# **Summary of Benefits and Coverage:** What this Plan Covers & What You Pay for Covered Services Coverage Period: 01/01/2025 – 12/31/2025

# Insurance Company 1: AI/AN Limited Cost Sharing Coverage for: Individual + Spouse | Plan Type: PPO

**The Summary of Benefits and Coverage (SBC) document will help you choose a health** [**plan.**](https://www.healthcare.gov/sbc-glossary/#plan) **The SBC shows you how you and the** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan) **would share the cost for covered health care services. NOTE: Information about the cost of this** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan) **(called the** [**premium**](https://www.healthcare.gov/sbc-glossary/#premium)**) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact

information]. For general definitions of common terms, such as [allowed amount,](https://www.healthcare.gov/sbc-glossary/#allowed-amount) [balance billing,](https://www.healthcare.gov/sbc-glossary/#balance-billing) [coinsurance,](https://www.healthcare.gov/sbc-glossary/#coinsurance) [copayment,](https://www.healthcare.gov/sbc-glossary/#copayment) [deductible](https://www.healthcare.gov/sbc-glossary/#deductible), [provider,](https://www.healthcare.gov/sbc-glossary/#provider) or other underlined terms, see the Glossary. You can view the Glossary at [www.insert.com] or call 1-800-[insert] to request a copy.

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| **Important Questions** | **Answers** | **Why This Matters:** |
| **What is the overall** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible)**?** | $0 at Indian Health Care [Provider](https://www.healthcare.gov/sbc-glossary/#provider) (IHCP) or with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral) at non-IHCP; or $500 individual / $1,000 family. | Generally, you must pay all of the costs from [providers](https://www.healthcare.gov/sbc-glossary/#provider) up to the [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) amount before this [plan](https://www.healthcare.gov/sbc-glossary/#plan) begins to pay. If you have other family members on the plan, each family member must meet their own individual [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) until the total amount of [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) expenses paid by all family members meets the overall family [deductible](https://www.healthcare.gov/sbc-glossary/#deductible). |
| **Are there services covered before you meet your** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible)**?** | Yes. [Preventive care](https://www.healthcare.gov/sbc-glossary/#preventive-care) and primary care services are covered before you meet your [deductible](https://www.healthcare.gov/sbc-glossary/#deductible). | This [plan](https://www.healthcare.gov/sbc-glossary/#plan) covers some items and services even if you haven’t yet met the [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) amount. But a [copayment](https://www.healthcare.gov/sbc-glossary/#copayment) or [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) may apply. For example, this [plan](https://www.healthcare.gov/sbc-glossary/#plan) covers certain [preventive services](https://www.healthcare.gov/sbc-glossary/#preventive-care) without [cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) and before you meet your [deductible](https://www.healthcare.gov/sbc-glossary/#deductible). See a list of covered preventive services at <https://www.healthcare.gov/coverage/preventive-care-benefits/>. |
| **Are there other** [**deductibles**](https://www.healthcare.gov/sbc-glossary/#deductible) **for specific services?** | $0 at IHCP or with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral) at non-IHCP; or Yes, $300 for [prescription drug coverage](https://www.healthcare.gov/sbc-glossary/#prescription-drug-coverage) and $300 for occupational therapy services. There are no other specific deductibles. | You must pay all of the costs for these services up to the specific [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) amount before this [plan](https://www.healthcare.gov/sbc-glossary/#plan) begins to pay for these services. |
| **What is the** [**out-of-pocket**](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) [**limit**](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) **for this** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan)**?** | For [network providers](https://www.healthcare.gov/sbc-glossary/#network-provider) $2,500 individual / $5,000 family; for [out- of-network providers](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) $4,000 individual / $8,000 family. | The [out-of-pocket limit](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) is the most you could pay in a year for covered services. If you have other family members in this [plan](https://www.healthcare.gov/sbc-glossary/#plan), they have to meet their own [out-of-pocket limits](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) until the overall family [out-of-pocket limit](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit) has been met. |
| **What is not included in the** [**out-of-pocket limit**](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit)**?** | [Copayments](https://www.healthcare.gov/sbc-glossary/#copayment) for certain services, [premiums](https://www.healthcare.gov/sbc-glossary/#premium), [balance-billing](https://www.healthcare.gov/sbc-glossary/#balance-billing) charges, and health care this [plan](https://www.healthcare.gov/sbc-glossary/#plan) doesn’t cover. | Even though you pay these expenses, they don’t count toward the [out-of-pocket limit](https://www.healthcare.gov/sbc-glossary/#out-of-pocket-limit). |
| **Will you pay less if you use a** [**network provider**](https://www.healthcare.gov/sbc-glossary/#network-provider)**?** | Yes. See [www.insert.com] or call 1-800-[insert] for a list of [network providers](https://www.healthcare.gov/sbc-glossary/#network-provider). | This [plan](https://www.healthcare.gov/sbc-glossary/#plan) uses a [provider network](https://www.healthcare.gov/sbc-glossary/#provider). You will pay less if you use a [provider](https://www.healthcare.gov/sbc-glossary/#provider) in the [plan’s](https://www.healthcare.gov/sbc-glossary/#plan) [network](https://www.healthcare.gov/sbc-glossary/#network). You will pay the most if you use an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider), and you might receive a bill from a [provider](https://www.healthcare.gov/sbc-glossary/#provider) for the difference between the [provider’s](https://www.healthcare.gov/sbc-glossary/#provider) charge and what your [plan](https://www.healthcare.gov/sbc-glossary/#plan) pays ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). Be aware, your [network provider](https://www.healthcare.gov/sbc-glossary/#network-provider) might use an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) for some services (such as lab work). Check with your [provider](https://www.healthcare.gov/sbc-glossary/#provider) before you get services. |
| **Do you need a** [**referral**](https://www.healthcare.gov/sbc-glossary/#referral) **to see a** [**specialist**](https://www.healthcare.gov/sbc-glossary/#specialist)**?** | Yes. | This [plan](https://www.healthcare.gov/sbc-glossary/#plan) will pay some or all of the costs to see a [specialist](https://www.healthcare.gov/sbc-glossary/#specialist) for covered services but only if you have a [referral](https://www.healthcare.gov/sbc-glossary/#referral) before you see the [specialist](https://www.healthcare.gov/sbc-glossary/#specialist). |



