

## onal Post-acute and Long-term Care Study 2024 Residential Care Community Questionnaire

The Centers for Disease Control and Prevention conducts the National Post-acute and Longterm Care Study (NPALS). Please complete this questionnaire about the <u>residential care</u> community at the location listed below.

- If this residential care community is associated with another residential care community or is part of a facility or campus that offers multiple levels of care, please answer only for the residential care community portion operating at the location listed below.
- Please consult records and other staff as needed to answer questions.
- If you need assistance or have questions, go to https://www.cdc.gov/nchs/npals/index.htm or call 1-855-500-1435.
- Thank you for taking the time to complete this questionnaire.

CASE ID **DIRECTOR'S NAME FACILITY NAME. LICENSE NUMBER FACILITY PHYSICAL STREET ADDRESS** CITY, ST, ZIP

Residential care places are known by different names in different states. We refer to all of these places and others like them as residential care communities. Just a few terms used to refer to these places are assisted living, personal care, and adult care homes, facilities, and communities; adult family and board and care homes; adult foster care; homes for the aged; and housing with services establishments.

Please provide your contact information. Your information may be used for contact related to participation in current and future NPALS waves and will be kept confidential. PLEASE PRINT

Your name	First Name Last Nam
Your work telephone number, with	Ex t.
Your work e-mail address	
Your job title	

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**Division of Health Care Statistics** 

All information that



statistical purposes. NCHS staff, contractors, and agents will not disclose or release responses in identifiable form without the consent of the individual or establishment in accordance with section 308(d) of the Public Health Service Act (42 U.S.C. 242m(d)) and the Confidential Information Protection and Statistical Efficiency Act of 2018 or CIPSEA (Pub. L. No. 115-435, 132 Stat. 5529 § 302). In accordance with CIPSEA, every NCHS employee, contractor, and agent has taken an oath and is subject to a jail term of up to five years, a fine of up to \$250,000, or both if he or she willfully discloses ANY identifiable information about you. In addition to the above cited laws, NCHS complies with the Federal Cybersecurity Enhancement Act of 2015 (6 U.S.C. §§ 151 and 151 note) which protects Federal information systems from cybersecurity risks by screening their networks.

	Backgroun	d In	forma	tion	
1.	What is the type of ownership of this residential care community? MARK ONLY ONE ANSWER  Private—nonprofit Private—for profit Publicly traded company or limited liability company (LLC) Government—federal, state, county,		current care co whom a hospital resident enter "	tly living in this mmunity? Incluing the list being held in the list	ide residents for d while in the pite care them. <b>If none,</b> dents
2.	Is this residential care community currently licensed, registered, certified, or otherwise regulated by the State?	5.	41 Does th	answered "0," s nis residential c : least 2 meals	are community
<b>1</b>	Yes		residen		a day to
3.	No → Skip to question 41  At this residential care community, what is the number of licensed, registered, or certified residential care beds? Include both occupied and	6.	Does th		are community
	unoccupied beds. If this residential care		MARK Y	ES OR NO IN E	
	community is licensed, registered, or certified by <b>apartment or unit</b> , please count the number of single resident apartments or units as one bed each, two bedroom apartments or units as two beds		living bathir	with activities of ( (ADLs), such as l ng, either directly	nelp with O
_	each and so forth.			nce with medications, stration of medication	
	Number of beds		remind medica	ers, or provide centra tions?	l storage of
<b>→</b>	If you answered fewer than 4 beds, skip to <b>question 41</b>	7		nswered "No" to <b>question 41</b>	both 6a <u>and</u> 6b,
7.	Is this residential care community per adults with an intellectual or develop both? Do not include Alzheimer disease of MARK ONLY ONE ANSWER	<b>menta</b> r other	<b>I disabil</b> dementi	ity, severe mer as.	
	Yes, permitted, licensed, or regulated intellectual or developmental disability		e <b>only</b> po	ersons with	
	Yes, permitted, licensed, or regulated Yes, permitted, licensed, or regulated intellectual or developmental disability	to serv to serv	e <b>only</b> po	ersons with	r <del>ò</del> Skip to quest ion 41
_	No, none of the above				
<b>8</b> .	Does this residential care community types of staff to meet any resident ne are located in the same building, in an atta campus. MARK ONLY ONE RESPONSE	eds tl	<b>nat may</b> building d	arise? On-site m or next door, or o	neans the staff
			taff are e 24/7	Yes, staff are available as needed or on	No
		2			

