

Attachment 3

NHANES 2025-2026: Protocol Changes From Prior Round

Attachment 3: NHANES 2025-2026: Protocol Changes From Prior Round

	2021-2023 NHANES	2025-2026 NHANES
Sample Design	<ul style="list-style-type: none"> • No oversampling by race, ethnicity or income • PSUs are counties • 15 PSUs • No maximum number of people per dwelling unit 	<ul style="list-style-type: none"> • Oversampling by age and race • PSUs are PUMAs • 20 PSUs • Maximum three people per dwelling unit
Dwelling Unit Eligibility Screening	Multimode screening of dwelling units by web, mail, telephone and in person	In-person screening
Home Interview & Environmental Sample Collection	<ul style="list-style-type: none"> • Conducted in person or by telephone • Audio-recorded verbal informed consent • Emancipated minors were eligible with proper documentation • SPs ages 16-17 years of age were interviewed directly • No environmental specimen collection 	<ul style="list-style-type: none"> • Conducted in person • Video informed consent presentation, with hardcopy “Home Interview Study Statement,” and audio-recorded documentation of consent • Minors who do not have an adult who can give permission for them to participate (including emancipated minors) are not eligible to participate • All information on SPs under age 18 are collected by proxy • Environmental specimen collection of tap water from dwelling unit
MEC Examination	<ul style="list-style-type: none"> • SPs provided copies of MEC Consent Brochure, Health Measurements List, and Child Assent Flyer (if applicable) • Signed, electronic consents collected for MEC exam participation and future studies <p>Exams included:</p> <ul style="list-style-type: none"> • Blood Pressure • Body Measures (anthropometry) • DXA – Body composition • Liver elastography • Phlebotomy • Urine collection • ACASI • Balance 	<ul style="list-style-type: none"> • SP provided copies of MEC Consent Booklet, Detailed List of NHANES Blood and Urine Laboratory Tests, Child Assent Flyer (if applicable). • SPs watch Informed Consent Video • Signed, electronic consents collected for MEC exam participation, and future studies <p>Exams included:</p> <ul style="list-style-type: none"> • Blood Pressure • Body Measures (anthropometry) • DXA – Hip & spine • Phlebotomy • Urine collection • ACASI • Oral Health • Visual Acuity • Ophthalmology • Respiratory–Spirometry • HPV–Oral rinse and genital swab • Hearing
Biospecimen Storage	No DNA storage	No DNA storage
Dietary Interviews	<ul style="list-style-type: none"> • Completed by telephone after MEC 	<ul style="list-style-type: none"> • Completed by telephone either

	2021-2023 NHANES	2025-2026 NHANES
	exam <ul style="list-style-type: none"> • Included the 30-days Dietary Supplements and Antacids module. • FCBS phone follow-up module completed after second dietary interview • Informed Consent completed as part of MEC Informed Consent process 	before or after MEC exam <ul style="list-style-type: none"> • Included the 30-days and the 24-hour Dietary Supplements and Antacids module. • FCBS phone follow-up module completed after first dietary interview • Informed Consent completed by telephone prior to administration of dietary interviews

Note: ACASI = audio computer-assisted self-interview; FCBS = Flexible Consumer Behavior Survey; MEC = Mobile Examination Center; PSU = Primary Sampling Unit; PUMA = Public Use Microdata Area; SP = Survey Participant.