

Author Full Name : Cynthia Thomas**Received Date :** 01/09/2025 09:58 AM**Comments Received :**

I'm 68 yr old female former professional athlete. I'm a cancer survivor and lost my kidney due to NSAIDs. I've had two spinal surgeries, bi- lateral knee replacement. For years I was a successful Chronic pain patient treated with opiates. I endured steroid injections, ablations with out relief. I'm diagnosed with progressive conditions: Cauda Equina, severe stenosis, spondylitis, DDD, DJD, and arthritis. My quality of life has dwindled and as a dedicated self advocate I walk daily and do yoga etc to keep my heart and muscles as healthy as possible. The fact that I have to live in pain everyday is remiss when in fact there's opiate medication that helps me and is far less dangerous than gabapentin, Suboxone, Tylenol, nortryptolene and those horrific devices implanted near the spine. Something must change for those us that need help. If a heart patient was told to stop their life improving medicine that would seem insane right. Please reevaluate these horribly harmful guidelines.