a.Personal care aide or staff caregiver		
b.Registered Nurse (RN), Licensed Practical Nurse (LPN), or Licensed		
c. Director, Assistant Director, Administrator or Operator (if they provide personal care or nursing		

→ If you answered "No" to 8a, 8b, and 8c, skip to question 41

Alz	Yes → Skip to <b>question 12</b>		
$\simeq$	No		
<b>→</b> .			
10	Does this residential care community have a distince wing, or floor that is designed as a dementia, Alzheimer, memory care unit?	gnat	
	Yes		
	$\bigcirc$ No $\rightarrow$ skip to question 1	3	
	memory care unit, wing, of If this residential care commod licensed, registered, or certification apartments or units, please of number of single resident apportunits as one bed each, two bedroom apartments or units beds each and so forth. If no enter "0."	unity ied k coun artm o s as i	is by t the nents
	Number of beds		
12	Does this residential care community or designated wing, or floor have each of following? MARK YES OR I	f th	e
12	Does this residential care community or designated wing, or floor have each o	of th NO I	e N
12	Does this residential care community or designated wing, or floor have each of following? MARK YES OR I	of th NO I	e
12	Does this residential care community or designated wing, or floor have each of following? MARK YES OR IEACH ROW  a. High staff-to-resident ratios compared to other	of th NO I	e N
12	a. High staff-to-resident ratios compared to other units, wings, or floors b. Staff specially trained in	of th NO I	e N
12	a. High staff-to-resident ratios compared to other units, wings, or floors b. Staff specially trained in dementia care c. Dementia-specific	of th NO I	e N
12	a. High staff-to-resident ratios compared to other units, wings, or floors b. Staff specially trained in dementia care c. Dementia-specific activities or programming	of th NO I	e N
12	a. High staff-to-resident ratios compared to other units, wings, or floors b. Staff specially trained in dementia care c. Dementia-specific activities or programming d.Locked exit doors	of th NO I	e N
12	a. High staff-to-resident ratios compared to other units, wings, or floors b. Staff specially trained in dementia care c. Dementia-specific activities or programming d. Locked exit doors e. Doors with alarms f. Doors with key	of th NO I	e N

13. Is this residential care commowned by a person, group, corganization that owns or m	or anages
two or more residential care	
communities? This may include corporate chain.	e a
Yes	
No	

15. During the <u>last 30 days</u> , for how	
many of the residents currently living in this residential care community did Medicaid pay for some or all of their services received at this community? If none, enter "0."  Number of residents	
6. An Electronic Health Record (EHR) is a computerized version of the resident's health and personal information used in the management of the resident's health care. Other than for accounting or billing purposes, does this residential care community use Electronic Health Records?	
Yes → No → Skip to <b>question 18</b>	
17. Does this residential care community's Electronic Health Records system support electronic health information exchange with each of the following providers? Do not include faxing. MARK YES OR NO IN EACH ROW	
Yes No	
a.Physician	
b.Pharmacy	
c. Hospital	
d.Skilled nursing facility, nursing home, or inpatient rehabilitation	
e.Other long term care	

14. Is this residential care community

18. In the <u>last 12 months</u>, did this residential care community use any of the following types of <u>telehealth tools</u> to assess, diagnose, monitor, or treat residents? MARK YES, NO, OR DON'T KNOW IN EACH ROW

