

A research study to understand sleep & alertness in drivers-for- hire

Informed Consent Presentation

We are doing a study to find out if we can improve sleep and alertness in professional drivers.

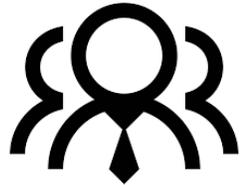


Photo by ©SasinParaska/Getty Images

We would like you to be in our study.



Being in our study is completely your choice: No one can force you to do it.



Not management



Not your mother



Not your pet



NO ONE

There are no penalties if you do not sign up.





**KEEP
CALM
AND
NO
PENALTIES**

If you do sign up for the study, you can change your mind at any time with no penalty.

You are not eligible for the study if you:



Have not had a current, valid license to drive a taxi in this city for the past 12 months



Are not driving at least 30 hours per week

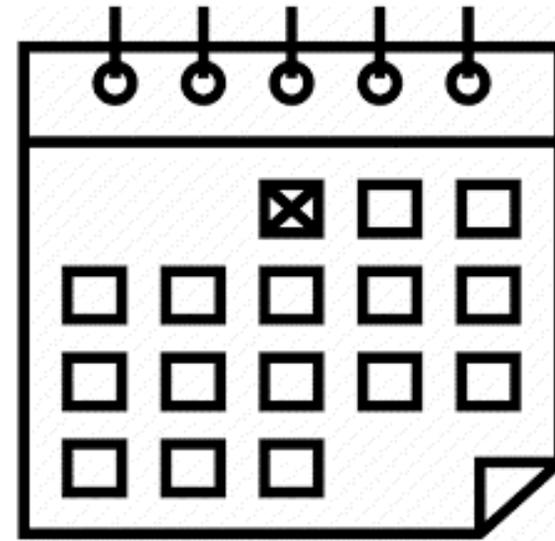
Each driver who signs up will be studied for:

- 5 separate periods



Each driver who signs up will be studied for:

- 5 separate periods
- 10 days per period



All day and night for 10 days each driver who signs up will wear a device on their wrist to measure their tiredness....



....and write in a diary what time they wake up, go to bed, and other things they do throughout the day.

Take off your wrist device:



When taking a bath

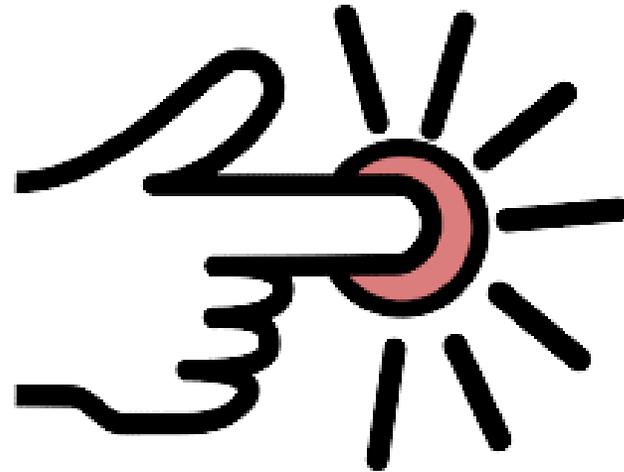


When sitting in a pool



When swimming

5 times a day for
7 days each
driver will be
asked to test
their attention
on a handheld
electronic
device.



1-2 times a week we will reach out to “check-on” each driver.





During the study we will not interrupt your work or tell you to stop working.

Here is some information to help you decide if you want to be in our study or not.



Wearing 1 device on your wrist all day for 10 days at a time may feel weird or annoying.



It is possible people with sensitive skin can get a skin rash from this device.



Like with any study,
there is always a small
risk that your data
could be at risk of
being exposed or lost.





However, we will follow a very high security standard when using your data.

No names will be stored with personal data; only coded ID numbers.



You will be given \$ as a token of appreciation for participating in the study.



You will be given up to \$200 for your time
at \$40 per data collection period (10 days)
for up to 5 separate periods...

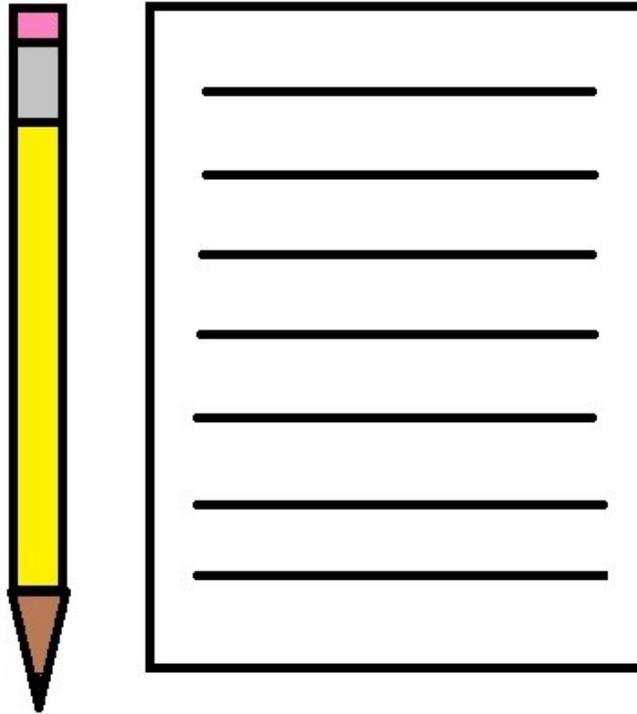
...as a token of our appreciation.



