

Demographic:

1. Are you a current or former MCHB trainee/fellow?
 - a. Current trainee/fellow
 - b. Former trainee/fellow

2. What MCH program are you (current trainees) or did you (former trainees) participate in?
 - a. MCH LEAP Program
 - b. Catalyst Program
 - c. Centers of Excellence in MCH Education, Science, and Practice Program
 - d. Developmental- Behavioral Pediatrics
 - e. Leadership Education in Adolescent Health
 - f. Leadership Education in Neurodevelopmental and Related Disabilities
 - g. MCH Nutrition
 - h. Pediatric Pulmonary Centers
 - i. MCH Pipeline
 - j. Other: _____

3. Which best describes your ethnic background?
 - a. Hispanic or Latino/a
 - b. Non-Hispanic or Latino/a

4. Which one of the following best describes your racial background?
 - a. White
 - b. Black or African American
 - c. American Indian or Alaska Native
 - d. Asian
 - e. Native Hawaiian or Other Pacific Islander
 - f. Middle Eastern
 - g. North African
 - h. Some Other Race
 - i. Two or More Races

Professional Development Questions:

- 1) What professional development activities have you participated in or plan to participate in?
(Select all the apply)
 - A. Synchronous (live) webinars
 - B. Asynchronous online training
 - C. Leadership development
 - D. Student interest groups
 - E. Symposiums
 - F. Other: _____
 - G. I am not interested in professional development opportunities

- 2) What barriers have you faced participating in professional development activities or using available resources? (Rank in order of largest to smallest barrier)
- A. Lack of knowledge about professional development opportunities
 - B. Time constraints
 - C. Scheduling constraints
 - D. Travel/Transportation constraints
 - E. Financial constraints
 - F. None
 - G. Other: _____
- 3) What types of professional development activities are you interested in participating in? (select all the apply)
- A. Synchronous (live) webinars from MCH leaders and researchers in the field
 - B. Asynchronous online sessions geared towards specific skill sets (E.g., grant writing, data analysis..)
 - C. Leadership development (E.g., coaching vs managing, leadership styles, motivation for high performance, change management)
 - D. Student interest groups
 - E. Symposiums
 - F. Other: _____
- 4) What MCH professional development sessions are you interested in exploring through online sessions? (select all that apply)
- A. Grant writing
 - B. Policy & advocacy
 - C. Finance and budgeting
 - D. Data analysis
 - E. Communication
 - F. Management
 - G. Evaluation
 - H. Conducting a Needs Assessment
 - I. MCH topics of interest (e.g. breastfeeding, reproductive health, etc..)
 - J. State/local hiring process
 - K. Federal government hiring process
 - L. Getting to know leaders in the field
 - M. Other: _____
- 5) Would you prefer to attend professional development sessions in-person, through live/interactive webinars, or online self-paced sessions? (Rank in order of preference)
- A. In-person
 - B. Live/interactive webinars
 - C. Short self-paced sessions (5-10 minutes)
 - D. Long self-paced sessions (30-60 minutes)

- 6) What is the best way for MCHB to promote professional development events and available resources? (select one)
- A. Email directly from MCHB
 - B. Email from affiliate program director or faculty
 - C. Post on MCHB social media
 - D. Post on affiliate program social media
 - E. Other: _____
- 7) Have you attended any MCH or MCH-related conferences and/or are you planning to attend any this upcoming year? (Select all that apply)
- A. Making Lifelong Connections
 - B. International Lactation Consult Association Annual Conference
 - C. CityMatCH Conference Maternal and Child Health Leadership Conference
 - D. American Public Health Association (APHA) Annual Meeting & Expo
 - E. Pediatric Academic Societies (PAS)
 - F. Association of Maternal and Child Health Programs (AMCHP)
 - G. Society for Adolescent Health and Medicine (SAHM) Annual Meeting
 - H. Associated of University Centers of Disabilities (AUCD) Conference
 - I. Not interested in attending conferences.
 - J. Other: _____
- 8) Please share any other comments or suggestions you have about professional development opportunities: _____

Career Questions:

1. Which of the following most aligns with your current or anticipated career? (select one)
 - a. Healthcare provider
 - b. Public health or healthcare administrator
 - c. Healthcare educator
 - d. Researcher
 - e. Faculty member
 - f. Policy analyst
 - g. Consultant
 - h. Program evaluation
 - i. Other: _____

2. Is your current or anticipated career directly related to maternal and child health? (select one)
 - a. Yes
 - b. No
 - c. If not directly, then explain: _____

