





Providing information in this survey is voluntary. There is no penalty nor will your benefits be affected if you choose not to respond, although maximum participation is encouraged so that the data will be complete and representative.

The survey was written so that answers should not require you to provide any personally identifiable information (PII), but please be assured that any PII provided will be treated as confidential. Your responses are collected via a secure system which does not collect any information that could be used to determine your identity.

Answering the questions is voluntary; you may stop the survey at any time.

Answer <u>all</u> the questions by filling in the circle to the left of your answer. You are sometimes told to skip over some questions in this survey. When this happens you will see an arrow with a note that tells you what question to answer next, like this:

o Yes **4** Go to Question 12

Please return the completed questionnaire in the enclosed postage-paid envelope within **seven days.** If the envelope is missing, please send to:

Office of the Assistant Secretary of Defense (Health Affairs) DHA, Analytics and Evaluation Division c/o DataStat, Inc.
3975 Research Park Dr.
Ann Arbor, MI 48108

SURVEY STARTS HERE

As an eligible TRICARE beneficiary, <u>please complete</u> this survey even if you did not receive your health care from a military facility.

Please recognize that some specific questions about TRICARE benefits may not apply to you, depending on your entitlement and particular TRICARE program.

This survey is about the health care of the person whose name appears on the cover letter. The survey should be completed by that person. If you are not the addressee, please give this survey to that person.

- 1. Are you the person whose name appears on the cover letter?
 - o Yes **4** Go to Question 2 on the next
 - o No **4** Please give this questionnaire to the person addressed on the cover letter.

11 11 1

OMB CONTROL NUMBER: XXXX-XXXX OMB EXPIRATION DATE: XX/XX/XXXX

AGENCY DISCLOSURE NOTICE

The public reporting burden for this collection of information, [Insert OMB Control Number], is estimated to average 15 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding the burden estimate or burden reduction suggestions to the Department of Defense, Washington Headquarters Services, at whs.mc-alex.esd.mbx.dd-dod-information-collections@mail.mil. Respondents should be aware that notwithstanding any other provision of law, no person shall be subject to any penalty for failing to comply with a collection of information if it does not display a currently valid OMB control number.

March 2024

PRIVACY ADVISORY

2. By which of the following health plans are you currently covered?

MARK ALL THAT APPLY.

Military Health Plans

- TRICARE Prime (including most Active Duty, TRICARE Prime Remote and TRICARE Overseas)
- O TRICARE Select (previously known as TRICARE Extra or Standard (CHAMPUS))
- O TRICARE Plus
- O TRICARE for Life
- O TRICARE Supplemental Insurance
- O TRICARE Reserve Select
- O TRICARE Retired Reserve
- O TRICARE Young Adult Prime
- O TRICARE Young Adult Select
- Continued Health Care Benefit Program (CHCBP) (a COBRA-like premium-based health care program)

Other Health Plans

- O Medicare
- Federal Employees Health Benefit Program (FEHBP)
- O Medicaid or other state health insurance
- A civilian HMO (such as Kaiser)
- O Other civilian health insurance (such as Blue Cross)
- O The Veterans Administration (VA)
- O Government health insurance from a country other than the US
- O Not sure

3. Which health plan did you <u>use</u> for all or most of your health care in the last 12 months?

MARK ONLY ONE.

Military Health Plans

- O TRICARE Prime (including most Active Duty, TRICARE Prime Remote and TRICARE Overseas)
- O TRICARE Select (previously known as TRICARE Extra or Standard (CHAMPUS))
- O TRICARE Plus
- O TRICARE Reserve Select
- O TRICARE Retired Reserve
- O TRICARE Young Adult
- O Continued Health Care Benefit Program (CHCBP) (a COBRA-like premium-based health care program)

Other Health Plans

- O Medicare
- O Federal Employees Health Benefit Program (FEHBP)
- Medicaid or other state health insurance
- A civilian HMO (such as Kaiser)
- O Other civilian health insurance (such as Blue Cross)
- O Uniformed Services Family Health Plan (USFHP)
- O The Veterans Administration (VA)
- O Government health insurance from a country other than the US
- O Not sure 4 Go to Question 5
- O Did not use any health plan in the last 12 months **4** Go to Question **5**

For the remainder of this questionnaire, the term <u>health plan</u> refers to the plan you indicated in Question 3.

