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onal Post-acute and Long-term Care Study 2024 Residential Care Community Questionnaire

The Centers for Disease Control and Prevention conducts the National Post-acute and Longterm Care Study (NPALS). Please complete this questionnaire about the residential care community at the location listed below.

- If this residential care community is associated with another residential care community or is part of a facility or campus that offers multiple levels of care, please answer only for the residential care community portion operating at the location listed below.
- Please consult records and other staff as needed to answer questions.
- If you need assistance or have questions, go to https://www.cdc.gov/nchs/npals/index.htm or call 1-855-500-1435.
- Thank you for taking the time to complete this questionnaire.

CASE ID **DIRECTOR'S NAME** FACILITY NAME. LICENSE NUMBER FACILITY PHYSICAL STREET ADDRESS CITY, ST, ZIP

Residential care places are known by different names in different states. We refer to all of these places and others like them as residential care communities. Just a few terms used to refer to these places are assisted living, personal care, and adult care homes, facilities, and communities; adult family and board and care homes; adult foster care; homes for the aged; and housing with services establishments.

Please provide your contact information. Your information may be used for contact related to participation in current and future NPALS waves and will be kept confidential. PLEASE PRINT

Your name	First Last Nam
Your work telephone number, with	
Your work e-mail address	
Your job title	

Notice – CDC estimates the average public reporting burden for this collection of information as 30 minutes per resp. for reviewing instructions, searching existing data/information sources, gathering and maintaining the data/ir completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not aspect of this colle 1600 Clifton Road, Division of Health Care Statistics



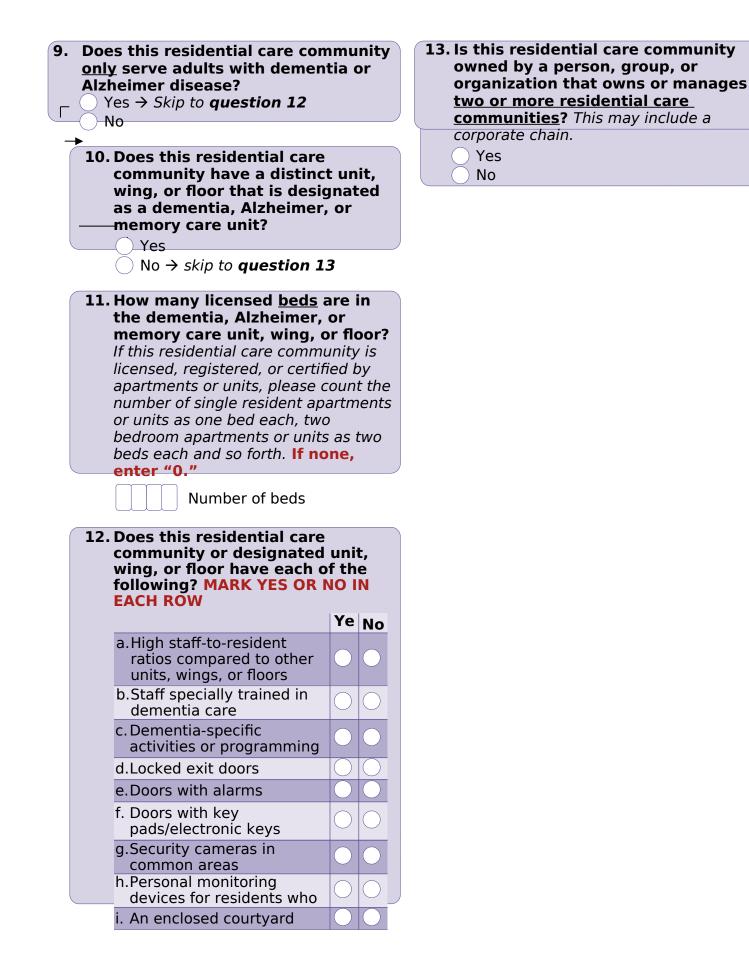
Division of Health Care Statistics All information that

statistical purposes. NCHS staff, contractors, and agents will not disclose or release responses in identifiable form without the consent of the individual or establishment in accordance with section 308(d) of the Public Health Service Act (42 U.S.C. 242m(d)) and the Confidential Information Protection and Statistical Efficiency Act of 2018 or CIPSEA (Pub. L. No. 115-435, 132 Stat. 5529 § 302). In accordance with CIPSEA, every NCHS employee, contractor, and agent has taken an oath and is subject to a jail term of up to five years, a fine of up to \$250,000, or both if he or she willfully discloses ANY identifiable information about you. In addition to the above cited laws, NCHS complies with the Federal Cybersecurity Enhancement Act of 2015 (6 U.S.C. §§ 151 and 151 note) which protects Federal information systems from cybersecurity risks by screening their networks.

