

## RESPIRATORY ASSESSMENT FORM

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR DISEASE CONTROL AND PREVENTION  
NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH  
COAL WORKERS' HEALTH SURVEILLANCE PROGRAM (CWHSP)

NIOSH  
Coal Workers' Health Surveillance Program  
1000 Frederick Lane, M/S LB208  
Morgantown, WV 26508

### Miner Identification

|                     |            |                |
|---------------------|------------|----------------|
| Miner's Name (Last) | (First)    | (Middle)       |
|                     |            |                |
|                     | Birth Date | Date Completed |
|                     |            |                |
| Email Address       |            |                |
|                     |            |                |

**Mark an X for the best answer.**

### Medical Conditions

1. Has a doctor, nurse, or other health professional EVER told you that you had any of the following?

|   | NO | YES |
|---|----|-----|
| Coronary heart disease?                       |    |     |
| Angina, also called angina pectoris?          |    |     |
| A heart attack (myocardial infarction)?       |    |     |
| A stroke?                                     |    |     |
| High blood pressure or hypertension?          |    |     |
| Asthma?                                       |    |     |
| Emphysema?                                    |    |     |
| Chronic bronchitis?                           |    |     |
| Rheumatoid arthritis?                         |    |     |
| COPD (Chronic Obstructive Pulmonary Disease)? |    |     |

### Respiratory Symptoms

- |   |       |     |
|---|-------|-----|
| 2. Do you usually have a cough, apart from colds?<br>If YES, answer 2a and 2b.                      | No    | Yes |
| 2a. Do you cough on <u>most days</u> * for <b>3 or more months</b> during the year?                 | No    | Yes |
| 2b. About how many years have you had this cough?   | Years |     |
| 3. Do you usually bring up phlegm from your chest, apart from colds? If YES, answer 3a and 3b.      | No    | Yes |
| 3a. Do you bring up chest phlegm on <u>most days</u> * for <b>3 or more months</b> during the year? | No    | Yes |
| 3b. About how many years have you had phlegm like this?   | Years |     |

\* = Most days means 4 or more days each week.

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| <b>Respiratory Symptoms (continued)</b>   |           |                    |           |
|---|-----------|--------------------|-----------|
| 4. In the last 12 months, have you had wheezing or whistling in your chest at any time? If YES, answer 4a thru 4c.  |           | No                 | Yes       |
| 4a. Mark one: Yes, I have wheezing <u>only</u> when I have a cold   |           |                    | Yes       |
| OR Yes, I have wheezing sometimes when I don't have a cold  |           |                    | Yes       |
| 4b. Does the wheezing always clear when you cough?  |           | No                 | Yes       |
| 4c. When you are away from the mine on days off, is this wheezing or whistling (mark one)   | The same  | Worse              | Better    |
| 5. In the past 12 months, have you had an episode of asthma or an asthma attack?  |           | No                 | Yes       |
| 5a. If YES, about how old were you when you first had an attack of asthma?  |           | Age                |           |
| 6. Are you currently taking any medicine for your breathing? (including inhalers, aerosols, or pills)   |           | No                 | Yes       |
| 6a. If YES, mark what you are currently taking:   | Inhalers  | Aerosols           | Pills     |
| 7. Are you troubled by shortness of breath when hurrying on level ground or walking up a slight hill? If YES, answer 7a.  |           | No                 | Yes       |
| 7a. Do you have to walk slower than people of your age on level ground because of shortness of breath? If YES, answer 7b.   |           | No                 | Yes       |
| 7b. About how many years have you had this shortness of breath?   |           | Years              |           |
| <b>Smoking History</b>  |           |                    |           |
| 8. Have you ever smoked cigarettes regularly? (Mark NO if you smoked less than 100 cigarettes in your entire life; 100 cigarettes = 5 packs) If YES, answer 8a thru 8d. |           | No                 | Yes       |
| 8a. On average, for the entire time that you smoked, about how many cigarettes did you smoke per day? (1 pack = 20 cigarettes)  |           | Cigarettes per Day |           |
| 8b. About how old were you when you first started smoking cigarettes <u>regularly</u> ?   |           | Age                |           |
| 8c. Do you still smoke cigarettes?  |           | No                 | Yes       |
| If NO, about how old were you when you completely stopped smoking?  |           | Age                |           |
| 8c. If YES, would you like to quit smoking now?   | Yes       | Maybe              | No        |
| 8d. During the time you were a smoker, did you ever stop smoking for 6 months or more?  |           | No                 | Yes       |
| If YES, about how long did you stop smoking altogether? (Mark the total number of years that you stopped smoking during the time you were a smoker)                     |           |                    | Years     |
| 9. Do you use any other inhaled tobacco or nicotine products (pipes, cigars, electronic cigarettes, e-cigarettes etc.)?   |           |                    | No        |
| 9a. If YES, do you use them (mark one)  | Every Day | Most Days          | Some Days |

\* = Most days means 4 or more days each week.