All [**copayment**](https://www.healthcare.gov/sbc-glossary/#copayment)and [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance)costs shown in this chart are after your [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible)has been met, if a [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible)applies.

| **Common Medical Event** | **Services You May Need** |  | **What You Will Pay** |  | **Limitations, Exceptions, & Other Important Information** |
| --- | --- | --- | --- | --- | --- |
| **Indian Health Care Provider (IHCP) (You will pay the least)** | **Non-IHCP In-Network Provider (You will pay more)** | **Non-IHCP Out-of- Network Provider(You will pay the most)** |
| **If you visit a health care** [**provider’s**](https://www.healthcare.gov/sbc-glossary/#provider) **office or clinic** | Primary care visit to treat an injury or illness | No charge | $35 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/office visit and 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) for other outpatient services; [deductible](https://www.healthcare.gov/sbc-glossary/#deductible) does not apply | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral.](https://www.healthcare.gov/sbc-glossary/#referral) If an [out-of-network](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider)  [provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount,](https://www.healthcare.gov/sbc-glossary/#allowed-amount) you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| [Specialist](https://www.healthcare.gov/sbc-glossary/#specialist) visit | No charge | $50 [copay/](https://www.healthcare.gov/sbc-glossary/#copayment)visit | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Preauthorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) is required. If you don't get [preauthorization,](https://www.healthcare.gov/sbc-glossary/#preauthorization) benefits could be reduced by 50% of the total cost of the service. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral.](https://www.healthcare.gov/sbc-glossary/#referral) If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed](https://www.healthcare.gov/sbc-glossary/#allowed-amount)  [amount,](https://www.healthcare.gov/sbc-glossary/#allowed-amount) you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| [Preventive care](https://www.healthcare.gov/sbc-glossary/#preventive-care)/ [screening/](https://www.healthcare.gov/sbc-glossary/#screening) immunization | No charge | No charge | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | You may have to pay for services that aren’t preventive. Ask your [provider](https://www.healthcare.gov/sbc-glossary/#provider) if the services needed are preventive. Then check what your [plan](https://www.healthcare.gov/sbc-glossary/#plan) will pay for. |
| **If you have a test** | [Diagnostic test](https://www.healthcare.gov/sbc-glossary/#diagnostic-test) (x-ray, blood work) | No charge | $10 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/test | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral.](https://www.healthcare.gov/sbc-glossary/#referral) If an [out-of-network](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider)  [provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount,](https://www.healthcare.gov/sbc-glossary/#allowed-amount) you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| Imaging (CT/PET scans, MRIs) | No charge | $50 [copay/](https://www.healthcare.gov/sbc-glossary/#copayment)visit | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| **If you need drugs to treat your illness or condition**More information about [prescription drug](https://www.healthcare.gov/sbc-glossary/#prescription-drug-coverage) [coverage](https://www.healthcare.gov/sbc-glossary/#prescription-drug-coverage) is available at [www.insert.com] | Generic drugs | No charge | $10 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/prescription (retail & mail order) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | \*See Section [X]. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| Preferred brand drugs | No charge | $30 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/prescription (retail & mail order) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| Non-preferred brand drugs | No charge | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 60% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| [Specialty drugs](https://www.healthcare.gov/sbc-glossary/#specialty-drug) | No charge | 50% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 70% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| **If you have outpatient surgery** | Facility fee (e.g., ambulatory surgery center) | No charge | $100/day [copay](https://www.healthcare.gov/sbc-glossary/#copayment) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Preauthorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) is required. If you don't get [preauthorization](https://www.healthcare.gov/sbc-glossary/#preauthorization), benefits could be reduced by 50% of the total cost of the service. