ATTACHMENT B

Participant Outcomes Survey – Source Scales for Survey Items

Creative Expression items were newly developed by Creative Forces. The remaining items were drawn from the following validated scales.

Brief Resilience Scale (BRS)

Reference: Smith, B. W., Dalen, J., Wiggins, K., Tooley, E., Christopher, P., & Bernard, J. (2008). The brief resilience scale: assessing the ability to bounce back. *International journal of behavioral medicine*, *15*(3), 194-200.

Permission: The BRS can be used for research and education if it is properly cited and the authors are acknowledged (Smith et al., 2008).

Enriched Life Scale: Engaged Citizenship Subscale (EECS) and Sense of Purpose Subscale (ESPS)

Reference: Angel, C.M., Woldetsadik, M.A., Armstrong, N.J., Young, B.B., Uveges, R.L., Maury, R.V., & Pinter, J.M. (2018). The Enriched Life Scale: Development, exploratory factor analysis, and preliminary construct validity for U.S. Military Veteran and Civilian Samples. *Translational Behavioral*

Medicine. https://doi.org/10.1093/tbm/iby109

Permission: The Enriched Life Scale is copyright to Team Red, White & Blue. Permission to the use the instrument is granted as long as proper credit is given using this citation: Team Red, White & Blue (2017). Enriched Life Scale. Tampa, Florida: Team Red, White & Blue.

Canada Social Provisions Scale (CSPS) (5-item version) plus one additional item [SPS 1]

Reference (5-item version): Orpana, H.M., Lang, J.J., & Yurkowski, K. Validation of a brief version of the Social Provisions Scale using Canadian national survey data. *Health Promotion and Chronic Disease Prevention in Canada*, *39*(12), 323-332. doi: 10.24095/hpcdp.39.12.02

Permission: The 10-item version is in the public domain and must reference Cutrona, C. E. and Russell, D. (1987). *The provisions of social relationships and adaptation to stress*. In W. H. Jones & D. Perlman (dir.) *Advances in personal relationships* (vol. 1, p. 37-67). Greenwich, CT: JAI Press.

World Health Organization Quality of Life Instrument, Short Form (WHOQOL-BREF)

References: World Health Organization. Division of Mental Health. (1996). WHOQOL-BREF: introduction, administration, scoring and generic version of the assessment: field trial version, December 1996. World Health Organization. https://apps.who.int/iris/handle/10665/63529

World Health Organization. (1998). Programme on mental health: WHOQOL user manual, 2012 revision. World Health Organization. https://apps.who.int/iris/handle/10665/77932

Skevington SM, Lotfy M, O'Connel KA, WHOQOL Group. (2004). The World Health Organization's WHOQOL-BREF quality of life assessment: psychometric properties and results of the international field trial. A report from the WHOQOL group. *Quality of Life Research*, *13(2)*, 299-310.

Permission: The instrument is publicly available.

Participant Outcomes Survey – Demographic Items

Age Veterans Administration population data collection

Military connection Creative Forces

Race/ethnicity U.S. Census, modified (two options added: Other Racial/Ethnic Group, Prefer not

to say)

Gender National Endowment for the Arts previously cleared information collection

(Poetry Out Loud evaluation study, 2018)