

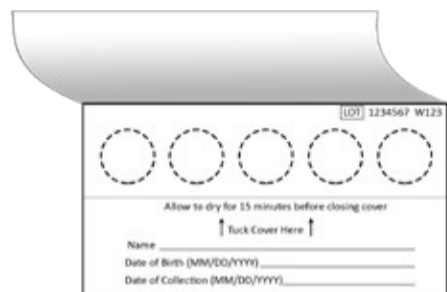
**Expanding PrEP in Communities of Color (EPICC+)**

**Attachment 4I**

**Aim 2a Cohort Blood Collection Instructions English**

Public reporting burden of this collection of information is estimated to average 30 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; Attn: OMB-PRA (0920-New)

**This Kit Includes:**



**Blood Collection Card**

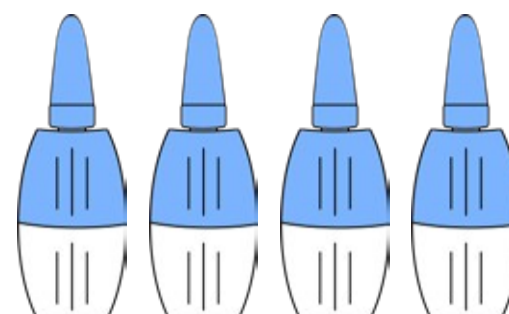
(1 or 2 depending on test kit)



**2 Alcohol Pads Pad**



**1 Sterile Gauze**



**Single Use Lancets**  
(Up to 4 depending on test kit)



**2 Adhesive Bandages**



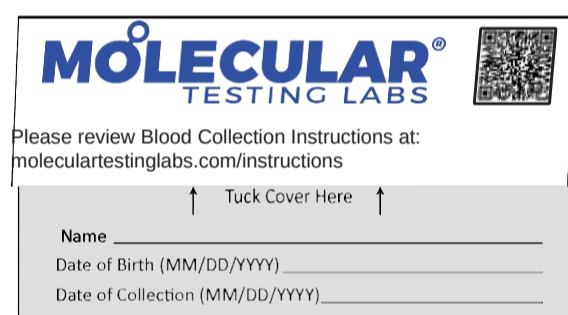
**1 Specimen Bag**  
(with Desiccant Silica Gel Pack)

**Tips for proper blood collection**

1. Hydration promotes blood flow. Be sure you are not dehydrated while performing collection.
2. Do not perform collection immediately after smoking.
3. Washing and warming your hands under warm water will help promote blood flow in your hands.
4. Shake hands vigorously towards the floor to encourage blood flow to your fingers.
5. Keep collection device and

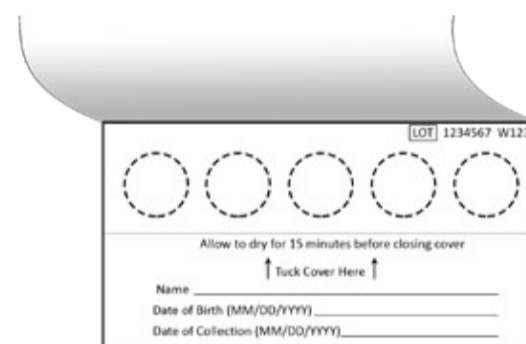
**TO PREVENT REJECTED SPECIMENS, PLEASE READ ALL INSTRUCTIONS BEFORE BEGINNING COLLECTION**

**1.**



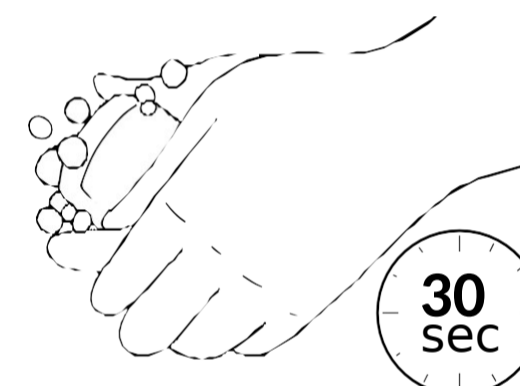
Write your name, date of birth, and the date of collection in the designated fields. Use MM/DD/YYYY format.

