

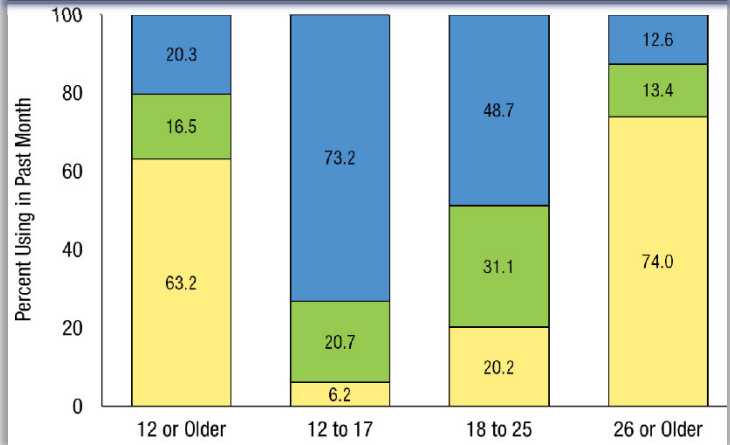
## Tobacco and Nicotine Use

An estimated 63.9 million people living in the United States reported current use (during the past month) of tobacco products and/or nicotine vaping in 202X, which is approximately 22.7% of people aged 12 and older.

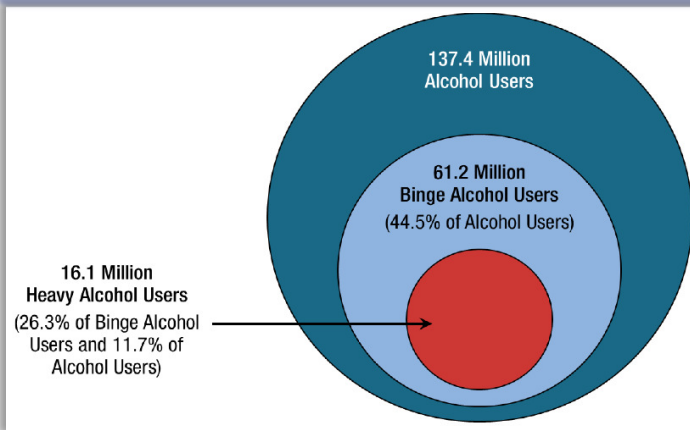
Among all past month nicotine users, the type of nicotine products used varied by age group, as shown in the graph to the right.

- Only Nicotine Vaping
- Nicotine Vaping and Tobacco Product Use
- Only Tobacco Product Use

**Type of Past Month Tobacco Use or Nicotine Vaping: Among Past Month Nicotine Product Users Aged 12 or Older; 202X**



**Past Month Alcohol Use, Past Month Binge Alcohol Use, and Past Month Heavy Alcohol Use: Among People Aged 12 or Older; 202X**



## Alcohol Use

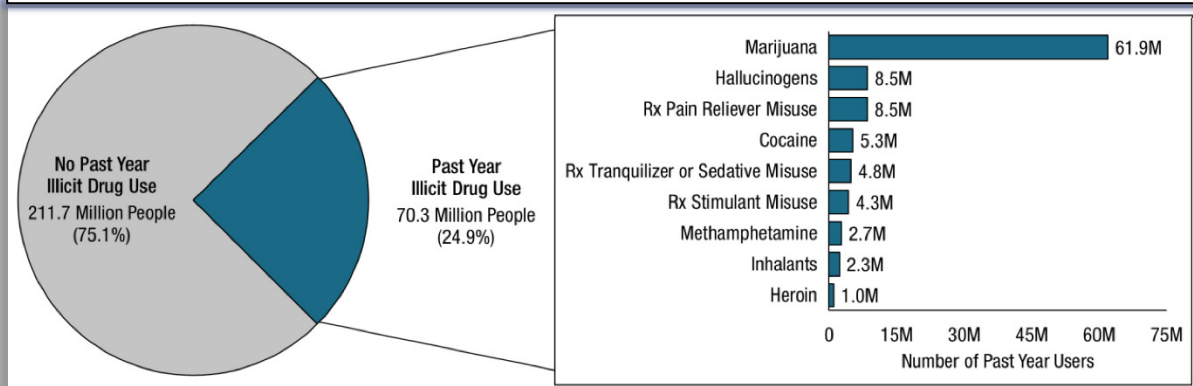
About half of all people aged 12 or older (48.7% or an estimated 137.4 million people) were current drinkers in 202X. Of these, 61.2 million were past month binge drinkers, consuming 4 drinks (for females) or 5 drinks (for males) on the same occasion. About 16.1 million people were considered heavy drinkers, defined as binge drinking on 5 or more days in the past 30 days.

The graph on the left shows these different categories.

## Illicit Drug Use

An estimated 70.3 million people aged 12 or older were past year users of illicit drugs in 202X, meaning they used an illicit drug at least once during the year prior to the interview.

