



DEPARTMENT OF THE NAVY

USS JOHN C. STENNIS (CVN 74)
UNIT 100175 BOX 1
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6000
Ser 00/079
15 Jun 23

From: Commanding Officer, USS JOHN C. STENNIS (CVN 74)

To: Commanding Officer, Naval Health Research Center

Subj: REQUEST FOR RESEARCH SUPPORT

1. Summary. The Naval Health Research Center (NHRC) supports Fleet Operational readiness through research, development, testing, and evaluation of the biomedical and psychological aspects of military personnel health and performance. USS JOHN C. STENNIS (CVN 74) requests research support from NHRC to examine the overall psychological and behavioral health of our Sailors, to determine the potential influence of specific organizational and individual risk and protective factors on their health and readiness, and to identify targets for interventions to reduce adverse events.

2. Background. Multiple series of recent suicides among Sailors serving aboard aircraft carriers have highlighted a need to better understand risk and protective factors for harmful behaviors among shipboard Sailors. Following a preliminary assessment of work-related stressors, perceptions of cohesion and leadership, and mental and behavioral health among Sailors serving aboard aircraft carriers, NHRC researchers are seeking to expand research efforts to determine the influence of organizational and individual risk and protective factors on harmful behaviors among shipboard Sailors. In addition to examining baseline associations, NHRC researchers will examine if and how relationships between risk/protective factors and behavioral health outcomes fluctuate over time through a series of repeated assessments.

3. Support. JOHN C. STENNIS requests NHRC pursue avenues of investigation that include surveys and focus groups to examine risk and protective factors for harmful behaviors among Sailors assigned to the JOHN C. STENNIS. All participants will be designated "off-duty" for the duration of their participation in this effort. All work should be coordinated with USS JOHN C. STENNIS' leadership and results should be briefed in a timely manner.

4. My point of contact is LCDR Rachel Sargeant, Ship's Physical Therapist, who may be reached at (757) 586-9301 or by e-mail at Rachel.sargeant@cvn74.navy.mil.

A handwritten signature in black ink, appearing to read "J. P. Thompson", is located below the text of the fourth point.

J. P. THOMPSON