			Yes	No	Don't K	now	
	a. Telephone audio						
	b. Videoconference software with audio (e.g., Zoom, Webex, FaceTime)	0		0			
19	Does this residential care commur	nity ha	eve the follo	wing infecti	on contr	ol pol	icies
	and practices?			J		-	
	MARK YES OR NO IN EACH ROW					Υe	ا د
							s No
	Have a written Emergency Operations P						
	lave a designated staff member or con-		<u> </u>	for coordinatii	ng the		
	Offer annual influenza vaccination to res						
_	Offer annual influenza vaccination to all		yees or contr	act staff			
	Offer COVID-19 vaccination to residents						
	Offer COVID-19 vaccination to all emplo						
_	Screen residents daily for infection (e.g.				-		
	imit communal dining and recreational						
	mpose restrictions on family, relatives,						
	consultant personnel (e.g., barbers, deli Masking if an outbreak occurs	ivery p	ersonner) ent	ering the build	uing ii an		
<b>J</b>	Tability if all data call decars						
	Services currently offered by this offered at this physical location or service listed below MARK ALL This residential care community	r virtu HAT A Pro servi	ally (on-line	or by teleph	an includ none). Fo	or ead	not
		co en	mmunity nployees or nges for the	Refers res or famil outside se provide	y to ervice	provi arrar or re for t serv	nge, efer his
	Hospice or palliative care services						)
l \ i	Social work services—provided by icensed social workers or persons with a bachelor's or master's degree n social work, and may include an array of services such as psychosocial assessment, individual or group						)
t k	Mental or behavioral health services— carget residents' mental, emotional, osychological, or psychiatric well- being and may include diagnosing, describing, evaluating, and treating					C	)
d.	<u> Therapy services</u> —physical,						)
	occupational, or speech therapies  Pharmacy services—including filling of						
C. <u>I</u>	or delivery of prescriptions						
	Dietary and nutritional services						)
g. <u>s</u>	Skilled nursing services—must be performed by an RN, LPN or LVN and					C	)

h.Transportation services for medical or dental appointments		
i. Routine and emergency dental services by a licensed dentist		
j. <u>Home health care</u> —medical, therapeutic, and other heath care services to help with post-acute and		
k. Home care—assistance with completing self-care, activities of daily living, and instrumental activities of daily living such as housekeeping,		

## **Resident Profile**

<b>21</b>	core	he <u>last 12 mo</u> onavirus disea this residenti e among resio	ase al	ca	CO\ re (	/ID	-19) case: nmunity	
		Number of C	COV	/ID	-19			
-	<b>→</b> If yo	ou answered "0	", '	ski	o to	qu	estion 23	•
	<b>22.</b>	Of the CO residential calast 12 month resulted in each tender "0" if named in the control of the	re 15, ach or	ho n o ne no	omr ow f th or s t kr	mui ma ne f sele	nity in the ny cases ollowing?	)
			of	C	nbe OVI Case	D-	Don't Know	
		a.						
		b.Death						

23. Of the residents <u>currently living in</u> this residential care community, what is the age breakdown? <u>Enter "0" for any categories with no residents.</u>

	Number of Residents
a.Under 65 years	
b.65-74 years	
c. 75-84 years	
d.85 years or older	
TOTAL	

NOTE: Total should be the same as the number of residents provided in question 4.

24. Of the residents <u>currently living</u> in this residential care community, what is the gender identity breakdown? Enter "0" for any categories with no residents.

	Nu Re		er den	
a.Male				
b.Female				
c.Transgender, non-binary, or another gender				
TOTAL				
NOTE: Total should be the	sa	me	e as	5

NOTE: Total should be the same as the number of residents provided in question 4.

25. Of the residents <u>currently living in</u> this residential care community,
what is the racial-ethnic breakdown?
Count each resident only once. If a non-
Hispanic resident falls under more than
one category, please include them in the
"Two or more races" category.
Enter "0" for any categories with no
residents.
Number of

	Number of Residents
a.Hispanic or Latino, of any race	
b.Two or more races, not Hispanic or Latino	
c. American Indian or Alaska Native, not Hispanic or Latino	
d.Asian, not Hispanic or Latino	
e.Black, not Hispanic or Latino	
f. Native Hawaiian or Other Pacific Islander, not Hispanic or Latino	
g.White, not Hispanic or Latino	
h.Some other category reported in this residential care community's system	
<ul><li>i. Not reported (race and ethnicity unknown)</li></ul>	
TOTAL	
NOTE: Take Laborate Laborate	

NOTE: Total should be the same as the number of residents provided in question 4.

