Attachment Q: The Obesity and Diabetes Risk Assessment: Semi-Structured Interviews (adult)

Paperwork Reduction Act Burden Statement
This collection of information is voluntary and will be used to evaluate the US Department of Housing and Urban Development's Community Choice Demonstration. Public reporting burden for this collection of information is estimated to average 90 hours per response, including the time for reviewing instructions, gathering, and maintaining the data needed, and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The OMB number for this collection is OMB 2528-0337 which expires on XX/XX/XXXX. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to NAME at XXXX@XXXXX.XXX or call XXX-XXX-XXXX.

Privacy Act Statement
Authority: Section 502 of the Housing and Urban Development Act of 1970 (Public Law 91-609) (12 U.S.C. §§ 1701z-1; 1701z-2(d) and (g)).
Purpose: This information is being collected to evaluate changes in the housing quality and health and well-being of families who enrolled in the Community Choice Demonstration (CCD). Data collection will occur between January 2024 and June 2027.
Routine Use: Please refer to System of Record Notice.
Disclosure: Your participation in this information collection is voluntary and you can choose not to answer any question that is asked. Your responses will not affect your current or future receipt of housing assistance or other benefits. Some study activities are being funded by the National Institute of Diabetes and Digestive and Kidney Diseases.
SORN ID: Housing Choice Voucher (HCV) Mobility Demonstration Evaluation Data Files, PD&R/RRE 09

The purpose of this interview is to understand how your home and neighborhood affects your health and the health of your family.

I'm going to start with some very quick questions to help me map out our conversation. After these initial questions, I promise the questions will become more like a regular conversation and I will come back to these things.

1. About how long have you lived in this specific home?
2. About how long have you lived in this neighborhood?
3. Did you move with the Community Choice Demonstration?
4. About how long have you been in the housing choice voucher program?
5. Please tell me about the number of people who live with you. How many children live here with you? What are their ages and what grade are they in? [***Note*** *that any names mentioned will be removed/redacted*.]
6. Have you changed jobs because of moving to this home? Similarly, has your child changed schools?

1. Could you tell me about the place you live now? Tell me the whole story of how you came to live here.

Probes:

- What were the main reasons you ended up living here? How important was it to move to this neighborhood for you?
- What key things influenced your decision on why you came here? In what ways, if any, did your health or your family's health influence your decision?
- What helped your move happen [e.g., family/friends, mobility counselors, etc.]? How did they facilitate?
- Did you work with a housing mobility counselor? Mobility counselors work at the housing authority and help families find and move to new homes.
    - [**Note:** If response is yes] how was your experience working with mobility counselors?
    - [**Note:** If response is no] how do you think working with a mobility counselor may have affected your family's ability to move?
- What things made it hard to move here? How did you deal with those challenges?
- Were there other places you thought about living but didn't work out for one reason or another? Tell me about that.
- How is this home different from where you lived before?

2. Tell me about your current neighborhood. How would you describe it to someone who had never been here?

Probes:

- What do you like best about living here?
- What do you like the least?
- How is this neighborhood different from where you lived before?

- [For people who have been in the neighborhood for >1 year], have you seen things change in your neighborhood since you moved in? In what ways? People, buildings, construction, stores and businesses?

3. Tell me about what parts of your current home/apartment work well for your family and children?

[Note: This is an important question. If possible, have the respondent actually show you the features of the unit that they feel work well or not well for the family.]

Probes:
- Where do people sleep, eat, and spend time?
- Are there things about your home that make you and your family feel healthy?
- What makes you and your family happy about living in this home?
- What about for your children?

4. Are there things about your current home that aren't working well for your family?

Probes:
- Cost?
- Size? Number of bedrooms?
- Heat and AC?
- Carpets? Mold?
- Noise?
- Traffic outside?
- Neighbors?
- Do you have problems with pests?
- Are you and your family able to sleep well in your home? Noise? Sharing rooms?
- Are there things that feel unhealthy about your home? Anything that we haven't talked about that stress you out or makes you feel sad?
- Are there things about your home that make it hard for you to be the parent you want to be?

5. And what about the neighborhood? What is working well for you and your family?

[Note: This is an important question. If possible, have the respondent actually talk through parts of the block/neighborhood that they feel work well or not well for the family— you can use a map here if appropriate]

Probes:
- How long does it take kids to get to school?
- Do your kids have friends in the neighborhood?
- Transportation easily accessible?
- Close to work?
- Supermarkets? Minimarkets?
- Restaurants, take out?
- Parks? Places to walk around? Other amenities nearby (e.g., recreation centers, playgrounds, gyms)?
- Is your doctor nearby? Your kids doctor? Is it hard to get to them?

- What makes you and your family feel healthy in your neighborhood?
- How do you feel about letting your kids explore the neighborhood on their own? Are there places you would or wouldn't let them play outside?
- How does living here affect the way you spend time with your kids? How does it affect the way you parent?

6. Are there things in your current neighborhood that aren't working well for your family?

Probes:

- Are there things in your neighborhood that make you feel unsafe? What are these things?
- How comfortable are you with your kids going outside unsupervised? Why?
- How is the air?
- Describe some things in the neighborhood that you wish were not there? For example, certain stores or businesses?
- Tell me about some things about your neighborhood that you wish were there?
- Are there things that feel unhealthy about your neighborhood?
- Are there things in this neighborhood that stress you out or make you feel sad? What are they?
- Are there things about your neighborhood that make it hard for you to be the parent that you want to be?

