

**Attachment B: LEMAS Supplement Survey – Response to Police Suicide questionnaire**

Current Programs

The first questions ask about formal wellness programs currently available to full-time sworn personnel within your agency. For this survey, please define a formal wellness program as: a program intended to reduce factors that interfere with employee physical and/or mental health by providing resources, training, and/or intervention services.

1. In the calendar year 2022 (that is, January 1 through December 31, 2022), did your agency offer any of the following formal wellness programs for use by full-time, sworn personnel? If no formal wellness programs were offered to full-time sworn personnel, please select the applicable Not Offered category for each program and skip to Question 4.

|  | <i><b>If managed by agency</b></i>      |  |  | <i><b>If managed by government</b></i> | <i><b>Not offered</b></i>   |   |
|--|---|--|--|--|---|---|
|  | Yes, managed directly within the agency | Yes, through agency contract with external partner | <i><b>If either agency option is Yes, since what year? If more than one program, enter the origination date of the oldest program that was still active in 2022.</b></i> | Yes, managed by government             | No such program available in 2022; don't intend to make available within 2023 | No such program available in 2022, but intend to make available at some point within 2023 |
| Physical fitness                               |   |  |  |  |   |   |
| General stress management                      |   |  |  |  |   |   |
| Coping skills to manage trauma                 |   |  |  |  |   |   |
| Psychological and mental health care treatment |   |  |  |  |   |   |
| Nutrition and dietary education                |   |  |  |  |   |   |
| Alcohol and chemical dependency treatment      |   |  |  |  |   |   |
| Peer support                                   |   |  |  |  |   |   |

|   |  |  |  |  |  |  |
|---|--|--|--|--|--|--|
| programs                                |  |  |  |  |  |  |
| Support for families of sworn personnel |  |  |  |  |  |  |
| Financial literacy education            |  |  |  |  |  |  |
| Fatigue management                      |  |  |  |  |  |  |
| Other _____                             |  |  |  |  |  |  |

1a. IF any YES Q1: What is your agency's estimated budget dedicated to formal wellness programs in calendar year 2022? \$XXX,XXX,XXX

1b. IF any YES Q1: How many total full-time agency employees work in wellness programs as their primary responsibility as of December 31, 2022? Please provide separate counts for sworn and non-sworn full-time agency employees. Sworn: \_\_\_\_\_ Non-Sworn: \_\_\_\_\_

2. For the formal wellness programs offered in the calendar year 2022, does your agency collect and regularly assess (i.e., every month, quarter, or year) data on *the number of officers served by each program*?

|  | Yes | No | N/A, program not offered in 2022 or data not available to agency |
|--|-----|----|--|
| Physical fitness                               |     |    |  |
| General stress management                      |     |    |  |
| Coping skills to manage trauma                 |     |    |  |
| Psychological and mental health care treatment |     |    |  |
| Nutrition and dietary education                |     |    |  |
| Alcohol and chemical dependency treatment      |     |    |  |
| Peer support programs                          |     |    |  |
| Support for families of sworn personnel        |     |    |  |
| Financial literacy education                   |     |    |  |
| Fatigue management                             |     |    |  |
| Other _____                                    |     |    |  |

3. Are any of the formal wellness programs offered in the calendar year 2022 available confidentially?

|                           | Yes | No | N/A, program not offered in 2022 |
|---------------------------|-----|----|----------------------------------|
| Physical fitness          |     |    |                                  |
| General stress management |     |    |                                  |
| Coping skills to manage   |     |    |                                  |

|  |  |  |  |
|--|--|--|--|
| trauma   |  |  |  |
| Psychological and mental health care treatment |  |  |  |
| Nutrition and dietary education                |  |  |  |
| Alcohol and chemical dependency treatment      |  |  |  |
| Peer support programs                          |  |  |  |
| Support for families of sworn personnel        |  |  |  |
| Financial literacy education                   |  |  |  |
| Fatigue management                             |  |  |  |
| Other _____                                    |  |  |  |

Current Policies and Training

4. Does your agency mandate any of the following policies for full-time sworn personnel?

|  | Yes | No |
|--|-----|----|
| Regularly scheduled (e.g., annually, quarterly) psychological evaluations                              |     |    |
| Response protocols after critical incidents that occurred on-duty (e.g., officer involved shooting)    |     |    |
| Response protocols after critical incidents that occurred off-duty (e.g., death in family, divorce)    |     |    |
| Officer allowed access to service weapon while off-duty  |     |    |
| Temporarily reduced access to service weapon when an officer is considered at a higher risk of suicide |     |    |

5. Are any of the following full-time sworn personnel provided training on potential warning signs of depression and suicide risk?

|   | Yes | No | N/A |
|---|-----|----|-----|
| Chief executive   |     |    |     |
| Intermediate supervisor (below chief executive and above sergeant or first-line supervisor) |     |    |     |
| Sergeant or equivalent first-line supervisor  |     |    |     |
| Deputies/Officers   |     |    |     |

6. Is suicide awareness training a part of your agency's curriculum for...

|                            | Yes | No | Don't Know | N/A (agency does not operate an academy) |
|----------------------------|-----|----|------------|--|
| Academy or field training? |     |    |            |  |

|   |  |  |  |  |
|---|--|--|--|--|
| Post-academy or in-service training?                        |  |  |  |  |
| Exit interviews with retiring or departing sworn personnel? |  |  |  |  |