

## T4 Survey Specifications—Baseline Survey

Updated 03/4/2025

Font colors are used in the specifications as follows:

- Screen names are in **red font**.
- Input variable names are in **blue font**.
- Programmer notes are in **green font**.
- Fills are in **red font and highlighted in yellow**.
- Name of scales are *italicized in purple font*.
- Name of construct are *italicized in orange*.
- Randomization logic are in *navy blue italic font*.

The main navigation buttons, unless otherwise noted, are:

 Back

Next 

A header will be displayed at the top of every survey question screen (i.e., Q1 through Q41) that reads: *All Survey Responses are Confidential*.

A footer will be displayed at the bottom of every screen, including the landing page (layout for the FAQ, TA, and Help pages that these buttons will display to is provided in the specs). We will use tool-tip for the footer:

 FAQs

 Tech Support

 Helpful Resources

Response option formatting:

- Single select items are shown as radio buttons and are preceded by the coded value:  
1m
- Select all that apply items are shown as square check boxes and are preceded by the coded value:  
1□

-

**BEGIN\_SURVEY**



## **NORC EAAA Evaluation Baseline Survey**

---

Welcome to the EAAA Evaluation Baseline Survey. This voluntary survey is being administered on behalf of the DoD and Commander, Navy Region Southeast by NORC at the University of Chicago (NORC). NORC is a non-partisan, objective research organization that provides rigorous and reliable research and evaluation services to clients.

This survey is part of an evaluation of the EAAA training. The goal of the survey is to understand what sailors learn as a result of participating in the training and how that compares to people who do not participate in the training.

We are asking all sailors reading this invitation to support the training evaluation by filling out this survey – **even if you are not interested in the EAAA training**. The survey includes some questions about you, your experiences, and how you think about sexual harassment and assault. This survey is voluntary. You may skip any questions or stop the questionnaire at any time without penalty.

The survey should take about 15 minutes to complete, and you will receive a \$10 electronic gift code to Amazon or the Navy Exchange (NEX) for your time.

To take the confidential survey, click “BEGIN”.

OMB Control Number: 0704-0644  
Expiration Date: 01/31/2026

### **AGENCY DISCLOSURE NOTICE**

The public reporting burden for this collection of information, 0704-0644, is estimated to average 15 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering, and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding the burden estimate or burden reduction suggestions to the Department of Defense, Washington Headquarters Services, at [whs.mc-alex.esd.mbx.dd-dod-information-collections@mail.mil](mailto:whs.mc-alex.esd.mbx.dd-dod-information-collections@mail.mil). Respondents should be aware that notwithstanding any other provision of law, no person shall be subject to any penalty for failing to comply with a collection of information if it does not display a currently valid OMB control number.

IT INFO: DISPLAY “BEGIN” BUTTON CENTERED ON SCREEN.

## **MAIN\_INTRO**

You will now begin the NORC EAAA Evaluation Baseline Survey. Your survey responses are completely confidential, and your answers will not be shared with anyone beyond the NORC evaluation team. This means neither your peers nor your Navy chain of command will see your survey responses.

You can go forward or backward in the survey by clicking on the **Next** or **Back** buttons.  
(DO NOT use your browser's Back or Forward buttons.)

We will first ask you two questions to determine if you are interested in attending the EAAA training. If you express interest in attending the EAAA training, and are then randomized to participate in *this round* of the EAAA training, NORC will share the contact information you provide (*but NOT your other survey responses*) with the NATTC EAAA team so they can send you an invitation to the EAAA training session.

## **EAAA**

**IT INFO:** RANDOMIZATION SPECIFICATIONS TO BE PROGRAMMED TO FOLLOW COHORT REQUIREMENTS..PROGRAM A HARD CHECK, RESPONDENT MUST SELECT A RESPONSE TO THIS ITEM. IF RESPONDENT TRIES TO CONTINUE WITHOUT RESPONDING, SHOW A POP UP IN RED “This response is required in order to continue with the survey.”

**Are you interested in participating in the EAAA Sexual Assault Resistance training?**

1m Yes

2m No

*\*Randomization variable for Treatment & Comparison A group*

## **EVAL**

## **EVAL**

**IT INFO:** Only asked if EAAA=2. PROGRAM A HARD CHECK, RESPONDENT MUST SELECT A RESPONSE TO THIS ITEM. IF RESPONDENT TRIES TO CONTINUE WITHOUT RESPONDING, SHOW A POP UP IN RED “This response is required in order to continue with the survey.”

**We understand you are not interested in participating in the EAAA training. Are you interested in participating in the evaluation? That would include completing this survey today to receive \$10 gift code and then completing a follow up survey in 6-months to receive an additional \$20 gift code.**

1m Yes

2m No

*\*Randomization variable for Comparison B group*

**END\_PAGE\_No Evaluation**

**IT INFO:** Only displayed if EVAL=2. THIS MARKS THE END OF THE SURVEY FOR THIS GROUP.

Thank you for your time. You may return your tablet to a NORC staff person.

### PII Collection

Please provide your contact information below. NORC will use this information to:

- Send your \$10 electronic gift code for completing this survey, and
- Reach you via email or text (no calls) for the follow-up survey in about 6 months.

NORC will *not* use your personal information for any non-stated purpose. NORC will not share your personal contact information with the Navy or the DoD **IT INFO: IF EAAA=1 AND EVAL=1 SHOW THE FOLLOWING STATEMENT** [, *unless* you are selected to participate in the EAAA training. If you are randomized to be an EAAA participant, NORC will provide the EAAA NATTC team with *only your name and cell number* so that the EAAA team can send text reminders about the training itself and NORC can collect your feedback after the training].

