DEPARTMENT OF HOMELAND SECURITY U.S. Coast Guard

OMB No. 1625-0040

Exp. Date: 04/30/2026

APPLICATION FOR MEDICAL CERTIFICATE (FORM CG-719K)

Privacy Act Statement

Pursuant to 5 U.S.C. §552a(e)(3), this Privacy Act Statement serves to inform you of why DHS is requesting the information on this form.

AUTHORITY: 14 U.S.C. § 505; 46 U.S.C. §§ 2103, 7101, 7302, 7502; 46 C.F.R. 10.301

PURPOSE: To determine whether an applicant meets the regulatory standards for issuance of a U.S. Merchant Mariner Credential (MMC). The U.S. Coast Guard (USCG) evaluates an applicant's qualifications to determine compliance with the national and international requirements for issuance of the MMC, any endorsement within the MMC, and medical certificate.

ROUTINE USES: The information is used by authorized USCG personnel who have a need for the record to determine whether an applicant is a safe and suitable person and qualifies for the MMC, any endorsement within the MMC, and medical certificate. In addition, the USCG uses the information to maintain and update records of merchant mariner document transactions. This information will not be shared outside of DHS except in accordance with the provisions of DHS/USCG-030, Merchant Seamen's Records, 74 Federal Register 30308 (June 25, 2009).

CONSEQUENCES OF FAILURE TO PROVIDE INFORMATION: Furnishing this information (including your SSN) is voluntary. However, failure to furnish the requested information may result in the non-issuance of the medical certificate.

----- Instructions -----

Who must submit this form?

- 1. Applicants seeking a Medical Certificate are required to complete this form and submit all 10 pages, including instructions, to the U.S. Coast Guard. Guidance for completion of this form can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_16721_48.PDF.
- 2. Mariners applying for or holding a merchant mariner credential with only an entry-level endorsement who serve on a vessel not subject to the International Convention on Standards of Training, Certification and Watchkeeping (STCW) but who request a medical certificate that satisfies the Maritime Labor Convention (MLC), AND want to be qualified for lookout duties should submit this form. Sections III (Medical Conditions), IV (Medications) and V (Physical Examination) of the CG 719K DO NOT have to be completed. The medical certificate will be restricted to entry-level only.
- 3. The Coast Guard will not accept an application for a medical certificate without a reference number or a Merchant Mariner Credential (MMC).

Who may conduct this exam?

- 1. All exams, tests and demonstrations must be performed, witnessed or reviewed by a physician, physician assistant, or nurse practitioner licensed by a state in the U.S., a U.S. possession, or a U.S. territory.
- 2. Medical examinations for U.S. Registered Pilots must be conducted by a licensed medical doctor.

Section I: Applicant Information - To be completed by the Applicant and reviewed by the Medical Practitioner (MP)

- Legal Name Enter complete legal name.
- Date of Birth If applicant is under 18 years of age, attach a notarized statement, signed by a parent or guardian, authorizing the Coast Guard to issue a
 Medical Certificate.
- Mariner Reference Number or Social Security Number If you have held a Coast Guard credential in the past, enter your reference number.
- Sex Enter your sex.
- Home Address Principle place of residence. PO Box is not acceptable.
- Delivery/Mailing Address The address to which you want all correspondence and issued certificates sent. If blank, correspondence and certificates will be sent to the Home Address.
- **Primary Phone Number** Provide a primary phone number.
- Alternate Phone Number Provide an alternate phone number (optional).
- E-mail Address (Optional) If provided, the National Maritime Center (NMC) may attempt to contact you via e-mail. You will receive automated updates regarding the status of your application.
- Other Please provide additional means of communicating with you (satellite phone, work phone, etc.) (optional).
- Endorsement held or sought Applicants should select all options that apply. If nothing is selected, the Coast Guard will not accept the application.

