

## 2025 and 2027 National Youth Risk Behavior Survey

### Appendix E

#### Rationale for Survey Questions

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Healthy People 2030 sets data-driven national objectives to improve health and well-being over the next decade. The Youth Risk Behavior Survey (Att L1), which targets high school students as respondents, is a data source for the following Healthy People 2030 objectives:

| Objective# | Objective Description                                                                               |
|------------|-----------------------------------------------------------------------------------------------------|
| C-10       | Reduce the proportion of student in grades 9 through 12 who report sunburn                          |
| ECBP-01    | Increase the proportion of adolescents who participate in daily school physical activity            |
| IVP-11     | Reduce physical fighting among adolescents                                                          |
| IVP-12     | Reduce gun carrying among adolescents                                                               |
| IVP-17     | Reduce adolescent sexual violence by anyone                                                         |
| IVP-18     | Reduce sexual or physical adolescent dating violence                                                |
| LGBT-05    | Reduce bullying of lesbian, gay, or bisexual high school students                                   |
| LGBT-06    | Reduce suicidal thoughts in lesbian, gay, or bisexual high school students                          |
| LGBT-07    | Reduce the proportion of lesbian, gay, or bisexual high school students who have used illicit drugs |
| MHMD-02    | Reduce suicide attempts by adolescents                                                              |
| PA-06      | Increase the proportion of adolescents who do enough aerobic physical activity                      |
| PA-07      | Increase the proportion of adolescents who do enough muscle-strengthening activity                  |
| PA-08      | Increase the proportion of adolescents who do enough aerobic and muscle-strengthening activity      |
| SH-04      | Increase the proportion of high school students who get enough sleep                                |

(U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion, Healthy People 2030, <https://health.gov/healthypeople/objectives-and-data/data-sources-and-methods/data-sources/youth-risk-behavior-surveillance-system-yrbss>)