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| Physician/surgeon fees | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 50% coinsurance for anesthesia. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| **If you need immediate medical attention** | [Emergency room care](https://www.healthcare.gov/sbc-glossary/#emergency-room-care-emergency-services) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| [Emergency medical](https://www.healthcare.gov/sbc-glossary/#emergency-medical-transportation) [transportation](https://www.healthcare.gov/sbc-glossary/#emergency-medical-transportation) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| [Urgent care](https://www.healthcare.gov/sbc-glossary/#urgent-care) | No charge | $30 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| **If you have a hospital stay** | Facility fee (e.g., hospital room) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Preauthorization](https://www.healthcare.gov/sbc-glossary/#preauthorization) is required. If you don't get [preauthorization](https://www.healthcare.gov/sbc-glossary/#preauthorization), benefits could be reduced by 50% of the total cost of the service. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| Physician/surgeon fees | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 50% coinsurance for anesthesia. Cost sharing waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| **If you need mental health, behavioral health, or substance abuse services** | Outpatient services | No charge | $35 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/office visit and 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) for other outpatient services | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)).  |
| Inpatient services | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| **If you are pregnant** | Office visits | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) does not apply for preventive services. Depending on the type of services, a coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out- of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| Childbirth/delivery professional services | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| Childbirth/delivery facility services | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| **If you need help recovering or have other special health needs** | [Home health care](https://www.healthcare.gov/sbc-glossary/#home-health-care) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 60 visits/year. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out- of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| [Rehabilitation services](https://www.healthcare.gov/sbc-glossary/#rehabilitation-services) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 60 visits/year. Includes physical therapy, speech therapy, and occupational therapy. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| [Habilitation services](https://www.healthcare.gov/sbc-glossary/#habilitation-services) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) |
| [Skilled nursing care](https://www.healthcare.gov/sbc-glossary/#skilled-nursing-care) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 60 visits/calendar year. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| [Durable medical equipment](https://www.healthcare.gov/sbc-glossary/#durable-medical-equipment) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | Excludes vehicle modifications, home modifications, exercise, and bathroom equipment. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out- of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| [Hospice services](https://www.healthcare.gov/sbc-glossary/#hospice-services) | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | 40% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If [an out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)).  |
| **If your child needs dental or eye care** | Children’s eye exam | No charge | $35 [copay](https://www.healthcare.gov/sbc-glossary/#copayment)/visit | Not covered | Coverage limited to one exam/year. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| Children’s glasses | No charge | 20% [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | Not covered | Coverage limited to one pair of glasses/year. [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out- of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)). |
| Children’s dental check-up | No charge | No charge | Not covered | [Cost sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) waived at non-IHCP with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral). If an [out-of-network provider](https://www.healthcare.gov/sbc-glossary/#out-of-network-provider) charges more than the [allowed amount](https://www.healthcare.gov/sbc-glossary/#allowed-amount), you may have to pay the difference ([balance billing](https://www.healthcare.gov/sbc-glossary/#balance-billing)).  |

