

**Appendix B**

**National Survey of Children's Health  
Longitudinal Cohort (NSCH-LC)  
Contact Materials**

NSCH-LC  
 Screener Letters

NSCH-LC-SE1A  
(09-05-2023)



**UNITED STATES DEPARTMENT OF COMMERCE**  
**U.S. Census Bureau**

Office of the Director  
Washington, DC 20233-0001

Dear Parent or Caregiver,

Your household has been selected to participate in the **National Survey of Children's Health—Longitudinal Cohort**. This survey measures the impacts of the COVID-19 pandemic on children, young adults, and families. The U.S. Census Bureau conducts this survey on behalf of the U.S. Department of Health and Human Services.

**The success of this survey depends on your participation.** In 2021, 14% of children ages 5 or older had been diagnosed with depression or anxiety. The results of this survey will help our nation better understand and respond to the mental health needs of U.S. children and young adults. We have enclosed a small token of appreciation for your participation. If there are no children or young adults ages 3 to 24 in your household or for whom you are the parent or caregiver, we still want to hear from you.

Responding to this survey is easy:

1. Go to: <https://respond.census.gov/nschlc> or scan the QR code below:



2. Enter your Login ID:

Your household was selected as part of this voluntary survey. We cannot replace your household with another one. If you are unable to complete the survey online, need assistance, or have questions, please call 1-877-749-4943 or email us at [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

This survey has been approved by the Office of Management and Budget (OMB). The eight-digit OMB approval number xxxx-xxxx appears in the bottom left corner of the survey web page. If this number were not displayed, we could not conduct this survey.

Thank you for your help.

Sincerely,

Robert L. Santos  
Director

Enclosure

*Si necesita ayuda en español, llame al 1-877-749-4943.*



Dear Resident,

Your household has been selected to participate in the **National Survey of Children's Health—Longitudinal Cohort**. This survey measures the impacts of the COVID-19 pandemic on children, young adults, and families. The U.S. Census Bureau conducts this survey on behalf of the U.S. Department of Health and Human Services.

**The success of this survey depends on your participation.** In 2021, 14% of children ages 5 or older had been diagnosed with depression or anxiety. The results of this survey will help our nation better understand and respond to the mental health needs of U.S. children and young adults. We have enclosed a small token of appreciation for your participation. If there are no children or young adults age 3 to 24 in your household or for whom you are the parent or caregiver, please see the instructions at the bottom of this page.

Responding to this survey is easy:

1. Go to: <https://respond.census.gov/nschlc> or scan the QR code below:



2. Enter your Login ID:

Your household was selected as part of this voluntary survey. We cannot replace your household with another one.

This survey has been approved by the Office of Management and Budget (OMB). The eight-digit OMB approval number XXXX-XXXX appears in the bottom left corner of the survey web page. If this number were not displayed, we could not conduct this survey.

If you are not a parent or caregiver of a child or young adult ages 3 to 24, please refer to the instructions at the bottom of the page. If you are unable to complete the survey online, have questions or need assistance, please call 1-877-749-4943 or email [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

Thank you for your help.

Sincerely,

Robert L. Santos  
Director

Enclosure

*Si necesita ayuda en español, llame al 1-877-749-4943.*

**If there is no one at this address who is a parent or caregiver of a child or young adult age 3 to 24, please let us know:**

1. Go to: <https://respond.census.gov/nschlc> or scan the QR code below:



2. Enter your Login ID:

NSCH-LC-PE  
(08-29-2023)



**UNITED STATES DEPARTMENT OF COMMERCE**  
**U.S. Census Bureau**  
Office of the Director  
Washington, DC 20233-0001

Dear Parent or Caregiver,

Recently we mailed you a letter requesting your participation in the **National Survey of Children's Health—Longitudinal Cohort**. Just over half of children and youth had difficulty getting the mental health treatment they needed in 2021. Because of responses like yours, our nation will be better prepared to improve programs that support the mental health needs of children and teens. If you have already responded to the survey, please accept our sincere thanks. If you have not yet completed your survey, please do so right away.

**1. Go to: <https://respond.census.gov/nschlc> or scan the QR code below**



**2. Enter your Login ID:**

If you are unable to complete the survey online, need assistance, or have questions, please call 1-877-749-4943 or email us at [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

Thank you for your help.

Sincerely,

A handwritten signature in black ink that reads "Robert L. Santos".

Robert L. Santos  
Director

*Si necesita ayuda en español, llame al 1-877-749-4943.*



Dear Parent or Caregiver,

We recently contacted you to ask for your participation in the **National Survey of Children's Health—Longitudinal Cohort**. This survey measures the impacts of the COVID-19 pandemic on children, young adults, and families. The U.S. Census Bureau conducts this survey on behalf of the U.S. Department of Health and Human Services.

