

Author Full Name : Anonymous**Received Date :** 01/09/2025 05:18 AM**Comments Received :**

I spent three years working with my primary care doctor and multiple specialists to try every form of comprehensive pain management. After those all failed, my medical team had tailored a treatment plan that included opioids. Those were effective and I was finally able to function, have a good quality of life and be a productive member of my community. As a result of the flawed and grossly misapplied 2016 guidelines, I was completely stripped of medication that I had been stable on for nearly a decade. To compensate for the symptoms that amplified due to untreated pain, I was prescribed a variety of blood pressure medications, seizure medications and basically everything other than opioids. As a result of one medication I developed second degree heart block and had to get a pacemaker. I also have an undiagnosed condition that the doctor suspects is medication induced lupus. In an attempt to treat medication induced lupus I was put on medications that led to weight gain and changes in my eyes. That led to an appointment with a neuro-ophthalmologist. She discovered I had also developed intracranial hypertension. I went from being a productive mom, school volunteer, human being, to suffering, wasting away in my bed most of the time. I have tests and procedures but still no official diagnosis other than the second degree heart block. I still have uncontrollable high blood pressure even though I'm on multiple medications. I still have to rely on my children as opposed to them relying on me, as it's meant to be. I still get told by doctors that they know the solution is to put me back on opioids but they are afraid doing so would flag them by the DEA. I live in misery and my doctors live in fear. What kind of system is this?