



Thank you for your willingness to contribute to our listening session, which is part of an effort to plan for a potential NLSY26 cohort. We have provided a few topics and background information to help get your thoughts flowing before your session.

Example questions to help you brainstorm before attending the listening session

- What measures of mental health are essential to capture from adolescents to study the relationship between early mental health and labor market outcomes? Why?
- What mental health trends should BLS consider in designing the new NLSY26 cohort?
- What types of sampling and methodology should the potential NLSY26 cohort consider when collecting mental health data?
- What datasets do you currently use for your mental health research and why?

Past content and feedback BLS received from other stakeholders for a new youth cohort

1. What has been collected by the NLSY79 and NLSY97 on mental health?

- Depression and Anxiety scales including:
 - Self-reported mental health measures (SF-12)
 - Center for Epidemiological Studies Depression Scale (CES-D)
 - Generalized Anxiety Disorder-7 (GAD-7)
 - 5-item short version of the Mental Health Inventory (MHI-5)

2. General themes from outreach that BLS conducted with Federal agencies and departments.

- Experiences of discrimination
 - Major Experiences of Discrimination
 - Everyday Discrimination Scale
- Social isolation and loneliness
- Measuring ‘soft’ or ‘non-cognitive’ skills, such as executive function and self-regulation that help people cope with or manage mental health.