	Backgroun	nd Information
2. ↓	What is the type of ownership of this residential care community? MARK ONLY ONE ANSWER Private—nonprofit Private—for profit Publicly traded company or limited liability company (LLC) Government—federal, state, county, Is this residential care community currently licensed, registered, certified, or otherwise regulated by the State? Yes No → Skip to question 41 At this residential care community, what is the number of licensed, registered, registered, or certified residential care beds? Include both occupied and	 currently living in this residential care community? Include residents for whom a bed is being held while in the hospital. If you have respite care residents, please include them. If none, enter "0." Number of residents → If you answered "0," skip to question 41 5. Does this residential care community offer at least 2 meals a day to residents? Yes No → Skip to question 41 6. Does this residential care community offer
	unoccupied beds. If this residential care community is licensed, registered, or certified by <u>apartment or unit</u> , please count the number of single resident apartments or units as one bed each, two bedroom apartments or units as two beds	b.assistance with medications, such as the
→	each and so forth. If none, enter "0." Number of beds If you answered fewer than 4 beds, skip to question 41	 administration of medications, give reminders, or provide central storage of medications? → If you answered "No" to both 6a and 6b, skip to question 41
7.	adults with an intellectual or develop both? Do not include Alzheimer disease of MARK ONLY ONE ANSWER	_
* 8.	 Yes, permitted, licensed, or regulated intellectual or developmental disabilit No, none of the above 	ty d to serve only persons with sever Skip to d to serve only persons with ty and severe mental illness ion 41
0.	types of staff to meet any resident no	y provide or arrange for <u>any</u> of the following needs that may arise? On-site means the staff ttached building or next door, or on the same IN EACH ROW Yes, staff are
		Yes, staff are available as on-site 24/7 needed or on No
		3

a.Personal care aide or staff caregiver			
b.Registered Nurse (RN), Licensed Practical Nurse (LPN), or Licensed	\bigcirc	\bigcirc	\bigcirc
c. Director, Assistant Director, Administrator or Operator (if they provide personal care or nursing	•	•	•

→ If you answered "No" to 8a, 8b, <u>and</u> 8c, skip to **question 41**



- -) Yes) No → Skip to **question 16**
 - 15. During the <u>last 30 days</u>, for how many of the residents <u>currently</u> <u>living in</u> this residential care community did Medicaid pay for some or all of their services received at this community? If none, enter "0."

Number of residents

16. An Electronic Health Record (EHR) is a computerized version of the resident's health and personal information used in the management of the resident's health care. Other than for accounting or billing purposes, does this residential care community use Electronic Health Records?

