

**SUPPORTING STATEMENT FOR PAPERWORK REDUCTION ACT OF 1995:
NOTICE REQUIREMENTS OF THE HEALTH CARE CONTINUATION COVERAGE
PROVISIONS**

This information collection request (ICR) seeks approval for an extension without change of an existing control number.

A. JUSTIFICATION

- 1. Explain the circumstances that make the collection of information necessary. Identify any legal or administrative requirements that necessitate the collection. Attach a copy of the appropriate section of each statute and regulation mandating or authorizing the collection of information.**

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) provides that under certain circumstances participants and beneficiaries of group health plans that satisfy the definition of “qualified beneficiaries” under COBRA may elect to continue group health coverage temporarily following events known as “qualifying events” that would otherwise result in loss of coverage. The Secretary of Labor (the Secretary) has the authority under section 608 of the Employee Retirement Income Security Act of 1974 (ERISA) to prescribe regulations to carry out the provisions of Part 6 of Title I of ERISA. The Conference Report that accompanied COBRA authorized the Secretary to issue regulations implementing the notice and disclosure requirements of COBRA.

The Department has issued regulations implementing the Notice Requirements of Section 606 of ERISA¹ (regulations) because the provision of timely and adequate notifications regarding COBRA rights and responsibilities is critical to a qualified beneficiary’s ability to obtain health continuation coverage. In addition, in the Department’s view, regulatory guidance was necessary to establish clearer standards for administering and processing COBRA notices.

- 2. Indicate how, by whom, and for what purpose the information is to be used. Except for a new collection, indicate the actual use the agency has made of the information received from the current collection.**

The provision of timely and adequate notifications is critical for the effective exercise of COBRA rights. As such, plan administrators, group health plan insurers, and other service providers to the healthcare industry have indicated to the Department that additional guidance on notification and disclosure under COBRA would be welcome. Failure on the part of a plan administrator to meet notice requirements might result in a

¹ 29 CFR 2590.606-1, -2, and -3.

qualified beneficiary's losing out on continuation coverage, assessment of fines on a plan administrator, or other adverse consequences.

Under the regulatory guidelines, plan administrators are required to distribute notices as follows: a general notice to be distributed to all participants in group health plans subject to COBRA; an employer notice that must be completed by the employer upon the occurrence of a qualifying event; a notice and election form to be sent to a participant upon the occurrence of a qualifying event that might cause the participant to lose group health coverage; an employee notice that may be completed by a qualified beneficiary upon the occurrence of certain qualifying events such as divorce or disability; and, two other notices, one of early termination and the other a notice of unavailability. Also included in the ICR are two model notices that the Department believes will help reduce costs for service providers in preparing and delivering notices to comply with the regulations.

3. **Describe whether, and to what extent, the collection of information involves the use of automated, electronic, mechanical, or other technological collection techniques or other forms of information technology, e.g., permitting electronic submission of responses, and the basis for the decision for adopting this means of collection. Also describe any consideration for using information technology to reduce burden.**

Under 29 C.F.R. § 2520.104b-1(b) of ERISA, "where certain material, including reports, statements, and documents, is required under Part I of the Act and this part to be furnished either by direct operation of law or an individual request, the plan administrator shall use measures reasonably calculated to ensure actual receipt of the material by plan participants and beneficiaries." Section 2520.104b-1(c) establishes the manner in which disclosures under Title I of ERISA made through electronic media will be deemed to satisfy the requirement of § 2520.104b-1(b). Section 2520-107.1 establishes standards concerning the use of electronic media for maintenance and retention of records. Under these rules, all pension and welfare plans covered under Title I of ERISA may use electronic media to satisfy disclosure and recordkeeping obligations, subject to specific safeguards.

The Government Paperwork Elimination Act (GPEA) requires agencies to allow customers the option to submit information or transact with the government electronically, when practicable. Where feasible, and subject to resource availability and resolution of legal issues, EBSA has implemented the electronic acceptance of information submitted by customers to the federal government.

4. **Describe efforts to identify duplication. Show specifically why any similar information already available cannot be used or modified for use for the purposes described in Item 2 above.**

There is no duplication of information under the regulations. The regulations address the content, timing, and distribution requirements for notices that are required to be sent under COBRA. Because COBRA has been in effect since 1984, most plans will likely continue to use notices that they have developed and that already satisfy the requirements of the regulations. This information is not duplicated elsewhere.

5. **If the collection of information impacts small businesses or other small entities describe any methods used to minimize burden.**

The information collection impacts small businesses or entities. The information provided in the regulations will assist all plans in fulfilling the statutory notice requirements under COBRA. Plan administrators of small plans will have confidence that a plan's COBRA notices are in compliance and that they are less likely to be subject to penalties or costly litigation because they are not complete or not distributed in a timely manner. In addition, with proper notification, qualified beneficiaries of small group health plans that may have previously been denied coverage under COBRA will have improved opportunities to elect less expensive continuation coverage under an employer's group health plan. Moreover, the smallest plans (those with less than 20 participants) are exempt from COBRA.

