

Attachment 3

NHANES 2025-2026: Protocol Changes From Prior Round

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	2021-2023 NHANES	2025-2026 NHANES
Sample Design	- No oversampling by race, ethnicity or income - PSUs are counties 15 PSUs - No maximum number of people per dwelling unit	- Oversampling by age and race - PSUs are PUMAs 20 PSUs - Maximum three people per dwelling unit
Dwelling Unit Eligibility Screening	Multimode screening of dwelling units by web, mail, telephone and in person	In-person screening
Home Interview & Environmental Sample Collection	- Conducted in person or by telephone - Audio-recorded verbal informed consent - Emancipated minors were eligible with proper documentation - SPs ages 16-17 years of age were interviewed directly - No environmental specimen collection	- Conducted in person - Video informed consent presentation, with hardcopy “Home Interview Study Statement,” and audio-recorded documentation of consent - Minors who do not have an adult who can give permission for them to participate (including emancipated minors) are not eligible to participate - All information on SPs under age 18 are collected by proxy - Environmental specimen collection of tap water from dwelling unit
MEC Examination	- SPs provided copies of MEC Consent Brochure, Health Measurements List, and Child Assent Flyer (if applicable) - Signed, electronic consents collected for MEC exam participation and future studies Exams included: - Blood Pressure - Body Measures (anthropometry) - DXA – Body composition - Liver elastography - Phlebotomy - Urine collection - ACASI - Balance	- SP provided copies of MEC Consent Booklet, Detailed List of NHANES Blood and Urine Laboratory Tests, Child Assent Flyer (if applicable). - SPs watch Informed Consent Video - Signed, electronic consents collected for MEC exam participation, and future studies Exams included: - Blood Pressure - Body Measures (anthropometry) - DXA – Hip & spine - Phlebotomy - Urine collection - ACASI - Oral Health - Visual Acuity - Ophthalmology - Respiratory–Spirometry - HPV–Oral rinse and genital swab - Hearing
Biospecimen Storage	No DNA storage	No DNA storage
Dietary Interviews	Completed by telephone after MEC	Completed by telephone either

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	exam • Included the 30-days Dietary Supplements and Antacids module. • FCBS phone follow-up module completed after second dietary interview • Informed Consent completed as part of MEC Informed Consent process	before or after MEC exam • Included the 30-days and the 24-hour Dietary Supplements and Antacids module. • FCBS phone follow-up module completed after first dietary interview • Informed Consent completed by telephone prior to administration of dietary interviews

Note: ACASI = audio computer-assisted self-interview; FCBS = Flexible Consumer Behavior Survey; MEC = Mobile Examination Center; PSU = Primary Sampling Unit; PUMA = Public Use Microdata Area; SP = Survey Participant.