Section II: Food Handler Certification - To be completed by the Medical Practitioner

Refer to instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

Section III: Medical Conditions - To be completed by the Applicant and the Medical Practitioner

- III(a) Applicants must report their relevant medical conditions to the best of their knowledge. Applicants should check YES if: 1) they have had a previous diagnosis, or treatment for the condition by a health care provider; 2) they are currently under treatment or observation for the condition; or 3) the condition is present, regardless of treatment status.
- III(b) The Medical Practitioner must review and discuss all conditions reported by the applicant in Section III(a). The Medical Practitioner's discussion should include, at a minimum, the name of the condition, approximate date of diagnosis, treatment, current status of the condition, limitations of the condition, and any additional information as appropriate. Recommended supporting documentation and testing for conditions that are subject to further review are contained in the Merchant Mariner Medical Manual which can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_16721_48.
 PDF. Medical practitioners should be familiar with the guidelines contained within this document. If the Medical Practitioner discovers a condition not reported by the applicant, they must check YES in the appropriate block in III(a) and provide information on the condition, as requested, in Section III(b). For conditions that were Previously Reported, the Medical Practitioner need only discuss the interval history and current status of the condition. Additional sheets may be added by the applicant and/or the medical practitioner if needed to complete this section of the form. Include applicant's name and DOB on each additional sheet. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated.

and DOB on each additional sheet. The Medical	I Practitioner should initial and date at the	ne bottom of each page of the application,	where indicated.
	☐ MEDICAL PRACTITION	ER INITIALS: DATE:	
rint Applicant Name: (Last, First, Ml.)		Date of Birth: (MM/DD/YYYY)	
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Section IV: Medications - To be completed by the Applicant and reviewed by the Medical Practitioner Applicants - Refer to instructions provided in this section. Medical Practitioner - Verification of medications includes guestioning the applicant about any medications or other substances reported, reviewing relevant medical conditions to determine if the applicant has omitted any medications or other substances, and affirmatively reporting any omitted current medications or other substances where required. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section V: Physical Examination - Items 1-17; To be performed and completed by the Medical Practitioner The Medical Practitioner must document the results of the physical examination in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section VI: (Vision) and VII: (Hearing) - To be completed by the Medical Practitioner or other staff to the satisfaction of the Medical Practitioner The Medical Practitioner is not required to perform or witness the vision and hearing examinations. These may be performed by qualified office staff or referred to other qualified practitioners such as audiologists or optometrists; however, the results must be reviewed by the Medical Practitioner. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Additional guidance can be found at: https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM 16721 48.PDF. Section VIII: Demonstration of Physical Ability - To be completed by the Medical Practitioner Refer to the table and instructions provided in this section. The Medical Practitioner should initial and date at the bottom of each page of the application, where indicated. Section IX: Summary - To be completed by the Medical Practitioner a. Applicant Proof of Identity Provided - Applicants shall present acceptable proof of identity to the Medical Practitioner conducting examinations. Proof of identity shall consist of one current form of valid government-issued photo identification. Examples of acceptable proof of identity include unexpired official identification issued by a Federal, State, or local government or by a territory or possession of the United States, such as a passport, U.S. driver's license, U.S. military ID card, Merchant Mariner Credential, or Transportation Worker Identification Credential. b. Certification recommendation - The Medical Practitioner must ensure a complete history and physical are conducted. The practitioner should address the listed questions and make a certification recommendation. The Coast Guard retains final authority for the issuance of the medical certificate. c. Assessment - The Medical Practitioner should provide answer to statement 1 or 2, as appropriate for the credential sought. Option 2 is for mariner applicants who are only seeking an MLC-compliant, entry-level medical certificate. d. Discussion - The Medical Practitioner should discuss any conditions or issues of concern. e. Medical Practitioner (Attestation and Information) - Attests that the general medical examination, vision and hearing tests, and demonstration of physical ability, as appropriate, have been performed to the satisfaction of the Medical Practitioner. The Medical Practitioner must sign and date the attestation where indicated. This signature attests, subject to criminal prosecution under 18 USC § 1001, that all information reported by the Medical Practitioner is true and correct to the best of their knowledge and that the Medical Practitioner has not knowingly omitted or falsified any material information relevant to this form. Section X: Applicant Certification - To be completed by the Applicant Applicant certifies that the information provided is true and correct. Section XI: Applicant Consent (optional) - To be completed by the Applicant Third Party Authorization - If you want the NMC to be able to discuss, release, or receive information/documents regarding your medical certificate application with a third party (spouse, employer, school, union, etc.) you must provide specific guidance to the NMC regarding what issues we may discuss and with whom. You may allow release of all information to certain individuals or entities. If you limit the release of certain information you must be specific by making a selection on the application or by attaching additional documentation. For each selection made, ensure the Name of the Organization or Third Party, Organization Point of Contact (if applicable), Address and Phone Number is completed. If you wish to provide multiple Third Party Authorizations, attach additional pages as needed. Please sign and date for each type of consent that you wish to authorize. a. Consent for Medical Practitioner to Release Information to the Coast Guard b. Consent for Coast Guard to Release Information to a Third Party c. Consent for Third Party to Act on your Behalf MEDICAL PRACTITIONER INITIALS: Date of Birth: (MM/DD/YYYY) Print Applicant Name: (Last, First, MI.)