6. **Describe the consequence to Federal program or policy activities if the collection is not conducted or is conducted less frequently, as well as any technical or legal obstacles to reducing burden.**

Under section 606(a)(1) of ERISA, general notices must be distributed when coverage under the group health plan commences for an employee and his or her spouse and certain other notices are required to be sent upon the occurrence of a qualifying event. Because of COBRA's statutory requirements, the collection of information cannot be conducted at any other time or less frequently.

7. **Explain any special circumstances that would cause an information collection to be conducted in a manner:**
- **requiring respondents to report information to the agency more often than quarterly;**
 - **requiring respondents to prepare a written response to a collection of information in fewer than 30 days after receipt of it;**

- **requiring respondents to submit more than an original and two copies of any document;**
- **requiring respondents to retain records, other than health, medical, government contract, grant-in-aid, or tax records for more than three years;**
- **in connection with a statistical survey, that is not designed to produce valid and reliable results that can be generalized to the universe of study;**
- **requiring the use of a statistical data classification that has not been reviewed and approved by OMB;**
- **that includes a pledge of confidentiality that is not supported by authority established in statute or regulation, that is not supported by disclosure and data security policies that are consistent with the pledge, or which unnecessarily impedes sharing of data with other agencies for compatible confidential use; or**
- **requiring respondents to submit proprietary trade secret, or other confidential information unless the agency can demonstrate that it has instituted procedures to protect the information's confidentiality to the extent permitted by law.**

There are no special circumstances that require the collection to be conducted in a manner inconsistent with the guidelines in 5 CFR 1320.5.

- 8. If applicable, provide a copy and identify the date and page number of publication in the Federal Register of the agency's notice, required by 5 CFR 1320.8(d), soliciting comments on the information collection prior to submission to OMB. Summarize public comments received in response to that notice and describe actions taken by the agency in response to these comments. Specifically address comments received on cost and hour burden.**

Describe efforts to consult with persons outside the agency to obtain their views on the availability of data, frequency of collection, the clarity of instructions and recordkeeping, disclosure, or reporting format (if any), and on the data elements to be recorded, disclosed, or reported.

Consultation with representatives of those from whom information is to be obtained or those who must compile records should occur at least once every 3 years -- even if the collection of information activity is the same as in prior periods. There may be circumstances that may preclude consultation in a specific situation. These circumstances should be explained.

The Department's Federal Register Notice, required by 5 CFR 1320.8(d), soliciting comments on the proposed extension of information collection was published in the

Federal Register on July 11, 2025 (90 FR 30984), and provided the public with 60 days to comment. No comments were received.

9. Explain any decision to provide any payment or gift to respondents, other than remuneration of contractors or grantees.

No payments or gifts are provided to respondents.

10. Describe any assurance of confidentiality provided to respondents and the basis for the assurance in statute, regulation, or agency policy.

No assurance of confidentiality is provided.

11. Provide additional justification for any questions of a sensitive nature, such as sexual behavior and attitudes, religious beliefs, and other matters that are commonly considered private. This justification should include the reasons why the agency considers the questions necessary, the specific uses to be made of the information, the explanation to be given to persons from whom the information is requested, and any steps to be taken to obtain their consent.

This information collection does not ask questions of a sensitive nature.

12. Provide estimates of the hour burden of the collection of information. The statement should:

- Indicate the number of respondents, frequency of response, annual hour burden, and an explanation of how the burden was estimated. Unless directed to do so, agencies should not conduct special surveys to obtain information on which to base hour burden estimates. Consultation with a sample (fewer than 10) of potential respondents is desirable. If the hour burden on respondents is expected to vary widely because of differences in activity, size, or complexity, show the range of estimated hour burden, and explain the reasons for the variance. General, estimates should not include burden hours for customary and usual business practices.
- If this request for approval covers more than one form, provide separate hour burden estimates for each form.
- Provide estimates of annualized cost to respondents for the hour burdens for collections of information, identifying and using appropriate wage rate categories. The cost of contracting out or paying outside parties for information collection activities should not be included here. Instead, this cost should be included in Item 14.

Notice Requirements of the Health Care Continuation Coverage Provisions
OMB Control Number 1210-0123
Expiration Date: 01/31/2026

Because of the expertise required in the administration of COBRA, group health plans generally make use of an outside service provider to handle such tasks as elections by qualified beneficiaries, payment, notification, and distribution of notices. These service providers contract with a large number of plans and have established procedures and standardized documents, including notices and other forms, for use by plan participants and administrators.

