MEDICAL EXPENDITURE PANEL SURVEY

HOUSEHOLD COMPONENT MAIN STUDY

SHOW CARDS

Panels 27, 26, 25, 24, and 23

January 2022

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CARD RE-1

One or more categories may be selected.

- -- September 2001 or later
- -- August 1990 to August 2001, including the Persian Gulf War
- -- May 1975 to July 1990
- -- Vietnam era, August 1964 to April 1975
- -- February 1955 to July 1964
- -- Korean War, July 1950 to January 1955
- -- January 1947 to June 1950
- -- World War II, December 1941 to December 1946
- -- November 1941 or earlier

CARD RE-2

One or more categories may be selected.

- -- Mexican
- -- Mexican-American/Chicano
- -- Puerto Rican
- -- Cuban/Cuban American
- -- Dominican
- -- Central or South American

CARD RE-3

One or more categories may be selected.

- -- White
- -- Black or African American
- -- American Indian or Alaska Native
- -- Asian Indian
- -- Chinese
- -- Filipino
- -- Japanese
- -- Korean
- -- Vietnamese
- -- Other Asian
- -- Native Hawaiian
- -- Guamanian or Chamorro
- -- Samoan
- -- Other Pacific Islander

CARD PE-1

- -- Heart murmur
- -- Heart arrhythmia/Irregular heartbeat
- -- Blocked or clogged artery
- -- Congestive Heart Failure
- -- Atrial Fibrillation
- -- Mitral Valve Prolapse
- -- Enlarged heart
- -- Heart valve problems (e.g., leaky, blocked, collapsed)
- -- Tachycardia/Rapid heart rate
- -- Bradycardia/Slow heart rate
- -- Other

CARD PE-2

 Bladder	 Mouth/Tongue/Lip
 Blood	 Ovarian
 Bone	 Pancreas
 Brain	 Prostate
 Breast	 Rectum
 Cervical	 Skin – Melanoma
 Colon	 Skin – Non-Melanoma
 Esophagus	 Skin (unknown type)
 Gallbladder	 Soft tissue muscle or fat
 Kidney/Renal	 Stomach
 Larynx-Windpipe	 Testicular
 Leukemia	 Throat or Pharynx
 Liver	 Thyroid
 Lung	 Uterine
 Lymphoma (Non-Hodgkin's)	 Other

CARD PE-3

- -- Within the last 7 days
- -- More than 7 days ago, but within last 30 days
- -- More than 30 days ago

CARD HE-1

- -- No difficulty
- -- Some difficulty
- -- A lot of difficulty
- -- Completely unable to do it

-- Admitted to the hospital for one or more nights

-- Any type of care received in a hospital emergency room

Same-day care received at a hospital outpatient department such as...

- -- Surgery centers
- -- Cancer treatment centers
- -- Physical therapy and rehabilitation centers
- -- Cardiology centers
- -- Obesity treatment centers
- -- Radiology and imaging centers

Primary care doctor such as...

- -- General practitioner
- -- Internist
- -- Pediatrician
- -- Family medicine provider
- -- Medical doctor

- -- Orthopedist
- -- Cardiologist
- -- Dermatologist
- -- Oncologist
- -- Neurologist
- -- Gynecologist
- -- Allergist
- -- Gastroenterologist
- -- Surgeon
- -- Kidney specialist (Nephrologist)
- -- Radiologist
- -- Ear, nose and throat specialist (Otorhinolaryngologist)
- -- Urologist
- -- Podiatrist
- -- Audiologist
- -- Any other type of medical specialist

- -- Dentists
- -- Oral surgeons
- -- Orthodontists
- -- Dental assistants
- -- Dental hygienists
- -- Pediatric dentists
- -- Endodontists
- -- Periodontists
- -- Dental technicians
- -- Other type of dental care provider

- -- Psychiatrist
- -- Psychologist
- -- Licensed clinical social worker
- -- Mental health therapist
- -- Counselor
- -- Psychiatric social worker
- -- Other mental health professional