**2.**



Open blood card flap to expose the circles on the blood collection paper. Do not touch the blood collection paper (i.e., circles).

**3.**



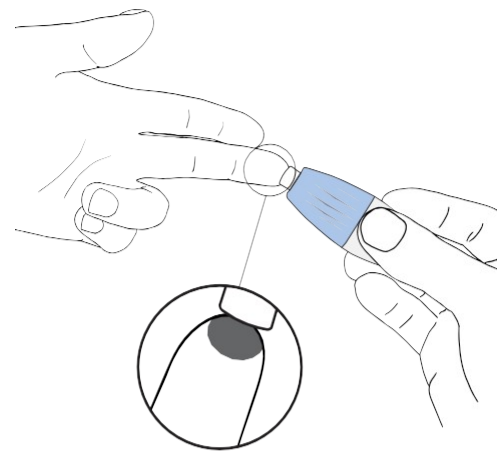
Wash hands with warm water for at least 30 seconds, then shake hands vigorously for 15 seconds to encourage blood flow to your fingers.

**4.**

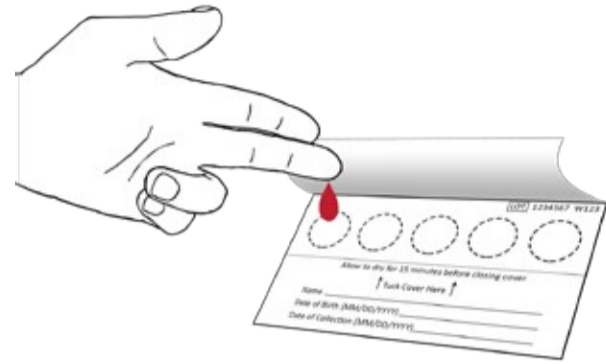


Clean fingertip with alcohol pad. It is best to use the middle or ring finger of your non-dominant hand.

5.



6.



Pick in shaded area

Take the lancet and twist off the cap. Press the small tip firmly into the tip of your finger, near the tip, until the needle ejects with a click. Lancet is single use. **All lancets need to be returned with your sample to the laboratory for disposal.** Keeping your hand below your heart during collection, massage finger from base to tip to encourage blood flow.

Starting at the center, apply 3-6 drops to fill the circle and soak through the collection paper. Do not touch the paper with your finger as this will restrict blood flow. Once circle is full move on to next circle. It is okay for blood to extend beyond lines, but do not let blood spots spread into each other.

**Do not add additional blood to a circle once completed or dry. The "layering" of blood will invalidate the collection.**

7.

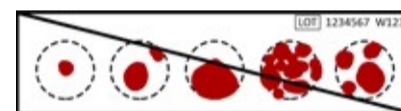
YES

Proper Collection.



NO

Not enough blood. Fill circles completely.

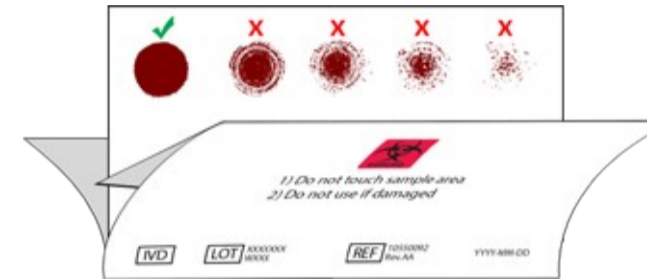


NO

Do not layer blood once the paper has begun to dry.



8.

