

## Questions for Listening Sessions

### Session with current clinical trainees (LEAH, LEND, DBP, Nutrition, PPC)

#### Bucket: Current program offerings

- What kind of professional development activities do you attend? These could be provided by your program or other organizations like AMCHP.
  - Examples: webinars, skill building sessions, didactics, career panels, networking opportunities
- What do you currently know about the MCHB and your program's relationship with the MCHB?
- How do you currently hear about the different activities your program provides?
- What barriers have you experienced to participating in activities that are already offered?

#### Bucket: Potential future program offerings

- What types of training and activities would you like to see offered, or would you like more of?
  - Examples to give as prompts: topics for webinars, support with resume building, job searching, and interview skills, more information about MCHB training programs and the benefit of being a trainee, MCHB volunteer opportunities.
- What are the best methods of communication for your program to promote these different activities offered to trainees (e.g social media posts, emails, newsletters, etc.)?
- What questions, concerns, or worries do you have about entering the workforce after you graduate from your training program?
- Would you be interested in participating in joint activities between different programs? What kind of activities do you feel you would get the most from?
  - Examples: casual virtual gatherings (bring coffee/tea/breakfast and chat w/ people in other programs freely), more formal virtual gatherings that are hosted by someone and involves breakout rooms, panelists from other programs to talk about their experiences

#### Bucket: Mentorship opportunities

- What type of support or mentorship is offered, if any, within your program?
  - How do you find mentors?
  - What do you value in a relationship with a mentor?
    - Thoughts on speed mentoring vs. long term
    - Would you prefer a formal match program vs. connecting on your own?

## Session with current public health trainees (LEAP, Catalyst, CoE)

### Bucket: Current program offerings

- What kind of professional development activities do you attend? These could be provided by your program or other organizations like AMCHP.
  - Examples: webinars, skill building sessions, career panels, resume/interview preparation, networking opportunities
- What do you currently know about the MCHB and your program's relationship with the MCHB?
- How do you currently hear about the different activities your program provides?
- What barriers have you experienced to participating in activities that are already offered?

### Bucket: Potential future program offerings

- What types of activities would you like to see offered, or would you like more of?
  - Examples to give as prompts: topics for webinars, support with resume building, job searching, and interview skills, more information about MCHB training programs and the benefit of being a trainee, MCHB volunteer opportunities.
- What are the best methods of communication for your program to promote activities offered to trainees (e.g social media posts, emails, newsletters, etc.)?
- What professional or technical skills do you wish you could learn more about or get more practice with?
  - Examples: leading/managing other people, statistical analysis, coding qualitative data, use of different programs/packages such as Microsoft Excel, statistical software, etc.
- What questions, concerns, or worries do you have about entering the workforce after you graduate from your training program?
- Would you be interested in participating in joint activities between different programs? What kind of activities do you feel you would get the most from?
  - Examples: casual virtual gatherings (bring coffee/tea/breakfast and chat w/ people in other programs freely), more formal virtual gatherings that are hosted by someone and involves breakout rooms, panelists from other programs to talk about their experiences

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## **Session with former trainees**

### Bucket: Current field/position/experiences

- Is the field/position you currently work in where you expected to end up after graduating from your program?
- What experiences or activities from your training program have been particularly impactful or beneficial in your career?

### Bucket: Looking back on your program

- Looking back on your training program and your career so far, what do you wish you would have known before graduating from your training program?
- What were some challenges you had to navigate early on in your career and did you feel supported by your training program in these challenges? In what ways? (Or what do you feel like was missing?)

### Bucket: Suggestions for improvement

- Do you feel like your MCH faculty were present both during your training program and beyond graduation? In what ways could they better support you?
- Do you feel like you had enough peer-to-peer support and engagement during/after your program? If you feel like you did not have enough, how do you think this could be improved?
- What resources would be helpful as a former trainee to stay in touch with your training program?
- Do you have any interest in opportunities to give back to your training programs? For example, being invited as a panelist to share your experience with current trainees, providing 1:1 mentorship to current trainees, etc.

Dates: Week of June 5th- 8th. Mon, Wed, Thur. @ 7PM EST

One leader for each listening session & maybe a co-facilitator / someone to assist in time-keeping, conversation starting etc.