- -- Nurse (RN, LPN, PHN, BSN)
- -- Nurse practitioner
- -- Nurse's aide
- -- Physician assistant (PA)
- -- Midwife
- -- Health aide

- -- Walk-in urgent care
- -- Retail clinic in a pharmacy
- -- Retail clinic in a grocery store
- -- Family planning center
- -- College or university clinic
- -- Employer clinic
- -- Free clinic
- -- Infirmary
- -- Other type of health clinic

- -- Independent medical lab
- -- Testing facility lab

- -- Physical therapist
- -- Occupational therapist
- -- Speech therapist
- -- Chiropractor
- -- Physiatrist
- -- Behavioral therapist
- -- Other type of therapist

- -- Optometrist
- -- Ophthalmologist
- -- Vision technician
- -- Optician
- -- Orthoptist
- -- Other eye care professional

- -- Acupuncture
- -- Homeopathic care
- -- Massage therapy
- -- Hypnosis
- -- Naturopathic care
- -- Herbalist
- -- Other alternative care professional

Care received from someone who visited your home, such as...

Skilled medical care from -

- -- a home care nurse,
- -- any type of therapist,
- -- a social worker,
- -- anyone else providing nursing or medical care

Personal care services such as help with -

- -- bathing,
- -- dressing,
- -- taking medication

Household chore services

- -- help with cooking
- -- help with cleaning

Companionship services such as -

- -- reading,
- -- talking,
- -- going for a walk or drive

Any other type of home care

Residential or long-term care received at places such as...

- -- Nursing home for rehabilitation services
- -- Inpatient rehabilitation facility or convalescent home
- -- Hospice care
- -- Respite care
- -- Mental health treatment center
- -- Drug and alcohol treatment center
- -- Addiction treatment center
- -- Eating disorder treatment center
- -- Other treatment center

MEPS counts many things you might not think of as health care:

Preventive and Diagnostic Care

- -- Diagnostic tests such as blood work, X-rays, mammograms, MRI or CAT scans
- -- Vaccinations for children and adults, flu shots and allergy shots
- -- Blood pressure checks and other types of heart health monitoring
- -- All types of preventive care, including well visits

Acute Illness Care

- -- Hospital stays, even if just part of a day or longer
- -- Care received at the Emergency Room or Urgent Care Centers
- -- Care at walk-in clinics such as clinics at work, or in a pharmacy (Minute Clinics)
- -- Sick visits to a doctor, nurse or physician assistant

Continuing Medical Treatment

- -- Care received at home by visiting nurses or other home health aides
- -- Cancer treatments including chemotherapy and radiation
- -- Dialysis
- -- Counseling and other care from psychologists or mental health specialists
- -- Physical, speech or occupational therapy
- -- Chiropractic care, acupuncture, homeopathic or other alternative care

Other Types of Care

- -- Pre-natal care, and all other obstetrician/gynecological care
- -- Pre-op care before surgery, the surgery and the follow-up care
- Eye exams and prescription glasses or contact lenses
- -- Prescription medicines including birth control, insulin and diabetic supplies
- -- Phone calls to medical providers or labs to check test results
- -- Dental check-ups and orthodontic care (braces)
- -- Oral surgery

And much more -- ask your interviewer if you are not sure what to include!

CARD EV-1A

- -- Hospital Inpatient Stay
- -- Hospital Emergency Room
- -- Hospital Outpatient Department
- -- Dental Office
- -- Medical Provider Office or Clinic
- -- Telehealth
- -- Care Received at Home
- -- Residential or Long Term Care Facility
 - e.g., Nursing home, rehabilitation facility, drug treatment, psychiatric facility

CARD EV-1B

- -- Hospital Inpatient Stay
- -- Hospital Emergency Room
- -- Hospital Outpatient Department
- -- Dental Office
- -- Medical Provider Office or Clinic
- -- Telehealth
- -- Care Received at Home
- -- Residential or Long Term Care Facility
 - e.g., Nursing home, rehabilitation facility, drug treatment, psychiatric facility
- -- Glasses/Contact Lenses
- -- Other Medical Expenses

