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# Recruitment Materials - Focus Groups

## AI/AN Adults

| Date | January 9, 2024 |
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## Project Summary

The goal of this focus group discussion is to learn from you about what you know about concussions and what you think about the current concussion and mild Traumatic Brain Injury (TBI) medical discharge instructions. This information will help us develop appropriate concussion discharge instructions for adult Alaska Natives and American Indians, Native people, and Tribal members. This project is being conducted for the Centers for Disease Control and Prevention, also known as the CDC.

## Follow-Up Email

**Subject: CDC's Concussion Discharge Instructions Focus Groups**

Hello!

Thank you for agreeing to participate in a discussion about concussion discharge instructions.

Please sign up for a time slot via this link.

Here are a couple of things to think about before the group:

- We recommend having your video on as seeing facial expressions and body language helps with the flow of the discussion.
- Please be sure to download Zoom on whatever device you will be using (<https://zoom.us/download>). Zoom is free to download. However, you can participate in the browser version if you are having trouble downloading the software.
- At the time of the focus group, please join the Zoom meeting via the link in the calendar invite.
- To protect your privacy, please feel free to change your name on Zoom to a nickname. For instructions on how to do this, please visit this [link](#).

**Division of Injury Prevention**

HEADS UP! Outreach to At-Risk Groups (13553)



Please reach out to BANYAN PERSON at BANYAN EMAIL if you need to reschedule your focus group time, or if you have any questions.

Thank you again and we look forward to talking with you soon!