DEPARTMENT OF HOMELAND SECURITY U.S. Coast Guard

OMB No.	1625-0040
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Section I: Applicant I	nformation - To b	e completed by t	he Applicant and reviewed by the	Medical Practitioner
Last Name		First Name	Middle Name	Suffix (Jr., Sr., III)
Mariner Reference Number of	r Social Security Num	ber Sex:	_	Date of Birth (MM/DD/YYYY)
		Male	Female	
Please indicate best meth	nod(s) of contact by	checking the appropr	iate box(es).	
Home Address (PO Box NO	T acceptable)			
Street Address			Primary Phone Number	
City	State	Zip Code	Alternate Phone Number	
	[
Delivery/Mailing Address, if o Street Address	lifferent (PO Box acc	eptable)	E-mail Address	
Circot / tudi occ				
City	State	Zip Code	Other	
Endorsement Held or So	ought (Check all tha	at apply or the Coast	Guard will not accept the application):	
Other (Please ex	plain):			
Section II: Food Han	dler Certification	- To be complete	d by the Medical Practitioner	
the health or safety of oth Section I, above), the Me 2. Communicable disease excreta or other discharg infected person. 3. The Medical Practitioner workers should report inferentiationer should considual. Whether the applicant Shigella Spp., Shiga-tob. Whether the applicant gastrointestinal illness	der individuals in the wordical Practitioner mais defined in 46 CFR 1 es from the body; or in a need not perform any primation about their heder when certifying an reports they have been boxin-producing Escher reports they have at least on the such as diarrhea, fever reports they have a least of the such as diarrhea, fever reports the such as diarrhea, fever	orkplace. For applicant y provide the attestation 0.107 as any disease codirectly, via substances additional testing unless eath as it relates to diseapplicant include, but any diagnosed with, or expectation coli, or Hepatitis A east one symptom causer, vomiting, jaundice, of sion containing pus, such	that attests that they are free of communicable who have requested Food Handler Certificated by answering Yes or No to the question in both apable of being transmitted from one person to or inanimate objects contaminated with excress it is deemed clinically necessary. Applicant cases that are transmissible through food. Circle not limited to, the following: posed to an illness due to organisms including virus within the past month. The deep illness, infection, or other source that is a sore throat with fever. The as a boil or infected wound, which is open of the policy of the polic	tion (Food Handler box is checked in old below. to another directly, by contact with eta or other discharges from an its and currently employed food roumstances that the Medical g, but not limited to, Salmonella Typhi, associated with an acute or draining and is on hands or wrists or