To the best of our knowledge, we have not yet received your response. If you have already responded, please accept our thanks. If you have not, we encourage you to complete the survey today.

Responding to this survey is easy:

**1. Go to: <https://respond.census.gov/nschlc> or scan the QR code below**



**2. Enter your Login ID:**

**Your response is important.** Because of responses like yours, pediatricians will be better prepared to help children and teens with their health needs.

If you are unable to complete the survey online, need assistance, or have questions, please call 1-877-749-4943 or email us at [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

Your responses to this questionnaire are kept confidential. The U.S. Census Bureau and the U.S. Department of Health and Human Services are required by law to protect the confidentiality of your responses.

Thank you again for your participation. We hope to hear from you soon.

Sincerely,

A handwritten signature in black ink that reads "Robert L. Santos".

Robert L. Santos  
Director

*Si necesita ayuda en español, llame al 1-877-749-4943.*

NSCH-LC-SE3  
(09-05-2023)



**UNITED STATES DEPARTMENT OF COMMERCE**  
**U.S. Census Bureau**

Office of the Director  
Washington, DC 20233-0001

Dear Parent or Caregiver,

Recently, we wrote asking for your help with the **National Survey of Children's Health—Longitudinal Cohort (NSCH-LC)**. If you have already responded, thank you. If you have not, we are asking you to complete this survey because your participation is important for its success. The survey period is ending soon.

Responding to this survey is easy:

**1. Go to: <https://respond.census.gov/nschlrc> or scan the QR code below**



**2. Enter your Login ID:**

**Or complete the enclosed paper questionnaire and return it in the postage-paid envelope provided**

If you are unable to complete the survey online, please complete the enclosed paper questionnaire and return it in the postage-paid envelope provided. This questionnaire is the first part of the NSCH-LC. If you are selected for the second part, we will contact you again.

If there are no children or young adults ages 3 to 24 in your household or for whom you are the parent or caregiver, we still want to hear from you. If you need assistance with the survey or have questions, please call 1-877-749-4943 or email us at [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

The amount of children ages 5 or older with severe anxiety has increased 36% since 2019. The results of this survey will help us better understand and respond to the physical and emotional health care needs of children and families in the United States. Your household was scientifically selected, and your response represents thousands of other households. The U.S. Census Bureau is not permitted to publicly release your responses in a way that could identify your household. By law, the Census Bureau can only use your responses for statistical research.

Thank you again for your participation. We hope to hear from you soon.

Sincerely,

A handwritten signature in black ink that reads "Robert L. Santos".

Robert L. Santos  
Director

Enclosure

*Si necesita ayuda en español, llame al 1-877-749-4943.*

NSCH-LC-SE4  
(08-18-2023)



**UNITED STATES DEPARTMENT OF COMMERCE**  
**U.S. Census Bureau**

Office of the Director  
Washington, DC 20233-0001

Dear Parent or Caregiver,

Over the past few months, we have contacted you to ask you to complete the **National Survey of Children's Health—Longitudinal Cohort**. We conduct this important survey for the U.S. Department of Health and Human Services. Because of responses like yours, our nation will be better prepared to improve programs that support the health needs of children and young adults.

Since the survey will soon end, this is your last opportunity to help. If you have already completed the survey prior to receiving this mailing, please accept our thanks. If you have not yet responded, we encourage you to do so today. **The success of this survey depends on your response.**

Responding to this survey is easy:

**1. Go to: <https://respond.census.gov/nschlc> or scan the QR code below**



**2. Enter your Login ID:**

**Or complete the enclosed paper questionnaire and return it in the postage-paid envelope provided.**

The U.S. Census Bureau is not permitted to publicly release your responses in a way that could identify your household. By law, the Census Bureau can only use your responses for statistical research.

If you need assistance with the survey or have questions, please call 1-877-749-4943 or email us at [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

Thank you again for your participation. We hope to hear from you soon.

Sincerely,

A handwritten signature in black ink that reads "Robert L. Santos".

Robert L. Santos  
Director

Enclosure

*Si necesita ayuda en español, llame al 1-877-749-4943.*



NSCH-LC  
 Screener Frequently Asked Questions (FAQs)

*\*Note: These appear on the back of each Screener letter*

## **FAQs**

### **What is the National Survey of Children's Health—Longitudinal Cohort (NSCH-LC)?**

The NSCH-LC is a national survey that focuses on the physical and emotional health of children and young adults ages 3 to 24 in the United States. The 2023 NSCH-LC collects information related to the health and well-being of children and young adults, including access to and use of health care, family interactions, mental health, school and after-school experiences, and family economic circumstances.