4. How many months o	vears in a row have	vou been in	this health plan?	
Ti liow illully illoliulo o	years in a row nave	you been in	mino meantii piam.	

- O Less than 6 months
- O 6 up to 12 months
- O 12 up to 24 months
- O 2 up to 5 years
- O 5 up to 10 years
- O 10 or more years
- 5. Are you <u>covered</u> by the same health plan beginning January 1, <mark>202</mark>4 as the one you selected in Question 3?
 - O Yes
 - ON C
 - O Don't know

6.1	Many beneficiaries who are eligible for TRICARE
	also have the opportunity to obtain other civilian
	nealth insurance through their job or a family
	nember's job, through COBRA, or through
r	etirement coverage from a previous job, or from
9	some other group. COBRA lets beneficiaries pay
t	o keep their coverage temporarily when they
ı	eave their job.

Do you have the opportunity to obtain civilian health insurance coverage for yourself through some civilian group?

O Yes

O No 4 Go to Question 10

7. What options do you have for obtaining civilian coverage?

MARK ALL THAT APPLY.

O Through my current employer

O Through COBRA from my previous employer

O Through retirement coverage from my previous employer

O Through a family member's current employer

O Through COBRA from a family member's previous employer

O Through retirement coverage from a family member's previous employer

Through another organization

O Through a government program

O Insurance sold by insurance health exchanges (healthcare.gov)

O Don't Know

8. Are you now covered by a civilian health insurance policy?

Yes

O No 4 Go to Question 10

9. Are you alone covered or are you and others in your household covered by the civilian health insurance policy?

O I alone am covered

• I and at least one other person in my household are covered

10. Have you used TRICARE for any health care (not including for prescription drugs) in the past 12 months?

O Yes 4 Go to Question 12

ON C

11. Why haven't you used TRICARE?

MARK ALL	THAT A	APPL	Y.
----------	--------	------	----

O I have a greater choice of doctors with my civilian plan

 My personal doctor is not available to me through TRICARE

O My TRICARE regular doctor is no longer available to me

 My TRICARE specialist is no longer available to me

My preferred doctors do not accept TRICARE

O I prefer civilian hospitals

O There are no military facilities near me

O I have to travel too far to see my TRICARE doctor

O I get better customer service with civilian plans

TRICARE benefits are poor compared to my civilian plan

O It is easier for me to get care through my civilian plan

O I do not want to pay the premium for TRICARE

O I pay less for civilian care than I would for TRICARE

O I have not needed health care

Another reason

TRICARE SELECT ENROLLMENT

12. Are you a retired member of a uniformed service or the spouse or child of a retired member who was covered by TRICARE Select in 2023?

O Yes

O No 4 Go to Question 17

13. Have you, your spouse, or parent arranged to pay a monthly enrollment fee for TRICARE Select?

O Yes 4 Go to Question 15

ON C

O Don't Know 4 Go to Question 15

14. What is the main reason you don't pay a monthly enrollment fee for TRICARE Select?

MARK ONLY ONE.

 I was not aware that fees must be paid for Tricare Select

O Did not know how to set up payments

O I thought TRICARE was responsible for setting up payments

 I expected the requirement to be waived or delayed

O I dropped my TRICARE Select coverage

O My enrollment fee is paid on an annual or quarterly basis **4** Go to Question **16**