Print A	pplic	ant N	lame	e:(Las	t, First, Ml.) Date of Birth: (MM/DD/YYYY)				
Section	Section III(a): Medical Conditions - To be completed by the Applicant and reviewed by the Medical Practitioner								
I have a medical waiver (MW) : Yes No If YES , provide a copy to the Medical Practitioner, and mark the MW box below.									
	To the best of your knowledge, have you ever had, required treatment for, or do you presently have any of the following conditions? If no, please mark the NO box below. If yes, please mark the YES box below, and if previously reported (PR) , mark the PR box below.								
ITEM	YES	NO	PR	MW	CONDITIONS				
1.					1. Blurry vision, poor night vision, eye disease or injury, eye surgery, abnormal color vision, cataracts or glaucoma				
2.					2. Hearing loss, hearing aid, ear surgery, facial deformities, open tracheostomy or frequent severe nose bleeds				
3.					3. High or low blood pressure				
4.					4. Heart or vascular disease of any kind, to include angina, chest pain, irregular heart beat, heart valve problem/ replacement, heart attack/myocardial infarction, or congestive heart failure				
5.					5. Heart surgery and/or implanted devices (for example, angioplasty, stent, pacemaker, or defibrillator)				
6.					6. Lung disease of any type (for example, asthma, emphysema, or chronic obstructive pulmonary disease (COPE				
7.					7. Any blood disorder (for example, anemia, hemophilia, blood clots, or polycythemia)				
8.					8. Diabetes, glucose intolerance, or sugar in urine				
9.					Thyroid problem requiring treatment or hospitalization				
10.					 Stomach, liver or intestinal disorder requiring ongoing medical care/medication, or causing significant bleeding or debilitating pain; history of hepatitis or jaundice 				
11.					11. Kidney problems/stones or blood in urine				
12.					12. Any other urinary or bladder problems not listed above requiring treatment or hospitalization				
13.					13. Skin disorders requiring medical treatment, such as cancer, tumors, scleroderma or lupus				
14.					14. Severe allergies or allergic reactions to any substance, medication, food, or insect stings				
15.					15. Communicable disease or chronic infectious diseases such as tuberculosis, HIV/AIDS, or hepatitis				
16.					16. Any sleep problems (for example, obstructive sleep apnea, restless leg syndrome, narcolepsy, shift work sleep disorder, or insomnia)				
17.					17. Epilepsy, fits, or seizures				
18.					18. History of serious head injury, loss of consciousness or memory loss				
19.					19. Frequent or severe headaches				
20.					20. Dizziness/fainting spells/balance problems				
21.					21. Frequent motion sickness requiring medication				
22.					22. Stroke or Transient Ischemic Attack (TIA), brain tumor or other brain disorder				
23.					23. Any neurologic disorder or nerve problems including numbness and/or paralysis, not listed above				
24.					24. Attention deficit disorder with or without hyperactivity				
25.					25. Anxiety, depression, bipolar disorder, adjustment disorder, PTSD, or schizophrenia				
26.					26. Suicide attempt or thought(s) of suicide (Suicidal Ideation)				
27.					27. Evaluation, treatment, or hospitalization for alcohol or substance use, abuse, addiction, or dependence (including illegal drugs, prescription medications, or other substances)				
28.					28. Any other psychiatric disorder, mental health evaluation/treatment/hospitalization				
29.					29. Back, neck or joint problems that impair movement or cause debilitating pain				
30.					30. Amputation, prosthesis, or use of ambulatory devices (for example, cane, walker, or braces)				
31.					31. Injuries, fractures or recurrent dislocations causing impairment or limitation of motion of any joint				
32.					32. Have you ever been signed off a vessel as sick or repatriated for medical reasons within the last six years?				
33.					33. Any diseases, surgeries, cancers, illnesses, or disabilities not listed on this form?				
34.					34. Any hospital admissions within the last six years not listed elsewhere in this Section?				
					MEDICAL PRACTITIONER INITIALS: DATE:				
					☐ MEDICAL FRACTITIONER MITTALS. ☐ DATE.				

Print App	licant Name:(Last, First, Ml.)		Date of Birth: (MM/DD/YYYY)	
Section	III(b): Medical Conditions - To be completed by the	ne Medical Prac	ctitioner	
Instructi	ons: For each item marked YES in Section III(a), the Medic or each condition marked Previously Reported (PR), the p	cal Practitioner m	nust provide the information requ	
	itions with a Medical Waiver (MW) review the applicant's wa	aiver letter and att	ach all waiver reporting requirer	nents.
	ttach appropriate evaluation data for conditions that are si			
further re	view and the recommended evaluation data can be found in	the Merchant Ma		
	nedia.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_1 whether additional information has been attached by marking		hov Additional shoots may b	o added if peeded to
	e this section (include applicant name and date of birth on ea			e added, if fleeded to
Item #	Date of onset or diagnosis (mm/		,	Attached
Conditio		Treatment		7.11.4011.04
Conditio)(I	Treatment		
Ctatua		Limitations		
Status		Limitations		
Item #	Date of onset or diagnosis (mm/			Attached
Conditio	on	Treatment		
Status		Limitations		
Item #	Date of onset or diagnosis (mm/			Attached
Conditio	on	Treatment		
Status		Limitations		
Item #	Date of onset or diagnosis (mm/			Attached
Conditio		Treatment		
Status		Limitations		
Item #	Date of onset or diagnosis (mm/			Attached
				Attacheu
Conditio	on	Treatment		
C4-4				
Status		Limitations		
	MEDIC	AL PRACTITION	ER INITIALS:	ATE:

