NIH OITE Training Experience Feedback Survey

OMB Number: 0925-0299

Expiration Date: 31 March 2027

Burden Time: 20 minutes

Section A. Training Context

1. Institute-Center (IC)

☐ CC	☐ CIT	☐ CSR	☐ FIC	☐ NCATS
☐ NCCIH	☐ NCI-CCR	☐ NCI-DCEG	☐ NEI	☐ NHGRI
☐ NHLBI	☐ NIA	☐ NIAAA	☐ NIAID	☐ NIAMS
☐ NIBIB	☐ NICHD	☐ NIDA	☐ NIDCD	☐ NIDCR
☐ NIDDK	☐ NIEHS	☐ NIGMS	☐ NIMH	☐ NIMHD
☐ NINDS	☐ NINR	☐ NLM	☐ OD	

2. NIH Campus
   - ☐ Bethesda, Maryland (main campus)
   - ☐ Baltimore, Maryland
   - ☐ Frederick, Maryland
   - ☐ Gaithersburg, Maryland
   - ☐ Poolesville, Maryland
   - ☐ Rockville, Maryland
   - ☐ Framingham, Massachusetts
   - ☐ Research Triangle Park, North Carolina
   - ☐ Hamilton, Montana
   - ☐ Phoenix, Arizona
   - ☐ other

3. Which NIH programs did you participate during your time at NIH? (select all that apply)
   ☐ Undergraduate Scholarship Program (UGSP)
   ☐ Summer Internship Program (SIP)
   ☐ Academic Internship Program (AIP)
   ☐ Postbaccalaureate Program (PBP)
   ☐ Graduate Partnerships Program (GPP)
   ☐ Medical Research Scholar Program
   ☐ Postdoctoral Program
   ☐ Research Fellow
   ☐ Clinical Fellow
   ☐ Other, specify_____

4. Time at NIH as a trainee:
   ☐ < 3 months ☐ 3–6 months ☐ 6–9 months ☐ 9-12 months

   ☐ 12-15 months ☐ 15-18 months ☐ 18-21 months ☐ 21-24 months
   ☐ 24-27 months ☐ 27-30 months ☐ 30-33 months ☐ 33-36 months
   ☐ 36-39 months ☐ 39-42 months ☐ 42-45 months ☐ 45-48 months
   ☐ 48-51 months ☐ 51-54 months ☐ 54-57 months ☐ 57-60 months
   ☐ other, specify_____

5. Overall, how would you rate your training experience?
   ☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor

6. Overall, how would you rate the quality of your research training at NIH?
   ☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor

7. How likely are you to consider returning to the NIH for another research opportunity?
   ☐ Very likely ☐ Likely ☐ Neutral ☐ Unlikely ☐ Very Unlikely

8. How likely are you to recommend this program to a friend/peer?
   ☐ Very likely ☐ Likely ☐ Neutral ☐ Unlikely ☐ Very unlikely

Section B. Supervision & Mentorship
Mentoring Quality from Principal Investigator

9. My Principal Investigator supports my learning and progress.
   ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

10. My Principal Investigator communicates expectations clearly.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

11. My Principal Investigator provides timely and constructive feedback.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

12. I feel comfortable asking questions or raising concerns with my Principal Investigator.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

13. My wellbeing and work-life needs are respected by my Principal Investigator.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

14. If your daily mentor is not the Principal Investigator, who is your daily mentor?
    ☐ Staff Scientist ☐ Staff Clinician ☐ Postdoctoral Fellow ☐ Research Fellow ☐ Clinical Fellow ☐ Laboratory Manager ☐ Medical Student ☐ Dental Student ☐ PhD Graduate Student ☐ MS Graduate Student ☐ Other (specify):_____

Mentoring Quality from Other Than Principal Investigator

15. My daily mentor supports my learning and progress.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

16. My daily mentor communicates expectations clearly.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

17. My daily mentor provides timely and constructive feedback.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

18. I feel comfortable asking questions or raising concerns with my daily mentor.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

19. My wellbeing and work-life needs are respected by my daily mentor.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

20. Do you, your daily mentor, and Principal Investigator meet periodically to discuss your research progress, education, career development, etc?

☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

21. Do you have additional mentors (beyond your daily mentor and Principal Investigator)? (Select all that apply)

☐ No additional mentors
☐ Another Principal Investigator
☐ Staff Scientist
☐ Staff Clinician
☐ Postdoctoral Fellow
☐ Research Fellow
☐ Clinical Fellow
☐ Laboratory Manager
☐ Medical Student
☐ Dental Student
☐ PhD Graduate Student
☐ MS Graduate Student
☐ Postbaccalaureate Trainee
☐ Other (specify): _____

Section C. Research Group Environment & Workload

22. My research group environment is respectful and collegial.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

23. I feel included and able to contribute during meetings.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

24. I have the resources (space/equipment/computing) needed to work effectively.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

25. NIH safety procedures are followed in my work setting.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

26. My workload is appropriate for my skill level.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

27. I have flexibility to manage personal needs alongside work responsibilities.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

28. Average hours worked per week:
☐ <30 ☐ 30-32 ☐ 32-34 ☐ 34-36 ☐ 36-38 ☐ 38-40 ☐ 40 ☐ 40-42 ☐ 42-44
☐ 44-46 ☐ 46-48 ☐ 48-50 ☐ 50-52 ☐ 52-54 ☐ 54-56 ☐ 56-58 ☐ 58-60 ☐ >60

29. How often do you work weekends (Saturday, Sunday, or both)?
☐ Never ☐ Once a month ☐ Two times a month
☐ Three times a month ☐ Four times a month

30. How often do you work federal holidays?
☐ Never ☐ Rarely ☐ Sometimes ☐Often ☐ Always

Interpersonal Difficulties (Skip Logic)

31. Have you experienced interpersonal difficulties in your research group?
☐ None ☐ A little ☐ Moderate ☐ A lot ☐ A great deal

32. If ‘moderate’, ‘a lot’, or ‘a great deal’, who was involved? (Select all that apply)
☐ Another Principal Investigator ☐ Staff Scientist
☐ Staff Clinician ☐ Postdoctoral Fellow
☐ Research Fellow ☐ Clinical Fellow
☐ Laboratory Manager ☐ Medical Student
☐ Dental Student ☐ PhD Graduate Student
☐ MS Graduate Student ☐ Postbaccalaureate Trainee

☐ Summer Intern ☐ Academic Intern
☐ Administrative Officer (AO) ☐ Other (specify): _____

33. Did you seek help?
☐ Yes ☐ No ☐ I didn't know where to go

34. If yes, where did you seek help? (Select all that apply)
☐ Institute-Center Training Office
☐ OITE staff
☐ Ombudsman
☐ Employee Assistance Program
☐ Your Principal Investigator
☐ Your Daily Mentor
☐ Member of the Research Group, other than Daily Mentor
☐ Another Principal Investigator
☐ Other, specify:_____

Section D. Skills, Research Outputs, and Career Development

35. I have gained meaningful research skills/techniques during this experience.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

36. I understand the goals and significance of my project.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

37. I have had opportunities to attend a scientific conference(s).
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

38. I have presented my research at a scientific conference(s).
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

39. I have opportunities to present or discuss my work (lab meetings, posters, talks, retreat).
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

40. Did you present or plan to present a poster/talk?
    ☐ Yes ☐ No

41. If 'yes', where did you present a poster/talk? (Select all that apply)
    ☐ Summer Poster Day
    ☐ Postbaccalaureate Poster Day
    ☐ Postbaccalaureate Seminar Series (hosted by OITE)
    ☐ NIH Graduate Student Research Symposium
    ☐ Institute-Center Retreat
    ☐ Institute-Center Seminar
    ☐ NIH Special Interest Groups
    ☐ Meetings/Conferences Outside NIH
    ☐ Other:_____

42. I am encouraged to explore career development opportunities (workshops, advising).
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

43. I have adequate time/support for school/job applications or interviews (if applicable).
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

44. Do you expect to be an author on a manuscript from this work?
    ☐ Yes ☐ No ☐ Not sure

45. Will someone in your research group write you a letter of recommendation if needed?
☐ Yes ☐ No ☐ Haven’t needed one yet

Section E. OITE and IC Training Office Support

46. How often do you engage with OITE resources?
    ☐ Often ☐ Sometimes ☐ Rarely ☐ Never

47. Which OITE resources did you use during your training? (Select all that apply)
    ☐ Orientation
    ☐ Career services
    ☐ Educational advising
    ☐ Workshops / programming
    ☐ Well-Being activities
    ☐ Listserv / emails
    ☐ Website
    ☐ FINDER – Fellows' Individual Development & Exploration Resource
    ☐ None
    ☐ Other: _____

48. How do you learn about OITE events and resource? (Select all that apply)
    ☐ OITE ListServ / Email
    ☐ OITE Website
    ☐ Principal Investigator (PI)
    ☐ Daily Mentor
    ☐ Institute-Center Distribution List
    ☐ Peers
    ☐ Fellows

49. OITE resources were easy to find and access.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

50. OITE offerings supported my professional development.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

51. Did you interact with your IC Training Office or IC Training Director?
    ☐ Yes ☐ No

52. My IC Training Office or IC Training Director was helpful when I needed support or guidance.
    ☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree ☐ N/A