[\* For more information about limitations and exceptions, see the [plan](https://www.healthcare.gov/sbc-glossary/#plan) or policy document at [www.insert.com].]

## Excluded Services & Other Covered Services:

|  |
| --- |
| **Services Your** [**Plan**](https://www.healthcare.gov/sbc-glossary/#plan) **Generally Does NOT Cover (Check your policy or** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan) **document for more information and a list of any other** [**excluded services**](https://www.healthcare.gov/sbc-glossary/#excluded-services)**.)** |
| * Abortion (except in cases of rape, incest, or when the life of the mother is endangered)
* Cosmetic surgery
* Dental care (Adult)
 | * Infertility treatment
* Long-term care
* Non-emergency care when traveling outside the U.S.
 | * Private-duty nursing
* Routine eye care (Adult)
* Routine foot care
 |

|  |
| --- |
| **Other Covered Services (Limitations may apply to these services. This isn’t a complete list. Please see your** [**plan**](https://www.healthcare.gov/sbc-glossary/#plan) **document.)** |
| • Acupuncture (if prescribed for rehabilitation purposes) | * Bariatric surgery
* Chiropractic care
 | * Hearing aids
* Weight loss programs
 |

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance](https://www.healthcare.gov/sbc-glossary/#health-insurance) [Marketplace.](https://www.healthcare.gov/sbc-glossary/#marketplace) For more information about the [Marketplace,](https://www.healthcare.gov/sbc-glossary/#marketplace) visit [www.HealthCare.gov](http://www.healthcare.gov/) or call 1-800-318- 2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your [plan f](https://www.healthcare.gov/sbc-glossary/#plan)or a denial of a [claim.](https://www.healthcare.gov/sbc-glossary/#claim) This complaint is called a [grievance](https://www.healthcare.gov/sbc-glossary/#grievance) or [appeal.](https://www.healthcare.gov/sbc-glossary/#appeal) For more information about your rights, look at the explanation of benefits you will receive for that medical [claim.](https://www.healthcare.gov/sbc-glossary/#claim) Your [plan](https://www.healthcare.gov/sbc-glossary/#plan) documents also provide complete information on how to submit a [claim,](https://www.healthcare.gov/sbc-glossary/#claim) [appeal,](https://www.healthcare.gov/sbc-glossary/#appeal) or a [grievance f](https://www.healthcare.gov/sbc-glossary/#grievance)or any reason to your [plan.](https://www.healthcare.gov/sbc-glossary/#plan) For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](https://www.healthcare.gov/sbc-glossary/#minimum-essential-coverage) generally includes [plans,](https://www.healthcare.gov/sbc-glossary/#plan) [health insurance](https://www.healthcare.gov/sbc-glossary/#health-insurance) available through the [Marketplace](https://www.healthcare.gov/sbc-glossary/#marketplace) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage,](https://www.healthcare.gov/sbc-glossary/#minimum-essential-coverage) you may not be eligible for the [premium tax credit.](https://www.healthcare.gov/sbc-glossary/#premium-tax-credits)