26. Assistance refers to needing any help or supervision from another person, or use of assistive devices. Of the residents currently living in this residential care community, about how many now need any assistance in each of the following activities? Enter "0" for any categories with no residents.

	of
a. With transferring in and out of a bed or chair	
b.With eating, like cutting up food	
c. With dressing	
d.With bathing or showering	
e. With using the bathroom (toileting)	
f. With locomotion or walking—this includes using a cane, walker, or wheelchair and/or help	
27. Of the residents <u>currently</u> this residential care commabout how many have been diagnosed with each of the	nunity, en
diagnosed with each of th conditions? Enter "0" for	any
conditions? Enter "0" for categories with no reside	any nts. Number of
a.Alzheimer disease or other dementias	nts. Number of
a.Alzheimer disease or other	nts. Number of
a.Alzheimer disease or other dementias	nts. Number of
a.Alzheimer disease or other dementias b.Arthritis	nts. Number of
a.Alzheimer disease or other dementias b.Arthritis c. Asthma	Number of
a.Alzheimer disease or other dementias b.Arthritis c. Asthma d.Chronic kidney disease e.COPD (chronic bronchitis of	Number of
a.Alzheimer disease or other dementias b.Arthritis c. Asthma d.Chronic kidney disease e.COPD (chronic bronchitis demphysema)	Number of
a.Alzheimer disease or other dementias b.Arthritis c. Asthma d.Chronic kidney disease e.COPD (chronic bronchitis of emphysema) f. Depression	Number of
a.Alzheimer disease or other dementias b.Arthritis c. Asthma d.Chronic kidney disease e.COPD (chronic bronchitis demphysema) f. Depression g.Diabetes h.Heart disease (for example, congestive heart failure, coronary or ischemic heart disease, i. High blood pressure or	Number of
a.Alzheimer disease or other dementias b.Arthritis c. Asthma d.Chronic kidney disease e.COPD (chronic bronchitis demphysema) f. Depression g.Diabetes h.Heart disease (for example, congestive heart failure, coronary or ischemic heart disease,	Number of

currently living in this residential care community, about how many were treated in a hospital emergency department in the last 90 days? If none, enter "0."  Number of residents	currently I care comm had a fall i falls that oc community resident wa anyone saw	iving in this remaity, about in the last 90 ccurred in your less injured, and vertile the resident fase just count or	esidential how many days? Include residential care ther or not the whether or not
29. As best you know, of the residents currently living in this residential care community, about how many were discharged from an overnight hospital stay in the last 90 days? Exclude trips to the hospital emergency department that did not result in an overnight hospital stay. If none, enter "0."  Number of residents	more than or residents fer is currently facility, please count. If no "0."	ase include that	e of your st 90 days, but or rehabilitation person in your d a fall, enter
31. An individual is considered an employed required to issue a Form W-2 federal ta below, indicate how many full-time employ community currently has. Include employ virtually (on-line or by telephone). Enter "0"	x form on their oloyees and par wees who work at	behalf. For eat- t-time employ this physical lo	ach sťaff type <u>rees</u> this cation or
a.Registered nurses (RNs)			
b.Licensed practical nurses (LPNs) / licensed	d vocational		
nurses (LVNs) c. Certified nursing assistants, nursing assist health aides, home care aides, personal capersonal care assistants, and medication to	are aides,		
d.Social workers—licensed social workers or bachelor's or master's degree in social wo			
e.Activities directors or activities staff			