Section F. Overall Impact & Future Plans

53. Overall, how helpful was this program for your career path?
☐ A great deal ☐ A lot ☐ Moderate ☐ A little ☐ Not at all

54. Did you have clear goals or aspirations for your education, research, or career path when you arrived at the NIH?
☐ Yes, very clear
☐ Yes, somewhat clear
☐ Neither clear nor unclear
☐ No, not very clear
☐ No, not at all clear
☐ Prefer not to answer

55. Did your goals or aspirations for your education, research, or career path become clearer by the time your NIH training ended?
☐ Yes, very clear
☐ Yes, somewhat clear
☐ Neither clear nor unclear
☐ No, not very clear
☐ No, not at all clear
☐ Prefer not to answer

56. What are your immediate plans upon leaving the NIH?
☐ Entering the workforce
☐ Pursuing further education or another degree or fellowship
☐ Not entering the workforce or other

57. EMPLOYMENT: Which of the following best describes your future employer (institution / company / organization)?
☐ Academic Institution
☐ Government Agency
☐ Industry or for-profit company
☐ Non-profit organization
☐ Private medical practice
☐ Independent/Self-employed
☐ Other
☐ Not entering the workforce or other

58. EDUCATION: What is your most likely next step? (select all that apply)
☐ Not sure ☐ AUD

☐ BA/BS
☐ MPH
☐ RN or other nursing degree
☐ PhD
☐ DO
☐ DDS
☐ DVM
☐ JD
☐ Not sure
☐ DPH
☐ NP
☐ MS
☐ MD
☐ PharmD
☐ DMD
☐ MBA
☐ Other, specify_____
☐ Prefer not to answer

59. If ‘Applying for a Job / Entering the Workforce’, which of the following best describes the type of work you will be performing?
☐ Academic Institution
☐ Government Agency
☐ Industry or for-profit company
☐ Non-profit organization
☐ Private medical practice
☐ Independent/Self-employed
☐ Other

Section G. Demographics (Optional)

60. What academic degrees have you been awarded? (select all that apply)
    - ☐ High school graduate (diploma, GED, or equivalent)
    - ☐ Some college but no degree
    - ☐ Associate (2-year)
    - ☐ Bachelor (BA or BS, 4-year)
    - ☐ Master (MA, MS, MEd)
    - ☐ Dental (DDS)
    - ☐ Medical (MD)
    - ☐ Veterinary (DVM)
    - ☐ Graduate (PhD)
    - ☐ Other, Specify_____

61. Age:
    ☐ 17 ☐ 18 ☐ 19 ☐ 20 ☐ 21-22 ☐ 23-24 ☐ 25-26 ☐ 27-28 ☐ 29-30
    ☐ 31-32 ☐ 33-34 ☐ 35-36 ☐ 37-38 ☐ 39-40 ☐ 41-42 ☐ 43-44 ☐ 45-46 ☐ 47-48
    ☐ 49-50 ☐ >50 ☐ Prefer not to answer

62. Before the age of 18 years, was your family enrolled in or receiving benefits from any assistance programs (such as SNAP, Medicaid, WIC, housing assistance, or free/reduced school meals)?
    ☐ Yes ☐ No ☐ Prefer not to answer

63. What is your sex?
    ☐ Female ☐ Male

64. What is your marital status?
    - ☐ Single
    - ☐ Partnered
    - ☐ Married
    - ☐ Widowed
    - ☐ Separated
    - ☐ Divorced
    - ☐ Prefer not to answer

65. Which category best describes you? (Check all that apply)
    ☐ American Indian or Alaska Native - *Example: Navajo Nation, Blackfeet Tribe of the Blackfeet Indian Reservation of Montana, Native Village of Barrow Inupiat Traditional Government, Nome Eskimo Community, Aztec, Maya, etc.*

☐ Asian - *Example: Chinese, Asian Indian, Filipino, Vietnamese, Korean, Japanese, etc.*

☐ Black or African American - *Example: African American, Jamaican, Haitian, Nigerian, Ethiopian, Somali, etc.*

☐ Hispanic or Latino - *Example: Mexican, Puerto Rican, Salvadoran, Cuban, Dominican, Guatemalan, etc.*

☐ Middle Eastern or North African - *Example: Lebanese, Iranian, Egyptian, Syrian, Iraqi, Israeli, etc.*

☐ Native Hawaiian or Pacific Islander - *Example: Native Hawaiian, Samoan, Chamorro, Tongan, Fijian, Marshallese, etc.*

☐ White - *Example: English, German, Irish, Italian, Polish, Scottish, etc.*

Section H. Final Comments (High-Value Open Text)

66. What is one thing that worked especially well in your experience?

67. If you could change ONE thing to improve the program, what would it be?

68. Any additional comments (optional):

SUBMIT