Print Applicant Nam	ie: <i>(Las</i>	st, Firs	st, MI.)			_	Date of Birth	h: <i>(M</i>	IM/DD/YYYY)		
Section IV: Med	icatio	ns -	To be cor	nple	eted by the Applicant and	l reviewe	d by the Mo	edic	al Practitione	r	
Do you currently us	e any	medic	cation (pres	cript	tion or nonprescription)?	Yes No	o If YES , provi	de th	e information requ	ested in the	blocks below.
vitamins; that were the applicant signs 2. All medications (Pro	escripti filled, o the CG escripti used fo	ion or Nor refille 6-719K ion or Nor a per	ed, and/or ta ; and Nonprescript riod of 30 or	on), c ken w on), c more	dietary supplements, and within 30 days prior to the date dietary supplements, and a days within the last 90 days	listed in 2. Medical of time t	the table below Practitioner co	ust ve v. omme as tak	ical Practitioner erify applicants me ents should include een the medication side effects.	the approxi	mate length
prior to the date the			nal guidance	on me	nedications, including those that n						
			hed by the	Appli	n.defense.gov/2019/Sep/11/2002 licant and/or Medical Practitio ach additional sheet and chec	ner if need	led to comple	ete th	is section.	TACHED	•
MEDICATION	DOS		FREQUENC						MMENTS (Duration	on of Use/S	Side Effects)
									<u> </u>		
				_	REPORT OF MEDICAL	EXAMIN	ATION				
Section V: Phys	ical E	Exam	ination - I	tem	s 1-17 must be performe	d and co	mpleted by	/ the	Medical Prac	titioner.	
Height (inches only):			/eight bs):		Pulse Bloc Resting: Pres	ed ssure:		(Fo	Body Mass Inde or BMI > 40 refer to		(1)
	Pl	ease n	nake comm	ents i	in the space provided on any i	tem indicat	ed as an "abn	orma	al" system/organ.		
Item		Norm	al Abnorr	nal	Item	Normal	Abnormal	I	tem	Normal	Abnormal
1. Head, Face, Neck,	Scalp			_	7. Upper/Lower Extremities			ľ	13. Skin	$\perp \Box$	
2. Eyes/Pupils/EOM				_	8. Spine/Musculoskeletal			ľ	14. Neurologic		
3. Mouth and Throat				_	9. Vascular System			ľ	15. Mental Status		
4. Ears/Drums				_	10. Abdomen					No	Yes
5. Lungs and Chest					11. General/Systemic				16. Hernia		
6. Heart					12. Extremities/Digit						
Additional Medical 0	Comm	ents (l	Please Prin	t)							
					☐ MEDICAL PR	ACTITION	EB INITIALS	····		re.	

