

# 2025 and 2027 National Youth Risk Behavior Survey

## Appendix E

### Rationale for Survey Questions

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Healthy People 2030 sets data-driven national objectives to improve health and well-being over the next decade. The Youth Risk Behavior Survey (Att L1), which targets high school students as respondents, is a data source for the following Healthy People 2030 objectives:

<b>Objective #</b>	<b>Objective Description</b>
C-10	Reduce the proportion of student in grades 9 through 12 who report sunburn
ECBP-01	Increase the proportion of adolescents who participate in daily school physical activity
IVP-11	Reduce physical fighting among adolescents
IVP-12	Reduce gun carrying among adolescents
IVP-17	Reduce adolescent sexual violence by anyone
IVP-18	Reduce sexual or physical adolescent dating violence
LGBT-05	Reduce bullying of lesbian, gay, or bisexual high school students
LGBT-06	Reduce suicidal thoughts in lesbian, gay, or bisexual high school students
LGBT-07	Reduce the proportion of lesbian, gay, or bisexual high school students who have used illicit drugs
MHMD-02	Reduce suicide attempts by adolescents
PA-06	Increase the proportion of adolescents who do enough aerobic physical activity
PA-07	Increase the proportion of adolescents who do enough muscle-strengthening activity
PA-08	Increase the proportion of adolescents who do enough aerobic and muscle-strengthening activity
SH-04	Increase the proportion of high school students who get enough sleep

(U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion, Healthy People 2030, <https://health.gov/healthypeople/objectives-and-data/data-sources-and-methods/data-sources/youth-risk-behavior-surveillance-system-yrbss>)