**Privacy Advisory:** Personal contact information is being collected and used by the NORC at the University of Chicago for the purpose of distributing gift cards in thanks for your participation **[Baseline Only: and to contact you for the follow-up EAAA evaluation survey]** **[Baseline Only: ; and for CRNSE to contact you regarding EAAA participation]**. Your information will be securely stored by NORC at the University of Chicago, will not be delivered to DoD, and will be destroyed no later than December 31, 2026, at the conclusion of NORC's data collection period for this evaluation. Providing your information is voluntary, however, choosing not to provide your personal contact information will result in NORC's inability to offer the **[Baseline Only \$10]** gift card as a thank you for your participation today **[Baseline Only and exclusion from the follow-up evaluation survey (\$20 gift card for completing a follow-up survey)]**.

### FNAME

**IT INFO:** IF EAAA=1, PROGRAM A HARD CHECK ON THE ITEMS ON THIS SCREEN. IF THE RESPONDENT ATTEMPTS TO ADVANCE THE SCREEN WITHOUT INPUTTING A VALID RESPONSE, THE HARD CHECK SHOULD STATE "This information is required because you are interested in participating in the EAAA training. Your name and contact information (and NOT your survey responses) will only be provided to the EAAA team if you are selected to participate in the EAAA training."

IF EAAA=2 AND EVAL=1, PROGRAM A HARD CHECK ON THE ITEMS ON THIS SCREEN AND A SOFT CHECK ON CELL. IF THE RESPONDENT ATTEMPTS TO ADVANCE THE SCREEN WITHOUT INPUTTING A VALID RESPONSE, THEN DISPLAY STATEMENT "This information is required because you are interested in participating in the EAAA evaluation. None of your personal information will be provided to anyone outside of NORC. NORC will use your

contact information to re-contact you if you are selected to participate in the EAAA evaluation at follow-up."

**What is your first name?** \_\_\_\_\_

**LNAME**

**What is your last name?** \_\_\_\_\_

**MIL\_EMAIL**

**IT INFO:**      VALIDATE EMAIL DOMAIN

**What is your military (.mil) email address?** \_\_\_\_\_

**PER\_EMAIL**

**IT INFO:**      VALIDATE EMAIL DOMAIN

**What is your personal email address?** \_\_\_\_\_

**CELL**

**IT INFO:**      VALIDATE PHONE NUM: 10 DIGITS. NO SYMBOLS. NO LETTERS.

**What is your cell phone number?**

*Enter area code and phone number with no dashes* \_\_\_\_\_

**CELLCONSENT**

*By selecting this box, you are allowing NORC to text you using an automated text system. We will only use your phone number for EAAA [IT INFO: IF EAAA=1 AND EVAL=1 SHOW THE FOLLOWING STATEMENT] [training and] evaluation purposes. NORC will not share, sell or otherwise use this number in an undisclosed manner. You can reply STOP to our text messages to opt out at any time. Reply HELP for help. Standard messaging and data rates may apply. Messaging frequency may vary.*

---

**CONFIRM**

**Is the below information correct?**

*If any piece of the below information is incorrect, select "No, need to make a correction."*

Name:      [FNAME] [LNAME]

Military Email:      [MIL\_EMAIL]

---

Personal Email: [PER\_EMAIL]

Cell Phone: [CELL]

1m Yes, all information is correct. → [GO TO EMAIL\\_INCSUR](#)

2m No, need to make a correction. → [GO TO PIIUPDATE](#)

---

## PIIUPDATE

**Please edit your responses below to update the information, then hit “Next.”**

### FNAME\_UP

First name: [FNAME] \_\_\_\_\_

### LNAME\_UP

Last name: [LNAME] \_\_\_\_\_

### MIL\_EMAIL\_UP

Military Email: [MIL\_EMAIL] \_\_\_\_\_

### PER\_EMAIL\_UP

Personal Email: [PER\_EMAIL] \_\_\_\_\_

### CELL\_UP

Last name: [CELL] \_\_\_\_\_

---

## EMAIL\_INCSUR

**Please select the email address you monitor regularly to receive your \$10 electronic gift code and the follow-up survey link in 6 months.**

1m MIL\_EMAIL

2m PER\_EMAIL

---

## DEMO1

### AGE

*ISAPP*

*Demographics*

**How old are you?**

[Scroll down, 17-41]

---

**SEXBIR**  
*Demographics*

**What is your sex?**

2m Female  
1m Male

---

**SEXOR**  
*NORC CER*  
*Demographics*

**Which one of the following best represents how you think of yourself?**

1m Lesbian or gay  
2m Straight, that is, not gay or lesbian  
3m Bisexual  
4m I use a different term  
5m Don't know  
6m Prefer not to answer

---

**OMB\_RACE**  
*Demographics*

What is your race and/or ethnicity? Select all that apply and enter additional details in the spaces below. ***The survey is programmed to automatically recode your response into only two categories, preventing anyone from identifying you based on your answer to this question. No one will see your original response.***

**American Indian or Alaska Native** - Enter, for example, Navajo Nation, Blackfeet Tribe of the Blackfeet Indian Reservation of Montana, Native Village of Barrow Inupiat Traditional Government, Nome Eskimo Community, Aztec, Maya, etc.

[RANGE: 500 characters]

**Asian** - Provide details below.

<input type="checkbox"/> Chinese	<input type="checkbox"/> Asian Indian	<input type="checkbox"/> Filipino
<input type="checkbox"/> Vietnamese	<input type="checkbox"/> Korean	<input type="checkbox"/> Japanese

Enter, for example, Pakistani, Hmong, Afghan, etc.

