

Author Full Name : Jessica Layman**Received Date :** 01/09/2025 02:17 PM**Comments Received :**

To whom it may concern:

I am writing today to request you immediately rescind the 2016 CDC Guideline for Prescribing Opioids.

I've been a chronic pain patient for 22 years, since I was 20, due to a generic malformation of my vertebra. Since the 2016 guidelines were published, I've had my medication reduced by 50%, had to leave my full-time job, almost died from an allergy to a lesser medication (since I couldn't access what I actually need), and called over 100 doctor to find someone who will take me as a patient.

Pain patients already have enough difficulty receiving care from our terrified doctors. At every visit the DEA sits between us, preventing my doctor from giving medications in the amount he knows I need, solely because he's afraid the DEA will come take him in jail. The CDC found 68% of overdose deaths involve no prescription drugs. Why not focus on the illicit Fentanyl that's killing thousands and leave doctors alone?

Dependence is not addiction; we need our medication just like diabetics or those with high blood pressure. We are dying every day, and the longer these arbitrary MME limits stand, the more pain patients will be forced to suicide. There are 15-20 million of us, and we have an addiction rate of 1.3%.

Recend the 2016 MME guidelines now.

Jessica Layman