

Instrument 1 – Participant Survey

INTRODUCTION TO PARTICIPANT SURVEY

Slight modifications may be made for each of the administration modes.

Thank you for participating in this survey for the Creative Forces®: NEA Military Healing Arts Network Community Arts Engagement Grant Program Evaluation. This study is funded by the National Endowment for the Arts. We are interested in learning more about the experiences and needs of the people who participate in Creative Forces community arts programs. The survey takes about 10 minutes to complete. We ask participants to take the survey two times: at the beginning of the program and again at the end. You will receive a \$30 eGift card in appreciation for your time after each survey in a follow-up email.

For digital surveys: Your survey access code is unique to this survey. When you use this link, your responses are entered into a database that does not include your name, but links the responses you make on the survey at the beginning and end of the program. Your responses on this survey are confidential and only the program researchers (Shawn Bachtler and Candace Gratama) have access to the responses. The connection between you and the unique link is kept in a separate, password protected file that only the researchers can access. **Details about identifiers (e.g., unique access code, use of email address) will be included here.**

For paper surveys: Your survey code links the responses you make on the survey at the beginning and end of the program. Your responses on this survey are confidential and only the program researchers (Shawn Bachtler and Candace Gratama) have access to the responses. The connection between you and the unique code is kept in a separate, password protected file that only the researchers can access.

No one associated with this program or Creative Forces will be able to see your survey or know whether you completed the survey. Your answers will be kept confidential and combined with the answers from other participants in Creative Forces programs. While the researchers will keep your information confidential, there are some risks of data breaches when sending information over the internet that are beyond the control of the researchers.

You should also know that:

- You must be 18 or older to take this survey.
- The survey is completely voluntary. You may skip any questions or quit at any time. If you decide to withdraw, simply close the survey window.
- All information collected through this study will be kept in locked offices and on password protected computers.
- Your participation in the Creative Forces program will not be impacted by whether or not you choose to complete the survey.
- There are no benefits to you for taking this survey. There are no risks expected with participation in this survey, although it is possible that some people may experience discomfort when answering questions about making art, how connected they feel to others, and how they handle challenges.
- The database with access codes will be permanently deleted at the end of the project on **DATE.**

If you have any questions about this survey, information can be obtained from Shawn Bachtler, Ph.D., of ProgramWorks (shawnbachtler@gmail.com or 206-595-5878) or the National Endowment for the Arts at research@arts.gov if you have any questions regarding the estimated time burden or any other aspect of this data collection. If you have any questions about your rights as a participant in the study, you may contact IRB Service (the body that oversees our protection of study participants) at (855) 226-4472 or participants@solutionsirb.com.

By completing this survey, you are consenting to participate in this study.

Please feel free to print or save a copy of this form for your records.

This version of the survey shows analyses related to the specific participant outcomes outlined in the logic models. The form presented to grantees will show only the survey items.

PARTICIPANT SURVEY	
	POST-SURVEY ONLY: Self-report of current attendance and prior participation
1.	Self-report attendance and engagement questions will be tailored to each program according to their model. A. Please estimate how often you participated in this program. [3 examples] EX 1: How many sessions did you attend out of the eight sessions offered? _____ EX 2: This program offered two drop-in sessions each week. How many sessions have you attended over the past two months? _____ EX 3: In the past 30 days, approximately how many total hours have you been involved in the program? ☐ Less than 1 hour total ☐ 1 to 3 hours total ☐ 4 to 5 hours total ☐ 6 to 9 hours total ☐ 10 or more hours total B. When I attended the sessions over the past 30 days, I took part in the activities: ☐ Very often ☐ Often ☐ Occasionally ☐ Rarely
2.	Have you previously attended this program or a similar program? ☐ Yes ☐ No

