

Antimicrobial Resistance Communications and Media Support Services Focus Group Guide for Caregivers about Antimicrobial Resistance *February 12, 2024 V3*

Introduction; approx. 10 minutes

1. Welcome! Thank you for joining today's discussion. My name is **NAME**. I'm an independent researcher and moderator with KRC Research.
2. The sole funder of today's focus group discussion is the Centers for Disease Control and Prevention—CDC. Our conversation today will focus on a health topic.
3. I'm a professional researcher, but not a CDC employee or a subject matter expert on health topics. My role is to facilitate our conversation for the next 90 minutes. Let me tell you a bit about it.
 - a. There are no wrong answers. You may have different opinions. That's OK—all of your experiences and opinions are important, and we want to hear from all of you.
 - b. Since we are having these groups online, we will need to talk one at a time and let everyone have time to speak. Not everyone has to answer each question, but it's important that everyone participates throughout this conversation.
 - c. If at any time you can't see the screen well or have difficulty hearing, let me know. We have a technician here who can help us.
 - d. Please silence your cell phones and put away portable devices.
 - e. If you need to step away from our discussion for any reason, you don't have to ask for my permission—just step away and come back when you finish.
4. Because privacy is important, I'm going to share our Privacy Policy.
 - a. We will protect your privacy for today's discussion, and nothing you say will be reported in association with your name. We will use first names only during the conversation. You may choose to use a nickname or any other name you prefer.
 - b. Your participation is voluntary—you do not have to answer anything you are uncomfortable with.

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- c. Like our technician who is with us today virtually but who you do not see, a few colleagues are also with me virtually today to watch quietly and take notes.
- d. We are audio- and videorecording for transcribing of today's discussion. Because we are speaking with many groups like this one, it is important for me to have an accurate record of today's conversation.
- e. We ask that you not share participants' comments or participants' identities with others outside of this group.

Warm-Up; approx. 5 minutes

5. Thanks again for joining today. We are having discussions with individuals in a mix of locations. One thing you all share is that everyone is a [parent or guardian of a young child / caregiver for an older adult]. Let's go around and introduce ourselves to one another. Tell us...
 - a. Your first name, a nickname, or a name you'd like to use for today's conversation
 - b. What state you're located in
 - c. **[PARENTS/GUARDIANS]** The ages of your children and an activity you enjoy doing with them
 - d. **[CAREGIVERS]** The relationship of the person you are a caregiver for

In our conversation, I'll often ask you to think about your experiences as a [parent or guardian / caregiver].

Unaided Awareness; approx. 12 minutes

Today we're going to talk about a health topic. Specifically, antimicrobial resistance. As we get into the topic, we'll look at more information. To start, let's think about the topic broadly. **SHARE TERM ON SCREEN: antimicrobial resistance**

6. What's the very first thing that comes to your mind when you see this?
 - a. **PROBE:** What are you picturing? (Images, ideas, memories, situations)
 - b. **PROBE:** What are you feeling? (Uncertainty, boredom, concern, seriousness)
7. Have you heard of this before? Where?
 - a. Have you had experience with this? How so?
8. What does antimicrobial resistance mean?
 - a. How confident are you in the way you're describing it?
9. What does "antimicrobial" mean here?
 - a. Is there such a thing as "an antimicrobial?" What is it?
10. What does "resistance" mean? What has the resistance?
 - a. **PROBE:** Who thinks it's when germs become resistant to something? Resistant to what?
 - b. **PROBE:** Who thinks it's when the body become resistant to something? Resistant to what?
 - c. **PROBE:** Who thinks it's something else?
 - d. **PROBE:** Who is completely unsure?
11. How does antimicrobial resistance happen?
 - a. **PROBE:** Who or what causes antimicrobial resistance? **LISTEN FOR PERSONAL RESPONSIBILITY**
12. What is an antimicrobial-resistant infection?
 - a. What does it mean for your health if you have an antimicrobial-resistant infection?

13. What other questions do you have about this?
14. How about the terms “antibiotic resistance” and “antifungal resistance.” Have you heard of these? **SHOW ON SCREEN WITH ANTIMICROBIAL RESISTANCE**
 - a. How are these related to antimicrobial resistance?
15. Is antimicrobial resistance a problem? Why or why not?
 - a. For whom is it a problem? Why?
16. How serious or not serious is antimicrobial resistance? Very, somewhat, not too serious? Why?

Reactions to Definition; approx. 14 minutes

Now, I’m going to share a definition. **SHARE ON SCREEN AND READ**

Antimicrobial resistance occurs when germs defeat the drugs designed to kill them, called antibiotics or antifungals. It does NOT mean your body is resistant to antibiotics or antifungals.

Resistant infections can be difficult, and sometimes impossible, to treat. If antibiotics and antifungals lose their effectiveness, then we lose the ability to treat infections and control these public health threats.

Antimicrobial resistance is an urgent global public health threat, killing at least 1.27 million people worldwide and associated with nearly 5 million deaths in 2019. In the U.S., more than 2.8 million antimicrobial-resistant infections occur each year. More than 35,000 people die as a result, according to CDC.¹

17. What’s your first reaction to this?
 - a. What stands out? Can you point to anything specific?
18. What are you picturing? **PROBE:** Images, ideas, memories, situations?
 - a. **PROBE:** are you feeling?
 - b. **PROBE:** Where else does your mind go?
 - c. **PROBE:** Is there anything here that helps to make this concept especially concrete? What?
19. Is there anything new here?
 - a. **PROBE:** Does this match what you expected, or does it differ?
 - b. Does this answer any questions you had? How?
20. What personal experience have you had with this topic, either for you or [your child / the person in your care]?
21. What questions do you have after seeing this?
 - a. What’s confusing or unclear?

