### **Option 20 Items**

### **Privacy Act Statement**

AUTHORITY: 10 U.S. Code Section 3013, Secretary of the Army; 10 U.S. Code Section 2358, Research and Development Projects

PRINCIPAL PURPOSE: To facilitate scientific assessments of personnel and training dimensions essential to the recruitment, selection, assignment, evaluation, and training of military personnel; and to inform Army policies that may enhance the Soldier lifecycle, human capital management, and the readiness effectiveness of the Army. See the System of Record Notice A0602 AHRC-ARI.

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### **Identifying Soldiers in Alaska**

What is your current duty station?

[Fort Richardson or Fort Wainwright]

(BRANCH IF Fort Richardson, AK or Fort Wainwright, AK selected): When you enlisted did you choose Alaska as your first duty station (i.e., chose Option 20)? [YES/NO]

BRANCH IF "Yes" to Option 20 question:

Please select which of the following influenced your decision to pick Alaska (select all that
apply):
☐ I wanted to go Airborne
☐ I wanted to know where I was going
☐ Desire for adventure
☐ Extra duty pay
☐ To move far away from home
☐ I like the cold
☐ Recreational opportunities (e.g., snowboarding, hunting)
☐ Recruiter recommendation
☐ Friend or family recommendation
☐ The Mission in the Artic
☐ Other – Please specify [please do not include PII in response]

How much do you agree with the following statements?	Strongly disagree	Disagre e	Neither agree nor disagree	Agree	Strongly agree
I feel connected to the Mission of my unit.					
I gain useful MOS skills at my current duty station					
I could successfully perform by job at any duty station					
I receive the training and experience I want at my duty station					
My current duty station is a good first duty station for new Soldiers					
I find the all-day dark/light impacts my performance					
I find the all-day dark/light impacts my happiness/well-being					
I am satisfied with my pay					
I think people drink more alcohol at my duty station compared to other duty stations.					
The Mission 100 program connects Soldiers with a mental health professional. The program has been beneficial to Soldiers who need help.					
My leadership cares about my mental health and well-being					
I can do my hobbies at my duty station					
I have been able to make new friends at my post					
My Army issued clothing (e.g., gloves, boots) is well-designed to help me perform my job.					

How much do you agree with the following statements?	Strongly disagree	Disagre e	Neither agree nor disagree	Agree	Strongly agree
My Army issued clothing (e.g., gloves, boots) works for the weather at my duty station.					
I needed to buy my own civilian clothing to help me perform my job.					
My Army issued gear (e.g., weapons, tools) is well-designed to help me perform my job.					
My Army issued gear (e.g., weapons, tools) works for the weather at my duty station.					
I have the gear (e.g., weapons, tools) that's required to successfully do my job.					

How much do you agree with the following statements?	Strongly disagree	Disagree	Neither agree nor	Agree	Strongly agree	Not applicable/ Don't
			disagree			know
My first-level supervisor knows how to						
get the job done in a cold weather						
climate						
My first-level supervisor knows how to						
get the job done in a hot weather climate						
My higher-level NCOs know how to get						
the job done in a cold weather climate						
My higher-level NCOs know how to get						
the job done in a hot weather climate						
My leaders do everything they can to						
prevent CWIs (Cold Weather Injuries)						
My leaders do everything they can to						
prevent heat injuries						
Soldiers in my unit would feel						
comfortable reporting a possible CWI to						
our supervisor						
Soldiers in my unit would feel						
comfortable reporting a possible heat						
injury to our supervisor						

Please indicate how satisfied you are with each of the items below.	Not at all satisfied	 Moderatel y satisfied	Very satisfied	Extremely satisfied	Not applicable/ Don't know
Quality of the DFAC food					

Mais time for the DEAC			
Wait time for the DFAC			
Amount of food you receive at			
the DFAC			
Quality of your barracks			
Quality of the maintenance			
services in the barracks			
Quality of the medical treatment			
you have received on-post			
Amount of time it takes for you			
to be seen for a medical issue			
Activities available on post			
Activities available off post			
Availability of the BOSS			
activities			
Physical fitness facilities			
Employment opportunities for			
your spouse			
Childcare availability			
Availability of family support			
services and activities			
Your PCS process			
Your overall quality of life at			
your post			

# I was satisfied with my sponsor.

- o Strongly disagree
- o Disagree
- o Neither agree nor disagree
- o Agree
- o Strongly agree
- O Does Not Apply/I did not receive a sponsor

# Since arriving to my post, my mental health has:

- o Gotten much worse
- O Gotten worse
- o Stayed the same
- o Gotten better
- o Gotten much better

# Since arriving to my post, my physical health has:

- o Gotten much worse
- o Gotten worse
- o Stayed the same

- Gotten better
- o Gotten much better

### I feel isolated from others.

- o Never
- o Rarely
- o Sometimes
- O Very often
- o Always

## I feel lonely.

- o Never
- o Rarely
- o Sometimes
- o Very often
- o Always

Since arriving at this duty station:

Have you wished you were dead or wished you could go to sleep and not wake up?

- o Yes
- o No

Since arriving at this duty station:

Have you actually had any thoughts of killing yourself?

- o Yes
- o No

IF the answer to either question is "yes", ask the following questions.

Have you been thinking about how you might do this?

- o Yes
- o No

Have you had these thoughts **and** had some intention of acting on them?

- o Yes
- o No

Have you started to work out or worked out the details of how to kill yourself?

- o Yes
- o No

Do you intend to carry out this plan?

- o Yes
- o No

## What makes you unlikely to reenlist?

- Better job opportunities outside the Army
- Bureaucracy
- Difficultly meeting physical requirements
- Family problems at home
- Homesickness
- Illness/medical condition
- Lack of motivation/boredom
- Not getting along with others
- Not getting desired military job
- Problems adjusting to Army life
- Problems with supervisors
- Racial discrimination
- Sexual harassment
- Sexual or gender discrimination
- Want to pursue education goals outside
- Want to spend more time with family
- Want to start a family
- Poor first duty station experience
- Lack of deployment opportunities
- Other please specify [please do not include PII in response] Text entry

Please provide any additional comments [please do not include PII in response] Text entry