Please select the answer that fits best. For this survey:			
• Art refers to all forms of art, such as visual art, music, theatre, dance, and so on. • Engaging with art refers to observing art, such as watching a performance, viewing an exhibition, etc.			
#	Item [source scale]	Analyses	Outcome
Items 3 – 32 use a 5-point Likert response scale: <i>Strongly Disagree, Disagree, Mixed or Neither Agree nor Disagree, Agree, Strongly Agree</i>			
3.	Through arts engagement art, I:		
	a. Understand myself better. [CFCE 1]	Frequencies, change scores	Creative Expression
	b. Understand the things that matter most to me. [CFCE 1]	Frequencies, change scores	Creative Expression
	c. Feel understood by others. [CFCE 2]	Frequencies, change scores	Creative Expression
	d. Understand others better. [CFCE 3]	Frequencies, change scores	Creative Expression
	e. Feel connected to the military/veteran community. [CFCE 4]	Frequencies, change scores	Creative Expression
	f. Feel connected to the civilian community. [CFCE 5]	Frequencies, change scores	Creative Expression
	g. I am able to take chances in a safe, supportive environment. [CFCE 7]	Frequencies, change scores	Creative Expression
	h. Learn and improve creative skills. [CFCE 8]	Frequencies, change scores	Creative Expression
4.	Arts engagement improves my physical health. [CFCE 6]	Frequencies, change scores	Creative Expression
5.	Arts engagement has a positive effect on my relationships with family or close friends. [CFCE 9]	Frequencies, change scores	Creative Expression
Creative Expression Subscale (3 – 5)		Total items 1 – 3; mean, median, mode, range; change scores	
6.	I enjoy getting lost in the process of engaging with the arts. [CFF2]	Frequencies, change scores	Creative Expression - Flow
7.	My concentration improves when I'm fully absorbed in the arts. [CFF3]	Frequencies, change scores	Creative Expression - Flow
8.	Being absorbed in the arts enables me to clarify thoughts or ideas I didn't fully understand before. [CFF 1]	Frequencies, change scores	Creative Expression - Flow
Creative Expression – Flow Subscale CFF (6 – 8)		Total items 4 – 6; mean, median, mode, range; change scores	

9.	I am optimistic and hopeful about the future. [ESPS 13]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
10.	I am grateful for people or opportunities in my life. [ESPS 14]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
11.	I am proud of myself. [ESPS 15]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
12.	I am kind and understanding towards myself when I am going through a hard time. [ESPS 16]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
13.	I am open minded to trying new experiences. [ESPS 17]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
14.	I approach life with excitement and energy. [ESPS 18]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
15.	I have purpose in my life. [ESPS 32]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
16.	I have personal goals that I am working on achieving. [ESPS 33]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
17.	I have a sense of direction in my life. [ESPS 34]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
18.	I am working towards a common goal with other people. [ESPS 35]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
19.	I feel part of something bigger than myself. [ESPS 36]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
20.	My role in my family, work, or community is a positive source of self-worth and connection to others. [ESPS 37]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
Independence and Successful Adaptation to Civilian Life Sense of Purpose Subscale (9 – 20)		Total items 7 – 18; mean, median, mode, range; change scores	
21.	I put time and effort into helping others. [EECS 19]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
22.	I feel a sense of belonging to a larger community. [EECS 20]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
23.	I feel connected to my local community. [EECS 29]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
24.	I participate in leadership activities that increase my sense of purpose. [EECS 38]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
25.	I participate in community service activities that increase my sense of purpose. [EECS 39]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life