O Don't Know

15. Do you plan to re-enroll or apply for reinstatement in TRICARE Select?	21. In the last 12 months, how often did your personal doctor spend enough time with you?					
 Yes No 16. Where did you get information about arranging to pay TRICARE Select premiums? MARK ALL THAT APPLY. The TRICARE website Friends or colleagues 	 Never Sometimes Usually Always I had no visits in the last 12 months. 22. Using any number from 0 to 10, where 0 is the worst personal doctor possible and 10 is the best personal doctor possible, what number would 					
 Military or retiree news media My TRICARE regional contractor My benefits counselor Civilian news media A service members' professional organization Other 	you use to rate your personal doctor? Worst possible Bes possible 0					
YOUR PERSONAL DOCTOR 17. A personal doctor is the one you would see if you need a checkup, want advice about a health problem, or get sick or hurt. Do you have a personal doctor? • Yes	 I don't have a personal doctor. 23. How long does it take you to travel to your personal doctor? Less than 15 minutes 15 to 30 minutes 31 minutes to 60 minutes (1 hour) 61 minutes to 90 minutes 					
No 4 Go to Question 25 18. In the last 12 months, how often did your personal doctor listen carefully to you?	 91 minutes to 120 minutes (2 hours) More than 120 minutes (2 hours) 24. Did you have the same personal doctor before you joined this health plan? 					
 Never Sometimes Usually Always I had no visits in the last 12 months. 19. In the last 12 months, how often did your personal doctor explain things in a way that was easy to understand? Never Sometimes Usually Always I had no visits in the last 12 months. 20. In the last 12 months, how often did your personal doctor show respect for what you had to say? Never Sometimes Usually Always I had no visits in the last 12 months. 	you joined this health plan? Yes 4 Go to Question 26 No 25. Since you joined your health plan, how much of a problem, if any, was it to get a personal doctor you are happy with? A big problem A small problem Not a problem Not a problem A military facility - This includes: Military clinic, Military hospital, PRIMUS clinic, NAVCARE clinic 4 Go to Question 28 A civilian facility - This includes: Doctor's office, Clinic, Hospital, Civilian TRICARE contractor Uniformed Services Family Health Plan facility (USFHP) Veterans Affairs (VA) clinic or hospital I do not have a personal doctor 27. In the last 12 months, did you try to find a personal doctor who was located at a military treatment facility? Yes No 4 Go to Question 30					

•	
28. How much of a problem, if any, was it to find an available personal doctor at a military treatment facility?	34. What problems did you encounter in finding a personal doctor who would accept TRICARE?
•	MARK ALL THAT APPLY.
 A big problem A small problem Not a problem 4 Go to Question 30 	 Travel distance too long Problems communicating with doctor Doctor(s) not taking any new patients
29. What is the biggest problem you encountered trying to find a personal doctor at a military treatment facility?	 Doctor(s) not taking new TRICARE patients Doctor(s) not accepting TRICARE payments Could not find the specialty I wanted
MARK ONLY ONE.	Did not like doctor(s)Wait for an appointment was too long
 The military facilities near me have downsized or closed The wait for an appointment at the military treatment facilities near me is too long 	Could not find information about doctorsOtherGETTING HEALTH CARE
 The waiting rooms at the military facilities 	FROM A SPECIALIST
near me are crowded or uncomfortable The staff at the military treatment facilities near me are not helpful or courteous I have had problems communicating with	When you answer the next questions, do <u>not</u> include dental visits or care you got when you stayed overnight in a hospital.
doctor(s) at the military treatment facilities • Another reason 30. Is your personal doctor a civilian?	35. <u>Specialists</u> are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and other doctors who specialize in one area of health care.
O Yes	•
O No 4 Go to Question 35	In the last 12 months, did you make any appointments to see a specialist?
O I do not have a personal doctor or	O Yes
nurse 4 Go to Question 35	O No 4 Go to Question 37
31. The TRICARE civilian provider network is made up of the doctors, clinics, hospitals and other health care providers who are part of DoD's preferred provider pool. Is your personal doctor part of the TRICARE civilian provider network?	36. In the last 12 months, how often did you get an appointment to see a specialist as soon as you needed? O Never O Sometimes O Usually O Always
O Yes	O I didn't need a specialist in the last 12 months.
O No O Don't Know	37. How many specialists have you seen in the last
32. What is the specialty of your personal doctor?	12 months?
MARK ONLY ONE.	O None 4 Go to Question 46 O 1 specialist
 Family Medicine or General Practitioner Internist Pediatrician OB-GYN Geriatrician or Geriatric Nurse Preventive Medicine Nurse Practitioner or Physician's Assistant Other Specialty 	O 2 O 3 O 4 O 5 or more specialists
33. In the last 12 months, how much of a problem was it to find a personal doctor who would accept TRICARE?	
 A big problem A small problem Not a problem 4 Go to Question 35 	