[RANGE: 500 characters]

**Black or African American** - *Provide details below.*

African American     Jamaican     Haitian  
 Nigerian     Ethiopian     Somali

*Enter, for example, Trinidadian and Tobagonian, Ghanaian, Congolese, etc.*

[RANGE: 500 characters]

**Hispanic or Latino** - *Provide details below.*

Mexican     Puerto Rican     Salvadoran  
 Cuban     Dominican     Guatemalan

*Enter, for example, Colombian, Honduran, Spaniard, etc.*

[RANGE: 500 characters]

**Middle Eastern or North African** - *Provide details below.*

Lebanese     Iranian     Egyptian  
 Syrian     Iraqi     Israeli

*Enter, for example, Moroccan, Yemeni, Kurdish, etc.*

[RANGE: 500 characters]

**Native Hawaiian or Pacific Islander** - *Provide details below.*

Native Hawaiian     Samoan     Chamorro  
 Tongan     Fijian     Marshallese

*Enter, for example, Chuukese, Palauan, Tahitian, etc.*

[RANGE: 500 characters]

**White** - *Provide details below.*

English     German     Irish  
 Italian     Polish     Scottish

Enter, for example, French, Swedish, Norwegian, etc.

[RANGE: 500 characters]

**IT INFO:** Collapse responses into output: ANY American Indian/Alaskan Native, Asian, Black or African American, Hispanic or Latino, Middle Eastern or North African, Native Hawaiian or Pacific Islander, ASSIGN 1=NONWHITE; If White exclusive, ASSIGN 2=WHITE; Blank/skip, ASSIGN=98.

---

## EDUC

ISAPP P3

*Demographics*

**What is the highest degree or level of school that you have completed? Select one.**

- 1m High school graduate (traditional diploma, GED, home school diploma, etc.)
- 2m Some college, but no degree
- 3m Associates Degree (e.g., AA, AS)
- 4m Bachelor's Degree (e.g. BA, BS, AB)
- 5m Graduate or professional degree (e.g. MA, MS, Med, MBA, MSW, PhD, MD, JD)
- 6m Prefer not to answer

---

## DEMO2

DATING

WGR 2018

*Demographics*

**What is your relationship status? Select one.**

- 1m Married
- 2m Engaged
- 3m In a relationship, not married
- 4m Casually dating one person
- 5m Casually dating multiple people
- 6m Widowed
- 7m Divorced
- 8 m Other

---

## RANK

*Email from Melody Dolmer: 1/30/2024*

*Demographics*

**What is your rank/rate?**

1m E1-E4  
2m E5-E6  
3m E7-E9  
4m O1-O3  
5m O4-O6

---

#### TIME

*Email from Tina: 2/12/2024*

*Demographics*

#### How long have you been in service in the military?

1m Less than 6 months  
2m 6 months to less than 1 year  
3m 1 year to less than 2 years  
4m 2 years to less than 3 years  
5m 3 or more years

---

#### DEMO3

**SAPREDU**

*NORC Created*

*Demographics*

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

Did you receive any *sexual assault prevention* training **before joining the Navy?** This includes any education *before enlisting in the Navy* on how to stop sexual assault before it has a chance to happen.

1m No  
2m Yes  
3m Not sure  
4m Prefer not to answer

---

#### SAPREDUMIL

*NORC Created*

*Demographics*

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

Have you received any *sexual assault prevention* training **while enlisted in the Navy?**

This may include *any education from Navy leadership or trainers* on how to stop sexual assault before it happens.

1m Yes  
2m No  
3 m Not sure  
4m Prefer not to answer

---

**CSC\_Check**

**CSC**

*NORC Created*

*Demographics*

**Before INDOC today, had you heard about the EAAA training?**

1m Yes  
2m No

---

**WORTH**

*Contingencies of Self-Worth Scale*

*Knowledge of Sexual Rights and Feelings of Self-worth*

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

**The first set of questions asks about how you think about yourself.**

**Please indicate how much you agree or disagree with each statement.**

	Strongly Disagree	Disagree	Agree	Strongly Agree
<b>WORTH1</b> I don't care what other people think of me.	1m	2m	3m	4m
<b>WORTH2</b> What others think of me has no effect on what I think about myself.	1m	2m	3m	4m
<b>WORTH3</b> I don't care if other people have a negative opinion about me.	1m	2m	3m	4m
<b>WORTH4</b> My self-esteem depends on the opinions others hold of me.	1m	2m	3m	4m
<b>WORTH5</b>	1m	2m	3m	4m

I can't respect myself if others don't respect me.					
--	--	--	--	--	--

---

## INFO\_PAGE

In this next section, we will ask about your experiences and perspectives related to your sexuality and how you communicate this with others.

---

### ACCEPT

*Multidimensional Measure of Comfort with Sexuality*

*Self-acceptance (The subset of questions from this scale reflect this construct only)*

Please indicate how much you agree or disagree with each statement as they relate to your consensual sexual experience and activities, whatever that means to you, even if you have never had sex.

	Strongly Disagree	Disagree	Agree	Strongly Agree
<b>ACCEPT1</b> My sexual experiences and explorations are a positive, ongoing part of who I am.	1m	2m	3m	4m
<b>ACCEPT2</b> I am comfortable with my <b>past</b> sexual activities.	1m	2m	3m	4m
<b>ACCEPT3</b> I am comfortable with my <b>present</b> sexual activities.	1m	2m	3m	4m

---

### SEXLIFETIME

*Adapted from NHANES*

*Demographics*

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

Have you ever had any kind of sex, including vaginal, anal, or oral?

1m Yes

2m No

3m Prefer not to answer

---

### EMPOWER

*Sexual and Reproductive Empowerment Scale for Adolescents and Young Adults*

*Self-empowerment (The subset of questions from this scale reflect this construct only)*

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

For the next set of questions, please rate how true each statement is for you. Please note, you don't need to have ever had sex or currently have a sexual partner to answer these questions. If you are unsure about how to answer any items, please give your best response.

	Not at all true	A little true	Moderately true	Very true	Extremely true
<b>EMPOWER1</b> My sexual needs or desires are important	1m	2m	3m	4m	5m
<b>EMPOWER2</b> I think it would be important to focus on my own pleasure as well as my partner's during sexual experiences.	1m	2m	3m	4m	5m
<b>EMPOWER3</b> I expect to enjoy sex.	1m	2m	3m	4m	5m

---

## COMM

*Adapted from the Sexual Communication Scale*

*Self-empowerment (This subset of questions reflects this construct only)*

IT INFO: Only asked if SEXLIFETIME=1

IT INFO: DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

For the next set of questions, please indicate how often you communicate about these topics with your sexual partner(s). It does not need to be a current partner, or a partner in a committed relationship. If you are unsure, give your best response.