Print Applicant Name: (Last, First, M	I.)				Date of Birth: (MM/DD/YYYY)				
Section VI: Vision - Must be performed by the Medical Practitioner , their medical staff or other qualified practitioner. Results must be reviewed by the Medical Practitioner . Additional guidance can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM_16721_48.PDF .									
a. Visual Acuity									
Distance Vision, Uncorrected: If corr	ection required	I, Distance Vis	sion Correctab	le To:	Field of Vision				
Right: 20/ Rig	ht: 20/				Normal (the applicant's horizontal field of vision is greater than or equal to 100 degrees).				
Left: 20/ Abnormal									
b. Color Vision: The Medical Practitioner should assess the applicant's color vision sense using one of the following testing methodologies. The Medical Practitioner must indicate which test was utilized, and the number of errors obtained. In order to meet the standard, the applicant must demonstrate satisfactory color sense without the use of color enhancing lenses.									
AOC (1965) - (6 or fewer errors or	plates 1-15)			Ishiha	nara pseudoisochromatic plates test, 14 plate (5 or less errors)				
AOC-HRR (2nd Edition) - (No erro	·	,		_	nara pseudoisochromatic plates test, 24 plate (6 or less errors)				
HRR PIP (4th Edition) - (No errors	in test plates 5-	10)		Ishiha	nara pseudoisochromatic plates test, 38 plate (8 or less errors)				
Richmond (2nd and 4th Edition) -	6 or fewer error	s)		Farns	nsworth Lantern (colored lights) Test per instruction booklet				
Titmus Vision Tester/OPTEC 2000	- (No errors on	6 plates)		Dvorin	rine (2nd Edition) pseudoisochromatic 15 plate test (6 or less errors)				
OPTEC 900 (colored lights) Test p	er instruction bo	ooklet							
Alternative Testing (attach evaluation	/test results):	Farnsworth	D-15 Hue Tes	t (<i>Engine</i>	ineer/radio officer/tankerman/MODU only)				
		Formal oph	thalmology/opt	ometry o	y color vision evaluation				
		Other alterr	native test acce	eptable to	to the Coast Guard				
Color Vision Testing Results:		_							
Passed Failed	Num	ber of Errors:							
Section VII: Hearing - Must be Results must be reviewed by the			cal Practition	oner, th	their medical staff or other qualified practitioner.				
An applicant with normal hearing by fore functional speech discrimination test.	ed whispered v	oice ≥ 5 feet w	ith or without h	earing a	aids does not need to complete either the audiometer test or the				
Normal Hearing		Abnorma	al Hearing		Hearing Aid Required				
indicated below. Both aided and ur (b) All applicants with an unaided thres (c) Refer to the Merchant Mariner Med	 (a) If hearing is abnormal, then perform either a functional speech discrimination test at 65dB or an audiogram documenting thresholds and averages as indicated below. Both aided and unaided values should be recorded for applicants requiring hearing aids. (b) All applicants with an unaided threshold > 30dB in the better ear should have functional speech discrimination testing performed at 65dB. (c) Refer to the Merchant Mariner Medical Manual which can be found at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/CIM 16721 48.PDF for further guidance. Report any additional information or comments in Section IX. 								
	TI	Audiomete hreshold Va			Functional Speech Discrimination Test @ 65dB, if required by				
500Hz	1,000Hz	2,000Hz	3,000Hz	Aver	erage instruction (b) above				
Right Ear (Unaided)					Right Ear (Unaided): %				
Left Ear (Unaided)					Left Ear (Unaided): %				
Right Ear (Aided)					Right Ear (Aided): %				
Left Ear (Aided)					Left Ear (Aided): %				
☐ MEDICAL PRACTITIONER INITIALS: ☐ DATE:									

