

## Attachment C

### Virtual Reality Sickness Questionnaire

Instructions: Circle how much each symptom below is affecting you right now.

1. General discomfort	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>
2. Fatigue	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>
3. Headache	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>
4. Eye strain	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>
5. Difficulty focusing	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>
6. Fullness of the Head	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>
7. Blurred vision	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>
8. Dizziness with eyes closed	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>
9. Vertigo, or feeling off balance	<u>None</u>	<u>Slight</u>	<u>Moderate</u>	<u>Severe</u>

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A = Sum of questions 1-4: \_\_\_\_\_ C = A/12 x 100: \_\_\_\_\_

B = Sum of questions 5-9: \_\_\_\_\_ D = B/15 x 100: \_\_\_\_\_

**VRSQ Score** = (C + D)/ 2: \_\_\_\_\_

Virtual Reality Sickness Questionnaire (VRSQ) is modified from the Simulator Sickness Questionnaire (SSQ).

Kim, H. K., Park, J., Choi, Y., & Choe, M. (2018). Virtual reality sickness questionnaire (VRSQ): Motion sickness measurement index in a virtual reality environment. *Applied Ergonomics*, 69, 66-73.