32. Contract or agency staff refewith and working at this resident employed by the community. work, or activities contract o	dential ca Does thi r agency	are community be s community ha staff? Include co	out a ve a	re no	ot dir ursine	ectly a. aide. s	ocial
physical location or virtually (on-	line or by	teiepnone).					
No -> Skip to question 34  33. For each staff type below staff and part-time contracurrently has. Do not inclu community. Enter "0" for a	<mark>act or age</mark> de individu	ency staff this re uals directly empl	eside oyed ontra Nu Fi	entia by the ct ou umbe ull-Ti	l care his res r age er of	e commur idential ca ncy staff. Numbe Part-Ti	nity are r of ime
a.Registered nurses (RNs)							
b.Licensed practical nurses nurses (LVNs)	(LPNs) / lic	ensed vocational					
c. Certified nursing assistant home health aides, home	c. Certified nursing assistants, nursing assistants, home health aides, home care aides, personal care aides, personal care assistants, and medication						
d.Social workers—licensed s with a bachelor's or maste	social work er's degree	ers or persons in social work					
e.Activities directors or activ	vities staff						
34. In the <u>last 12 months</u> , how of staffed?  Always  Sometimes	ften was t	this residential	care	com	muni	ty short-	
Never							
The next series of questions asks about assistants, nursing assistants, home personal care assistants, and medical not to be included in your answers.	health aid	es, home care aid	les, p	ersor	nal cai	re aides,	rs are
35. Does this residential care con offer the following benefits to time aide employees? MARK NO IN EACH ROW	o full-	g.Paid pe vacatio h.Overtin i. Bonuse	n tim ne pa	ne, or ay	sick l		
a. Health insurance for the employee only	00	j. Reimbu	ırse/p	oay fo	r initi	al	
b.Health insurance that includes family coverage							
c. Dental, vision, or prescription drug benefits	00						
d.Life insurance	00						
e.A pension, a 401(k), or a f. Paid childcare, childcare subsidies, or assistance	0 0						
		12					

36. How many hours of training does this residential care community require aide employees to have for each of the following? If none, enter "0."

_	Number of
a.Initial training prior to	
providing care	
b.Continuing education,	
on-going, or on-the-job	

37. Does this residential care community provide assistive devices, such as lifting aides, belts, trapeze bars, or other assistive equipment, to your aide employees when they are moving or lifting residents who cannot move around on their own?

Yes No

38. How often does this residential care co employees for each of the following as offered when becoming an aide and any tra ONLY ONE RESPONSE IN EACH ROW	pmmunity offer training to prepare aide pects of their jobs? Include any training ining offered since aides started working. MARK
ONET ONE RESPONSE IN EACH ROW	Training, Training

	Training is always offered	Training is offered occasional ly or as	Training is offered rarely or never	Don't Know
a. Discussing resident care with residents'				
b. Dementia care				
c. Working with residents that act out or			0	
d. Preventing personal injuries at work				
e. End of life issues (advance care planning and help families cope with grief)	0		0	
f. Relating to residents of different cultures or ethnicities, or with different values or heliefs				
g.Infection control (putting on and taking off personal protective equipment, hand				

These next questions ask for information to help inform planning for future waves of NPALS. The National Center for Health Statistics (NCHS) recently conducted a Direct Care Worker (DCW) Pilot Study as part of NPALS. We asked directors of residential care communities to sample and provide contact information for two direct care employees or contract staff. We then invited the sampled direct care workers to complete a questionnaire by mail or web.

39. If we were to invite you to participate in a future DCW Study, would you have access to the following information for your direct care employees? If yes, would you be able to provide us with this information to contact your direct care employees?

Have If Able Acces yes to

a.Full name			<b>&gt;</b>		
b.Mailing address	0	0	<b>&gt;</b>	0	
c. Email address			<b>→</b>		

40. Would you have access to the following information for your direct care contract staff? If yes, would you be able to provide us with this information to contact your direct care contract staff?

	Have Access?		If yes →	Able to Provide?	
	No	Yes		No	Yes
a.Full name			<b>→</b>		
b.Mailing address			<b>→</b>		
c. Email address			<b>&gt;</b>		

41. Please return your questionnaire in the enclosed return envelope or mail it to:  $\ensuremath{\mathsf{NPALS}}$ 

RTI International ATTN: Data Capture 5265 Capital Boulevard