	0% of the time	25% of the time	50% of the time	75% of the time	100% of the time
<b>COMM1</b> When having sex, how often do you <b>show</b> your sexual partner what feels good?	1m	2m	3m	4m	5m
<b>COMM2</b> When having sex, how often do you <b>tell</b> your sexual partner what feels good?	1m	2m	3m	4m	5m

---

## SAS

*Sexual Assertiveness Scale*

*Communications on Sex and Relationships, Knowledge of sex rights and feelings of self-worth*

**IT INFO: THIS MATRIX SHOULD BE SPLIT ACROSS THREE SCREENS IN THE ACTUAL INSTRUMENT WITH FOUR ITEMS ON EACH SCREEN.**

**IT INFO: DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."**

These next questions are about communication, both verbal and nonverbal, with consensual sexual partner(s). Think about **past, current, or potential** sexual relationship(s) to answer these questions.

For each item, please respond with how often the "I would..." statement might reflect your communication with a sexual partner.

	Never	Rarely	Sometimes	Often
<b>SAS1</b> I would begin sex with my partner if I wanted to.	1m	2m	3m	4m
<b>SAS2</b> I would let my partner know if I wanted my partner to touch my genitals.	1m	2m	3m	4m
<b>SAS3</b> I would wait for my partner to touch my genitals instead of letting my partner know that's what I wanted.	1m	2m	3m	4m
<b>SAS4</b> I would wait for my partner to touch my breasts instead of letting my partner know that's what I wanted.	1m	2m	3m	4m
<b>SAS5</b> I would let my partner know if I wanted my genitals kissed.	1m	2m	3m	4m
<b>SAS6</b> I would give in and kiss if my partner pressured me, even if I have already said no.	1m	2m	3m	4m
<b>SAS7</b> I would put my mouth on my partner's genitals if my partner wanted me to, even if I didn't want to.	1m	2m	3m	4m
<b>SAS8</b> I would refuse to let my partner touch my breasts if I didn't want that, even if my partner insisted.	1m	2m	3m	4m
<b>SAS9</b> I would have sex if my partner wanted me to, even if I don't want to.	1m	2m	3m	4m
<b>SAS10</b> Once I have said no, I wouldn't let my partner touch my genitals even if my partner pressured me.	1m	2m	3m	4m
<b>SAS11</b>	1m	2m	3m	4m

I would refuse to have sex if I didn't want to, even if my partner insisted.					
--	--	--	--	--	--

---

## RIGHTS

### *Sexual Relationship Rights*

### *Knowledge of Sexual Rights and Feelings of Self-worth*

**IT INFO:** THIS MATRIX SHOULD BE SPLIT ACROSS THREE SCREENS IN THE ACTUAL INSTRUMENT.

- SCREEN ONE: [RIGHTS\_1] – [RIGHTS\_4]
- SCREEN TWO: [RIGHTS\_5] – [RIGHTS\_7]
- SCREEN THREE: [RIGHTS\_8] – [RIGHTS\_10]

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

For these next questions, please indicate how much you agree and disagree with each statement.

**A person who is in a relationship with a steady partner (like a boyfriend or girlfriend) always has the right to...**

	Strongly Disagree	Disagree	Agree	Strongly Agree
<b>RIGHTS1</b> Say no to sex.	1m	2m	3m	4m
<b>RIGHTS2</b> Stop having sex with their partner at any time.	1m	2m	3m	4m
<b>RIGHTS3</b> Say what they need or want.	1m	2m	3m	4m
<b>RIGHTS4</b> Talk about what they want to do when having sex.	1m	2m	3m	4m
<b>RIGHTS5</b> Talk about condoms or birth control.	1m	2m	3m	4m
<b>RIGHTS6</b> Tell their partner that they would like to have sex.	1m	2m	3m	4m
<b>RIGHTS7</b> Talk about what does/doesn't feel good during sex.	1m	2m	3m	4m
<b>RIGHTS8</b> Say no to sexual things that make them uncomfortable.	1m	2m	3m	4m
<b>RIGHTS9</b> Refuse to have sex, without giving a reason why.	1m	2m	3m	4m
<b>RIGHTS10</b>	1m	2m	3m	4m

Stop what they're doing during sex at any time.				
---	--	--	--	--

**SELFEFF\_A***Perceived Self-Efficacy Scale**Self-efficacy***Please mark the answer that best represents your view.****IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."**IT INFO:** THIS MATRIX SHOULD BE SPLIT ACROSS TWO SCREENS IN THE ACTUAL INSTRUMENT.

- SCREEN ONE: [SELFEFFA1] – [SELFEFFA2]
- SCREEN TWO: [SELFEFFA3] – [SELFEFFA4]

	Not at all confident	Somewhat confident	Confident	Very confident
<b>SELFEFFA1</b> If a man you were with was attempting to get you to have sex with him and you were not interested, how confident are you that you could successfully resist his advances?	1m	2m	3m	4m
<b>SELFEFFA2</b> If a man you were with was attempting to pay for your meal when you did not want him to, how confident are you that you could be assertive enough to tell him that you would pay for your own way?	1m	2m	3m	4m
<b>SELFEFFA3</b> If a man you were with was attempting to get you to consume alcohol despite your wishes not to do so, how confident are you that you could successfully resist his pressuring?	1m	2m	3m	4m
<b>SELFEFFA4</b> If a situation develops in which you feel you could be in danger of sexual assault, how confident are you that you could successfully think up ways to get out of that situation and then	1m	2m	3m	4m

execute your plan?				
--------------------	--	--	--	--

---

**SELFEFF\_B***Perceived Self-Efficacy Scale Continued**Self-efficacy*

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

**How confident are you that...**

	Not at all confident	Somewhat confident	Confident	Very confident
<b>SELFEFFB1</b> You could successfully avoid a situation in which you could be sexually assaulted?	1m	2m	3m	4m
<b>SELFEFFB2</b> You could successfully recognize the signs that you might be in danger of being sexually assaulted?	1m	2m	3m	4m
<b>SELFEFFB3</b> If you recognized the danger signs of sexual assault you could avoid/prevent it from happening?	1m	2m	3m	4m

