

# SAMPLE ADULT QUESTIONNAIRE

Administered to one randomly selected adult in each household

	2019	2020	2021	2022	2023	2024	2025	2026	2027				
<b>ANNUAL CORE</b>	<b>Chronic Conditions:</b> Hypertension, High cholesterol, Cardiovascular conditions, Asthma, Cancer, Diabetes, Other chronic conditions, Height and weight <b>Functioning and Disability:</b> Vision, Hearing, Mobility, Communication, Cognition, Self-care and upper-body limitations, Anxiety, Depression, Social functioning <b>Health Insurance:</b> Coverage status, Sources of coverage, Characteristics of coverage, Continuity of coverage, Reasons for no health insurance <b>Health Care Access and Use:</b> Primary and urgent care, Financial barriers to care, Prescription medication, Flu and pneumonia immunization, Mental health care, Telehealth <b>Health-related Behaviors:</b> Cigarettes and E-cigarettes <b>Demographics:</b> Race and Hispanic origin, Marital status, Sexual orientation, Veterans status, Nativity, Schooling, Employment, Family income, Food-related program participation, Housing, Telephone use												
<b>ROTATING CORE</b>	<b>Service Utilization:</b> Dental care, Vision care, Therapy (physical, speech, rehabilitative, occupational), Home health care		<b>Allergies and Other Conditions</b>	<b>Service Utilization:</b> Dental care, Vision care, Therapy (physical, speech, rehabilitative, occupational), Home health care		<b>Allergies and Other Conditions</b>	<b>Service Utilization:</b> Dental care, Vision care, Therapy (physical, speech, rehabilitative, occupational), Home health care		<b>Allergies and Other Conditions</b>				
			<b>Psychological Distress</b>			<b>Psychological Distress</b>			<b>Psychological Distress</b>				
	<b>Mental Health Assessment<sup>1</sup></b>	<b>Industry and Occupation</b>		<b>Mental Health Assessment<sup>1</sup></b>	<b>Industry and Occupation</b>		<b>Mental Health Assessment<sup>1</sup></b>	<b>Industry and Occupation</b>					
		<b>Injuries</b>			<b>Injuries</b>			<b>Injuries</b>					
	<b>Chronic Pain:</b> Severity and impact, Locations	<b>Health-related Behaviors:</b> Physical activity, Walking, Sleep, Fatigue, Smoking history and cessation, Alcohol use	<b>Chronic Pain:</b> Severity and impact, Locations	<b>Health-related Behaviors:</b> Physical activity, Walking, Sleep, Fatigue, Smoking history and cessation, Alcohol use	<b>Chronic Pain:</b> Severity and impact, Locations	<b>Health-related Behaviors:</b> Physical activity, Walking, Sleep, Fatigue, Smoking history and cessation, Alcohol use	<b>Chronic Pain:</b> Severity and impact, Locations	<b>Health-related Behaviors:</b> Physical activity, Walking, Sleep, Fatigue, Smoking history and cessation, Alcohol use	<b>Chronic Pain:</b> Severity and impact, Locations				
	<b>Preventive Services:</b> Screening tests, Aspirin use		<b>Preventive Services:</b> Screening tests, Aspirin use		<b>Preventive Services:</b> Screening tests, Aspirin use		<b>Preventive Services:</b> Screening tests, Aspirin use		<b>Preventive Services:</b> Screening tests, Aspirin use				
<b>SPONSORED CONTENT</b>	<b>Sustaining sponsors*</b> add content every year. Annual sponsored content includes cancer control and prevention (NCI and NCCDPHP), immunizations (NCIRD), noncigarette tobacco product use (FDA), disorders of sensory systems and communication (NIDCD), and insulin use (NIDDK and NCCDPHP).												
	<b>Other sponsors*</b> add content for selected years. Sponsorships include expanded content on arthritis in 2019 and 2023 (NCCDPHP and NIAMS), asthma in 2020 (NCEH, NIOSH, and NHLBI), diabetes in 2019–2025 (NCCDPHP), insulin affordability in 2021 (NCCDPHP and NIDDK), prescription opioid use and pain management in 2020 and 2025 (NCIPC), age of onset of disability in 2020–2025 (ACL), chronic fatigue syndrome in 2021–2024 (NCEZID), epilepsy in 2021–2023 and 2025 (NCCDPHP), Crohn's disease and ulcerative colitis in 2023–2024 (NCCDPHP), psoriasis in 2023–2024 (NCCDPHP), Long COVID in 2023–2025 (NCEZID and NCIRD), occupational health in 2021 and 2023 (NIOSH), life satisfaction in 2021–2025 (NCCDPHP and NIH/ODP), complementary and integrative health in 2022 (NCCIH), vision in 2023 (NEI), concussions in 2023–2025 (NCIPC), food security in 2019–2024 (USDA), social support and loneliness in 2024–2025 (NCCDPHP), social connectivity and isolation in 2025 (NCCDPHP), caregiving in 2025 (NCCDPHP), attention deficit/hyperactivity disorder in 2025 (NCBDDD), injectable diabetes medication (other than insulin) in 2025 (NCCDPHP), menopausal health in 2025 (NIH/ORWH), and whole person health in 2025 (NCCIH).												
<b>EMERGING TOPICS</b>	<b>New topics of growing interest may be added by the National Center for Health Statistics, generally for 1–2 years.</b> Emerging topics include prescription opioid use and pain management in 2019, COVID-related content in 2020 (July)–2022, healthcare access barriers in 2022, transportation barriers in 2022–2024, brief mental health assessments in 2023, everyday discrimination and heightened vigilance in 2023, difficulty paying housing-related bills in 2023–2024, language spoken at home in 2024–2025, injectable diabetes medication (other than insulin) in 2024, and parenting social support in 2025. Questions on civic engagement, volunteer activities, and health information technology use have been included since July 2022 partly to support weighting and calibration for the NCHS Rapid Surveys System.												

\* As of July 2025, sponsors include the **Centers for Disease Control and Prevention**—National Center on Birth Defects and Developmental Disabilities (NCBDDD), National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP), National Center for Emerging and Zoonotic Infectious Diseases (NCEZID), National Center for Environmental Health (NCEH), National Center for Immunization and Respiratory Diseases (NCIRD), National Center for Injury Prevention and Control (NCIPC), and National Institute for Occupational Safety and Health (NIOSH); the **National Institutes of Health**—National Center for Complementary and Integrative Health (NCCIH), National Cancer Institute (NCI), National Eye Institute (NEI), National Heart, Lung, and Blood Institute (NHLBI), National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS), National Institute on Deafness and Other Communication Disorders (NIDCD), National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), Office of Disease Prevention (NIH/ODP), and Office of Research on Women's Health (NIH/ORWH); **Administration for Community Living** (ACL); **U.S. Food and Drug Administration** (FDA); and **U.S. Department of Agriculture** (USDA).

<sup>1</sup>Questions come from the Patient Health Questionnaire and the Generalized Anxiety Disorder scale.



U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION

To view full-length questionnaires, visit [www.cdc.gov/nchs/nhis/documentation/](http://www.cdc.gov/nchs/nhis/documentation/).  
 For more information on the National Health Interview Survey, visit [www.cdc.gov/nchs/nhis/](http://www.cdc.gov/nchs/nhis/).