3. What career exploration opportunities did you have (*former trainees*) or are currently offered (*current trainees*) in your MCHB program? (select all that apply)
 - a. Career fairs
 - b. Career panels with professionals from multiple areas of practice
 - c. Career shadowing in your specific discipline of intended area of practice
 - d. Career shadowing in a discipline other than your own intended area of practice
 - e. Internship opportunities
 - f. Information and/or practice on resume and cover letter writing
 - g. Information and/or practice on job interviewing
 - h. Diversity, Equity, Inclusion, and Accessibility (DEIA) events
 - i. Other: _____

4. What career exploration opportunities would you like to have offered in your MCHB program? (select all that apply)
 - a. Career fairs
 - b. Career panels with professionals from multiple areas of practice
 - c. Career shadowing in your specific discipline of intended area of practice
 - d. Career shadowing in a discipline other than your own intended area of practice
 - e. Internship opportunities
 - f. Information and/or practice on resume and cover letter writing
 - g. Information and/or practice on job interviewing
 - h. Diversity, Equity, Inclusion, and Accessibility (DEIA) events
 - i. Other: _____

5. How did you (*former trainees*) or do you (*current trainees*) hear about career exploration opportunities? (select all that apply)
 - a. Email directly from MCHB
 - b. Email from affiliate program director
 - c. Post on MCHB social media
 - d. Post on affiliate program social media
 - e. Email from university (i.e., career center)
 - f. Post on social media (including LinkedIn)
 - g. Job board (i.e., Indeed, Handshake, etc.)
 - h. Other: _____

6. What is one thing you have taken with you or believe you will take with you into your career from your experience of being in a MCHB program? (free text)

7. Please share any other comments or suggestions you have about career opportunities: _____

Networking/Mentoring Questions:

1. What networking opportunities have you participated in? (Select all that apply)
 - a. Conferences
 - b. Virtual meetings/seminars
 - c. In-person networking events hosted by your affiliate program
 - d. Interactions through social media platforms (LinkedIn, Instagram, etc..)
 - e. I have not participated, but plan to in the future
 - f. I have not participated, but do not plan to in the future
 - g. Other, please specify_____

2. What barriers have you faced when trying to get involved with networking opportunities, please select all that apply to you? (select all that apply)
 - a. I am not aware of networking opportunities
 - b. I do not have time
 - c. Opportunities I would be interested in do not exist or are not offered
 - d. I feel that I am not eligible because networking opportunities are specific to trainees in other programs
 - e. I feel that opportunities do not promote diversity (ethnic/racial, sexuality, etc..)
 - f. I am not interested in networking
 - g. None, I have not had issues with getting involved
 - h. Other, please specify_____

3. What mentorship opportunities have you participated in? (select all that apply)
 - a. Mentorship programs hosted by your affiliate program (i.e if you matched as a mentor or mentee)
 - b. Reached out to someone of interest to create your own mentorship opportunity
 - c. I have not participated, but plan to in the future
 - d. I have not participated, and do not plan to in the future
 - e. Other, please specify

4. What barriers have you faced when trying to get involved with mentorship opportunities, please select all that apply to you? (select all that apply)
 - a. I am not aware of mentorship opportunities
 - b. I do not have time
 - c. I feel that I am not eligible because many mentorship opportunities are specific to trainees in other programs
 - d. I have been matched with a mentor who did not align with my career interests/was not a good fit
 - e. Feel that opportunities do not promote diversity (ethnic/racial, sexuality, etc..)
 - f. I am not interested in mentorship
 - g. None, I have not had issues in getting involved
 - h. Other, please specify_____

5. As a former trainee do you feel that you would benefit from the following networking/mentorship opportunities? (Select all that apply)
- a. Virtual meetings with other current/former trainees from **your** MCHB training program within **your institution**
 - b. Virtual meetings with other current/former trainees from **your** MCHB training program with **different institutions**
 - c. Virtual meetings with current/former trainees from **other** MCHB training programs within **your institution**
 - d. Virtual meetings with current/former trainees from **other** MCHB training programs and with **different institutions**
 - e. In-person meetings with current/former trainees from **your** MCHB training program within **your institution**
 - f. In-person meetings with current/former trainees from **other** MCHB training programs within **your institution**
 - g. Regional MCHB chapters that host in-person meetings/gathering
 - h. Coaching workshops/trainings offered during meetings
 - i. Other, please specify____
6. Please share any other comments or suggestions you have about networking or mentorship opportunities: _____