38. We want to know your rating of the specialist you saw most often in the last 12 months. Using any number from 0 to 10, where 0 is the worst	43. In the last 12 months, what was the specialty of the civilian specialist you saw most?
specialist possible and 10 is the best specialist	MARK ONLY ONE.
possible, what number would you use to rate the	O Surgeon
specialist?	O Cardiologist (heart doctor)
Worst Best	O Allergist
possible possible	O Dermatologist (skin doctor)
·	Rheumatologist (specialist of the joints)
$egin{array}{cccccccccccccccccccccccccccccccccccc$	O Endocrinologist (thyroid, hormone and
0 1 2 3 4 5 6 7 8 9 10	diabetes specialist)
O I didn't see a specialist in the last 12 months.	 Urologist (specialist of the urinary tract and male reproductive system)
39. How long does it take you to travel to the	Oncologist (cancer specialist)
specialist you saw most in the past 12 months?	O Orthopedist (specialist of the bones, muscles and their connected tissues)
O Less than 15 minutes	O Ear, nose and throat specialist
O 15 to 30 minutes	O Obstetrician/Gynecologist
O 31 minutes to 60 minutes (1 hour)	Ophthalmologist
O 61 minutes to 90 minutes	O Other
O 91 minutes to 120 minutes (2 hours)	please do not include personally identifying information
O More than 120 minutes (2 hours)	
40. In the last 12 months, did you see a <u>civilian</u>	
specialist?	44. In the last 12 months, how much of a problem
O Yes	was it to find a doctor with this specialty who
O No 4 Go to Question 46	would accept TRICARE?
•	O A big problem
41. In the last 12 months, was the <u>civilian specialist</u>	O A small problem
you saw most the same doctor as your personal doctor?	O Not a problem 4 Go to Question 46
O Yes	45. What problems did you encounter in finding a specialist who would accept TRICARE?
O No	·
42. In the last 12 months, was the <u>civilian specialist</u>	MARK ALL THAT APPLY.
you saw most part of the TRICARE civilian	 Travel distance too long
provider network?	 Problems communicating with doctor
O Yes	O Doctor(s) not taking any new patients
O No	 Doctor(s) not taking new TRICARE patients
O Don't know	O Doctor(s) not accepting TRICARE payments
J Don't know	O Could not find the specialty I wanted
	O Did not like doctor(s)
	O Wait for an appointment was too long
	O Could not find information about doctors
	O Other
	CALLING DOCTORS' OFFICES
	46. In the last 12 months, did you call a doctor's
	office or clinic <u>during regular office hours</u> to get help or advice <u>for yourself?</u>
	O Yes
	O No 4 Go to Question 48
	47. In the last 12 months, when you called during regular office hours, how often did you <u>get the help or advice you needed?</u>
	O Never
	O Sometimes
	O Usually
	O Always
	O I didn't call for help or advice during regular office hours in the last 12 months

YOUR HEALTH CARE IN THE LAST 12 MONTHS

These questions ask about your own health care. Do <u>not</u> include care you got when you stayed overnight in a

O I had no appointments in the last 12 months.