Does this plan meet the Minimum Value Standards? Yes.

If your [plan](https://www.healthcare.gov/sbc-glossary/#plan) doesn’t meet the [Minimum Value Standards,](https://www.healthcare.gov/sbc-glossary/#minimum-value-standard) you may be eligible for a [premium tax credit t](https://www.healthcare.gov/sbc-glossary/#premium-tax-credits)o help you pay for a [plan](https://www.healthcare.gov/sbc-glossary/#plan) through the [Marketplace.](https://www.healthcare.gov/sbc-glossary/#marketplace)

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码[insert telephone number].

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf [insert telephone number] uff.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala’au mai i le numera telefoni [insert telephone number].

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye [insert telephone number].

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, å’gang [insert telephone number].

***To see examples of how this*** [***plan***](https://www.healthcare.gov/sbc-glossary/#plan) ***might cover costs for a sample medical situation, see the next section.***

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# About these Coverage Examples:

#

**This is not a cost estimator.** Treatments shown are just examples of how this [plan](https://www.healthcare.gov/sbc-glossary/#plan) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](https://www.healthcare.gov/sbc-glossary/#provider) charge, and many other factors. Focus on the [cost-sharing](https://www.healthcare.gov/sbc-glossary/#cost-sharing) amounts ([deductibles,](https://www.healthcare.gov/sbc-glossary/#deductible) [copayments](https://www.healthcare.gov/sbc-glossary/#copayment) and [coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance)) and [excluded services](https://www.healthcare.gov/sbc-glossary/#excluded-services) under the [plan.](https://www.healthcare.gov/sbc-glossary/#plan) Use this information to compare the portion of costs you might pay under different health [plans.](https://www.healthcare.gov/sbc-glossary/#plan) Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**

(9 months of in-network pre-natal care and a hospital delivery)

* **The** [**plan’s**](https://www.healthcare.gov/sbc-glossary/#plan) **overall** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible) **$500**
* [**Specialist**](https://www.healthcare.gov/sbc-glossary/#specialist)[**copayment**](https://www.healthcare.gov/sbc-glossary/#copayment) **$50**
* **Hospital (facility)**[**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**
* **Other** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**

**This EXAMPLE event includes services like:**

[Specialist](https://www.healthcare.gov/sbc-glossary/#specialist) office visits *(prenatal care)*

Childbirth/Delivery Professional Services

Childbirth/Delivery Facility Services

[Diagnostic tests](https://www.healthcare.gov/sbc-glossary/#diagnostic-test) *(ultrasounds and blood work)*

[Specialist](https://www.healthcare.gov/sbc-glossary/#specialist) visit *(anesthesia)*

| **Total Example Cost** | **$12,700** |
| --- | --- |
| **In this example, Peg would pay:** |
| *Cost Sharing* |
| [Deductibles](https://www.healthcare.gov/sbc-glossary/#deductible) | $0 |
| [Copayments](https://www.healthcare.gov/sbc-glossary/#copayment) | $0 |
| [Coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | $0 |
| *What isn’t covered* |
| Limits or exclusions | $0 |
| **The total Peg would pay is** | **$0** |

**Managing Joe’s Type 2 Diabetes**

(a year of routine in-network care of a well- controlled condition)