---

**SDSTRAT***Strategies for Avoidance/Resisting in Stranger and Acquaintance Rape Situations**Self-defense and Resistance Behaviors*

**IT INFO:** SPLIT EACH ITEM ON INDIVIDUAL SCREENS.

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

The next section is based on two different scenarios. Of course, the context would make a difference.

But, **in general**, would you respond (yes) or (no) to each scenario in these different ways?

		No, I could not see myself doing this	Yes, I could see myself doing this
<b>SDSTRAT1</b>	A. Do nothing	1m	2m

<b>If a man I knew (e.g., a date or acquaintance) tried to force me to have sex with him when I didn't want to, what are the chances that I would...</b>	B. Make an excuse to leave	1m	2m
	C. Push away	1m	2m
	D. Put a physical barrier between us	1m	2m
	E. Run away, leave room	1m	2m
	F. Talk through or question his actions	1m	2m
	G. Cry or beg	1m	2m
	H. Yell or scream	1m	2m
	I. Punch, kick, bite, scratch, or slap	1m	2m
	J. Threaten to call police or base security	1m	2m

### SDSTRAT1F

Is there anything else you would do in this situation that is not listed above? Please specify:

\_\_\_\_\_ [Text box entry]

		No, I could not see myself doing this	Yes, I could see myself doing this
<b>SDSTRAT2</b> <b>If a stranger tried to force me to have sex with him when I didn't want to, what are the chances that I would...</b>	A. Doing nothing	1m	2m
	B. Make an excuse to leave	1m	2m
	C. Push away	1m	2m
	D. Put a physical barrier between	1m	2m

us		
E. Run away, leave room	1m	2m
F. Talk through or question his actions	1m	2m
G. Cry or beg	1m	2m
H. Yell or scream	1m	2m
I. Punch, kick, bite, scratch, or slap	1m	2m
J. Threaten to call police or base security	1m	2m

## SDSTRAT2F

Is there anything else you would do in this situation that is not listed above? Please specify:

[Text box entry]

---

## RAPECAUSE

*Illinois Rape Myth Acceptance Scale-Short Form (IRMA-SF)*

### Rape Causes

IT INFO: THIS MATRIX SHOULD BE SPLIT ACROSS TWO SCREENS IN THE ACTUAL INSTRUMENT.

- SCREEN ONE: [RAPECAUSE1] – [RAPECAUSE3]
- SCREEN TWO: [RAPECAUSE4] – [RAPECAUSE7]

IT INFO: DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING. “Please answer as best you can.”

**The next set of questions asks about your beliefs or attitudes about rape. Please indicate how much you agree or disagree with each statement.**

	Strongly Disagree	Disagree	Agree	Strongly Agree
<b>RAPECAUSE1</b> Rape accusations are often used as a way of getting back at men.	1m	2m	3m	4m
<b>RAPECAUSE2</b> It is usually only women who dress suggestively that are raped.	1m	2m	3m	4m

<b>RAPECAUSE3</b> Women tend to exaggerate how much rape affects them.	1m	2m	3m	4m
<b>RAPECAUSE4</b> A lot of women lead a man on and then they claim rape.	1m	2m	3m	4m
<b>RAPECAUSE5</b> Women who 'tease' men deserve anything that might happen.	1m	2m	3m	4m
<b>RAPECAUSE6</b> When women are raped, it is often because the way they said 'no' was unclear.	1m	2m	3m	4m
<b>RAPECAUSE7</b> A woman who dresses in skimpy clothes should not be surprised if a man tries to force her to have sex.	1m	2m	3m	4m

## FEAR

*Fear of Rape Scale*

*Risk Assessment*

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can."

**Next, please indicate how much you agree or disagree with each statement.**

	Strongly Disagree	Disagree	Agree	Strongly Agree
<b>FEAR1</b> I think about the shoes/clothes I am wearing in terms of my ability to run in a dangerous situation.	1m	2m	3m	4m
<b>FEAR2</b> I carry objects (keys, knife, something sharp) when I walk alone at night.	1m	2m	3m	4m
<b>FEAR3</b> I ask friends to walk me to my barracks if it is late at night.	1m	2m	3m	4m
<b>FEAR4</b> When I'm walking out alone at night I am very cautious.	1m	2m	3m	4m
<b>FEAR5</b> Before I go to bed at night, I double check to make sure the doors are securely locked.	1m	2m	3m	4m

**RPS**

*Risk Perception Survey*

*Risk Assessment*

**IT INFO:** Each item will build to show a scenario, the active line will be bolded and the previous statements will appear aligned left above in a paragraph as the participant continues through the section. A participant continues to the next item in the RPS series if they answer "no" to "Would you leave the situation?" If a participant answers "yes" to "Would you leave the situation?" they skip the remainder of the RPS series and continue to the following item (SHVICT).

**The following is a description of a fictional experience that could occur to a woman in the Navy. Please pretend that you are participating in the scenario as it is described.**

**For each description, indicate whether you would feel comfortable and whether you would leave.**

**IT INFO:** Add "Click next to continue the scenario." at the bottom of the page so the scenario is separate from the instructions.