include care you got when you stayed overnight in a hospital. Do <u>not</u> include the times you went for dental care visits.	Same day1 day2-3 days
48. In the last 12 months, did you have an illness, injury, or condition that <u>needed care right away</u> in a clinic, emergency room, or doctor's office?	4-7 days8-14 days15-30 days31 days or longer
O Yes	O I had no appointments in the last 12 months.
O No 4 Go to Question 51	54. In the last 12 months, how many times did you go
49. In the last 12 months, when you needed care right away, how often did you get care as soon as you needed?	to an emergency room to get care for yourself? O None O 1 time
O Never	O 2
O Sometimes	O 3
Usually	O 4
O Always	O 5 to 9
O I didn't need care right away for an illness,	O 10 or more times
injury or condition in the last 12 months.	55. In the last 12 months, <u>not</u> counting the times you went to an emergency room, how many times did
 50. In the last 12 months, when you needed care right away for an illness, injury, or condition, how long did you usually have to wait between trying to get care and actually seeing a provider? Same day 1 day 2 days 3 days 4-7 days 8-14 days 15 days or longer I didn't need care right away for an illness, injury or condition in the last 12 months. 	you go to a doctor's office or clinic to get health care for yourself? O None O 1 time O 2 O 3 O 4 O 5 to 9 O 10 or more times Telehealth is phone call or video conference that links you to a provider at another location in order to assess, treat, and provide care to you remotely. When you answer the next questions, do not include dental visits. 56. In the last 12 months, did you have a telehealth
51. In the last 12 months, did you make any appointments for a <u>check-up or routine care</u> at a doctor's office or clinic?	appointment? O Yes
O Yes	O No 4 Go to Question 63
O No 4 Go to Question 54	57. What type of telehealth appointment(s) did you have?
52. In the last 12 months, how often did you get an appointment for a <u>check-up or routine care</u> at a doctor's office or clinic as soon as you needed?	MARK ALL THAT APPLY.
NeverSometimesUsually	Phone callVideo conference

53. In the last 12 months, not counting the times you needed health care right away, how many days

did you usually have to wait between making an appointment and actually seeing a provider?

745-07 07 **DKT**

58. What type of provider did you meet with during your telehealth appointment(s)? Please mark all of the different providers you have met with using telehealth in the last 12 months.

MARK ALL THAT APPLY.

- O Primary care doctor
- O Nurse Practitioner or Physician Assistant
- O Specialist (Such as heart, allergy, OB-GYN, and skin doctors)
- Mental health provider (Counselor, psychologist, psychiatrist)
- Other doctor or provider
- O Don't know

Please indicate how much you agree or disagree with the following statements.

59. Thinking about your <u>most recent</u> telehealth appointment, the provider...

	Strongly agree	Agree	Disagree	Strongly Disagree
a.Listened carefully to me.	0	0	0	0
b.Explained things in a way that was easy to understand.	0	0	0	0
c.Spent enough time with me.	0	0	0	0
d. Met with me within 15 minutes of my appointment time.	0	0	0	0

Wor pos	st sible							р	_	Best ible
0	0	0	0	0	0	0	0	0	0	0
0	1	2	3	4	5	6	7	8	9	10

60. Thinking about your <u>most recent</u> telehealth appointment...

		Strongly agree	Agree	Disagree	Strongly Disagree
a.	I felt comfortable with the process (such as navigating the video or phone technology).	0	0	0	0
b.	I was able to hear the provider clearly.	0	0	0	0
C.	It allowed me to see a provider sooner.	0	0	0	0

61. Using any number from 0 to 10, where 0 is the worst care possible and 10 is the best care possible, what number would you use to rate the care you received via telehealth in the last 12 months?

62. Using any number from 0 to 10, where 0 is the worst health care possible and 10 is the best health care possible, what number would you use to rate all your health care in the last 12 months? Worst Best possible possible 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	 67. In the last 12 months, did you receive treatment or counseling for a personal or family problem? Yes No 4 Go to Question 71 68. In the last 12 months, did you receive this treatment or counseling from a civilian provider? Yes No 4 Go to Question 70
63. In the last 12 months, how often was it easy to get the care, tests, or treatment you needed?	69. In the last 12 months, did you receive this treatment or counseling from a provider in TRICARE's civilian network?
 Never Sometimes Usually Always I didn't need care, tests, or treatment in the last 12 months. 64. In the last 12 months, where did you go most often for your health care? MARK ONLY ONE. A military facility - This includes: Military clinic, Military hospital, PRIMUS clinic, NAVCARE clinic A civilian facility - This includes: Doctor's office, Clinic, Hospital, Civilian TRICARE contractor Uniformed Services Family Health Plan facility (USFHP) Veterans Affairs (VA) clinic or hospital I went to none of the listed types of facilities in the last 12 months. TREATMENT OR COUNSELING	 Yes No Don't know 70. In the last 12 months, what type of provider did you see most often for this treatment or counseling? MARK ONLY ONE. Psychologist Psychotherapist Social worker Mental health counselor Marriage or family therapist Your personal doctor or nurse Other
65. In the last 12 months, did you need any treatment or counseling for a personal or family problem? O Yes	needed through your health plan? O A big problem O A small problem O Not a problem 4 Go to Question 73
 No 4 Go to Question 80 66. In the last 12 months, what type of provider did you want to see most for this treatment or counseling? MARK ONLY ONE. Psychologist Psychotherapist Social worker Mental health counselor Marriage or family therapist Your personal doctor or nurse Other	72. In the last 12 months, what problems did you encounter in finding treatment or counseling? MARK ALL THAT APPLY. Travel distance too long Problems communicating with doctor Doctor(s) or counselor(s) not taking new patients Doctor(s) or counselor(s) not taking new TRICARE patients Doctor(s) or counselor(s) not accepting TRICARE payments Could not find the specialty I wanted Did not like doctor(s) or counselor(s) Wait for an appointment was too long Could not find information about doctors or counselors Other