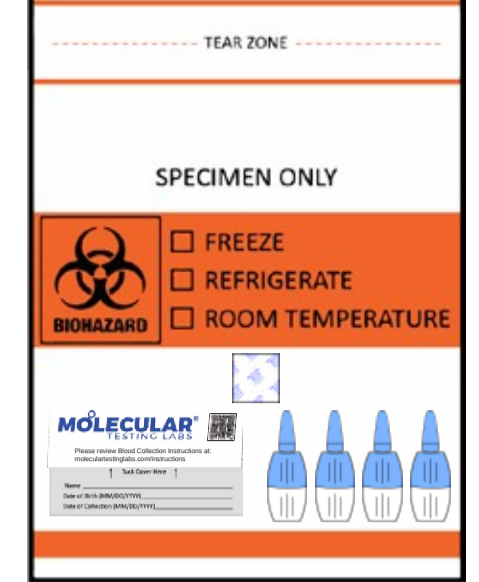


9.

Check the back side of blood collection paper. **Blood should saturate all the way through and fill each circle of the collection paper.**

Without closing the blood card, lay it on a flat surface and allow the blood collection paper to air dry at room temperature, for at least 30 minutes.

Do not heat, blow dry, or expose the blood collection paper to direct sunlight. Heat will damage the specimen.





When blood collection paper is dry, close blood card by tucking flap. Place the blood card and lancets into biohazard bag with the desiccant pack. Ensure biohazard bag is properly sealed.

**Note: Participants will see the following paragraph and question in the app.**

Thank you for ordering and completing your blood collection kit. Now that you've completed the blood collection, we have some brief questions for you to answer. Once you've answered these questions, mailed the kit back using the preaddressed return envelope, and the lab has received the kit, you will be compensated for completing the mail in blood collection. Below are the compensation amounts:

- \$50 for baseline collection
- \$50 for 6 months collection
- \$50 for 12 months collection
- \$50 bonus for returning all 3 blood specimens: baseline, 6 months, and 12 months
- \$75 for 18 months collection - for those participants who remain in the study for 18 months

What kind of PrEP are you currently using?

Daily oral PrEP	A pill taken daily	Truvada®, Descovy®, emtricitabine/tenofovir disoproxil fumarate, emtricitabine/tenofovir alafenamide	
Intermittent oral PrEP	A pill taken before and after sex. Also called PrEP 2-1-1, on-demand, intermittent, or event-driven PrEP	Truvada®, emtricitabine/tenofovir disoproxil fumarate	
Injectable PrEP	A shot, an injection given by a doctor/health care provider	Apretude®, cabotegravir	

When did you start the PrEP you are currently on? It's OK if you don't know the exact date. Please provide your best guess.

\_\_\_\_\_dd/mm/yyyy

**[If Daily oral PrEP selected above]**

Which daily PrEP are you on? If you aren't sure, you can look at your pill bottle or pills.

*\*Note – If you are on generic Truvada your pills may look different to the image below. Read your bottle to make sure.*



Truvada®, emtricitabine/tenofovir disoproxil fumarate

Descovy®, emtricitabine and tenofovirafenamide

[If daily oral PrEP or intermittent PrEP selected in question 1]

When did you last take your PrEP pill? If you are unsure of the exact date/time, please provide your best estimate.

\_\_\_\_\_dd/mm/yyyy

\_\_\_\_\_x:xx am/pm

[If intermittent PrEP selected in question 1]

When did you last have condomless, anal intercourse?

\_\_\_\_\_dd/mm/yyyy

\_\_\_\_\_x:xx am/pm

[If injectable PrEP selected in question 1]

When was the date of your last PrEP injection? (If exact date is unknown, then use the 1st of the month of injection).

\_\_\_\_\_dd/mm/yyyy

[All participants]

When did you collect your blood sample?

\_\_\_\_\_dd/mm/yyyy

\_\_\_\_\_x:xx am/pm

Have you switched your PrEP medication within the last 3 months of collecting this blood sample? For example: switched from daily oral Truvada to daily oral Descovy; switched from daily oral Truvada to injectable PrEP; switched from daily oral Truvada to intermittent oral Truvada.

- Yes
- No
- Decline to answer

THANK YOU for completing these questions and the mail in blood collection for the EPICC Research Study. We greatly appreciate all your time and efforts!