¹ Sources: <https://www.cdc.gov/drugresistance/about.html> and <https://www.cdc.gov/drugresistance/about/5-things-to-know.html>

22. How would you define an antimicrobial-resistant infection based on this?
23. What is your main takeaway from this information? Try to describe it in your own words.

Perceptions of Problem; approx. 8 minutes

24. Who needs to be concerned about antimicrobial resistance? Why?
25. How serious or not serious does antimicrobial resistance seem?
- a. How serious is it for...
 - i) Someone with an antimicrobial-resistant infection?
 - ii) Someone with other health conditions or problems?
 - iii) A relatively healthy person?
 - iv) The community or even the country?
 - v) Animals, including wild animals, domesticated animals, and animals used for food production?
 - vi) The environment, including water and soil?
26. Is this something that concerns you in the context of taking care of [your child / the person in your care]?
27. What's most concerning about antimicrobial resistance? Why?
28. Do people have influence over antimicrobial resistance? Or is it something that just happens?
- a. For those who said influence, who has influence and what actions are impactful?

Actions to Combat AR; approx. 16 minutes

Let's focus on actions a person could take to protect and reduce risk for [your child / the person you care for].

29. What can someone do to combat antimicrobial resistance?
30. Do you feel you have some power to make a difference on this for [your child / the person in your care], or not so much? why?
31. Have you taken any actions specifically to protect [your child / the person in your care] from antimicrobial-resistant infections? Which ones?
- a. What about actions to protect others in your family, or your community at large?
32. What actions could you take to combat this? Let's focus on actions you could take to protect [your child / the person in your care].
- a. **PROBE:** What can you do to protect them or reduce their risk?
 - b. **PROBE:** What can you do to prevent infections in the first place?

33. Why would you take the action you shared?

34. How impactful are the actions you've shared for [your child / the person in your care]?

- a. Who else benefits from them? How? **PROBE:** Self, family, community, people outside community?

Now, I'll share some information about combatting antimicrobial resistance and how to protect yourself and others. **SHARE ON SCREEN: "ACTIONS TO PROTECT YOURSELF" ONE PAGER; READ AND ALLOW TIME TO REVIEW**

35. What's your first reaction to this information?

- a. What stands out? Can you point to anything specific?
- b. What's new or surprising?

36. Do any of these steps seem...

- a. Simple or easy to do? Why?
- b. Impactful or likely to make a big difference? Why?
- c. Less impactful? Why?
- d. Unrealistic or unlikely for you? Why?

37. One of these steps says, "Use Antibiotics Appropriately." What does that mean for you as a [parent / caregiver] when helping to manage their health?

- a. Is that clear?
- b. Why is that important?

38. Which of these actions do you take already? Why?

39. What are some of the reasons you might not take some of these actions regularly, or at all?

- a. **PROBE:** Is it about difficulty?
- b. **PROBE:** Is it about knowledge, or lack of knowledge or information?
- c. **PROBE:** Is it about time, or complexity, or money, access?

40. Suppose you didn't take any of these actions. What would the consequences be?

- a. What about for [your child / the person in your care]?
- b. What about consequences for others? In the United States or the world at-large?

41. Now you've seen some information about the problem and ways to combat it. Do you feel more hopeful or hopeless about this issue? Why?

42. From this list, what are the one or two simplest, first things you could do to combat this problem?

Information and Conversations; approx. 14 minutes

Now, I'd like to talk about information about antimicrobial resistance.

43. For those who have experience or are aware of this topic, where did you get your information?

- a. For those who sought information, where did you turn? For others, where would you turn?
- 44. Whom or what would you trust for good information about antimicrobial resistance and steps to protect yourself and others?
 - a. What tells you that a source is trustworthy?
 - b. What source might cause you to think more seriously about antimicrobial resistance, if they were to share a warning?
- 45. What other information would you like to have to understand the topic or to be able to act?
 - a. What could CDC provide?
- 46. Have you had a conversation about antimicrobial resistance with the healthcare provider for [your child / the person in your care] before?
 - a. **PROBE:** Who brought up the topic?
 - b. **PROBE:** What caused it to come up? Discussing an infection or a medication?
 - c. **PROBE:** What did you talk about?
 - d. **PROBE:** Did the provider ask or recommend you or [your child / the person in your care] do anything? What?
 - e. **PROBE:** What questions did you ask?
- 47. Think about the last time [your child / the person in your care] was prescribed an antibiotic or antifungal drug. Did this topic come up then? How?
- 48. Suppose you went to see [your child's / the person in your care's] provider tomorrow and had a chance to mention this topic. What might you want to say, or what would you want to ask?

Terminology; approx. 8 minutes

In the last few minutes, we're going to talk about words, terms, and language.
SHARE TERMS ON SCREEN: antimicrobial resistance, antibiotic resistance, antifungal resistance, drug resistance, superbug.

- 49. What differences do you perceive between any of these?
 - a. What's different in what they mean?
 - b. What's different in how they feel?
 - 50. Which of these seems the clearest? **PROBE:** How would you define it?
 - 51. Which term feels like the best way to describe when germs defeat the drugs designed to kill them? Why?
 - 52. Do any of these terms seem particularly vivid or memorable? Tell me about that.
 - 53. Which feel most urgent or serious?
 - 54. If you were to describe our topic to someone, what words or phrases would you use to describe it?
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Wrap Up; approx. 3 minutes

We're going to wrap up with a few closing questions.

55.What is the most memorable piece of information you're going to take away from this conversation?

56.What's the most important question you still have about antimicrobial resistance?

MODERATOR THANK AND DISMISS