Print Applicant Name: (Last, First, M	11.)	Date of Birth: (MM/DD/YYYY)			
Section VIII: Demonstration of	of Physical Ability - To be completed by the	e Medical Practitioner			
LISTS OF TASKS CONSIDERED NECESSARY	FOR PERFORMING ORDINARY AND EMERGENCY RESPONSE	SHIPBOARD FUNCTIONS			
Shipboard Tasks, Function, Event, or Condition	Related Physical Ability	The Examiner Should Be Satisfied That The Applicant:			
Routine movement on slippery, uneven, and unstable surfaces	Maintain balance (equilibrium)	Has no disturbance in sense of balance			
Routine access between levels	Climb up and down vertical ladders and stairways	Is able, without assistance, to climb up and down vertical ladders and stairways			
Routine movement between spaces and compartments	Step over high doorsills and coamings, and move through restricted accesses	Is able, without assistance, to step over a doorsill or coaming of 24 inches (600 millimeters) in height. Able to move through a restricted opening of 24 x 24 inches			
Open and close watertight doors, hand cranking systems, open/close valve	Manipulate mechanical devices using manual and digital dexterity, and strength	Is able, without assistance, to open and close watertight doors that may weigh up to 55 pounds (25 kilograms); should be able to move hands/arms to open and close valve wheels in vertical and horizontal directions; rotate wrists to turn handles; able to reach above shoulder height			
Handle ship's stores	Lift, pull, push, carry a load	Is able, without assistance, to lift at least a 40 pound (18.1 kilograms) load off the ground, and to carry, push, or pull the same load			
General vessel maintenance	Crouch (lowering height by bending knees); kneel (placing knees on ground); stoop (lowering height by bending at the waist); use hand tools such as span-ners, valve wrenches, hammers, screwdrivers, pliers	Is able, without assistance, to grasp, lift, and manipulate various common shipboard tools			
Emergency response procedures including escape from smoke-filled spaces	Crawl (ability to move body using hands and knees); feel (ability to handle or touch to examine or determine differences in texture and temperature)	Is able, without assistance, to crouch, kneel, and crawl, and to distinguish differences in texture and temperature by feel			
Stand a routine watch	Stand a routine watch	Is able, without assistance, to intermittently stand on feet for up to four hours with minimal rest periods			
React to visual alarms and instructions, emergency response procedures	Distinguish an object or shape at a certain distance	Fulfills the eyesight standards for the merchant mariner credential			
React to audible alarms and instructions, emergency response procedures	Hear a specified decibel (dB) sound at a specified frequency	Fulfills the hearing standards for the merchant mariner credential			
Make verbal reports or call attention to suspicious or emergency conditions	Describe immediate surroundings and activities, and pronounce words clearly	Is capable of normal conversation			
Participate in fire fighting activities	Be able to carry and handle fire hoses and fire extinguishers	Is able, without assistance, to pull an uncharged 1.5 inch diameter 50' fire hose with nozzle to full extension, and to lift a charged 1.5 inch diameter fire hose to fire fighting position			
Abandon ship	Use survival equipment	Has the agility, strength, and range of motion to put on a personal flotation device and exposure suit without assistance from another individual			
ability to meet the guidelines contained applicant demonstrate the ability to me suit, pull an unchanged 1.5 inch diame Medical Practitioner may utilize alter description of the methods utilized by the description of the practical should be be used by the applicant in all practical equipment (PPE). 3. If the Medical Practitioner is unable to Guard recognizes that not all medical	It within this table, and for all applicants with a Body Mass In the the guidelines contained within this table. This does not refer 50' fire hose with nozzle to full extension, or lift a charge native measures to satisfy themselves that the applicant pose he Medical Practitioner should be reported in the Comment performed by the applicant without assistance. Any prosthes a demonstrations except when the use of such items would proconduct the practical demonstration, the applicant should be practitioners will have the equipment necessary to test all of	the table above. If the Medical Practitioner doubts the applicant's dex (BMI) of 40 or higher, the practitioner should require that the mean, for example, that the applicant must actually don an exposure d 1.5 inch diameter fire hose to firefighting position. Rather, the sesses the ability to meet the guidelines in the third column. A ints section provided below. Sis normally worn by the applicant, and any other aid devices, may be orevent the proper wearing of mandated personal protection one referred to a competent evaluator of physical ability. The Coast the tasks as listed. Equivalent alternate testing methodologies may at https://media.defense.gov/2019/Sep/11/2002181050/-1/-1/0/			
If the applicant is unable to perform all the applicant's inability to meet the sta provided below.	ndards. The results of any practical demonstration or attend	titioner should provide information on the degree or the severity of ant physical evaluation should be recorded in the Comments section			
		licant does NOT have the physical strength, agility, and flexibility berform all of the items listed in the physical ability table.			
COMMENTS: (Please Print)					
	☐ MEDICAL PRACTITIO	NER INITIALS: DATE:			

