

Option 20 Items

Identifying Soldiers in Alaska

What is your current duty station?

[Fort Richardson or Fort Wainwright]

(BRANCH IF Fort Richardson, AK or Fort Wainwright, AK selected):

When you enlisted did you choose Alaska as your first duty station (i.e., chose Option 20)?

[YES/NO]

BRANCH IF “Yes” to Option 20 question:

Please select which of the following influenced your decision to pick Alaska (select all that apply):

- I wanted to go Airborne
- I wanted to know where I was going
- Desire for adventure
- Extra duty pay
- To move far away from home
- I like the cold
- Recreational opportunities (e.g., snowboarding, hunting)
- Recruiter recommendation
- Friend or family recommendation
- The Mission in the Artic
- Other – Please specify [please do not include PII in response]

| How much do you agree with the following statements? | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree |
|---|--------------------------|-----------------|-----------------------------------|--------------|-----------------------|
| I feel connected to the Mission of my unit. | | | | | |
| I gain useful MOS skills at my current duty station | | | | | |
| I could successfully perform by job at any duty station | | | | | |
| I receive the training and experience I want at my duty station | | | | | |
| My current duty station is a good first duty station for new Soldiers | | | | | |
| I find the all-day dark/light impacts my performance | | | | | |
| I find the all-day dark/light impacts my happiness/well-being | | | | | |
| I am satisfied with my pay | | | | | |
| I think people drink more alcohol at my duty | | | | | |

| How much do you agree with the following statements? | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree |
|---|--------------------------|-----------------|-----------------------------------|--------------|-----------------------|
| station compared to other duty stations. | | | | | |
| The Mission 100 program connects Soldiers with a mental health professional. The program has been beneficial to Soldiers who need help. | | | | | |
| My leadership cares about my mental health and well-being | | | | | |
| I can do my hobbies at my duty station | | | | | |
| I have been able to make new friends at my post | | | | | |
| My Army issued clothing (e.g., gloves, boots) is well-designed to help me perform my job. | | | | | |
| My Army issued clothing (e.g., gloves, boots) works for the weather at my duty station. | | | | | |
| I needed to buy my own civilian clothing to help me perform my job. | | | | | |
| My Army issued gear (e.g., weapons, tools) is well-designed to help me perform my job. | | | | | |
| My Army issued gear (e.g., weapons, tools) works for the weather at my duty station. | | | | | |
| I have the gear (e.g., weapons, tools) that's required to successfully do my job. | | | | | |

| How much do you agree with the following statements? | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree | Not applicable/ Don't know |
|---|--------------------------|-----------------|-----------------------------------|--------------|-----------------------|-----------------------------------|
| My first-level supervisor knows how to get the job done in a cold weather climate | | | | | | |
| My first-level supervisor knows how to get the job done in a hot weather climate | | | | | | |
| My higher-level NCOs know how to get the job done in a cold weather climate | | | | | | |
| My higher-level NCOs know how to get the job done in a hot weather climate | | | | | | |
| My leaders do everything they can to prevent CWIs (Cold Weather Injuries) | | | | | | |
| My leaders do everything they can to prevent heat injuries | | | | | | |
| Soldiers in my unit would feel | | | | | | |

| How much do you agree with the following statements? | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree | Not applicable/ Don't know |
|---|--------------------------|-----------------|-----------------------------------|--------------|-----------------------|-----------------------------------|
| comfortable reporting a possible CWI to our supervisor | | | | | | |
| Soldiers in my unit would feel comfortable reporting a possible heat injury to our supervisor | | | | | | |

| Please indicate how satisfied you are with each of the items below. | Not at all satisfied | Slightly satisfied | Moderately satisfied | Very satisfied | Extremely satisfied | Not applicable/ Don't know |
|--|-----------------------------|---------------------------|-----------------------------|-----------------------|----------------------------|-----------------------------------|
| Quality of the DFAC food | | | | | | |
| Wait time for the DFAC | | | | | | |
| Amount of food you receive at the DFAC | | | | | | |
| Quality of your barracks | | | | | | |
| Quality of the maintenance services in the barracks | | | | | | |
| Quality of the medical treatment you have received on-post | | | | | | |
| Amount of time it takes for you to be seen for a medical issue | | | | | | |
| Activities available on post | | | | | | |
| Activities available off post | | | | | | |
| Availability of the BOSS activities | | | | | | |
| Physical fitness facilities | | | | | | |
| Employment opportunities for your spouse | | | | | | |
| Childcare availability | | | | | | |
| Availability of family support services and activities | | | | | | |
| Your PCS process | | | | | | |
| Your overall quality of life at your post | | | | | | |

I was satisfied with my sponsor.

- Strongly disagree
- Disagree
- Neither agree nor disagree
- Agree
- Strongly agree

- Does Not Apply/I did not receive a sponsor

Since arriving to my post, my mental health has:

- Gotten much worse
- Gotten worse
- Stayed the same
- Gotten better
- Gotten much better

Since arriving to my post, my physical health has:

- Gotten much worse
- Gotten worse
- Stayed the same
- Gotten better
- Gotten much better

I feel isolated from others.

- Never
- Rarely
- Sometimes
- Very often
- Always

I feel lonely.

- Never
- Rarely
- Sometimes
- Very often
- Always

Since arriving at this duty station:

Have you wished you were dead or wished you could go to sleep and not wake up?

- Yes
- No

Since arriving at this duty station:

Have you actually had any thoughts of killing yourself?

- Yes
- No

IF the answer to this question is “yes”, ask the following questions.

Have you been thinking about how you might do this?

- Yes
- No

Have you had these thoughts ***and*** had some intention of acting on them?

- Yes
- No

Have you started to work out or worked out the details of how to kill yourself?

- Yes
- No

Do you intend to carry out this plan?

- Yes
- No

What makes you unlikely to reenlist?

- Better job opportunities outside the Army
- Bureaucracy
- Difficultly meeting physical requirements
- Family problems at home
- Homesickness
- Illness/medical condition
- Lack of motivation/boredom
- Not getting along with others
- Not getting desired military job
- Problems adjusting to Army life
- Problems with supervisors
- Sexual harassment
- Want to pursue education goals outside
- Want to spend more time with family
- Want to start a family
- Poor first duty station experience
- Lack of deployment opportunities
- Other please specify [please do not include PII in response] Text entry

Please provide any additional comments [please do not include PII in response] Text entry