Yes

 \rightarrow No \rightarrow Skip to question 18

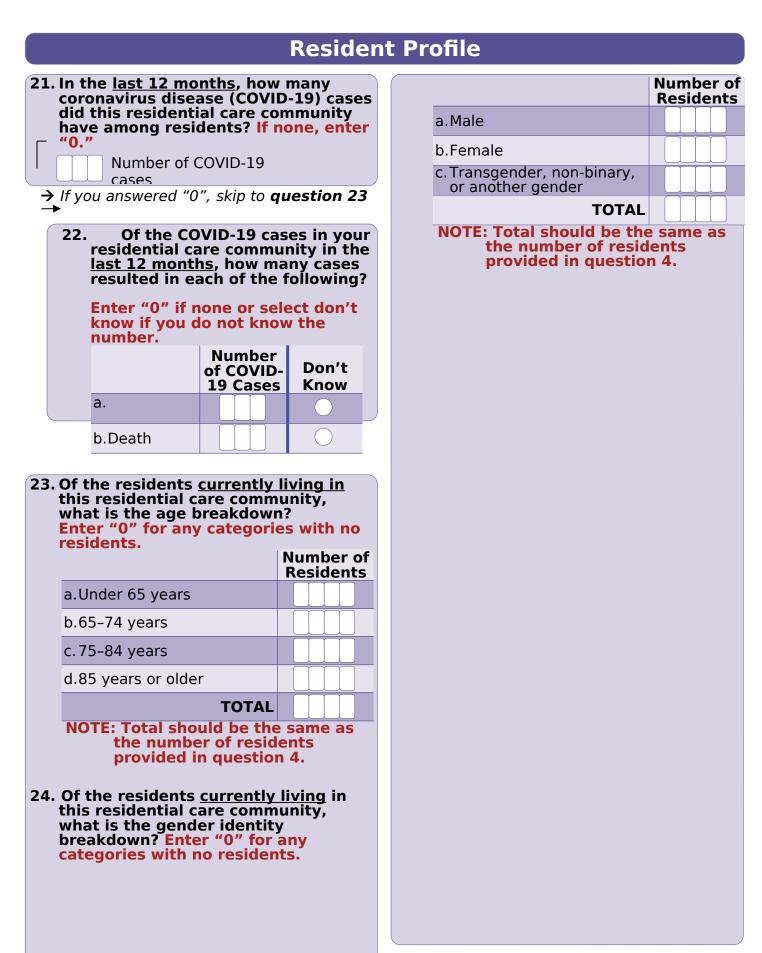
17. Does this residential care community's Electronic Health Records system support <u>electronic health information</u> <u>exchange</u> with each of the following providers? Do not include faxing. MARK YES OR NO IN EACH ROW

	Yes	No
a.Physician	\bigcirc	\bigcirc
b.Pharmacy	\bigcirc	\bigcirc
c. Hospital	\bigcirc	\bigcirc
d.Skilled nursing facility, nursing home, or inpatient rehabilitation	\bigcirc	\bigcirc
e.Other long term care	\bigcirc	\bigcirc

18. In the <u>last 12 months</u>, did this residential care community use any of the following types of <u>telehealth</u> <u>tools</u> to assess, diagnose, monitor, or treat residents? MARK YES, NO, OR DON'T KNOW IN EACH ROW

	Yes	No	Don't Kno	ow
a. Telephone audio				
b.Videoconference software with audi (e.g., Zoom, Webex, FaceTime)	0	0	0	
 9. Does this residential care commu and practices? MARK YES OR NO IN EACH ROW a. Have a written Emergency Operations I b. Have a designated staff member or cor b. Offer annual influenza vaccination to re b. Offer annual influenza vaccination to al c. Offer COVID-19 vaccination to residents c. Offer COVID-19 vaccination to all employ 	Plan that is specific nsultant responsible esidents I employees or con s	to or includes for coordinat ract staff	s pandemic	Ye s N O O O O O O O O O O O O O O O O O O
Screen residents daily for infection (e.g. Limit communal dining and recreationa Impose restrictions on family, relatives, consultant personnel (e.g., barbers, del	l activities in comm , visitors, volunteer	on areas if ar s, or non-esse	n outbreak ential	
	ces Offered			
Servi	residential care r virtually (on-lin THAT APPLY IN EA Provides the service by paid residential care community employees or	e or by telep CH ROW Refers re or fam outside s	sidents ily to service	each oes not orovide, rrange, or refer for this
Servic 0. Services currently offered by this offered at this physical location o service listed below MARK ALL This residential care community	residential care or virtually (on-lin THAT APPLY IN E/ Provides the service by paid residential care community employees	e or by telep CH ROW Refers re or fam	sidents ily to service	each oes no provide, rrange, or refer
Servic O. Services currently offered by this offered at this physical location o service listed below MARK ALL This residential care community <u>Hospice or palliative care services</u> <u>Social work services</u> —provided by licensed social workers or persons with a bachelor's or master's degree in social work, and may include an array of services such as psychosocial assessment, individual or group	residential care r virtually (on-lin THAT APPLY IN EA Provides the service by paid residential care community employees or	e or by telep CH ROW Refers re or fam outside s	sidents ily to service	each oes no provide, rrange or refer for this
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h.Transportation services for <u>medical or</u> <u>dental appointments</u>		\bigcirc
i. <u>Routine and emergency dental</u> <u>services</u> by a licensed dentist		
 <u>Home health care</u>—medical, therapeutic, and other heath care services to help with post-acute and 		\bigcirc
k. <u>Home care</u> —assistance with completing self-care, activities of daily living, and instrumental activities of daily living such as housekeeping,		•