The Department assumes that service providers would make use of an administrative assistant to complete the plan administrator's notice and the notice of early termination with the appropriate information about a qualified beneficiary's coverage. The Department estimates that it will require four minutes per plan for administrative assistants to complete the employer notices and another four minutes per plan to complete the qualified beneficiary notices. The Department estimates the hourly wage rate of an administrative assistant to be \$70.29.² The hour burden and cost calculations for these notices are provided in Table 1 below.

The Department also estimates that it will take an administrative assistant one minute to complete the termination notice.

Finally, the Department does not include the burden associated with completing the general notices since general notices are included in most Summary Plan Descriptions (SPDs), which is associated with control number 1210-0039.

Please see Table 1 below for a calculation of the total hour burden and equivalent cost.

Table 1. Estimated Annualized Respondent Hour Burden and Equivalent Cost

	Number of Respondents	Number of Responses per Respondent	Total Responses	Average Burden (Hours)	Total Burden (Hours)	Wage Rates	Equivalent Cost
Plan Administrator Election Notice (A+B)- Administrative Assistant	750,213	10.25	7,690,250	4/60	512,683	\$70.29	\$36,036,512

² Internal DOL calculation based on 2025 labor cost data. For a description of the Department's methodology for calculating wage rates, see <https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/rules-and-regulations/technical-appendices/labor-cost-inputs-used-in-ebsa-opr-ria-and-pra-burden-calculations-june-2019.pdf>.

Notice Requirements of the Health Care Continuation Coverage Provisions
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<i>A-Employer Notice</i>	668,145	10.25	6,848,986	4/60	456,599	\$70.29	\$32,094,348
<i>B-Qualified Beneficiary Notice</i>	82,069	10.25	841,264	4/60	56,084	\$70.29	\$3,942,163
Termination Notice-Administrative Assistant	750,213	0.98	732,378	1/60	12,206	\$70.29	\$578,579
Total***	750,213*	32.46	24,351,126**	-	524,890	-	\$36,894,492

Note:

*The Department estimates that COBRA applies to 750,213 health plans (Source: 2024 Medical Expenditure Panel Survey).

**The total number of notices is calculated as follow: 15,928,498 (General Notices) + 6,848,986 (Employer Notices) + 841,264 (Qualified Beneficiary Notice) + 732,378 (Termination Notice) = 24,351,126 Notices

***The hour burden associated with general notices is not included here, as the notices are generally included in the SPDs with control number 1210-0039.

13. Provide an estimate of the total annual cost burden to respondents or recordkeepers resulting from the collection of information. (Do not include the cost of any hour burden shown in Items 12 and 14).

- The cost estimate should be split into two components: (a) a total capital and start up cost component (annualized over its expected useful life); and (b) a total operation and maintenance and purchase of service component. The estimates should take into account costs associated with generating, maintaining, and disclosing or providing the information. Include descriptions of methods used to estimate major cost factors including system and technology acquisition, expected useful life of capital equipment, the discount rate(s), and the time period over which costs will be incurred. Capital and start-up costs include, among other items, preparations for collecting information such as purchasing computers and software; monitoring, sampling, drilling and testing equipment; and record storage facilities.
- If cost estimates are expected to vary widely, agencies should present ranges of cost burdens and explain the reasons for the variance. The cost of purchasing or contracting out information collection services should be a part of this cost burden estimate. In developing cost burden estimates, agencies may consult with a sample of respondents (fewer than 10), utilize the 60-day pre-OMB submission public comment process and use existing economic or regulatory impact analysis associated with the rulemaking containing the information collection, as appropriate.
- Generally, estimates should not include purchases of equipment or services, or portions thereof, made: (1) prior to October 1, 1995, (2) to achieve

regulatory compliance with requirements not associated with the information collection, (3) for reasons other than to provide information or keep records for the government, or (4) as part of customary and usual business or private practices.

The Department estimates that approximately 750,213 plans with 59,790,888 participants are subject to notification requirements under COBRA.³ Completion costs are limited to plan administrator election notices and early termination notices, as employer and qualified beneficiary notices require information that would be provided in the normal course of business. In addition, no cost has been included for the completion of the notice of unavailability of continuation coverage because there is currently no basis for determining the number of these notices that might be sent.

Because general notices are included in most Summary Plan Descriptions, only those dependents living outside the home of new workers offered group health coverage require a separate notice to be sent.⁴ Employer notices include employees holding insurance that leave their job,⁵ die,⁶ or become eligible for Medicare.⁷ Qualified beneficiary notices include notices for divorce or separation,⁸ a dependent aging out of the plan,⁹ and those on COBRA experiencing a second qualifying event.¹⁰ Plan administration notices are the sums of employer and qualified beneficiary notices. Finally, termination notices are

3 EBSA estimates based on the 2024 Medical Expenditure Panel Survey, Insurance Component (MEPS-IC) and the U.S. Department of Labor, EBSA calculations using the March 2023 Current Population Survey Annual Social and Economic Supplement and the 2024 Medical Expenditure Panel Survey.