---

	<b>Would you feel comfortable in this situation?</b>		<b>Would you leave this situation?</b>	
	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>
<b>RPS1</b> You and four of your friends attend a small party at a local beach.	1m	2m	1m	2m
<b>RPS2</b> You and your friends chat with other people at the party. Everyone is having a good time, and people begin to dance as the music gets louder. You begin dancing with your friends.	1m	2m	1m	2m
<b>RPS3</b> You notice a guy you know, James, approaching you. You and James are in some classes together, and you've studied together on several occasions.	1m	2m	1m	2m
<b>RPS4</b> James comes up to you and your friends and begins dancing with you. You are flattered by James' attention, as he is really good looking.	1m	2m	1m	2m
<b>RPS5</b> In a joking voice, James says, "You look great tonight!"	1m	2m	1m	2m
<b>RPS6</b> James puts his hands on your shoulders, and then starts	1m	2m	1m	2m

to lean in towards you as he dances.				
<b>RPS7</b> You jokingly tell him to "Back off!" and James calls you a "Flirt."	1m	2m	1m	2m
<b>RPS8</b> As he puts his arms around you James says, "Man you look sexy tonight in that outfit."	1m	2m	1m	2m
<b>RPS9</b> As you continue dancing, one of your friends gets sick and the others decide to walk her back to the barracks.	1m	2m	1m	2m
<b>RPS10</b> You are having a good time and don't want to leave yet. They agree to come back for you later.	1m	2m	1m	2m
<b>RPS11</b> As the hang out begins to die down, James invites you to go get something to eat off base. He offers to drive in his car.	1m	2m	1m	2m
<b>RPS12</b> You walk with James to his car and drive to a late night drive-thru.	1m	2m	1m	2m
<b>RPS13</b> While you are grabbing something to eat, he suggests that you go with him to the MWR. He wants to show you a new billiard room he found that is usually free.	1m	2m	1m	2m
<b>RPS14</b> You aren't ready for the night to end. You agree to go with him to find a spot to hang out in the MWR.	1m	2m	1m	2m
<b>RPS15</b> James parks his car and you two start walking in the direction of the MWR. You notice as you are walking that it's feeling pretty dark and isolated.	1m	2m	1m	2m
<b>RPS16</b> You walk into the MWR and notice no one else is around. James takes you to the billiards room and starts racking up to play pool.	1m	2m	1m	2m
<b>RPS17</b> James says again, "I'm so attracted to you. You are so smart and beautiful. Would you ever be interested in a guy like me?"	1m	2m	1m	2m

<b>RPS18</b> He turns to you and begins kissing you on the lips and puts his tongue in your mouth.	1m	2m	1m	2m
<b>RPS19</b> Even though you push him away James kisses you again, this time more passionately, and reaches for your breast. He says, "I know that you have a secret crush on me. Otherwise you wouldn't have come here."	1m	2m	1m	2m
<b>RPS20</b> James begins to un-tuck your shirt and reach for your bra.	1m	2m	1m	2m
<b>RPS21</b> You try to block his hands, but he grabs both of your hands and holds them down.	1m	2m	1m	2m
<b>RPS22</b> He pushes you down on your back, continuing to kiss you passionately and somewhat forcefully.	1m	2m	1m	2m
<b>RPS23</b> As he continues to pin your arms down, he begins to unbutton your pants.	1m	2m	1m	2m
<b>RPS24</b> He yanks down your pants and panties. He unzips his jeans.	1m	2m	1m	2m
<b>RPS25</b> You try to push him off, but he has sexual intercourse with you.	1m	2m	1m	2m

## SHVICT

*SH Victimization (ISAPPP)*

*SH and SA Experiences*

**IT INFO:** THIS MATRIX SHOULD BE SPLIT ACROSS TWO SCREENS IN THE ACTUAL INSTRUMENT.

- SCREEN ONE: [SHVICT\_1] – [SHVICT\_4]
- SCREEN TWO: [SHVICT\_5] – [SHVICT\_8]

**IT INFO:** DISPLAY SOFT CHECK IN RED TEXT IF THE RESPONDENT ATTEMPTS TO ADVANCE SCREEN WITHOUT RESPONDING: "Please answer as best you can. If you prefer not to answer, please leave blank and advance to the next question."

This next set of questions asks about your experience. In the *past 6 months*, did someone...

	Yes	No
<b>SHVICT1</b> Tell sexual jokes that made you feel awkward, uncomfortable, angry, or upset?	1m	2m
<b>SHVICT2</b> Make sexual comments about your or someone's appearance or body that made you feel awkward, uncomfortable, angry, or upset?	1m	2m
<b>SHVICT3</b> View or share pornography in a way that made you feel awkward, uncomfortable, angry, or upset?	1m	2m
<b>SHVICT4</b> Share intimate pictures in a way that made you feel awkward, uncomfortable, angry, or upset?	1m	2m
<b>SHVICT5</b> Repeatedly flirt with you in a way that made you feel awkward, uncomfortable, angry, or upset?	1m	2m
<b>SHVICT7</b> Make attempts to establish an unwanted romantic or sexual relationship with you (e.g., repeatedly asking you out for coffee, asking you for sex or to 'hook-up', etc.)?	1m	2m
<b>SHVICT8</b> Intentionally brush up against you or touch you in a sexual way when you did not want them to? This could include brushing against your genitals, breasts, chest, buttocks, or brushing their genitals anywhere on your body.	1m	2m

---

## INFO\_PAGE\_2

The next section asks about **unwanted** sexual experiences you may have had in the past 6 months.

DEFINITION: **Unwanted** sexual experiences include situations where...

- Someone used their authority
- Someone used physical force
- Someone took advantage of you when you had too much to drink
- Someone deliberately administered alcohol or drugs to you
- You could not avoid someone or you were asleep
- *Or it happened in some other way*

*(If you did not read this entire list,  
please do so now.)*

---

## SAVICT

SA Victimization (ISAPPP)

SH and SA Experiences

**IT INFO:** IN THE SENTENCE BELOW, “unwanted sexual experiences” SHOULD DISPLAY THE FOLLOWING TEXT IN TOOL-TIP IF CLICKED ON:

Unwanted sexual experiences include situations where someone...