25. Of the residents currently living in this residential care community, what is the racial-ethnic breakdown? Count each resident only once. If a non-Hispanic resident falls under more than one category, please include them in the "Two or more races" category. Enter "0" for any categories with no

residents.

	Number of Residents
a.Hispanic or Latino, of any race	
b.Two or more races, not Hispanic or Latino	
c. American Indian or Alaska Native, not Hispanic or Latino	
d.Asian, not Hispanic or Latino	
e.Black, not Hispanic or Latino	
f. Native Hawaiian or Other Pacific Islander, not Hispanic or Latino	
g.White, not Hispanic or Latino	
h.Some other category reported in this residential care community's system	
i. Not reported (race and ethnicity unknown)	
TOTAL	

NOTE: Total should be the same as the number of residents provided in question 4.

26. Assistance refers to needing any help or supervision from another person, or use of assistive devices. Of the residents currently living in this residential care community, about how many now need any assistance in each of the following activities? Enter "0" for any categories with no residents.

	Number of
a. With transferring in and out of a bed or chair	
b.With eating, like cutting up food	
c.With dressing	
d.With bathing or showering	
e.With using the bathroom (toileting)	
f. With locomotion or walking—this includes using a cane, walker, or wheelchair and/or help from another person	
27. Of the residents <u>currently</u> this residential care comn about how many have bee diagnosed with each of th conditions? <u>Enter "0" for</u> categories with no residen	nunity, en e following any

	Number of
a.Alzheimer disease or other dementias	
b.Arthritis	
c. Asthma	
d.Chronic kidney disease	
e.COPD (chronic bronchitis or emphysema)	
f. Depression	
g.Diabetes	
h.Heart disease (for example, congestive heart failure, coronary or ischemic heart disease,	
i. High blood pressure or hypertension	
j. Intellectual or developmental disability	
k.Osteoporosis	

28. As best you know, of the residents <u>currently living</u> in this residential care community, about how many were treated in a hospital emergency department in the <u>last 90 days</u>? If <u>none, enter "0."</u>

Number of residents

- 29. As best you know, of the residents <u>currently living</u> in this residential care community, about how many were discharged from an overnight hospital stay in the <u>last 90 days</u>? Exclude trips to the hospital emergency department that did not result in an overnight hospital stay. If none, enter "0."

Number of residents

30. As best you know, of the residents currently living in this residential care community, about how many had a fall in the last 90 days? Include falls that occurred in your residential care community or off-site, whether or not the resident was injured, and whether or not anyone saw the resident fall or caught them. Please just count one fall per resident who fell, even if the resident fell more than one time. If one of your residents fell during the last 90 days, but is currently in the hospital or rehabilitation facility, please include that person in your count. If no residents had a fall, enter "0."

Number of residents

31. An individual is considered an <u>employee</u> if the residential care community is required to issue a <u>Form W-2</u> federal tax form on their behalf. For each staff type below, indicate how many <u>full-time employees and part-time employees</u> this community <u>currently</u> has. Include employees who work at this physical location or virtually (on-line or by telephone). Enter "0" for any categories with no employees.