CARD HS-1

- -- Operation or surgical procedure
- -- Treatment or therapy, not including surgery
- -- Diagnostic tests only
- -- Give birth to a baby Normal or Caesarean section (Mother)
- -- To be born (Baby)
- -- Pregnancy-Related complications

CARD ER-1

- -- Diagnosis or treatment
- -- Emergency (e.g., accident or injury)
- -- Psychotherapy or mental health counseling
- -- Follow-up or post-operative visit
- -- Immunization or shots
- -- Pregnancy-Related (Including prenatal care and delivery)

CARD ER-2

- -- Laboratory tests
- -- Sonogram or ultrasound
- -- X-rays
- -- Mammogram
- -- MRI or CAT scan
- -- EKG, ECG, or EEG
- -- Vaccination

- -- Cardiology (Heart)
- -- Endocrinology/Metabolism (Diabetes, Thyroid)
- -- Family practice
- -- Gastroenterology
- -- General practice
- -- General surgery
- -- Gynecology/Obstetrics
- -- Internal Medicine (Internist)
- -- Nephrology (Kidneys)
- -- Neurology
- -- Oncology (Tumors, Cancer)
- -- Ophthalmology (Eyes)
- -- Orthopedics
- -- Otorhinolaryngology (Ear, Nose, Throat)
- -- Pediatrician
- -- Physical medicine/Rehab
- -- Psychiatry/Psychiatrist
- -- Radiology
- -- Urology
- -- Other specialty

- -- Acupuncturist
- -- Chiropractor
- -- Dentist/Dental care person
- -- Homeopathic/Naturopathic/Herbalist/Other alternative/Complementary care provider
- -- Massage therapist
- -- Mental health counselor/Marital or family therapist
- -- Midwife
- -- Nurse/Nurse practitioner
- -- Optometrist
- -- Physical/Occupational therapist
- -- Physician assistant
- -- Podiatrist
- -- Psychologist
- -- Social worker
- -- Technician
- -- Other

- -- General checkup
- -- Diagnosis or treatment
- -- Emergency (e.g., accident or injury)
- -- Psychotherapy or mental health counseling
- -- Follow-up or post-operative visit
- -- Immunizations or shots
- -- Vision exam
- -- Pregnancy-Related (Including prenatal care and delivery)
- -- Well child exam
- -- Laser eye surgery

- -- Laboratory tests
- -- Sonogram or ultrasound
- -- X-rays
- -- Mammogram
- -- MRI or CAT scan
- -- EKG, ECG, or EEG
- -- Vaccination

- -- Allergy/Immunology
- -- Cardiology (Heart)
- -- Dermatology (Skin)
- -- Endocrinology/Metabolism (Diabetes, Thyroid)
- -- Family practice
- -- Gastroenterology
- -- General practice
- -- General surgery
- -- Gynecology/Obstetrics
- -- Internal medicine (Internist)
- -- Nephrology (Kidneys)
- -- Neurology
- -- Oncology (Tumors, Cancer)
- -- Ophthalmology (Eyes)
- -- Orthopedics
- -- Otorhinolaryngology (Ear, nose, throat)
- -- Pediatrician
- -- Psychiatry/Psychiatrist
- -- Urology
- -- Other

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- -- Chiropractor
- -- Dentist/Dental care person
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- -- Midwife
- -- Nurse/Nurse practitioner
- -- Optometrist
- -- Physical/Occupational therapist
- -- Physician assistant
- -- Podiatrist
- -- Psychologist
- -- Social worker
- -- Technician
- -- Other

- -- General checkup
- -- Diagnosis or treatment
- -- Emergency (e.g., accident or injury)
- -- Psychotherapy or mental health counseling
- -- Follow-up or post-operative visit
- -- Immunizations or shots
- -- Vision exam
- -- Pregnancy-Related (Including prenatal care and delivery)
- -- Well child exam
- -- Laser eye surgery

- -- Laboratory tests
- -- Sonogram or ultrasound
- -- X-rays
- -- Mammogram
- -- MRI or CAT scan
- -- EKG, ECG, or EEG
- -- Vaccination