4 The number of new hires in the private sector is based on the Bureau of Labor Statistics 2024 Job Openings and Labor Turnover Survey (JOLTS). This total was multiplied by the share of workers that are ESI policy holders (from the 2024 MEPS-IC) and the share with dependents living outside the household, based on U.S. Department of Labor, EBSA calculations using the March 2023 Current Population Survey Annual Social and Economic Supplement and the 2024 Medical Expenditure Panel Survey.

5 EBSA estimates for insurance holders leaving their job is based on March 2023 Current Population Survey Annual Social and Economic Supplement.

6 Death notices based on the 2025 Social Security Actuarial Life Tables of working age population (15-64) and the share of ESI policy holders with dependents from the March 2023 Current Population Survey.

7 EBSA estimates of the share of policy holders that become Medicare eligible is based on the U.S. Department of Labor, EBSA calculations using the March 2023 Current Population Survey Annual Social and Economic Supplement and the 2024 Medical Expenditure Panel Survey.

8 EBSA estimates based on the divorce rate as reported in the CDC's 2023 *Vital Statistics Report*.

9 EBSA estimates based on the U.S. Department of Labor, EBSA calculations using the ratio of 25-year-old dependents on parents' ESI to ESI policy holders from the March 2023 Current Population Survey.

10 EBSA estimates of COBRA enrollees are based on the U.S. Department of Labor, EBSA calculations using the March 2023 Current Population Survey Annual Social and Economic Supplement and the 2024 Medical Expenditure Panel Survey. The share experiencing a second qualifying event is based on the previously reported share of the population experiencing divorce or aging out, and the assumption from the previous COBRA PRA that 1 percent of the COBRA population is disabled.

based on the number of COBRA enrollees that leave COBRA before they exhaust their benefit.¹¹

As explained in Question 3, plan administrators are not precluded from using electronic disclosure methods. No assumption has been made as to the number of these notices that will be distributed electronically. The costs for materials and postage for 24,351,126 notices have been estimated at \$0.79 per mailing (mailing cost per mail \$0.78 plus \$0.01 other materials costs per mail). Please see Table 2 below for a calculation of the cost burden.

Table 2. Summary of Mailing Costs

Notice Type	Total Notices	Unit Cost	Total Mailing Cost
General Notices	15,928,498	\$0.79	\$12,583,513
Employer Notices	6,848,986	\$0.79	\$5,410,699
Qualified Beneficiary Notice	841,264	\$0.79	\$664,598
Termination Notice	732,378	\$0.79	\$578,579
Total	24,351,126	-	\$19,237,389

- 14. Provide estimates of annualized cost to the Federal government. Also, provide a description of the method used to estimate cost, which should include quantification of hours, operational expenses (such as equipment, overhead, printing, and support staff), and any other expense that would not have been incurred without this collection of information. Agencies also may aggregate cost estimates from Items 12, 13, and 14 in a single table.**

There is no cost to the Federal government associated with this information collection.

- 15. Explain the reasons for any program changes or adjustments reporting in Items 13 or 14.**

There are no program changes for this submission. The increases in the cost burden estimates are due to a decrease in the number of individuals in COBRA eligible plans, labor cost inflation, and increased postage costs. As a result, the number of responses has decreased by 2,539,247 responses, the hour burden has increased by 34,033 hours, and the cost burden has increased by \$2,834,261. While the decline in responses is a result of fewer general notices being sent, the hour and cost burdens have increased due to an

¹¹ EBSA estimates of the share of COBRA enrollees exiting COBRA early during a year are based on raw, unpublished average duration of COBRA coverage data provided by the Spencer Group in 2006.

increase in the number of termination notices and plan administrator election notices, as well as an increase in the cost of postage to mail the notices.

- 16. For collections of information whose results will be published, outline plans for tabulation, and publication. Address any complex analytical techniques that will be used. Provide the time schedule for the entire project, including beginning and ending dates of the collection of information, completion of report, publication dates, and other actions.**

There are no plans to publish the results of this collection of information.

- 17. If seeking approval to not display the expiration date for OMB approval of the information collection, explain the reasons that display would be inappropriate.**

Not applicable.

- 18. Explain each exception to the topics of the certification statement identified in “Certification for Paperwork Reduction Act Submissions.”**

There are no exceptions to the certification statement.

B. COLLECTIONS OF INFORMATION EMPLOYING STATISTICAL METHODS

Not applicable.