**Attachment 8: Distress guidance**

**Level 1 Mild Distress:**

*Respondent actions:*

* Change in voice tone or volume
* Change in focus
* Hesitancy to answer questions or probes
* Fidgeting
* Use of inappropriate language
* Non-relevant answers
* Says, does not want to continue with interview

*Interviewer actions:*

* Pause give respondent time to recover/compose themselves
* Check respondent happy to continue if they have not already indicated that they would like to stop – terminate interview if necessary
* Change topic/move to next question/topic
* Inform PI
* Offer appropriate helpline numbers at the end of the interview

**Level 2: Moderate distress**

*Respondent actions:*

Level one signs plus…

* Long pauses and sighing
* Tearful / crying
* Extreme forms of agitation
* Non-responsiveness
* Nonsensical responses to questions or probes
* Asks for your advice/help

*Interviewer actions:*

* Stop interview and offer helpline numbers
* Inform PI and Operations team lead
* Complete respondent distress report form

**Level 3: Severe distress**

*Respondent actions:*

* Mentions suicidal thoughts
* Talks about wishing another person was dead or talks about committing harm to another person
* Respondent asks for immediate help from a health care professional

*Interviewer actions:*

* Stop interview and offer helpline numbers
* Inform PI and Operations team lead
* Complete respondent distress report form
* Operations team lead to submit incident report to ERB

**Helpline telephone numbers and web resources**

***For help with emotional distress:***

National Suicide Prevention lifeline **1-800-273-TALK** (8255) English, 1-888-628-9454 Spanish

National Child Abuse hotline:**1-800-4AChild** (1-800-422-4453) or text 1-800-422-4453

Additional resources can be found on the CDC Website: <https://www.cdc.gov/violenceprevention/>

***For further information on safety and health in the work place or to report an incident at work***

National OSHA information line **1-800-321-OSHA** (1-800-321-6742)

Additional resources about youth employment can be found on the OSHA website: <https://www.osha.gov/youngworkers/resources.html>

The CCQDER operations study team lead **Kristen Gregory-Lee/Amanda Titus** and the study PI will be informed of distress displayed during the interview.

The operations team lead will be responsible for reporting any signs of **severe** distress to the ERB.

**NIOSH Teen Respondent Distress Report form**

CASE ID number\_\_\_\_\_\_\_\_\_\_\_

Interviewer name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of PI\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Level of distress (moderate/severe)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Distress Description

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Interviewer Actions

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Date reported to PI and Operations team lead\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Severe distress

Date reported to ERB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of operations team lead making report\_\_\_\_