

APPENDIX D6. AND D07. HOUSEHOLD  
BROCHURE - ENGLISH/SPANISH (GROUP  
2A/2B)

## Who is conducting the study?

Mathematica is doing this study for the U.S. Department of Agriculture's Food and Nutrition Service (FNS). Mathematica has more than 30 years of experience studying school nutrition programs.

## Am I required to participate?

Participation is voluntary but encouraged by your school district and school. This critical study helps FNS understand school nutrition and school meals to better serve your community.

As a thank you for participating, students will receive **[\$5/\$15]** [and parents will receive **[\$25/\$15]**]. The study complies with the Family Educational Rights and Privacy Act (FERPA).



## For further information contact:

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### Why is this study being done?

Schools are working to follow updated meal requirements aimed at giving healthier foods to children. Schools are also trying to promote healthy eating and exercise habits. FNS is sponsoring this study to learn how these federally sponsored school food programs are working.



### How will the study work?

We will interview students [and their parents]. We will ask about what students eat, their activities, and their opinions about school meals. The study will represent all public school students across the country. The information you and your child share will help FNS learn about the school food program and how it can better serve your community. Your experiences and opinions matter!

### My child does not eat the school breakfast or lunch. Should I still participate?

Yes! This study is about all students. It is important that we interview students who eat school meals and those who do not. Even if your child has never eaten a meal or snack provided by the school, we need your help. We want to understand why some families do not participate in the school food program.



### Will my answers be kept private?

All information gathered for the study will be kept private to the fullest extent allowed by law. No information on individual students or families will be shared or reported. No students or parents will be named or identified in any way. Your participation will not affect any benefits you may receive now or in the

future.

## What will I be asked?

The person who interviews you may ask about:

- How often your child eats school foods
- What your child usually eats, and what they ate on a specific day
- General student characteristics, such as exercise habits
- Satisfaction with school meals and snack program

## How long will the interview

**take?** The student interview will take place in school. It will last about [60/30] minutes. [The parent interview will take place [by web/phone/in person] and will last about 25 minutes].

## What do I get for

**participating?** As a thank you for participating, students will receive **[\$5/\$15]** [and parents will receive **[\$25/\$15]** after completing an interview].

