



# Spiderweb for Prevention

**Initiation Page** 

## CYFAR Suite

Survey Builder Logic Model FindYourGroup Spider Web Annual Report Coach Admin My Account

CYFAR.org

### **Group Info**

Grant Title: University of Arizona: Reducing Family Stress Sustainable Community Project

Due Date: 08/31/2022
Primary Tool Contact: Daniel

Primary Tool Contact Email: mcdonald@cals.arizona.edu

Location Surveyed: Arizona

Closed: False

Date Closed: Notes:

# Message to Primary Tool Contact

Instructions: The survey was successfully created. Please copy the message text below and send it via email to the Primary Tool Contact, Daniel, at: mcdonald@cals.arizona.edu This email will instruct him/her to send a message to the groups team members, so they can begin completing the Spider Web Analysis Tool.

Copy text below for email:

Hello Daniel

Please send the message below to all the project team members you wish to complete the Spider Web Analysis Tool for Prevention Programs.

Dear Team Member,

The CYFAR PDTA Center has invited us to participate in completing the Spider Web Analysis Tool for Prevention Programs. The tool will aid our team in identifying ways to strengthen our programming, so we can enable youth to acquire essential skills and foster positive relationships with adults and peers.

The tool will ask you to rate our CYFAR programming on nine foundational elements of Prevention Programs. Definitions of the foundational elements can be viewed by clicking this URL:

https://suite.cyfar.org/pdf/spiderweb\_prevention\_definitions.pdf

Our hope is to gain valuable insights from full team participation. However, know your participation is voluntary. Your identity and form responses will be kept confidential by your CYFAR PDTA Center Coach and the site administrators. After completing the tool, you will be given an opportunity to send a message to your CYFAR PDTA Center Coach should you wish to provide comments or feedback.

You can access the tool by clicking this URL:

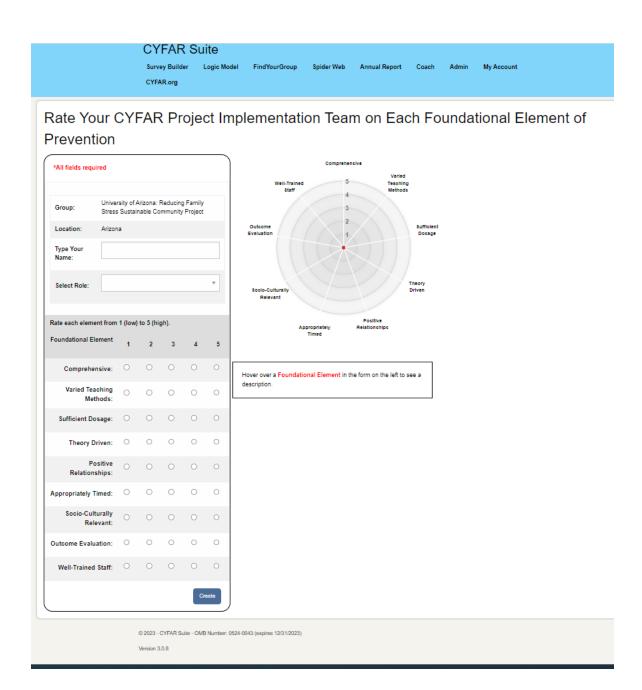
suite.cy far.org/SpiderWeb/Responses/Create?key=7sbkl

Thank you in advance for your time. Please submit your responses by 08/31/2022.

