**Demographic:**

1. Are you a current or former MCHB trainee/fellow?
   1. Current trainee/fellow
   2. Former trainee/fellow
2. What MCH program are you (current trainees) or did you (former trainees) participate in?
   1. MCH LEAP Program
   2. Catalyst Program
   3. Centers of Excellence in MCH Education, Science, and Practice Program
   4. Developmental- Behavioral Pediatrics
   5. Leadership Education in Adolescent Health
   6. Leadership Education in Neurodevelopmental and Related Disabilities
   7. MCH Nutrition
   8. Pediatric Pulmonary Centers
   9. MCH Pipeline
   10. Other: \_\_\_\_
3. Which best describes your ethnic background?
   1. Hispanic or Latino/a
   2. Non-Hispanic or Latino/a
4. Which one of the following best describes your racial background?
   1. White
   2. Black or African American
   3. American Indian or Alaska Native
   4. Asian
   5. Native Hawaiian or Other Pacific Islander
   6. Middle Eastern
   7. North African
   8. Some Other Race
   9. Two or More Races

**Professional Development Questions:**

1. What professional development activities have you participated in or plan to participate in? (Select all the apply)
2. Synchronous (live) webinars
3. Asynchronous online training
4. Leadership development
5. Student interest groups
6. Symposiums
7. Other: \_\_\_\_
8. I am not interested in professional development opportunities
9. What barriers have you faced participating in professional development activities or using available resources? (Rank in order of largest to smallest barrier)
10. Lack of knowledge about professional development opportunities
11. Time constraints
12. Scheduling constraints
13. Travel/Transportation constraints
14. Financial constraints
15. None
16. Other: \_\_\_\_\_\_\_\_
17. What types of professional development activities are you interested in participating in? (select all the apply)
18. Synchronous (live) webinars from MCH leaders and researchers in the field
19. Asynchronous online sessions geared towards specific skill sets (E.g., grant writing, data analysis..)
20. Leadership development (E.g., coaching vs managing, leadership styles, motivation for high performance, change management)
21. Student interest groups
22. Symposiums
23. Other: \_\_\_\_\_\_\_\_\_
24. What MCH professional development sessions are you interested in exploring through online sessions? (select all that apply)
25. Grant writing
26. Policy & advocacy
27. Finance and budgeting
28. Data analysis
29. Communication
30. Management
31. Evaluation
32. Conducting a Needs Assessment
33. MCH topics of interest (e.g. breastfeeding, reproductive health, etc..)
34. State/local hiring process
35. Federal government hiring process
36. Getting to know leaders in the field
37. Other: \_\_\_\_\_\_\_\_\_\_\_
38. Would you prefer to attend professional development sessions in-person, through live/interactive webinars, or online self-paced sessions? (Rank in order of preference)
39. In-person
40. Live/interactive webinars
41. Short self-paced sessions (5-10 minutes)
42. Long self-paced sessions (30-60 minutes)
43. What is the best way for MCHB to promote professional development events and available resources? (select one)
44. Email directly from MCHB
45. Email from affiliate program director or faculty
46. Post on MCHB social media
47. Post on affiliate program social media
48. Other: \_\_\_\_\_\_\_\_\_\_
49. Have you attended any MCH or MCH-related conferences and/or are you planning to attend any this upcoming year? (Select all that apply)
50. Making Lifelong Connections
51. International Lactation Consult Association Annual Conference
52. CityMatCH Conference Maternal and Child Health Leadership Conference
53. American Public Health Association (APHA) Annual Meeting & Expo
54. Pediatric Academic Societies (PAS)
55. Association of Maternal and Child Health Programs (AMCHP)
56. Society for Adolescent Health and Medicine (SAHM) Annual Meeting
57. Associated of University Centers of Disabilities (AUCD) Conference
58. Not interested in attending conferences.
59. Other: \_\_\_\_\_\_\_

8) Please share any other comments or suggestions you have about professional development opportunities: \_\_\_\_\_