CARD TH-1

- -- Allergy/Immunology
- -- Cardiology (Heart)
- -- Dermatology (Skin)
- -- Endocrinology/Metabolism (Diabetes, Thyroid)
- -- Family practice
- -- Gastroenterology
- -- General practice
- -- General surgery
- -- Gynecology/Obstetrics
- -- Internal medicine (Internist)
- -- Nephrology (Kidneys)
- -- Neurology
- -- Oncology (Tumors, Cancer)
- -- Ophthalmology (Eyes)
- -- Orthopedics
- -- Otorhinolaryngology (Ear, nose, throat)
- -- Pediatrician
- -- Psychiatry/Psychiatrist
- -- Urology
- -- Other

CARD TH-2

- -- Acupuncturist
- -- Chiropractor
- -- Dentist/Dental care person
- -- Homeopathic/Naturopathic/Herbalist/Other alternative/Complementary care provider
- -- Massage therapist
- -- Mental health counselor/Marital or family therapist
- -- Midwife
- -- Nurse/Nurse practitioner
- -- Optometrist
- -- Physical/Occupational therapist
- -- Physician assistant
- -- Podiatrist
- -- Psychologist
- -- Social worker
- -- Technician
- -- Other

CARD TH-3

- -- General checkup
- -- Diagnosis or treatment
- -- Emergency (e.g., accident or injury)
- -- Psychotherapy or mental health counseling
- -- Follow-up or post-operative visit
- -- Immunizations or shots
- -- Vision exam
- -- Pregnancy-Related (Including prenatal care and delivery)
- -- Well child exam
- -- Laser eye surgery

CARD DN-1

- -- General dentist
- -- Pediatric dentist
- Dental specialist(e.g., Orthodontist, Endodontist, Periodontist)
- -- Dental hygienist

CARD DN-2

Diagnostic or Preventive

- -- General exam, check-up, or consultation
- -- Cleaning, prophylaxis, polishing, or periodontal recall visit (Periodic or regular)
- -- X-rays, radiographs, or bitewings
- -- Fluoride treatment
- -- Sealant (Plastic coatings on back teeth)

Restorative or Endodontic

- -- Fillings, inlays, crowns or caps
- -- Root canal

Periodontic (Gum Treatment)

-- Periodontal scaling, root planing, or gum surgery

Oral Surgery

- -- Extraction, tooth pulled, or other oral surgery
- -- Implants

Prosthetics

-- Fixed bridges, dentures or removable partial dentures, relining or repair of bridges or dentures

Orthodontics

-- Orthodontia, braces, or retainers

Additional Procedures

CARD HH-1

- -- Certified Nursing Assistant (CNA)
- -- Dietitian/Nutritionist
- -- I.V. or infusion therapist
- -- Medical doctor
- -- Nurse/Nurse practitioner
- -- Occupational therapist
- -- Physical therapist
- -- Respiratory therapist
- -- Social worker
- -- Speech therapist

CARD HH-2

- -- Companion
- -- Homemaker or house cleaner
- -- Home health aide or home care aide
- -- Hospice worker
- -- Nurse's aide
- -- Personal care attendant

CARD IC-1

- Inpatient rehabilitation facility or convalescent home
- -- Nursing home
- -- Residential mental health treatment center
- -- Residential eating disorder treatment center
- Residential drug and alcohol or addiction treatment center
- -- Residential hospice care
- -- Residential respite care

CARD OM-1

Disposable Supplies such as...

- -- Ostomy supplies
- -- Bandages and dressings
- -- Tape
- -- Adult disposable diapers
- -- Catheters
- -- Syringes not prescribed by a physician
- -- IV supplies

CARD OM-2

Medical Equipment such as...

