Parenting Resources Program Survey

OMB Control #0693-0033 | Expiration Date: 09/30/2025

Welcome to the Parenting Resources Program Survey!

The NIST's Diversity, Equity and Inclusivity Office (DEIO) has identified that supporting a hybrid environment is important to NIST goals of diversity, equity, and inclusivity.

Sponsored by the NIST Director and the DEIO, ParentsNet will pilot the Parenting Resources Program to give NIST staff access to virtual resources in support of their well-being.

You will be asked questions regarding topics of interest for educational materials online, private webinars, and other virtual forms of support on important parenting topics.

The information gathered through this survey will be used to prepare the statement of work in the procurement of services for the NIST Parenting Resources Program.

This is your opportunity to share your preferences among a variety of virtual services available in the market to support parents in the workplace.

This survey takes approximately 10 minutes.

We appreciate your time and input. Click NEXT to take the survey!

* Indicates required question

ON-DEMAND VIDEOS ON PARENTING TOPICS: Educational videos prepared by parent educators on a variety of parenting topics

1. If you had access to online educational <u>on-demand videos</u> on a wide variety of parenting topics, which topics are you most likely to watch? *

   Please pick your **top 5 choices**.

   Check all that apply.

   ☐ Understanding kids and anxiety

   ☐ Communicating with teens/tweens

   ☐ Communicating with preschoolers/elementary school-aged kids

   ☐ Fostering executive functioning skills in kids

   ☐ Managing power struggles

   ☐ Strategies for handling sibling rivalry

   ☐ Taming temper tantrums

   ☐ Boundaries and discipline

   ☐ Racial and cultural awareness

   ☐ Potty training

   ☐ Challenges with screen time / technology

   ☐ Morning and bedtime struggles

   ☐ Picky eating

   ☐ Family organization and gaining cooperation

   ☐ Positive parenting

   ☐ Building positive relationships

   ☐ Other: _____

LIVE WEBINARS ON PARENTING TOPICS: Live webinars given by a parent educator on parenting topics of interest

2. If you had access to <u>live webinars given by a parent educator</u> (who can provide strategies, tools, and answer questions), which sessions are you most likely to attend? *

Please pick your **top 5 choices**.

Check all that apply.

- [ ] Understanding kids and anxiety
- [ ] Communicating with teens/tweens
- [ ] Communicating with preschoolers/elementary school-aged kids
- [ ] Fostering executive functioning skills in kids
- [ ] Managing power struggles
- [ ] Strategies for handling sibling rivalry
- [ ] Taming temper tantrums
- [ ] Boundaries and discipline
- [ ] Racial and cultural awareness
- [ ] Potty training
- [ ] Challenges with screen time / technology
- [ ] Morning and bedtime struggles
- [ ] Picky eating
- [ ] Family organization and gaining cooperation
- [ ] Positive parenting
- [ ] Building positive relationships
- [ ] Other: _____

(VIRTUAL) GROUP COACHING FOR PARENTS: Group coaching sessions facilitated by a parent educator

3. If you had access to <u>group coaching sessions facilitated by a parent educator</u> (where parents can come with their own questions loosely centered around a theme), what themes would you like to see? *

   Please pick your **top 3 choices**.

   Check all that apply.

   - [ ] Technology struggles during holiday breaks
   - [ ] Issues commonly faced by parents of infants and toddlers
   - [ ] Issues commonly faced by parents of preschoolers/early elementary school
   - [ ] Issues commonly faced by parents of tweens & teens
   - [ ] Mornings, bedtimes, and sleep habits
   - [ ] Tantrums and defiant behavior
   - [ ] Preparing for summer break
   - [ ] Setting limits
   - [ ] Cooperation around the house: chores, homework, etc.
   - [ ] Back to school after summer
   - [ ] Other: _____

> **(VIRTUAL) SPECIAL DISCUSSIONS ON RESILIENCE:** Small group discussions on special topics related to resilience facilitated by a clinician

4. If you had access to <u>small group discussions facilitated by a clinician</u> for parents interested in learning about special topics related to wellbeing and resilience, what topics would be of interest to you? *

   Please pick your **top 3 choices**.

   Check all that apply.

   - [ ] Supporting children coping with mental health challenges
   - [ ] Coping with infertility
   - [ ] Grieving the loss of a child
   - [ ] Raising children while caring for aging and/or ailing parents
   - [ ] Parenting through separation or divorce
   - [ ] Caring for parents and family members with dementia
   - [ ] Adjusting to single or solo parenting
   - [ ] Other: _____

5. Individual coaching can help see challenges in achieving goals from a new perspective to improve performance at work. If you had access to a handful of <u>individual (one-on-one) coaching sessions for a parent in a leadership role</u>, would you be interested? *

Mark only one oval.

◯ Yes

◯ Yes, but not this year.

◯ No

RANKING OF RESOURCES

6. Having seen the various possible resources above, could you please rank them in order of importance to you? With 1 being the most important and 5 being the least important. *

Check all that apply.

	1 (most important)	2	3	4	5 (least important)
On Demand Parenting Videos	☐	☐	☐	☐	☐
Live Webinars on Parenting Topics	☐	☐	☐	☐	☐
(Virtual) Group Coaching for Parents	☐	☐	☐	☐	☐
(Virtual) Special Discussions on Resilience	☐	☐	☐	☐	☐
(Virtual) Individual Coaching	☐	☐	☐	☐	☐

Skip to question 7

ADDITIONAL COMMENTS

7. Please feel free to provide comments:

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Google Forms