### **Why is this survey important?**

The NSCH-LC is designed to measure the impacts of the COVID-19 pandemic on children, young adults, and their families. The results of the NSCH-LC will help inform the development of federal policies and programs aimed at improving the health and well-being of children and young adults. For more information about this survey or about health and well-being of children and young adults, go to [mchb.hrsa.gov/nsch-lc](https://mchb.hrsa.gov/nsch-lc) or scan the QR code.



### **Why should I participate?**

Your household is unique and important. We need to hear from households from all walks of life to collect enough information to help improve the health of children and young adults across the country. If a household that has been selected for the survey does not respond, we cannot replace them with another household.

### **I have a child that I consider an adult. Do I still need to answer the survey?**

Yes. The NSCH-LC asks questions about both children and young adults ages 3 to 24. The survey also asks questions about their families and the experiences of young people as they transition into adulthood.

### **I have a child or young adult that does not live with me. Do I need to include them in the survey?**

Yes, even if the child or young adult does not live with you, if they are ages 3 to 24, we still need you to include them when you respond to the survey.

### **How long will this survey take?**

For most households, the survey should take, on average, 40 minutes to complete. If there are no children or young adults ages 3 to 24 that you are a parent or previous caregiver for, then the survey should take less than 5 minutes to complete.

### **Will my response be confidential?**

The U.S. Census Bureau is required by law to protect your information. We are not permitted to publicly release your responses in a way that could identify your household. The Census Bureau is conducting this survey under the authority of Title 13, United States Code (U.S.C.), Section 8(b) (13 U.S.C. § 8(b)) and Section 501(a)(2) of the Social Security Act (42 U.S.C. § 701). Federal law protects your privacy and keeps your answers confidential under Title 13, U.S.C., Section 9 (13 U.S.C. § 9). Per the Federal Cybersecurity Enhancement Act of 2015, your data are protected from cybersecurity risks through screening of the systems that transmit your data. This survey has been approved by the Office of Management and Budget (OMB). The eight-digit OMB approval number is 0607-XXXX.

NSCH-LC  
Topical Letters

NSCH-LC-TE1  
(08-18-2023)



**UNITED STATES DEPARTMENT OF COMMERCE**  
**U.S. Census Bureau**

Office of the Director  
Washington, DC 20233-0001

A few weeks ago, you responded to the **National Survey of Children's Health—Longitudinal Cohort**. Thank you for completing the first part of the survey. We greatly appreciate your participation.

The second and final step of this survey is to answer some follow-up questions about:

For most households, it usually takes, on average, 35 minutes to complete. Please return your completed questionnaire in the postage-paid envelope provided.

**The success of this survey depends on your participation.** The results of this survey will help our nation better understand and respond to the mental health needs of U.S. children and young adults.

If you have questions or need assistance with the survey, please call 1-877-749-4943 or email [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

Thank you once again for your help.

Sincerely,

Robert L. Santos  
Director

Enclosure

*Si necesita ayuda en español, llame al 1-877-749-4943.*

NSCH-LC-TE2  
(08-18-2023)



**UNITED STATES DEPARTMENT OF COMMERCE**  
**U.S. Census Bureau**

Office of the Director  
Washington, DC 20233-0001

We recently contacted you to ask for your participation in the final step of the **National Survey of Children's Health—Longitudinal Cohort**. The final step is to answer some follow-up questions about:

To the best of our knowledge, we have not yet received your response. If you have already responded, please accept our thanks. If you have not, we encourage you to complete and return the enclosed paper questionnaire today.

**Your response is important** and will help us understand the impact of the COVID-19 pandemic on the educational experiences of children and young adults.

If you have questions or need any assistance with the survey, please call 1-877-749-4943 or email [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

Your responses to this questionnaire are kept confidential. The U.S. Census Bureau and the U.S. Department of Health and Human Services are required by law to protect the confidentiality of your responses.

Thank you in advance for your participation. We hope to hear from you soon.

Sincerely,

Robert L. Santos  
Director

Enclosure

*Si necesita ayuda en español, llame al 1-877-749-4943.*

NSCH-LC-TE3  
(08-18-2023)



**UNITED STATES DEPARTMENT OF COMMERCE**  
**U.S. Census Bureau**

Office of the Director  
Washington, DC 20233-0001

Recently we wrote to request your participation in the final part of the **National Survey of Children's Health—Longitudinal Cohort**. If you have already completed the survey prior to receiving this mailing, please accept our thanks. If you have not yet responded, we encourage you to complete the enclosed paper questionnaire and send it back as soon as possible. The survey will help us understand the impact of the COVID-19 pandemic on the mental health of children and young adults. **Your response is important to the success of this survey.**

We have some follow-up questions to ask about:

Your responses to this questionnaire are kept confidential. The U.S. Census Bureau and the U.S. Department of Health and Human Services are required by law to protect the confidentiality of your responses. By law, the Census Bureau can only use your responses for statistical research.