26.	I feel like a leader in my community. [EECS 40]	Frequencies, change scores	Independence and Successful Adaptation to Civilian Life
Independence and Successful Adaptation to Civilian Life Engaged Citizenship Subscale (21 – 26)		Total items 19 – 24; mean, median, mode, range, change scores	
27.	I tend to bounce back quickly after hard times. [BRS 1]	Frequencies, change scores	Resilience
28.	I have a hard time making it through stressful events. [BRS 2]	Frequencies, change scores [reverse]	Resilience
29.	It does not take me long to recover from a stressful event. [BRS 3]	Frequencies, change scores	Resilience
30.	It is hard for me to snap back when something bad happens. [BRS 4]	Frequencies, change scores [reverse]	Resilience
31.	I usually come through difficult times with little trouble. [BRS 5]	Frequencies, change scores	Resilience
32.	I tend to take a long time to get over set-backs in my life. [BRS 6]	Frequencies, change scores [reverse]	Resilience
Resilience Subscale (27 – 32)		Total items 25 – 30; mean, median, mode, range, change scores	
5-point Likert response scale for item 31: <i>Very Poor, Poor, Neither Poor Nor Good, Good, Very good</i>			
33.	How would you rate your quality of life? [WHOQOL-BREF G1]	Frequencies, change scores	Creative Forces general outcome: Quality of Life
Quality of life brief assessment (31)		Mean, median, mode, range, change scores	
5-point Likert response scale for item 32: <i>Very Dissatisfied, Dissatisfied, Neither Satisfied Nor Dissatisfied, Satisfied, Very satisfied</i>			
34.	How satisfied are you with your health? [WHOQOL-BREF G4]	Frequencies, change scores	Creative Forces general outcome: Well-being
Well-being brief assessment (34)		Mean, median, mode, range, change scores	
7-point Likert response scale for items 35 – 46: <i>Strongly disagree, Disagree, Disagree a little, Neither agree or disagree, Agree a little, Agree, Strongly agree</i>			
35.	When I am with other people, I feel included. [GBS 1]	Frequencies, change scores	Social Connectedness
36.	I have close bonds with family and friends. [GBS 2]	Frequencies, change scores	Social Connectedness

37.	I feel like an outsider. [GBS 3]	Frequencies, change scores	Social Connectedness
38.	I feel as if people do not care about me. [GBS 4]	Frequencies, change scores	Social Connectedness
39.	I feel accepted by others. [GBS 5]	Frequencies, change scores	Social Connectedness
40.	Because I do not belong, I feel distant during the holiday season. [GBS 6]	Frequencies, change scores	Social Connectedness
41.	I feel isolated from the rest of the world. [GBS 7]	Frequencies, change scores	Social Connectedness
42.	I have a sense of belonging. [GBS 8]	Frequencies, change scores	Social Connectedness
43.	When I am with other people, I feel like a stranger. [GBS 9]	Frequencies, change scores	Social Connectedness
44.	I have a place at the table with others. [GBS 10]	Frequencies, change scores	Social Connectedness
45.	I feel connected with others. [GBS 11]	Frequencies, change scores	Social Connectedness
46.	Friends and family do not involve me in their plans. [GBS 12]	Frequencies, change scores	Social Connectedness
Subscale GBS		Total items 35 – 346; mean, median, mode, range	
Demographics – used for descriptive statistics and as disaggregation variables			
47.	Which best describes you? (check all that apply) [Creative Forces] ○ Service Member ▪ Active Duty ▪ National Guard/Reserve ○ Veteran/Retiree ○ Spouse/Partner of a Service Member or Veteran ▪ Active Duty Service Member ▪ National Guard/Reserve ▪ Veteran ○ Other Family Member of a Service Member or Veteran ▪ Active Duty Service Member ▪ National Guard/Reserve	Frequencies for individual and co-endorsements (categories endorsed by the same individual, such as “Veteran” plus “Military/veteran caregiver – clinical”)	Military connection

	▪ Veteran ○ Caregiver for a ▪ Active Duty Service Member ▪ National Guard/Reserve ▪ Veteran ○ Health care worker serving military-connected populations ○ Civilian ○ Other _____ ○ Prefer not to say		
48.	What is your age? [Veterans Administration population data collection] ○ 18-24 years ○ 25-44 years ○ 45- 64 years ○ 65 years or older	Frequencies; mean, median, mode, range	Age
49.	What is your race and/or ethnicity? Select all that apply. ○ American Indian or Alaska Native ○ Asian ○ Black or African American ○ Hispanic or Latino ○ Middle Eastern or North African ○ Native Hawaiian or Pacific Islander ○ White ○ Prefer not to say	Frequencies for individual and co-endorsements (categories endorsed by the same individual, such as “Asian” plus “Hispanic or Latino”)	Race/ethnicity
50.	What is your sex? ○ Female ○ Male ○ Prefer not to say	Frequencies	Gender