If you take the 3 hour training,
you will be given \$53.40 total,
at a rate of \$17.80 per hour...
...as a token of our appreciation.



To give you the gift card, we will need to ask you to provide your study ID and sign you received it.



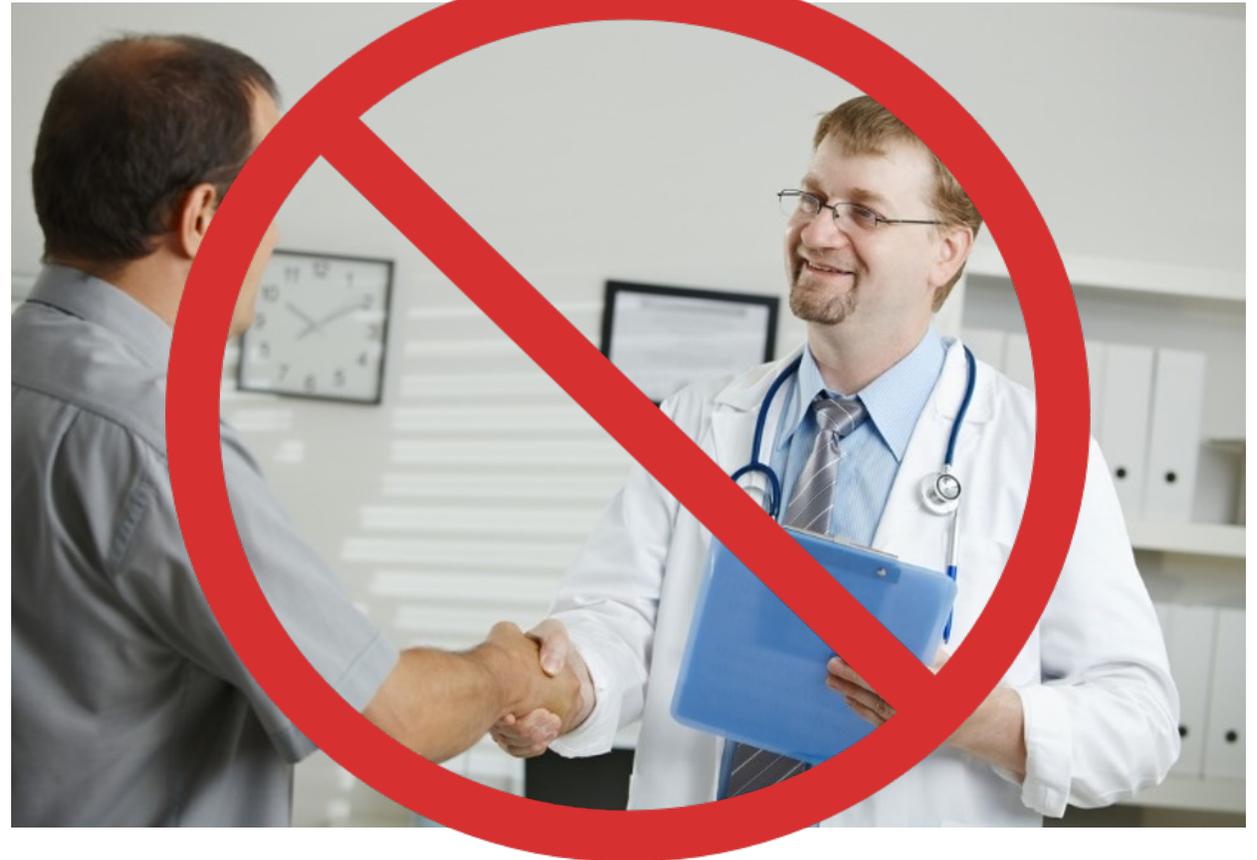


This information allows us to pay you and will not be used for any other reason.



There are no direct benefits to subjects for participating in this research.

There is no other procedure or treatment available as a substitute for this study.



Questions about the study?
Call Cammie Chaumont Menéndez (study supervisor)

304-285-6233

Concerned how we're treating you?
Call our research ethics office

513-533-8591



Questions?