If you need assistance with the survey or have questions, please call 1-877-749-4943 or email us at [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

Thank you in advance for your continued participation in this important survey.

Sincerely,

A handwritten signature in black ink that reads "Robert L. Santos".

Robert L. Santos  
Director

Enclosure

*Si necesita ayuda en español, llame al 1-877-749-4943.*

NSCH-LC-TE4  
(08-18-2023)



**UNITED STATES DEPARTMENT OF COMMERCE**  
**U.S. Census Bureau**

Office of the Director  
Washington, DC 20233-0001

In recent months, we have contacted you regarding the final part of the **National Survey of Children's Health—Longitudinal Cohort**. We conduct this important survey for the U.S. Department of Health and Human Services. The results of this survey will help our nation better understand and respond to the mental health needs of U.S. children and young adults.

**The survey is ending soon and this is your last opportunity to help.** If you have already completed the survey prior to receiving this mailing, please accept our thanks. If you have not yet responded, we encourage you to do so today. The success of this survey depends on your response.

We have some follow-up questions to ask about:

Your responses to this questionnaire are kept confidential. The U.S. Census Bureau and the U.S. Department of Health and Human Services are required by law to protect the confidentiality of your responses. By law, the Census Bureau can only use your responses for statistical research.

If you need assistance with the survey or have questions, please call 1-877-749-4943 or email us at [ADDP.NSCH.LC@census.gov](mailto:ADDP.NSCH.LC@census.gov).

Thank you again for your participation. We hope to hear from you soon.

Sincerely,

A handwritten signature in black ink that reads "Robert L. Santos".

Robert L. Santos  
Director

Enclosure

*Si necesita ayuda en español, llame al 1-877-749-4943.*

NSCH-LC  
Topical Frequently Asked Questions (FAQs)  
*\*Note: These appear on the back of each Topical letter*



## **FAQs**

### **What is the National Survey of Children’s Health—Longitudinal Cohort (NSCH-LC)?**

The NSCH-LC is a national survey that focuses on the physical and emotional health of children and young adults ages 3 to 24 in the United States. The 2023 NSCH-LC collects information related to the health and well-being of children and young adults, including access to and use of health care, family interactions, mental health, school and after-school experiences, and family economic circumstances.

### **Why is this survey important?**

The NSCH-LC is designed to measure the impacts of the COVID-19 pandemic on children, young adults, and their families. The results of the NSCH-LC will help inform the development of federal policies and programs aimed at improving the health and well-being of children and young adults. For more information about this survey or about health and well-being of children and young adults, go to [mchb.hrsa.gov/nsch-lc](https://mchb.hrsa.gov/nsch-lc) or scan the QR code.



### **Why should I participate?**

Your household is unique and important. We need to hear from households from all walks of life to collect enough information to help improve the health of children and young adults across the country. If a household that has been selected for the survey does not respond, we cannot replace them with another household.

### **I consider this child an adult. Do I still need to answer the survey?**

Yes. The NSCH-LC asks questions about both children and young adults ages 3 to 24. The survey also asks questions about their families and the experiences of young people as they transition into adulthood.

### **This child or young adult that does not live with me. Do I still need to answer the survey?**

Yes, even if the child or young adult does not live with you, we still need you to respond.

### **How long will this survey take?**

For most households, this final part of the survey should take, on average, 35 minutes to complete.

### **Will my response be confidential?**

The U.S. Census Bureau is required by law to protect your information. We are not permitted to publicly release your responses in a way that could identify your household. The Census Bureau is conducting this survey under the authority of Title 13, United States Code (U.S.C.), Section 8(b) (13 U.S.C. § 8(b)) and Section 501(a)(2) of the Social Security Act (42 U.S.C. § 701). Federal law protects your privacy and keeps your answers confidential under Title 13, U.S.C., Section 9 (13 U.S.C. § 9). Per the Federal Cybersecurity Enhancement Act of 2015, your data are protected from cybersecurity risks through screening of the systems that transmit your data. This survey has been approved by the Office of Management and Budget (OMB). The eight-digit OMB approval number is 0607-XXXX.

### **¿Cómo puedo responder la encuesta u obtener ayuda?**

Puede completarla en español por teléfono o solicitar un cuestionario impreso por correo. Llame al 1-877-749-4943 para recibir ayuda o para completar la encuesta por teléfono.