© 2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

Spiderweb Survey for Prevention

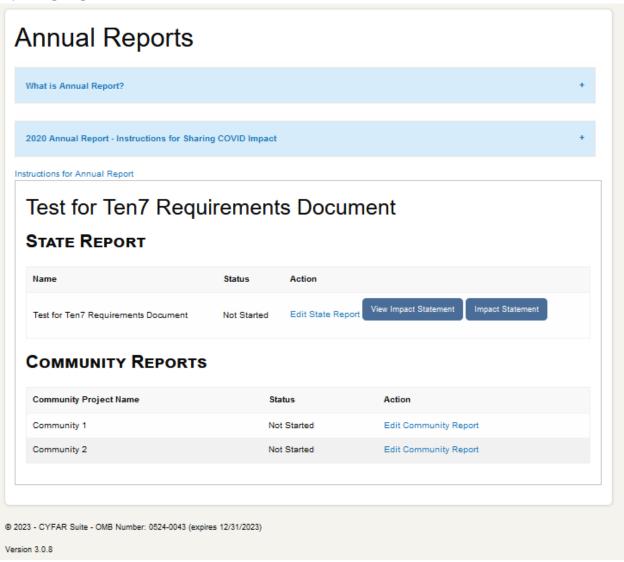


# Spiderweb printable

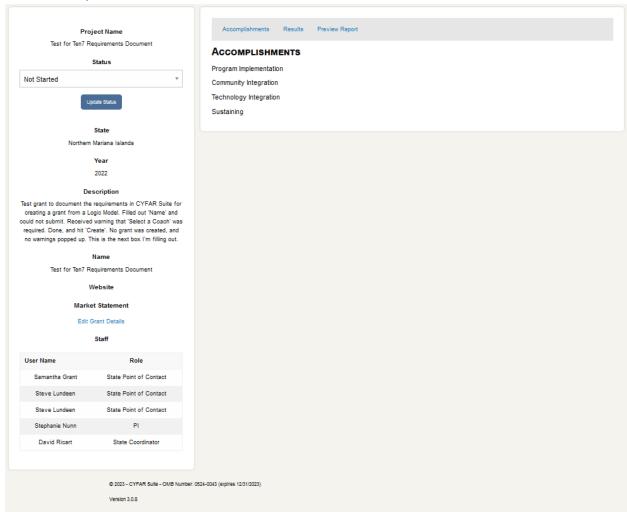
Attached as a separate file (OMB Spider Web Print.pdf)

# **Annual Report**

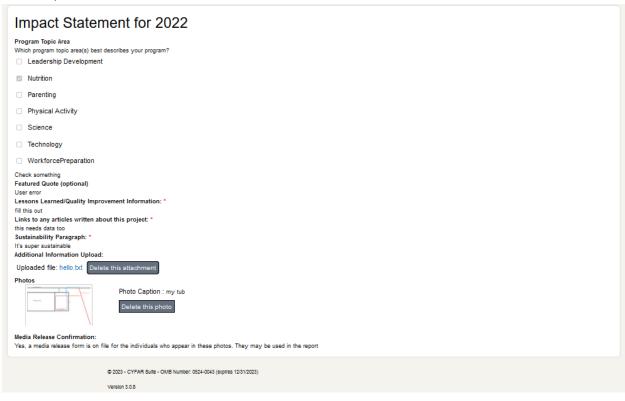
# Opening Page



### Edit State Report



### View Impact Statement



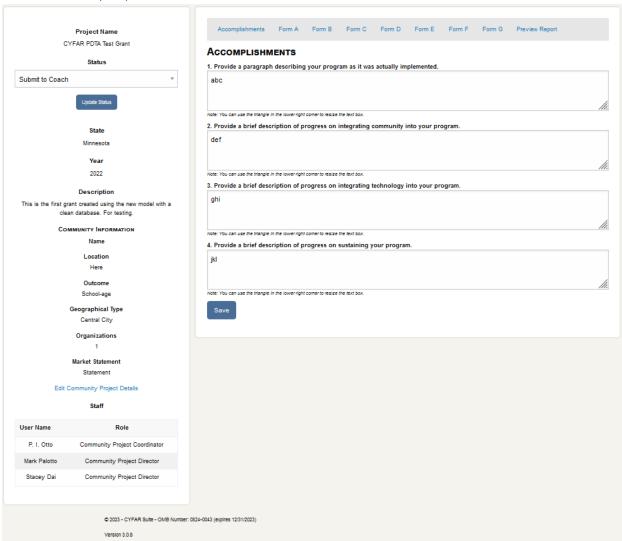
#### **Impact Statement**

Impact Statement for 2022
Program Topic Area Which program topic area(s) best describes your program?  Leadership Development
☑ Nutrition
□ Parenting
□ Physical Activity
□ Science
□ Technology
□ WorkforcePreparation
The following questions ask you to consider your programs' impact and outcomes for 2022 in a way that can include both qualitative and quantitative data. This information should be shared in a way that contributes to the CYFAR story for the year 2022.
2022 Program Report *  Please provide a description of your project. This should be done so that someone unfamiliar with your project could read the overview, and have a good idea about the work you completed this year. You may also explain the impact of your program, and the program outcomes you have accomplished. This should be in sentence/paragraph form and is limited to 2000 characters.
Check something
Note: You can use the triangle in the lower right corner to resize the text box.
Featured Quote (optional)
Please include a quote that could be featured about your project. Please also attribute your quote (participant, parent, staff, volunteer, etc)
User error
fit.
Note: You can use the triangle in the lower right corner to resize the fest dox.
Lessons Learned/Quality Improvement Information: * In paragraph form, please share some of the lessons learned from implementing your CYFAR program. You may also share quality improvement information here. Please note that you are limited to a maximum of 1000 characters.
fill this out
Note: You can use the triangle in the lower right corner to resize the text box.

