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The 2016 guidelines for opioid prescribing have harmed thousands and thousands of patients, myself included. People with intractable pain from many sources are stigmatized by HCW, pharmacies, and the public due to misinformation about the overdose deaths of those who got illegal drugs, not prescribed medications. Doctors are threatened by the DEA, essential pain medications are being limited by people who have no business in the dictating of patients' lives. These shortages have caused unnecessary suffering. People in real pain shouldn't have to beg for relief.