**Attachment C**

**Virtual Reality Sickness Questionnaire**

Instructions: Circle how much each symptom below is affecting you right now.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1. General discomfort  | None  | Slight  | Moderate  | Severe  |
| 2. Fatigue  | None  | Slight  | Moderate  | Severe  |
| 3. Headache  | None  | Slight  | Moderate  | Severe  |
| 4. Eye strain  | None  | Slight  | Moderate  | Severe  |
| 5. Difficulty focusing  | None  | Slight  | Moderate  | Severe  |
| 6. Fullness of the Head  | None  | Slight  | Moderate  | Severe  |
| 7. Blurred vision  | None  | Slight  | Moderate  | Severe  |
| 8. Dizziness with eyes closed  | None  | Slight  | Moderate  | Severe  |
| 9. Vertigo, or feeling off balance  | None  | Slight  | Moderate  | Severe  |

A = Sum of questions 1-4: \_\_\_\_\_\_\_\_\_\_ C = A/12 x 100: \_\_\_\_\_\_\_\_\_\_

B = Sum of questions 5-9: \_\_\_\_\_\_\_\_\_\_ D = B/15 x 100: \_\_\_\_\_\_\_\_\_\_

 **VRSQ** **Score** = (C + D)/ 2: \_\_\_\_\_\_\_\_\_\_

Virtual Reality Sickness Questionnaire (VRSQ) is modified from the Simulator Sickness Questionnaire (SSQ).

Kim, H. K., Park, J., Choi, Y., & Choe, M. (2018). Virtual reality sickness questionnaire (VRSQ): Motion sickness measurement index in a virtual reality environment. *Applied Ergonomics*, *69*, 66-73.