Links to any articles written about You may include academic journal arti and accessible to the general public.	your project: * cles, as well as non academic press coverage. Please cite your academic articles APA style (7th edition), and please verify any links to non academic articles or press coverage are active
this needs data too	
Note: You can use the triangle in the lower right	
Sustainability Paragraph: • Please briefly (1000 characters max)	describe how your project will be sustained beyond the 5 years of CYFAR funding.
It's super sustainable	
Note: You can use the triangle in the lower right	
Additional Information Upload:	
	nal information (graphs, stories, etc.), please upload a word document with this information.
Uploaded file: hello.txt Delete t	his attachment
As part of the annual report, you have please email cyfarpdta@umn.edu.	the ability to provide up to three photos from your CYFAR program. For each photo, please also include a caption. Please do not upload photo collages. If you have more photos to share,
Photos Upload Add	
	Photo Caption (limited to 200 characters)
	my tub
	Delete this photo
	a release form on file for ALL the individuals who appear in EACH of the photos. e for the individuals who appear in these photos. They may be used in the report.
No, a media release form is not on	file. Therefore, these photos cannot be used in the report.
Save Statement	
0:	2023 - CYFAR Suite - OMB Number: 0524-0043 (expires 12/31/2023)

Version 3.0.8

#### **Edit Community Report**



## Coach



## Coach PI Survey

See Final page for OMB number of Coach PI Survey. This survey is not a part of the CYFAR Suite, but rather is administered via an online Qualtrics survey. No paper or downloadable version is available.

# **Coach-PI Survey**

Start of Block: Coaching Mastery 1: Establishing and maintaining a relationship of trust

This survey is designed to learn more about your working relationship with your coach. If you are a 2023 grantee, you do not need to complete this survey.

Please consider the work you and your team have done with your coach over the last 12 months as you rate your agreement with each item (29 items total). There are two open-ended questions where you are encouraged to share additional context.

Your responses are confidential and will not be shared with your coach. The data from all sites will be aggregated, deidentified, and used to identify areas of strength and to drive future coaching training.

If you have comments outside the scope of this survey, please contact the CYFAR PDTA Center at <a href="mailto:cyfarpdta@umn.edu">cyfarpdta@umn.edu</a>.

Public reporting for collection of information is estimated to average 322 hours, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information, unless it displays a current valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to NIFA, OGFM, 2312 East Bannister Road, Mail Stop 10,000, Kansas City, MO 64131, Attention Policy Section. Do not return the completed form to this address.

National Institute of Food and Agriculture US Department of Agriculture OMB No. 0524-0043 Form Approved For Use Through 12/31/2023

	oncerns with my coach.	
O Strongly Agree		
Agree		
Oisagree		
Strongly disagree		
O Does not apply		
<i>X</i> →		
X→ trust my coach's discretion	1.	
X→ trust my coach's discretion  Strongly Agree	1.	
	1.	
O Strongly Agree	n.	
Agree	n.	

I understand my responsibilities in working with my coach.
O Strongly Agree
○ Agree
Obisagree
O Strongly disagree
O Does not apply
$X$ $\rightarrow$
I understand my coach's responsibilities in working with me.
O Strongly Agree
○ Agree
Obisagree
O Strongly disagree
O Does not apply
End of Block: Coaching Mastery 1: Establishing and maintaining a relationship of trust

Start of Block: Coaching Mastery 2: Perceiving, affirming, and expanding the client's potential



My coach affirms my/my team's potential.
O Strongly Agree
○ Agree
Oisagree
Strongly disagree
O Does not apply
$X \rightarrow$
My coach recognizes my strengths.
O Strongly Agree
○ Agree
Obisagree
O Strongly disagree
O Does not apply
End of Block: Coaching Mastery 2: Perceiving, affirming, and expanding the client's potential

Start of Block: Coaching Mastery 3: Engaged listening



(	Strongly Agree
(	Agree
(	Disagree
(	Strongly disagree
(	Opes not apply
(, →	
χ→ 1y c	oach asks meaningful clarifying questions.
χ→ 1y c	oach asks meaningful clarifying questions.  Strongly Agree
X→ 11y c	
X→ 11y c	Strongly Agree
11y c	Strongly Agree  Agree

At this point in my funding cycle, the communication between me and my coach has improved.
O Strongly Agree
○ Agree
O Disagree
Strongly disagree
O Does not apply
End of Block: Coaching Mastery 3: Engaged listening
Start of Block: Coaching Mastery 4: Processing in the present  X→
I can talk to my coach about what is currently happening in our project.
Strongly Agree
Agree
O Disagree
Strongly disagree
O Does not apply
$\chi_{\rightarrow}$

O Strongly Agree		
Agree		
Oisagree		
O Strongly disagree		
O Does not apply		
(+)		
<	to our project.	
<→	to our project.	
y coach provides suppor	to our project.	
y coach provides suppor  Strongly Agree	to our project.	
y coach provides suppor  Strongly Agree  Agree	to our project.	