* **The** [**plan’s**](https://www.healthcare.gov/sbc-glossary/#plan) **overall** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible) **$500**
* [**Specialist**](https://www.healthcare.gov/sbc-glossary/#specialist)[**copayment**](https://www.healthcare.gov/sbc-glossary/#copayment) **$50**
* **Hospital (facility)** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**
* **Other [coinsurance](https://www.healthcare.gov/sbc-glossary/%22%20%5Cl%20%22coinsurance) 20%**

**This EXAMPLE event includes services like:**

[Primary care physician](https://www.healthcare.gov/sbc-glossary/#primary-care-physician) office visits *(including disease education)*

[Diagnostic tests](https://www.healthcare.gov/sbc-glossary/#diagnostic-test) *(blood work)*

[Prescription drugs](https://www.healthcare.gov/sbc-glossary/#prescription-drugs)

[Durable medical equipment](https://www.healthcare.gov/sbc-glossary/#durable-medical-equipment) *(glucose meter)*

| **Total Example Cost** | **$5,600** |
| --- | --- |
| **In this example, Joe would pay:** |
| *Cost Sharing* |
| [Deductibles](https://www.healthcare.gov/sbc-glossary/#deductible) | $0 |
| [Copayments](https://www.healthcare.gov/sbc-glossary/#copayment) | $0 |
| [Coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | $0 |
| *What isn’t covered* |
| Limits or exclusions | $0 |
| **The total Joe would pay is** | **$0** |

**Mia’s Simple Fracture**

(in-network emergency room visit and follow up care)

* **The** [**plan’s**](https://www.healthcare.gov/sbc-glossary/#plan) **overall** [**deductible**](https://www.healthcare.gov/sbc-glossary/#deductible) **$500**
* [**Specialist**](https://www.healthcare.gov/sbc-glossary/#specialist)[**copayment**](https://www.healthcare.gov/sbc-glossary/#copayment) **$50**
* **Hospital (facility)** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**
* **Other** [**coinsurance**](https://www.healthcare.gov/sbc-glossary/#coinsurance) **20%**

**This EXAMPLE event includes services like:**

[Emergency room care](https://www.healthcare.gov/sbc-glossary/#emergency-room-care-emergency-services) *(including medical supplies)*

[Diagnostic test](https://www.healthcare.gov/sbc-glossary/#diagnostic-test) (*x-ray*)

[Durable medical equipment](https://www.healthcare.gov/sbc-glossary/#durable-medical-equipment) *(crutches)*

[Rehabilitation services](https://www.healthcare.gov/sbc-glossary/#rehabilitation-services) *(physical therapy)*

| **Total Example Cost** | **$2,800** |
| --- | --- |
| **In this example, Mia would pay:** |
| *Cost Sharing* |
| [Deductibles](https://www.healthcare.gov/sbc-glossary/#deductible) | $0 |
| [Copayments](https://www.healthcare.gov/sbc-glossary/#copayment) | $0 |
| [Coinsurance](https://www.healthcare.gov/sbc-glossary/#coinsurance) | $0 |
| *What isn’t covered* |
| Limits or exclusions | $0 |
| **The total Mia would pay is** | **$0** |

Note: These numbers assume the patient does not participate in the [plan’s](https://www.healthcare.gov/sbc-glossary/#plan) wellness program. If you participate in the [plan’s](https://www.healthcare.gov/sbc-glossary/#plan) wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: [insert].

Note: These numbers assume the patient received care from an IHCP [provider](https://www.healthcare.gov/sbc-glossary/#provider) or with IHCP [referral](https://www.healthcare.gov/sbc-glossary/#referral) at a non-IHCP. If you receive care from a non-IHCP [provider](https://www.healthcare.gov/sbc-glossary/#provider) without a [referral](https://www.healthcare.gov/sbc-glossary/#referral) from an IHCP your costs may be higher.

The [plan](https://www.healthcare.gov/sbc-glossary/#plan) would be responsible for the other costs of these EXAMPLE covered services.