

## R3-Impact Parents Topic Guide

**Introduction.** Walk through the Informed Consent Handout.

*The legal authority for this project is 42 U.S.C. § 1310a and Public Law 115-271. For System of Records Notice (SORN) information, please see the SORN number 09-80-0361, "OPRE Research and Evaluation Project Records".*

**Burden Statement:** *This collection of information is voluntary and will be used to understand programs that provide peer mentoring for parents involved in the child welfare system. Public reporting burden for this collection of information is estimated to average 60 minutes per response, including the time for reviewing instructions, gathering and maintaining the data needed, and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB number and expiration date for this collection are OMB #: XXXX, Exp: XXXX. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to Kimberly Francis (Abt Associates); kimberly\_francis@abtassoc.com.*

### I. Respondent Information

- Name
- Number and ages of children

### II. Context (CFIR Domain: Individuals)

- Child welfare experience
  - When and how child welfare involvement began
  - Parent perspective on child welfare process
    - Perception of treatment by child welfare staff
- SUD and recovery
  - Recovery timeline and process
  - Motivations for recovery
  - Challenges to recovery process

### III. Program Structure and Services (CFIR Domain: Innovation)

- When in case history caseworker introduced program
- Reasons for interest in program and for choosing to enroll
- Hesitations about participating in the program and how they were addressed
- Process and timeline of enrolling in program
  - Ease of enrollment
  - Concerns and challenges during enrollment
  - Barriers to enrollment
- Process and timeline of developing individualized goal plan
  - How plan was developed (parent-led, mentor-led)
  - Understanding of plan and goals
  - Perceived helpfulness of process
- Relationship / connection with mentor
  - Relatability of the mentor
  - Length of the relationship

- o Consistency, frequency, and format of contacts
- o Value of peer perspective
- Connection to treatment and/or recovery services
  - o Agency in and coordination of treatment plan
  - o Understanding of treatment process
  - o Connection to recovery supports available in the community (group and individual supports such as such as developing recovery rituals, ensuring access to any relevant medications and continuing care for SUD and physical and mental health needs).
  - o Level of satisfaction / comfort with recovery supports (relatability / connection with providers)
  - o Availability of individualized treatment options or services
  - o Challenges in progressing through treatment (including coordinating work, child care, and child welfare appointments around outpatient treatment activities)
- Tangible supports received from mentor
  - o Types of support needed (housing, child welfare system navigation, benefits coordination, etc)
  - o Whether and how mentor assisted with support needs
  - o Level of satisfaction / comfort with tangible supports
  - o Barriers to accessing supports, including barriers to working with referral partners that could provide support
  - o How mentor approached any needs that could not be met
- Non-tangible supports received from mentor
  - o Extent to which parent thinks of mentor as a member of their support network/team as a:
    - Parent (overall, and with a history of child welfare involvement)
    - Person in Recovery
    - Person who experienced similar life situations (e.g. domestic violence, mental health issues, poverty)
  - o Extent to which mentor served as a role model through demonstrating:
    - Personal agency
    - Boundary-setting
    - Empowerment
    - Life skills

#### **IV. Challenges and Successes**

- Successes attributed to the program
  - o Mental health
  - o Physical health
  - o Financial stability
  - o Social support network
  - o Reduced parental stress
  - o Improved parental relationship
  - o Feeling hopeful
  - o Reduced shame
  - o Coping / ability to face setbacks and develop a plan of action
  - o Recovery
  - o Outcome of child welfare
- Barriers to program participation and achieving goals
  - o Availability of needed services in the community
- Facilitators of program participation and completion of milestones
  - Areas for improvement
  - Advice for other parents engaged with the child welfare system
  - Advice for mentors
  - Advice for child welfare system