	Number of Full-Time	Number of Part-Time
a.Registered nurses (RNs)		
b.Licensed practical nurses (LPNs) / licensed vocational nurses (LVNs)		
c. Certified nursing assistants, nursing assistants, home health aides, home care aides, personal care aides, personal care assistants, and medication technicians or		
d.Social workers—licensed social workers or persons with a bachelor's or master's degree in social work		
e.Activities directors or activities staff		

york, or activities contract or agency staff? Include co hysical location or virtually (on-line or by telephone). Yes No→ Skip to question 34 33. For each staff type below, indicate how many <u>full- staff and part-time contract or agency staff</u> this re	time contract	or agency
currently has. Do not include individuals directly employed community. Enter "0" for any categories with no co	oved by this res	idential care icy staff. Number of Part-Time
a.Registered nurses (RNs)		
b.Licensed practical nurses (LPNs) / licensed vocational nurses (LVNs)		
c. Certified nursing assistants, nursing assistants, home health aides, home care aides, personal care aides, personal care assistants, and medication		
d.Social workers—licensed social workers or persons with a bachelor's or master's degree in social work		
e.Activities directors or activities staff		
n the <u>last 12 months</u> , how often was this residential	care communit	ty short-

The next series of questions asks about <u>aide employees</u>, which includes certified nursing assistants, nursing assistants, home health aides, home care aides, personal care aides, personal care assistants, and medication technicians or medication aides. Contract workers are **<u>not</u>** to be included in your answers.

Does this residential care community offer the following benefits to full- time aide employees? MARK YES OR NO IN EACH ROW			g.Paid personal time off, vacation time, or sick leave	
ILJ	ON		h.Overtime pay	
Ye	No		i. Bonuses or regular pay	
\bigcirc			j. Reimburse/pay for initial	00
\bigcirc	\bigcirc			
0				
\bigcirc	\bigcirc			
\bigcirc				
0	\bigcirc			
	Yes Yes	Ye No Ye No O O O O O O O O O O O O O O O O O O O	Ye No Ye No O O O O O O O O O O O O O O O	Ye No i. Bonuses or regular pay

36. How many hours of training does this residential care community require aide employees to have for each of the following? If none, enter "0." Number of

a.Initial training prior to providing care	
b.Continuing education, on-going, or on-the-job	

37. Does this residential care community provide assistive devices, such as lifting aides, belts, trapeze bars, or other assistive equipment, to your aide employees when they are moving or lifting residents who cannot move around on their own?

O Yes

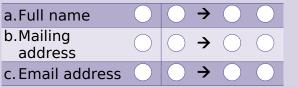
38. How often does this residential care community offer training to prepare aide employees for each of the following aspects of their jobs? Include any training offered when becoming an aide and any training offered since aides started working. MARK ONLY ONE RESPONSE IN EACH ROW

	Training is always offered	Training is offered occasional ly or as	Training is offered rarely or never	Don't Know
a. Discussing resident care with residents'			\bigcirc	\bigcirc
b.Dementia care	\bigcirc	\bigcirc	\bigcirc	\bigcirc
c. Working with residents that act out or			\bigcirc	
d. Preventing personal injuries at work	\bigcirc	\bigcirc	\bigcirc	\bigcirc
e. End of life issues (advance care planning and help families cope with grief)		\bigcirc	\bigcirc	\bigcirc
 Relating to residents of different cultures or ethnicities, or with different values or beliefs 	0		\bigcirc	
g. Infection control (putting on and taking off personal protective equipment, hand washing)	0		0	0

These next questions ask for information to help inform planning for future waves of NPALS. The National Center for Health Statistics (NCHS) recently conducted a Direct Care Worker (DCW) Pilot Study as part of NPALS. We asked directors of residential care communities to sample and provide contact information for two direct care employees or contract staff. We then invited the sampled direct care workers to complete a questionnaire by mail or web.

39. If we were to invite you to participate in a future DCW Study, would you have access to the following information for your direct care <u>employees</u>? If yes, would you be able to provide us with this information to contact your direct care <u>employees</u>?

Have		lf	Able		
Acces		yes	to		
No	Yes	5	No		



40. Would you have access to the following information for your direct care <u>contract staff</u>? If yes, would you be able to provide us with this information to contact your direct care <u>contract staff</u>?

	Have Access?		If yes →	Able to Provide?	
	No	Yes		No	Yes
a.Full name			\rightarrow		
b.Mailing address	\bigcirc	\bigcirc	>	\bigcirc	\bigcirc
c.Email address	\bigcirc		>		\bigcirc

41. Please return your questionnaire in the enclosed return envelope or mail it to:

NPALS

RTI International ATTN: Data Capture 5265 Capital Boulevard

Raleigh, NC 27690