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I went from a stable pain patient, of several decades, without incident. From a time before urine checks, pull counting, and pain contracts. I was able to work for 29 years, with the help of opioids. Then the CDC guidelines came out, and it became more difficult to get the meds I was prescribed. I kept having to go through physical withdrawal, because my pharmacy, that I've used for decades, now said their warehouse no longer stocked my meds. So I voluntarily detoxed from them in the hospital. I had to beg for this, and beg for the medications to keep my blood pressure from skyrocketing. I had to beg for anti nausea meds, and beg for anti diarrheal meds. The detox was horrific, and promises from the doctors, to keep me comfortable were immediately forgotten. All this because of some ridiculous guidelines that are continuing to further disable, and sometimes kill patients, who would otherwise be stable, and functioning. It's time to end the madness. Most days I'm now bedbound, and when I'm not, it's damn near impossible to get around. I went from working as a nurse, to nothing. And for what? You've robbed enough people of pain control. We refuse to be your lab rats, and your whipping posts. We will no longer be silent, because we are not expendable. Instead of treating us worse than animals, just kill us quickly already, instead of by inches.