- Used their authority
- Used physical force
- Took advantage of you when you had too much to drink
- Deliberately administered alcohol or drugs
- Or, you were in a situation which you could not avoid or you were asleep
- *Or it happened in some other way*

In the *past 6 months*, have any of these **unwanted sexual experiences** happened to you?

	<b>Yes</b>	<b>No</b>
<b>SAVICT1</b> Someone fondled, kissed, or rubbed up against the private areas of your body (lips, breast/chest, crotch or butt) when you did not want them to.	1m	2m
<b>SAVICT2</b> Someone removed some of your clothes when you did not want them to.	1m	2m
<b>SAVICT3</b> Someone had oral sex with you or made you have oral sex with them when you did not want them to.	1m	2m
<b>SAVICT4</b> Someone <u>tried</u> to have oral sex with you or <u>tried</u> to make you have oral sex with them when you did not want them to.	1m	2m
<b>SAVICT5</b> Someone put their penis, fingers, or objects, into your butt or vagina when you did not want them to.	1m	2m
<b>SAVICT6</b> Someone <u>tried</u> to put their penis, fingers, or objects, into your butt or vagina when you did not want them to.	1m	2m

**EVALFB\_START**

**EVALFB**

**IT INFO:** Only asked if EAAA=2 AND EVAL=1.

**Thank you for your responses.**

**We have one additional question.**

**EVALFB1**

Please share why you chose not to express interest in participating in the training. [Select all that apply.]

- 1 m You were not sure what the training was about.
- 2 m You did not want to give up any weekend time.
- 3 m You thought the training might be uncomfortable/unpleasant.

- 4 m You did not want other sailors to see you participating in EAAA training.
- 5 m You worried other sailors might think you were trying to get out of duty assignments.
- 6 m You already feel prepared to handle your self-defense.
- 7 m You already feel confident in your ability to set boundaries.
- 8 m You were uncomfortable with this program being for women sailors only.
- 9 m You have already had self-defense training.
- 10 m Something else.

#### **EVALFB2**

IT\_INFO: **SHOW IF EVALFB1=10 IS SELECTED.**

Please use the space below to share other reasons you chose not to express interest in participating in the EAAA training itself. [Open-ended response]

---

#### **END\_PAGE\_Evaluation**

**Thank you for participating in the EAAA Evaluation Baseline Survey!**

**Click NEXT to receive your \$10 electronic gift code.**

**You will not be able to access your previous responses.**

---

#### **INC\_TYPE**

**Which type of electronic gift code would you like to receive? Once you receive your code, we will not be able to switch to a different type.**

- 1m NEX e-gift code (Navy Exchange)
- 2m Amazon
- 3m I do not want to receive a gift code.

---

#### **END\_PAGE\_CIW**

**Thank you! Please click Submit below to receive an email within the next 72 hours with instructions on how to retrieve your electronic gift code. Then, please return your tablet to a NORC staff person.**

## **Help\_Resource\_Screen**

**IT INFO: DISPLAY THIS SCREEN USING TOOL-TIP IF THE “Helpful Resources” BUTTON IN THE FOOTER IS CLICKED. IN THE SCREEN THAT POPS UP, THERE SHOULD BE A “Close” BUTTON AT BOTH THE TOP AND THE BOTTOM OF THE SCREEN.**



**Upon completion of the INDOC period at NATTC, all sailors will receive a Resource Kit designed for NATTC sailors.** This resource kit includes information on civil injunctions (a court order prohibiting contact from an abuser), the CATCH program, SAPR brochures on Pensacola resources, and how to support sexual assault victims. The national resources shared in that resource kit are shared below.

### **National Resources for Sailors**

#### ***Suicide or Self-Harm***

##### **Suicide Prevention Lifeline**

##### **TOLL-FREE: 988**

This crisis lifeline provides 24/7 confidential support (via text, call, or chat) and help if you are feeling mental health struggles, emotional distress, depression, substance abuse concerns, and/or thoughts about suicide. Judgement-free counselors are available to provide immediate support.

#### ***Domestic Violence***

##### **National Domestic Violence Hotline**

##### **TOLL-FREE: 1-800-799-7233 or TTY**

This hotline provides 24/7 support (via text, call, or chat) to talk confidentially if you are experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of your relationship.

##### **National Network to End Domestic Violence (NNEDV)-Safety Net Project**

##### **[techsafety.org](#)**

This website provides resources and information on the use of technology for agencies and survivors of domestic violence, sexual assault, stalking, and trafficking. These include survivor, agency, app safety center, confidentiality, and legal systems toolkits.

##### **National Network to End Domestic Violence (NNEDV)- WomensLaw.org**

##### **[womenslaw.org](#) or [womenslaw.org/es](#) (Español)**

##### **[Email Hotline: hotline.womenslaw.org/public](#)**

This website provides information relevant to anyone with questions about domestic violence, sexual violence, and other relevant topics. The email hotline site will provide legal information to anyone, not just women, who reaches out with legal questions or concerns regarding these topics.

**Love is Respect, National Dating Abuse Helpline**  
**TOLL-FREE: 1-866-331-9474**

**TEXT: 'LOVEIS' to 22522**

### ***Sexual Assault***

**National Sexual Assault Hotline**  
**TOLL-FREE: 1-800-656-HOPE (4673)**  
[\*\*hotline.rainn.org/online\*\*](http://hotline.rainn.org/online)  
(Español) [\*\*hotline.rainn.org/es\*\*](http://hotline.rainn.org/es)

- This hotline connects you to a trained staff member from a sexual assault service provider in your area. The staff member can provide confidential support in finding local resources, such as referrals for long-term support and information about the laws in your community. You can also access 24/7 help online by visiting [\*\*https://hotline.rainn.org/online\*\*](https://hotline.rainn.org/online).
- The Rape, Abuse, Incest National Network (RAINN) is a partnership of more than 1,100 local rape treatment hotlines that maintains an online referral resource directing you to local rape crisis centers nationwide.