Mobility aids

- Walker - Wheelchair

- Scooter - Braces

Equipment used in the home

- Hospital bed - Lift

- Monitor - Special chair

- Bed pan - Adaptive feeding equipment

Home and automobile modifications

- Ramp - Handrails

- Elevator - Automobile modifications

Hearing and speech assistance

- Hearing aid

- Amplifier for a telephone

- Adaptive speech equipment

Other

- Blood pressure monitor
- Oxygen
- Vaporizer or nebulizer

CARD CP-1

- -- Paid at time of visit
- -- Made a co-payment
- -- Bill sent directly to other source
- -- Bill has not arrived

No Bill Sent:

- -- HMO plan
- -- VA (Veterans Administration)/CHAMPVA
- -- Military facility
- Public Assistance/Medicaid/SCHIP
- -- Indian Health Service (IHS)
- -- Worker's Compensation
- -- Private health center/Clinic
- -- Public clinic/Health center or private charity
- -- Telephone call No charge
- -- Free from provider
- -- Government-Financed research and clinical trials

CARD CP-2

- -- 0
- -- 1 10
- -- 11 30
- -- 31 100
- -- 101 or More

CS-

CARD CS-1

0 No problem

1

2 Some problem

3

4 A very big problem

CARD CS-2

- -- Never
- -- Sometimes
- -- Usually
- -- Always

CARD CS-3

None

- 1 time
- 2 times
- 3 times
- 4 times
- 5 to 9 times
- 10 or more times

CS-4

CARD CS-4

0	Worst health care possible
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	Rest health care possible

CARD AC-1

- -- White
- -- Black/African American
- -- Asian
- -- Indian/Native American/Alaska Native
- -- Other Pacific Islander
- -- Some other race

CARD AC-2

- -- Very difficult
- -- Somewhat difficult
- -- Not too difficult
- -- Not at all difficult

CARD AC-3

- -- Never
- -- Sometimes
- -- Usually
- -- Always

Medicare Card Sample



- -- From a group or association
- -- Directly through a school
- -- Directly from an insurance agent
- -- Directly from an insurance company
- -- Directly from an HMO
- -- From a union
- -- From anyone's previous employer
- -- From spouse's/Deceased spouse's previous employer
- -- From some other employer
- -- Under a plan of someone not living here
- -- Directly from the Health Insurance Marketplace

- -- Medicare
- -- Medicaid
- -- SCHIP
- -- TRICARE
- -- CHAMPVA
- -- VA
- -- Other government program providing hospital and physician benefits

- -- 1 50
- -- 51 100
- -- 101 200
- -- 201 300
- -- 301 or more

- -- 1 30
- -- 31 60
- -- 61 90
- -- 91 120
- -- 121 or more

- -- Hospital and physician benefits, including coverage through an HMO
- -- Dental
- -- Prescription drugs
- -- Vision
- -- Medicare supplement/Medigap
- -- Long-Term care in a nursing home
- -- Extra cash for hospital stays
- -- Serious disease or dread disease

- -- From a professional association
- -- From a small business group
- -- From a union
- -- Directly from an insurance agent
- -- Directly from an insurance company
- -- Directly from an HMO
- -- From a previous employer
- -- Directly from the Health Insurance Marketplace

- -- 1 5,000
- -- 5,001 10,000
- -- 10,001 15,000
- -- 15,001 25,000
- -- 25,001 50,000
- -- 50,001 100,000
- -- 100,001 or more

- -- 1 100
- -- 101 500
- -- 501 1,000
- -- 1,001 5,000
- -- 5,001 15,000
- -- 15,001 or more

-- 1,001 or more

- -- Wages and salary
- -- Farm income (or loss)
- -- Business income (or loss)
- -- Social Security/Railroad retirement
- -- Private, military, or government pensions
- -- Interest
- -- Dividends
- -- Rental income (or loss)
- -- Other source

AS-

CARD AS-1

- -- 0 10,000
- -- 10,001 25,000
- -- 25,001 50,000
- -- 50,001 100,000
- -- 100,001 250,000
- -- 250,001 500,000
- -- 500,001 1,000,000
- -- 1,000,001 or more

AS-2

CARD AS-2

- -- 0 1,000
- -- 1,001 5,000
- -- 5,001 10,000
- -- 10,001 25,000
- -- 25,001 50,000
- -- 50,001 100,000
- -- 100,001 250,000
- -- 250,001 500,000
- -- 500,001 or more