My coach acknowledges progress throughout the grant.
O Strongly Agree
O Agree
O Disagree
Strongly disagree
O Does not apply
End of Block: Coaching Mastery 4: Processing in the present
Start of Block: Coaching Mastery 5: Expressing  X
I feel comfortable sharing project aspirations with my coach.
O Strongly Agree
○ Agree
O Disagree
Strongly disagree
O Does not apply
X→

O Strongly Agree	
O Agree	
Oisagree	
O Strongly disagree	<u> </u>
O Does not apply	
]	om my coach.
n open to feedback fr	om my coach.
]	om my coach.
n open to feedback fr	om my coach.
open to feedback fr Strongly Agree Agree	

(	Strongly Agree
(	Agree
(	Disagree
	Strongly disagree
	Does not apply
End o	f Block: Coaching Mastery 5: Expressing
Start X→	of Block: Coaching Mastery 6: Clarifying
Start X→	of Block: Coaching Mastery 6: Clarifying each ensures they understand what I am saying.
Start X→	of Block: Coaching Mastery 6: Clarifying
Start X→	of Block: Coaching Mastery 6: Clarifying each ensures they understand what I am saying.
Start X→	of Block: Coaching Mastery 6: Clarifying  oach ensures they understand what I am saying.  Strongly Agree
Start X→	of Block: Coaching Mastery 6: Clarifying  oach ensures they understand what I am saying.  Strongly Agree  Agree

My coach ensures I understand what they are saying.
O Strongly Agree
○ Agree
Obisagree
O Strongly disagree
O Does not apply
$\chi_{\Rightarrow}$
My coach's support has decreased my uncertainty about the project.
O Strongly Agree
○ Agree
Oisagree
O Strongly disagree
O Does not apply
End of Plack, Coaching Mastery & Clarifying
End of Block: Coaching Mastery 6: Clarifying

Start of Block: Coaching Mastery 7: Helping the client set and keep clear expectations



$\cap$ .	
O Agree	
O Disagree	
O Strongly disagree	
O Does not apply	
y coach holps me devise a colution to address these shallenges	
coach helps me devise a solution to address these challenges.	
coach helps me devise a solution to address these challenges.  O Strongly Agree	
O Strongly Agree	
O Agree	

My coach helps me align project goals and programming.	
O Strongly Agree	
○ Agree	
Obisagree	
Strongly disagree	
O Does not apply	
End of Block: Coaching Mastery 7: Helping the client set and keep clear expectations	
Start of Block: Coaching Mastery 8: Inviting Possibility	
$X \rightarrow$	
My coach helps me explore ways to overcome project obstacles.	
○ Strongly Agree	
○ Agree	
Oisagree	
Strongly disagree	
O Does not apply	
O Does not apply	

My coach has helped me/my team do something outside our comfort zone.
O Strongly Agree
○ Agree
Obisagree
Strongly disagree
O Does not apply
X+
My coach has helped me explore new options.
O Strongly Agree
○ Agree
Obisagree
Strongly disagree
O Does not apply
End of Block: Coaching Mastery 8: Inviting Possibility

Start of Block: Coaching Mastery 9: Helping the client create and use systems and structures



	rages the use of organized internal processes for the project.
Strongly	Agree
Agree	
ODisagree	
Strongly	disagree
O Does no	t apply
X→	cts me to informational resources.
X→	cts me to informational resources.
<b>(</b> →	
y coach conne	
ly coach conne	Agree
Agree  Disagree	Agree

My coach helps me/my team integrate programming into existing systems if possible	e.
O Strongly Agree	
O Agree	
O Disagree	
Strongly disagree	
O Does not apply	
End of Placks Coaching Martans Or Holping the client create and use systems and	trusturos
End of Block: Coaching Mastery 9: Helping the client create and use systems and s	
Start of Block: OE	
What are your coach's strengths?	
How could your coach improve?	

-				 	
OMI	B Number: 052	4-0043 (expires	12/31/2023)		
End o	of Block: OF				