



Dear Resident:

Your address has been randomly chosen to participate in the National Household Survey on Behavioral Health (NHSBH)<sup>1</sup> conducted by the U.S. Department of Health and Human Services (HHS).

Join the almost 70,000 people who are interviewed each year for this important study. NHSBH collects data on mental health and the use or non-use of alcohol, tobacco, and other substances. Your participation is voluntary and important for shaping the future of our nation's health services.

You can participate online or in-person, at your convenience from the comfort of your home. After answering a few questions, zero, one or two household members may be selected for the interview.

**Anyone who is selected and completes the full interview will receive \$30.**

#### To Participate Online:

- 1 An **adult member** of your household should scan the QR code or visit [nhsbh.rti.org/survey](https://nhsbh.rti.org/survey)
- 2 Enter your Participant Code:
- 3 Answer the initial questions to determine if zero, one or two members of your household aged 12 or older are selected to complete the full interview online. This will only take a few minutes.
- 4 Selected persons will be provided a unique link to begin that interview from any internet-enabled device. Parental permission is required before anyone aged 12–17 can participate.



#### To Participate In-Person:

A professional interviewer from RTI<sup>2</sup> may visit your address to provide more information. During this visit, you can answer the introductory questions and if selected, complete the full interview.

### Privacy

All answers you give are kept confidential by federal law and used for statistical purposes only. Your responses are combined with thousands of other participants and reported as overall numbers.

### Contact Us

If you would prefer an in-person visit, have questions, or need other assistance, please call us toll-free at 1-800-848-4079. To learn more about the study, please visit [nhsbh.rti.org](https://nhsbh.rti.org).

Thank you in advance for your cooperation.

Jennifer Hoening, Ph.D., MPH  
National Study Director, HHS

Kathleen A. Considine  
Director of Data Collection, RTI

<sup>1</sup> Approved by Office of Management and Budget (OMB Approval No. 0930-0110).

<sup>2</sup> The study is conducted by RTI International, an independent nonprofit research organization.