or counseling right away? Yes No 4 Go to Question 75 74. In the last 12 months, when you needed treatment or counseling right away, how often did you see someone as soon as you wanted? Never Sometimes Usually Always 75. In the last 12 months, did you need approval for	emotional health is excellent, very good, good, fair, or poor? Descellent Description Des				
any treatment or counseling? O Yes O No 4 Go to Question 77 76. In the last 12 months, how much of a problem, if any, were delays in treatment or counseling while you waited for approval? O A big problem O A small problem O Not a problem	81. Using any number from 0 to 10, where 0 is the worst health plan possible and 10 is the best health plan possible, what number would you use to rate your health plan? Worst Bes possible possible possible 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0				
77. In the last 12 months, did you call customer service to get information or help about treatment or counseling? O Yes O No 4 Go to Question 79 78. In the last 12 months, how often did your health plan's customer service give you the information or help you needed? O Never O Sometimes O Usually O Always 79. Using any number from 0 to 10, where 0 is the worst treatment or counseling possible and 10 is the best treatment or counseling possible, what number would you use to rate all your treatment or counseling in the last 12 months? Worst Best possible O O O O O O O O O O O O O O O O O O O	Even if you do not use TRICARE Select, we'd like to know what you like and dislike about these plans compared to civilian plans. 82. What do you like about TRICARE Select (including Standard/Extra, TRICARE Reserve Select, or TRICARE Retired Reserve)? MARK ALL THAT APPLY. I have a better choice of doctors with TRICARE than with a civilian plan My preferred personal doctor is only available to me through TRICARE I want to be sure I can always use military health care I get better customer service with TRICARE than with civilian plans It is easier to get care through TRICARE than a civilian plan The premium for TRICARE is lower than the premium for civilian coverage Copays or cost-shares cost less through TRICARE than a civilian plan Deductibles cost less through TRICARE than a civilian plan Civilian benefits are poor compared to TRICARE Other: please do not include personally identifying information				