7. Sometimes where we live really affects how we feel on a daily basis. Does living here affect your mood? Does it ever get you down? Are there things about living around here that cheer you up?

Probes:

- **Are** there aspects of the place you are living right now that make you feel down or stressed? Traffic, noise, safety, amenities, home problems, etc.
- For movers: tell us about changes in your daily routines that came about because of the move. For example, commuting, kids school commute, family time. What was good about that? What was not so good?
- If you had to do it over again, would you have chosen this unit? What about this neighborhood? Tell me what you wish you had known about this house or neighborhood before you moved?

Thank you so much for sharing what you have so far. We are about halfway/more than halfway done! We'll continue with a some more questions about your home and neighborhood and will also ask you about your child's school/children's schools. We'll then end the interview with some questions about your experience participating in the interview.

8. Who do you spend time with outside your home?

Probes:

- How has your social life changed now that you have moved to this new home?
- Are you still in touch with friends and family the same way?
- Have you developed new friendships after moving to this area?
    - if yes, tell me about how you have developed these friendships? Are these new friends similar to you or different? In what ways?

    - if no new friendships, why? [**Note**: see if issues related to not feeling comfortable come up, and if not, can probe on these]
- [If neighbors aren't specifically discussed in the above] How are your interactions with your neighbors? How is this different from your prior neighborhood?

Tell me about CHILD's school. How did you decide to send CHILD to this school? What's that like for them?

Probes:

- For movers: Did CHILD change schools? Is this a zone or neighborhood school? Did you have help from the mobility staff?
- What's the school like day to day? Is it peaceful? Is there a lot of fighting or bullying? How are the teachers and staff? How would you describe the type of education/learning that your child/children are getting?
- [If child/children have changed schools]
    - How has CHILD dealt with changing schools? How did she/he feel switching to this school?
    - What was the best part of changing to this school? What was the worst?
- [if family moved but decided to keep child in their old school instead of switching]
    - So you said that you decided to keep your child in their old school instead of the one out here. What made you decide to do that?
- What are their friends from school generally like?
- How do they end up spending time together?
- Where do your kids spend time on weekends and after school?
- Are your kids involved in any sports teams? What about school clubs?
- Some people we've talked to have had problems with their kids in school. What about with you?

9. I'd like to change topics and talk a bit about how you eat in your neighborhood. First, where do you go shopping for food and what's it like to shop there?

Probes:

- How often do you shop for groceries there/at these places? What's the quality of the food at the store? Cost?
- How do you get there and how long does it usually take to get there?
- Do you use SNAP (food stamps), how is your experience using SNAP at this place/these places?
- What about eating out? Takeout/delivery? Tell me about what the options are in your neighborhood and what you like to eat.
- What do your children say about the food at their school or childcare?
- What makes it easy—or heard—to eat healthy here?
- How are these things different from your prior neighborhood?

10. Let's turn now to talk about activities you and your family like to do. Tell me about what it's like for people to walk around your neighborhood?

Probes:

- What makes it nice to walk around your neighborhood?

- What are the things that make it feel uncomfortable or dangerous to walk around your neighborhood?
- Do you see others walking around the neighborhood?
- Do you typically drive places, walk, take buses or train?
- What about your neighborhood makes it easier to exercise? Or harder?
    - Are there playgrounds, parks, gyms or recreation centers nearby? How safe and your kids feel in them? Do your kids play in them?

11. We want to understand how where you live might affect your weight. We've talked a lot about eating and activities. Are there other ways that you think living here impacts your weight?

Probes:

- What about for your children?
- Have you heard about or tried any of the new medicines for weight loss? Has living here made that easier or harder?
- How about screen time for your family? Devices? Limits? Tell me more about that.

12. Some people tell us they have household members with diabetes, some don't. How about for your household?

Probes:

- Does anything about living here make it hard to keep their blood sugar under control? Tell me more about that.
- What helps them keep their blood sugar on track?
- Are there other things that make it challenging? Is it hard to get their medicines or see a doctor?

13. As we close, I'd like to hear about your hopes and dreams for the future. Tell me what you'd like to see happen for yourself and your children over the next 5-10 years.

14. Is there anything else you'd like to tell me before we end. Anything that you think I've missed or that I should know?

15. Is there anything I should have asked that I didn't? How was it like for you to participate in this interview?

We have now finished the interview! Thank you again for talking with me today. Before I go, I have some quick questions to ask about you; should take less than a few minutes. Then we'll discuss how we'll get you paid for your time. I will turn the recorder off now.

Background information

Data to be collected after tape recorder is turned off and will be used to describe the sample. Questions will be asked if answers were not explicitly raised during the recorded portion of the interview.

7. What is your gender (female, male, neither, non-binary/genderqueer, refuse to answer)?
8. How old are you?
9. What racial and ethnic group do you identify with (Black, White, Asian, Native American/American Indian/Alaska Native, Other, Refuse to Answer)?
10. Do you consider yourself Hispanic/Latinx (yes/no)?
11. How far did you go in school?
12. Do you have any jobs right now? Tell me about your last job?

Thank you for your time! *[discuss gift card logistics]*