**Career Questions:**

1. Which of the following most aligns with your current or anticipated career? (select one)
   1. Healthcare provider
   2. Public health or healthcare administrator
   3. Healthcare educator
   4. Researcher
   5. Faculty member
   6. Policy analyst
   7. Consultant
   8. Program evaluation
   9. Other: \_\_\_\_
2. Is your current or anticipated career directly related to maternal and child health? (select one)

a. Yes

b. No

c. If not directly, then explain: \_\_\_\_\_

1. What career exploration opportunities did you have *(former trainees)* or are currently offered *(current trainees)* in your MCHB program? (select all that apply)

a. Career fairs

b. Career panels with professionals from multiple areas of practice

c. Career shadowing in your specific discipline of intended area of practice

d. Career shadowing in a discipline other than your own intended area of practice

e. Internship opportunities

f. Information and/or practice on resume and cover letter writing

g. Information and/or practice on job interviewing

h. Diversity, Equity, Inclusion, and Accessibility (DEIA) events

i. Other: \_\_\_\_\_

1. What career exploration opportunities would you like to have offered in your MCHB program? (select all that apply)

a. Career fairs

b. Career panels with professionals from multiple areas of practice

c. Career shadowing in your specific discipline of intended area of practice

d. Career shadowing in a discipline other than your own intended area of practice

e. Internship opportunities

f. Information and/or practice on resume and cover letter writing

g. Information and/or practice on job interviewing

h. Diversity, Equity, Inclusion, and Accessibility (DEIA) events

i. Other: \_\_\_\_\_

1. How did you *(former trainees)* or do you *(current trainees)* hear about career exploration opportunities? (select all that apply)
   1. Email directly from MCHB
   2. Email from affiliate program director
   3. Post on MCHB social media
   4. Post on affiliate program social media
   5. Email from university (i.e., career center)
   6. Post on social media (including Linkedin)
   7. Job board (i.e., Indeed, Handshake, etc.)
   8. Other: \_\_\_\_\_\_\_\_\_\_
2. What is one thing you have taken with you or believe you will take with you into your careerfrom your experience of being in a MCHB program? (free text)
3. Please share any other comments or suggestions you have about career opportunities: \_\_\_\_\_

**Networking/Mentoring Questions:**

1. What networking opportunities have you participated in? (Select all that apply)
   1. Conferences
   2. Virtual meetings/seminars
   3. In-person networking events hosted by your affiliate program
   4. Interactions through social media platforms (LinkedIn, Instagram, etc..)
   5. I have not participated, but plan to in the future
   6. I have not participated, but do not plan to in the future
   7. Other, please specify\_\_\_\_
2. What barriers have you faced when trying to get involved with networking opportunities, please select all that apply to you? (select all that apply)
   1. I am not aware of networking opportunities
   2. I do not have time
   3. Opportunities I would be interested in do not exist or are not offered
   4. I feel that I am not eligible because networking opportunities are specific to trainees in other programs
   5. I feel that opportunities do not promote diversity (ethnic/racial, sexuality, etc..)
   6. I am not interested in networking
   7. None, I have not had issues with getting involved
   8. Other, please specify\_\_\_
3. What mentorship opportunities have you participated in? (select all that apply)
   1. Mentorship programs hosted by your affiliate program (i.e if you matched as a mentor or mentee)
   2. Reached out to someone of interest to create your own mentorship opportunity
   3. I have not participated, but plan to in the future
   4. I have not participated, and do not plan to in the future
   5. Other, please specify
4. What barriers have you faced when trying to get involved with mentorship opportunities, please select all that apply to you? (select all that apply)
   1. I am not aware of mentorship opportunities
   2. I do not have time
   3. I feel that I am not eligible because many mentorship opportunities are specific to trainees in other programs
   4. I have been matched with a mentor who did not align with my career interests/was not a good fit
   5. Feel that opportunities do not promote diversity (ethnic/racial, sexuality, etc..)
   6. I am not interested in mentorship
   7. None, I have not had issues in getting involved
   8. Other, please specify\_\_\_
5. As a former trainee do you feel that you would benefit from the following networking/mentorship opportunities? (Select all that apply)
   1. Virtual meetings with other current/former trainees from ***your*** MCHB training program within ***your institution***
   2. Virtual meetings with other current/former trainees from ***your*** MCHB training program with ***different institutions***
   3. Virtual meetings with current/former trainees from ***other*** MCHB training programs within ***your institution***
   4. Virtual meetings with current/former trainees from ***other*** MCHB training programs and with ***different institutions***
   5. In-person meetings with current/former trainees from ***your*** MCHB training program within ***your institution***
   6. In-person meetings with current/former trainees from ***other*** MCHB training programs within ***your institution***
   7. Regional MCHB chapters that host in-person meetings/gathering
   8. Coaching workshops/trainings offered during meetings
   9. Other, please specify\_\_\_
6. Please share any other comments or suggestions you have about networking or mentorship opportunities: \_\_\_\_\_