

Final Interview: SF-12

Record ID. _____

Final Interview: SF-12 Health Survey

(Please repeat the reminder below if it has not been provided during this interview period.)

Reminder about resources to help you cope with distress.

When you enrolled in this study, you were provided with a list of resources to help you cope with negative feelings and reactions to these interviews. These resources can also help you with other problems in your life not related to the study.

If you do not remember receiving this information, we will provide it to you immediately following this interview.

Interview prompt:

"This survey asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities."

"Answer each question by choosing just one answer. If you are unsure how to answer a question, please give the best answer you can."

1. In general, would say your health is:
- Excellent
 - Very good
 - Good
 - Fair
 - Poor

Questions 2 & 3: The following two questions are about activities you might do during a typical day. Does your health now limit you in these activities. If so, how much?

2. Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf.
- YES: limited a lot
 - YES: Limited a little
 - NO: no limited at all

3. Climbing several flights of stairs.
- YES: limited a lot
 - YES: Limited a little
 - NO: no limited at all

Questions 4 & 5: During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

4. Accomplished less than you would like. Yes
 No

5. Were limited in the kind of work or other activities. Yes
 No

Questions 6 & 7: During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

6. Accomplished less than you would like. Yes
 No

7. Did work or activities less carefully than usual. Yes
 No

8. During the past 4 weeks, how much did pain interfere with your normal work (including work outside the home and housework)?
 Not at all
 A little bit
 Moderately
 Quite a bit
 Extremely

Questions 9, 10, and 11. These questions are about how you have been feeling during the past 4 weeks.

For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks...
9. Have you felt calm and peaceful? All of the time
 Most of the time
 A good bit of the time
 Some of the time
 A little of the time
 None of the time

How much of the time during the past 4 weeks...
10. Did you have a lot of energy? All of the time
 Most of the time
 A good bit of the time
 Some of the time
 A little of the time
 None of the time

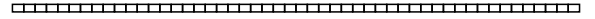
How much of the time during the past 4 weeks...
11. Did you feel down-hearted and blue? All of the time
 Most of the time
 A good bit of the time
 Some of the time
 A little of the time
 None of the time

12. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?

- All of the time
- Most of the time
- A good bit of the time
- Some of the time
- A little of the time
- None of the time

How do you feel about life in general?

Terrible Delighted



(Place a mark on the scale above)