

CHA ID# _____

Date _____

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Pre-Assessment of CHAs-in-Training

This assessment will help Public Health staff evaluate and improve the CHA training program. We are not grading this.

Please answer the questions as well as you can. If you do not know an answer, it is OK, please note "Don't Know". If you don't understand any one question fully, please move on to the next question and come back to it and ask us for clarification.

Thank you for your feedback!

Knowledge

1. Which of these are true about the Duwamish River as a contaminated site (Superfund Site)? (circle all that apply)
 - a. This site was contaminated by historical pollution from longtime ago.
 - b. The Environmental Protection Agency (EPA) determined that it is one of the most polluted sites in the US to clean up.
 - c. The EPA pays for the cleanup.
 - d. The contamination at this site presents a risk to human health.
 - e. The cleanup site is 5 miles long.
 - f. Don't know.

- 2. What part of the Duwamish River has most of the harmful PCBs (man-made chemicals) and needs to be cleaned up by the EPA? (circle all that apply)**
- a. Water of the river
 - b. Mud of the river
 - c. Plants in the river
 - d. Don't know.

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- 3. How does chemical pollution get into the Duwamish River currently?**
(Circle all that apply).
- a. Storm water runoff
 - b. Combined sewer overflows (CSOs)
 - c. Erosion
 - d. Oil spills and leaks
 - e. Don't know.

4. You cannot see the PCBs in the water, mud or in the seafood.

True

False

Don't Know

5. Eating seafood with PCBs can make you feel sick right away.

True

False

Don't Know

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6. Please write the correct letter (A, B, C...) for the Agency next to their Responsibility:

AGENCY

- A. Public Health Seattle & King County
- B. WA State Department of Health
- C. US EPA
- D. WA State Department of Ecology
- E. WA State Department of Fish & Wildlife (WDFW)

RESPONSIBILITY

- _____ 1. Manages the cleanup of the mud in the Duwamish River Superfund Site.
- _____ 2. Enforces fishing rules to protect the population of the fisheries.
- _____ 3. Responsible for controlling pollution sources from entering the Duwamish River (e.g., storm water pollution). _____
- _____ 4. Leads this community program to promote healthy seafood consumption on behalf of US EPA. _____
- _____ 5. Develops the Seafood Consumption Advisory.

Using the outreach materials in front of you, please answer the following questions.

7. Can you name three health benefits of eating fish?

- 1. _____
- 2. _____
- 3. _____

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8. “Resident seafood” in the Duwamish River spend their entire lives in the river so they are the most contaminated with PCBs. Please list three of the resident seafood from the Duwamish River that Public Health Department does not recommend people eating.

1. _____

2. _____

3. _____

9. For fishers on the Duwamish River, which is the safest seafood to catch and eat because it only spends a short time in the river and has lower PCBs? (Circle all that apply)

- a. English Sole
- b. Salmon
- c. Red Rock Crab
- d. Clams
- e. Don’t know

10. Which group(s) is most vulnerable to health effects from the PCBs in the Duwamish resident seafood? (Circle all that apply)

- a. Pregnant or nursing moms
- b. Older person (65+)
- c. Men and women who will not have kids
- d. Babies and young children (0-5 years old)
- e. Don’t know

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11. Name three types of seafood from the supermarket that are a healthy choice to eat 2-3 times per week:

1. _____

2. _____

3. _____

12. If you were doing an outreach event about the Duwamish seafood contamination:

a. What would be the activity?

b. Who would be your audience for this event?

c. What are the three most important messages you would want to convey to that audience?

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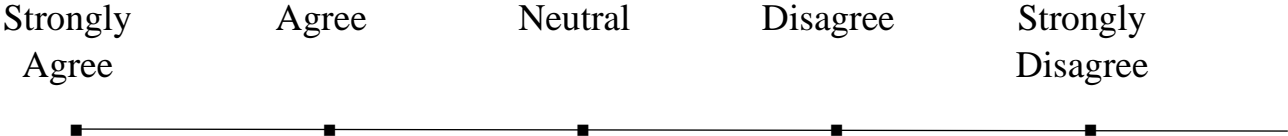
Date _____

d. How would you describe the location of the Duwamish River to a community member? (please provide a brief description).

Compass

Please rate your level of agreement with the following statement.

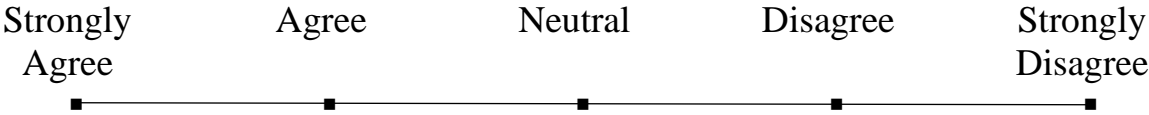
13.I feel confident that I can influence my community through this work.



Confidence and Skills

Please rate your level of agreement with the following statements.

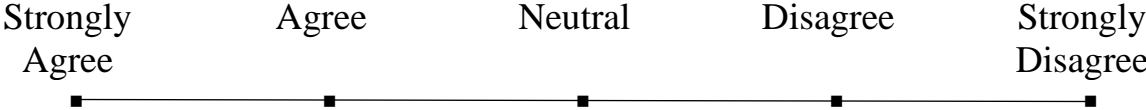
14. I feel confident that I have the knowledge to conduct outreach in my community.



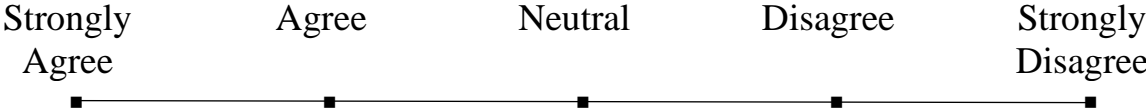
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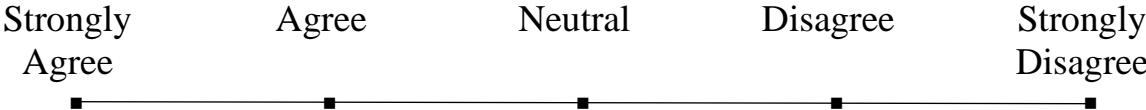
15. I feel confident that I have the skills to conduct outreach in my community.



16. I feel like I can bring the voices of other community members back to decision makers.



17. I have confidence that my (voice) ideas and recommendations are considered and responded to by Public Health.



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How confident are you in your ability to...

18. Present information to audiences in your own words.

Very Confident	Somewhat Confident	Neutral	Not Very Confident	Not at All Confident
■	■	■	■	■

19. Organize an outreach activity.

Very Confident	Somewhat Confident	Neutral	Not Very Confident	Not at All Confident
■	■	■	■	■

20. Facilitate a discussion and collect feedback from your community.

Very Confident	Somewhat Confident	Neutral	Not Very Confident	Not at All Confident
■	■	■	■	■