Print Applicant Name: (Last, First, M	11.)				Date of Birth:	(MM/DD/YYYY)	
Section IX: Summary - To be	complete	d by the Medi	cal Pra	ctitioner			
a. Applicant proof of identity provided:	Yes N	b . Certification	recomme	ndation: Reco	ommended	Not Recommended	Needs Further Review
c. Assessment: 1. Preliminary screening tion or debilitating complication, to include artery disease: OR, 2. (Entry-level, only) - To the best of my seafarer unfit for such service or to end.	de, uncontrolle	ed obstructive slee	ep apnea,	diabetes mellitus n any medical co	s or coronary	Yes No	Needs Further Review
d. Discussion: Please discuss any c	onditions sul	oject to further re	eview ide	ntified in Sectio	n III(b) or any o	ther concerns. Ple	ease print or type.
e. Medical Practitioner: My sign correct to the best of my knowledge and							
that I have fully evaluated all examination							Ctata
Last Name	First Name		M.I.	License Number			State
Signature		Date (MM/DD/YY	YY)	Phone Number		MD DO	PA NP
Office Street Address							
City	State	Zip Code					
						(Place of	ffice address stamp here)
Section X: Application Certif	ication - To	be complete	ed by th	e Applicant			
My signature below attacts, subject to r							
my knowledge, and I agree that it is to material information relevant to this form	be considered	part of the basis	for issuan	ce of any medica	al certificate to m	e. I have not knowir	e and true to the best of ngly omitted any
my knowledge, and I agree that it is to	be considered	part of the basis	for issuan	ce of any medica	al certificate to m	e. I have not knowir	ngly omitted any
my knowledge, and I agree that it is to material information relevant to this form	be considered	part of the basis	for issuan	ce of any medica	al certificate to m	e. I have not knowinis form.	ngly omitted any
my knowledge, and I agree that it is to material information relevant to this form	be considered	part of the basis	for issuan	ce of any medica	al certificate to m	e. I have not knowinis form.	ngly omitted any
my knowledge, and I agree that it is to material information relevant to this form	be considered	part of the basis	for issuan	ce of any medica	al certificate to m	e. I have not knowinis form.	ngly omitted any
my knowledge, and I agree that it is to material information relevant to this form	be considered	part of the basis	for issuan	ce of any medica	al certificate to m	e. I have not knowinis form.	ngly omitted any
my knowledge, and I agree that it is to material information relevant to this form	be considered m. I have also r, and a persor tes that the av	part of the basis read and underst	for issuan and the P	ce of any medicarivacy Notice that	al certificate to m t accompanies th discompanies th t information unle du may submit ar	e. I have not knowing form. Date (MM/DD/Y) ess it displays a valing comments conce	rid OMB control number.

Print Applicant Name:(Last, First, MI.)		Date of Birth: (M	IM/DD/YYYY)	
Section XI: (Optional) Applicant Consent - To be completed	by the Appli	icant		Declined
a. CONSENT FOR MEDICAL PRACTITIONER TO RELEASE INFORMATION My signature below authorizes the Medical Practitioner, who has signed the cert Coast Guard personnel, any pertinent information in his/her possession regardin Guard prior to determining whether the Coast Guard should issue a merchant m I understand that this authorization is voluntary. I also understand that failure to determination as to whether the Coast Guard should issue me a merchant marin Guard determines whether to issue me the requested merchant mariner medical have read and understand the following statement about my rights: U I may revoke this authorization at any time prior to its expiration date by not have any effect on any actions taken before they received the notific U Upon request, I may see or copy the information described in this relea U I am not required to sign this release to receive my medical evaluation. Signature of Applicant b. CONSENT FOR COAST GUARD TO RELEASE INFORMATION TO A THI My signature authorizes the Coast Guard to share my medical information with authorization at any time prior to its expiration date by notifying the Coast Guard Please provide the Name of the Organization or Third Party, Address, and Phor attached separately.	TO THE COAST ification on page ag any physical or ariner medical ce provide authoriza are medical certificate for ma redical cert	9 of this form, to relate the cate. This authorizate. Ition could affect the cate. This authorizate aritime service, but related the cate. This difference is a country of the cate. The cate aritime service is a country of the cate aritime service is a country of the cate of the cat	hat may require reverse Coast Guard's abilition will remain in endeading that one year in the compart of the co	with authorized riew by the Coast lity to make a timely ffect until the Coast year. It the revocation will revoke this
lame of Organization or Third Party				
Organization Point of Contact (if applicable)	Phone Number			
Street Address				
City	State	-	Zip Code	
signature of Applicant		1	Date (MM/DD/YYYY	′)
c. CONSENT FOR THIRD PARTY TO ACT ON MY BEHALF: My signature authorizes the following third party to act on my behalf in all matter certificate. This means that the Coast Guard will share my medical information a request agency action on my behalf, and receive my medical certificate. I understand that I may revoke this authorization at any time prior to its expiration Please provide the Name of the Organization or Third Party, Address, and Phon separately. Iame of Organization or Third Party	and correspond w	ith the third party, a	nd it means that the	e third party can
Organization Point of Contact (if applicable)	Phone Number			
organization Point of Contact (II applicable)	Phone Number			
Ptroot Address				
Street Address				
Dity	State		Zip Code	
ignature of Applicant	_		Date (MM/DD/YYY)	′)
		1		