73. In the last 12 months, did you need treatment

80. Would you say that in general your $\underline{\text{mental}}$ or

• –													
83. What do you dislike about TRICARE											88. Do you now <u>smoke cigarettes</u> or <u>use tobacco</u> every day, some days, or not at all?		
 Select? MARK ALL THAT APPLY. I have a better choice of doctors with a civilian plan than with TRICARE My preferred personal doctor is not available to me through TRICARE I worry about losing access to civilian coverage I get better customer service with civilian plans than with TRICARE It is easier to get care through a civilian plan than TRICARE The premium for TRICARE is too high)	 Every day Some days Not at all 4 Go to Question 91 Don't know 4 Go to Question 91 89. In the last 12 months, how often were you advised to quit smoking or using tobacco by a doctor or other health provider in your plan? Never Sometimes Usually 	
 Copays or cost-shares cost more through TRICARE than a civilian plan Deductibles cost more through TRICARE than a civilian plan TRICARE benefits are poor compared to a civilian plan 									RE t		90. When did you last have a cholesterol screening, that is, a test to determine the level of cholesterol in your blood?		
Other:) is n w lik	not a		 Less than 12 months ago 1 to 2 years ago More than 2 but less than 5 years ago 5 or more years ago Never had a cholesterol screening 91. When did you last have a flu shot? 		
Not a all lik 0 0		0 2	0 3	0 4	0 5	0 6	0 7	0 8			/	 Less than 12 months ago 1-2 years ago More than 2 years ago Never had a flu shot 	
		PR	EVE	NTI	VE (CAR	E					92. Are you male or female? • Male 4 Go to Question 95	
Preventive intended to medical prare examp	o maii oblen oles of	ntain j n. A p f prev	your hysic entiv	good al or e care	healt blood e.	h or p I pres	oreve Ssure	ent a e scre				93. If you are over 40 years of age, when was the last time your breasts were checked by mammography?	
 85. When did you last have a blood pressure reading? Less than 12 months ago 1 to 2 years ago 							essui	re			 Within the last 12 months 1 to 2 years ago More than 2 but less than 5 years ago 5 or more years ago 		

No 4 Go to Question 90Don't know 4 Go to Question 90

O More than 2 years ago

Yes, it is too highNo, it is not too high

O Don't know

your entire life?

O Yes

86. Do you know if your blood pressure is too high?

87. Have you ever **smoked** at least 100 cigarettes in

745-11 11 D

Never had a mammogram

O I am under 40 years of age

	ABOUT YOU
	ould you say that in general your health is excellent, very good, good, fair or poor?
	ExcellentVery goodGoodFairPoor
	re you limited in any way in any activities pecause of any impairment or health problem?
	O Yes O No
	hat is the highest grade or level of school that rou have completed?
	 Sth grade or less Some high school, but did not graduate High school graduate or GED Some college or 2-year degree 4-year college graduate More than 4-year college degree
<u>Sel</u>	hat is your race and/or ethnicity? lect all that apply and enter additional details in the baces below.
•	American Indian or Alaska Native – Enter, for example, Navajo Nation, Blackfeet Tribe of the Blackfeet Indian Reservation of Montana, Native Village of Barrow Inupiat Traditional Government, Nome Eskimo Community, Aztec, Maya, etc.
C	Asian – Provide details below.
	m Chinese m Asian Indian m Filipino m Vietnamese m Korean m Japanese
	Enter, for example, Pakistani, Hmong, Afghan, etc.
O	Black or African American – Provide details below.
	m African American m Jamaican m Haitian

m Ethiopian

Enter, for example, Trinidadian and Tobagonian, Ghanaian, Congolese, etc.

m Nigerian

O	Hispanic or Latino – Provide details below.
	m Mexican m Puerto Rican m Salvadoran m Cuban m Dominican m Guatemalan
	Enter, for example, Colombian, Honduran, Spaniard, etc.
C	Middle Eastern or North African – Provide details below.
	m Lebanese m Iranian m Egyptian m Syrian m Iraqi m Israeli
	Enter, for example, Moroccan, Yemeni, Kurdish, etc.
C	Native Hawaiian or Pacific Islander – Provide details below.
	m Native Hawaiian m Samoan m Chamorro m Tongan m Fijian m Marshallese
	Enter, for example, Chuukese, Palauan, Tahitian, etc.
O	White – Provide details below.
	m English m German m Irish m Italian m Polish m Scottish
	Enter, for example, French, Swedish, Norwegian, etc.
98. WI	nat is your age now?
	 18 to 24 25 to 34 35 to 44 45 to 54 55 to 64 65 to 74 75 or older

m Somali

- 99. Which of the following income ranges is closest to your family's (2023) total income from all sources? Your best estimate would be fine.
 - O Less than \$10,000
 - O \$10,000 to \$24,999
 - **>** \$25,000 to \$49,999
 - **O** \$50,000 to \$74,999
 - **>** \$75,000 to \$99,999
 - **O** \$100,000 to \$124,999
 - **>** \$125,000 to \$149,999
 - **O** \$150,000 and above
 - O Don't Know