### ***Mental Health Services***

**SAMHSA's National Helpline**  
**(Substance Abuse and Mental Health Services Administration)**  
**TOLL-FREE 1-800-662-HELP (4357)**

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

**NAMI (National Alliance on Mental Illness)**  
**HelpLine 1-800-950-NAMI (6264)**

The NAMI HelpLine is a free, nationwide peer-support service providing information, resource referrals, and support to people living with a mental health condition, their family members and caregivers, mental health providers, and the public. HelpLine staff and volunteers are experienced, well-trained, and able to provide guidance. To contact the NAMI HelpLine, call 800-950-NAMI (6264), Monday through Friday, 10 AM–8 PM ET, or email [\*\*info@nami.org\*\*](mailto:info@nami.org).

### ***Victim Services***

**National Center for Victims of Crime**  
**TOLL-FREE: 1-855-4-VICTIM (1-855-484-2846)**  
[\*\*victimconnect.org\*\*](http://victimconnect.org)

- This website has information to help victims of crimes learn about their rights and options confidentially. It provides a phone-based helpline, an online chat tool, and web-based information and service referrals.

- This hotline provides support and directs you to a state referral service for legal assistance or mental health care providers. They can also refer you to a local service provider who can provide more specific referrals. This number can be reached Monday-Friday from 12 PM-5 PM ET.

**Stalking Prevention and Awareness Resource Center (SPARC)**

[stalkingawareness.org](http://stalkingawareness.org)

SPARC provides nationwide training, technical assistance, and resources to allied professionals, including victim service providers, law enforcement, prosecutors, court personnel, judges, corrections, treatment providers, mental health professionals, campus student conduct offices, campus police/security, Title IX offices, and others.

**National Human Trafficking Hotline**

**TOLL-FREE: 1-888-373-7888**

**Text “BeFree” (233733)**

[polarisproject.org](http://polarisproject.org)

This national hotline provides 24/7 support to answer calls, texts, and live chats from anywhere in the United States in more than 200 languages. The National Hotline's mission is to connect human trafficking victims and survivors to critical support and services to get help and stay safe and to equip the anti-trafficking community with the tools to combat all forms of human trafficking effectively.

***Digital or Media Victims Services***

**Nonconsensual Pornography Hotline**

**TOLL-FREE: 1-844-878-CCRI (2274) Cyber Civil Rights Initiative Helpline**

This hotline provides 24/7 support to victims of nonconsensual pornography (“NCP”, also known as “revenge porn”), recorded sexual assault (RSA), or sextortion. They can provide information, support, referrals, and non-legal advice.

## FAQ SCREEN

**IT INFO: DISPLAY THIS SCREEN USING TOOL-TIP IF THE “FAQs” BUTTON IN THE FOOTER IS CLICKED. IN THE SCREEN THAT POPS UP, THERE SHOULD BE A “Close” BUTTON AT BOTH THE TOP AND THE BOTTOM OF THE SCREEN.**



### Who is NORC at the University of Chicago?

NORC is a not-for-profit research organization that is working with the Naval Air Technical Training Center (NATTC) and the DoD Sexual Assault Prevention and Response Office (SAPRO) to evaluate the Enhanced Assess, Acknowledge, Act (EAAA) resistance training currently being offered at NATTC. For more information, visit [www.norc.org](http://www.norc.org).

### How do I know this survey is confidential?

Your survey responses are completely confidential, and your answers will not be shared with anyone beyond the NORC evaluation team. The baseline and follow-up surveys will ask you a majority of the same questions. All survey responses will be stored separately from your name, email, and cell phone number. Survey responses from each sailor will be linked across time to help evaluate the EAAA training by assigning each sailor a unique ID number upon completion of this first baseline survey. This unique ID number will link your survey responses across time, *while maintaining confidentiality*. NORC will *only* use your contact information to deliver electronic gift codes and other evaluation-related communication. Your name, email, and cell phone number that you provide in this survey will not be stored with your survey responses. If you have the opportunity to complete the EAAA training, your name and cell phone number will be shared with the EAAA implementation team; otherwise, your name, email, and cell phone number will not be shared with anyone outside of the NORC evaluation team.

### How long will this survey take to complete?

The survey will take about 15-20 minutes to complete.

### Why should I participate?

The benefits to your participation may include better prevention programming and less sexual harassment and sexual assault at NATTC and Navy overall. Benefits may accrue to NATTC staff, who can use the evaluation results to improve prevention programming efforts to support a safer environment for sailors and staff on base.

### Any immediate benefit to me?

If you choose to participate in the survey today, NORC will email you a \$10 electronic gift code redeemable of your choosing (Amazon or the Navy Exchange (NEX)) upon completion. If you

also complete the follow-up survey in six months, NORC will email you an additional \$20 electronic gift code.

**Do I have to take this survey?**

No, you do not have to take the survey. It is voluntary, but we would very much appreciate your participation. Additionally, if you are interested in participating in the EAAA training, you will need to complete the survey to express interest in being randomized into the training.

**What is this survey about?**

The survey includes some questions about you and how you think about sexual harassment and assault.

### **Technical Assistance**

**IT INFO: DISPLAY THIS SCREEN USING TOOL-TIP IF THE “Tech Support” BUTTON IN THE FOOTER IS CLICKED. IN THE SCREEN THAT POPS UP, THERE SHOULD BE A “Close” BUTTON AT BOTH THE TOP AND THE BOTTOM OF THE SCREEN.**



If you receive any errors while attempting to complete the survey, please raise your hand, and a NORC staff member will approach you to assist in troubleshooting or provide a new tablet.

If you have finished the survey or do not wish to complete the survey, please pass the tablet back to a NORC staff member or the sailor next in line to participate.