**Past Year Illicit Drug Use: Among People Aged 12 or Older; 202X**

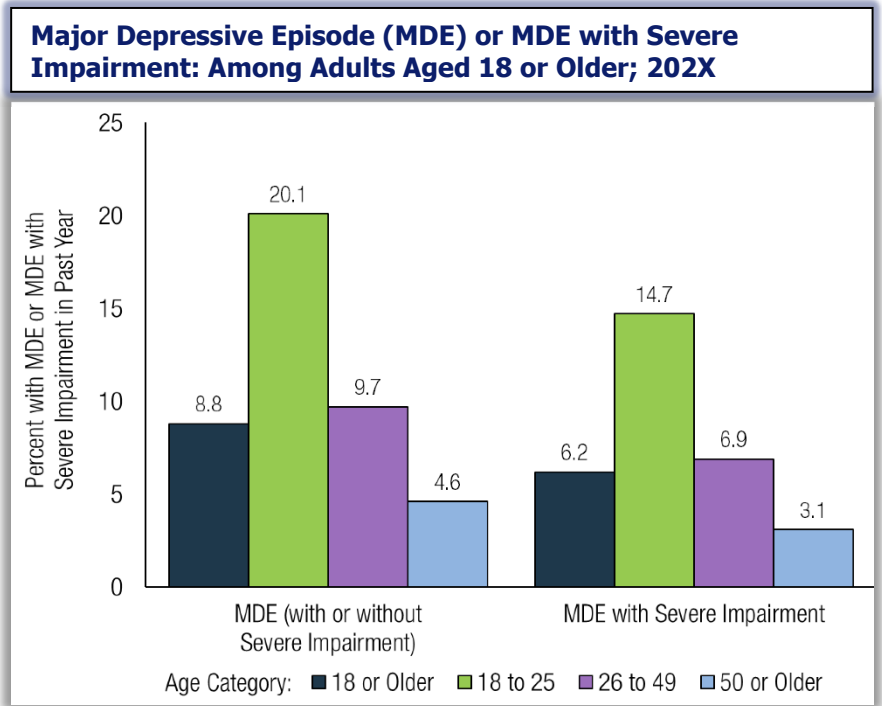


Note: The estimated numbers of past year users of different illicit drugs are not mutually exclusive because people could have used more than one type of illicit drug in the past year.

# Adult Mental Health

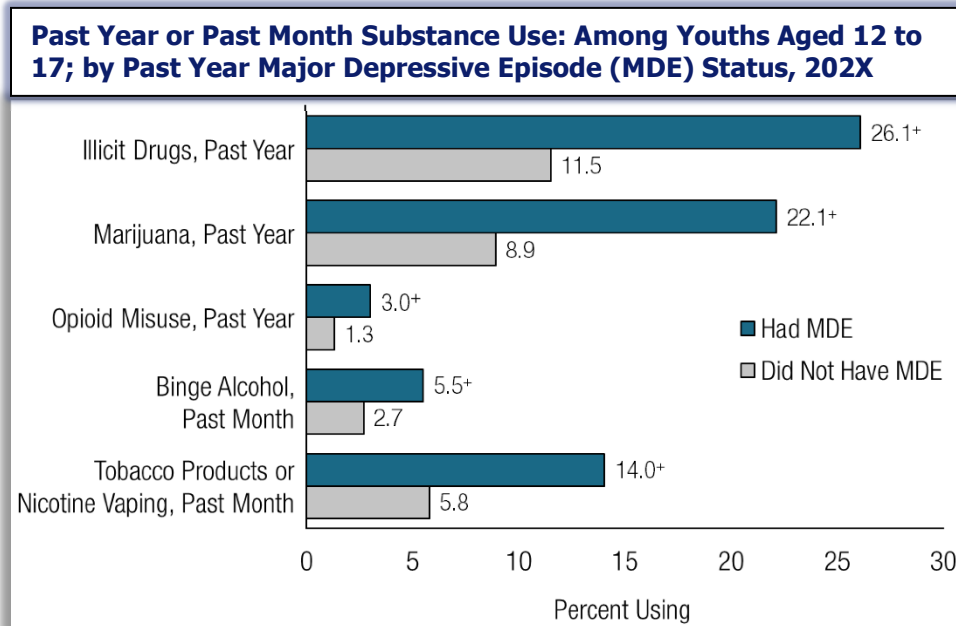
In 202X, an estimated 22.5 million adults, or 8.8% of the population aged 18 or older, had at least one major depressive episode (MDE) in the past 12 months.

An estimated 6.2% of adults had a past year MDE with severe impairment. The percentage varied by age group as shown in the graph to the right.



# Youth Mental Health

Adolescents aged 12 to 17 with past year MDE were more likely than those without MDE to be substance users, as shown in the graph below. Youths with past year MDE were more likely to have used an illicit drug in the past year (26.1 vs. 11.5%).



+ Difference between this estimate and the estimate for youths without MDE is statistically significant at the .05 level.  
 Note: Youth respondents with unknown MDE data were excluded.

Substance Abuse and Mental Health Services Administration. (202X). *Key substance use and mental health indicators in the United States: Results from the 202X National Household Survey on Behavioral Health* (HHS Publication No. PEP23-07-01-006, NSDUH Series H-58). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. <https://www.samhsa.gov/data/>